40 Years on Ice and Still Having Fun!

For over 40 years, the Ice Skating Institute has been promoting ice skating, good sportsmanship and fun through recreational ice skating and hockey programs. ISI activities and events focus on participation, not elimination, and reward skaters for participating in the sport they love.

The Ice Skating Institute offers recreational skaters, hockey players and professional coaches quality educational programs, recreational activities, professional services and publications designed to assist in operating ice skating facilities.

Whether ice skating or hockey is your passion or your profession, don’t be left out - join the ISI team. The Ice Skating Institute offers more than just ice skating!
Dear ISI,

I have been skating for about four years and I finally passed FS 5. I was stuck on my axel for what seemed like forever, until I started seeing that it wasn’t hard, and that I had done it so much that my body now does it without me even thinking about it. I’d like to thank my coaches, Deann Olson and Alex Sergeev for helping me with my skating. This year I started to play ice hockey as an extra activity and for the fun of it. Is there anyone else out there that does figure skating and hockey? If so, I’d like to know, maybe we can be pen pals. (Sometimes dur-

Harlickgirl
Chelsea Bourque, age 10, FS5
Tri-Cities Figure Skating Club
Kennewick WA

Dear Readers:
If you play hockey and figure skate and would like to be Chelsea Bourque’s pen pal, send letters for her to ISI.

Dear ISI,
I love to skate. I go 4 times a week. I have already landed my axel and double Salchow. I am working on double loop and double toe loop. I would like to be Muri-

ah Kayser’s pen pal. If she already has one, can you try to find someone close to my age and level?

Thanks!
Lauren Johnson, age 10, FS 6
Freeport Skating Academy
Freeport NY

Dear ISI,

I have been skating for about four years and I finally passed FS 5. I was stuck on my axel for what seemed like forever, until I started seeing that it wasn’t hard, and that I had done it so much that my body now does it without me even thinking about it. I’d like to thank my coaches, Deann Olson and Alex Sergeev for helping me with my skating. This year I started to play ice hockey as an extra activity and for the fun of it. Is there anyone else out there that does figure skating and hockey? If so, I’d like to know, maybe we can be pen pals. (Sometimes dur-

Dear Readers,

ISI’s competition season is off to a sensational start. Winter Classic took place in the shadow of Disneyland with its own entertaining, international cast of characters. Over 1,800 ISI skaters, their coaches and families converged on Disney ICE and Yorba Linda Ice Palace for three days of nonstop skating and excitement. Congratulations to all the fabulous skaters and coaches who made this a most successful event. For more on Winter Classic, see “2003 Winter Classic Fun for All” on page six.

As ISI’s national/international competitions move from California to Chicago, ISI promises to continue the excitement. ISI’s 2003 Synchronized Skating Championships will be held in the Chicago suburb of Orland Park, April 11-13. With 122 teams registered for this fast-growing, colorful, exciting skating event, spectators and participants are sure to be entertained and impressed.

From Winter Classic to Synchronized Championships to the always exciting ISI World Recreational Team Championships, to be held in Chicago, July 28-August 2, to ISI Adult Championships on Cape Cod, September 12-14, the excitement continues to build. 2003 promises to be a fun-filled, all-out recreational ice skating extravaganza. Catch the fever; join the fun at ISI international competitions.

You can also sample the fever of ISI enthusiasm as you read the letters from our readers in “Write Stuff” and the profiles of skaters in this issue of Recreational Ice Skating magazine.

For those of you getting ready for competitions or just wanting to improve your skating skills, see “SMART Goal Setting” on page 12 and “How to Get the Most from Ice Skating Lessons” on page nine.

As always, we look forward to hearing from our readers, and we hope to see you in Chicago. For additional information, updates and pictures from Winter Classic, check the ISI website: www.skateisi.org.
Dear ISI Magazine,

My brother Brandon wrote you last year and now I’m going to give you an update on my family’s skating. Since last year, we have been in five competitions and got to skate with Todd Eldredge at a clinic. He was very nice! Brandon is 9 1/2 and working on FS 5. His best thing is spins. Miranda is 4 1/2 and working on Beta. She likes doing shoot-the-duck best. I will be taking my FS 4 test soon. I just like everything about skating. Miranda and I are making up our own pairs program. We add more things to it every week. Our coach is Chris Jones. She is the very best coach in the Galaxy!

Matthew Shapiro, age 7 1/2, FS4
Huntsville AL

Dear ISI

I have been skating since I was 5. I have just moved up to freestyle 5, and I can’t really do anything yet. I like jumps more than spins, but the axel seems impossible. I am looking for a pen pal, maybe Emily Smith who wanted an older pen pal. I would also like a pen pal who is about my age and level.

Rebecca Choist, age 12, FS5
McFetridge Ice Rink
Chicago IL

Hi!

I love ice skating. It is a fun thing to do. I started when I was 3 years old. Then I quit for awhile. Because my Grandma Gladys loves ice skating so much and wants me to be a star, I decided to go back to ice skating. My Grandma takes me to private lessons. I got two gold medals this year (Pre-Alpha, Alpha). I would like to have a pen pal in ice skating.

Thank you!
Ashley Mercier, age 10
Cupertino CA

Ashley Mercier

Dear Readers,

If you would like to be Ashley’s pen pal, please send letters for her to ISI.

Dear ISI,

I love to ice skate. It is so much fun to get on the ice and see everyone. I love my ice skates and my dresses. I also love my Tara Lipinski scents. I would like to be Vikki’s pen pal. I have been skating for 4 years. My mom always says practice makes perfect and I believe her. My coach is Sharolyn McDowell and I think she is the best coach ever.

Your friend,
Araia Gutierrez, age 10, FS3/4
Ice Town
San Diego CA

Continued on page 24...
Disney ICE in Anaheim, CA and Yorba Linda Ice Palace in Yorba Linda, CA were abuzz with excitement February 14-16, 2003 as 1,800 ISI skaters, their coaches and families descended on the facilities for the largest ISI Winter Classic ever held. Skaters, representing 67 ice arenas and skating schools, from Florida to California, Minnesota to Texas and including Hawaii, Mexico and the Philippines, competed in over 500 events.

B.J. Chapman, a coach from RDV Sportsplex Ice Den in Orlando, Florida, brought six skaters ranging in age from eight to 16 to Winter Classic and everyone had a fantastic time. "It’s a great competition," said B.J. The highlight of the Winter Classic for B.J. was “seeing our skaters go out there and skate their best and step off the ice and look me in the eye and say, ‘That was the most fun I’ve ever had.’”

Shannon Story, a 16-year-old, Freestyle 5 skater from the Aero-drome Ice Skating Complex Willowbrook in Houston, TX, described Winter Classic as “the best competition I’ve ever been in.” Shannon, her teammates and coach Michelle Christie are looking forward to participating in the ISI Synchronized Skating Championships in Orland Park, IL April 11-13.

Photos by Dianne Powell

L to R: B.J. Chapman, Zachary, Taylor and Leigh Elliott

Amanda Bates

by Dianne Powell
Jean Sherman Finds Joy in Skating
by Dianne Powell

Ice skating for 61-year-old Jean Sherman is a healthy pursuit. Jean, who has had open-heart surgery, has been taking skating lessons at Logitech Ice in San Jose, California for three years.

“My husband loves it. He likes the fact that I’m occupied and I’m getting exercise,” says Jean. “It perks me up, gives me a lift. On the ice, when I normally skate, there are children, teenagers, adults and seniors, and we’re all doing the same thing. The little kids who have gone beyond me in ability still look on me as a friend. They treat me as an adult but look at me as a friend. They don’t realize how good they are. I enjoy the children. I really admire the young girls who are working their way through college teaching skating and wanting to compete.”

Jean was a Pre-Alpha competitor at ISI’s Winter Classic. In the audience to encourage and cheer her on were her husband, son and son’s girlfriend.

When asked about her skating goals, Jean said, “I take group lessons and I work with (coach) Candy (Goodson). I keep trying. I just want to get to the next step and that’s what keeps me going. I wake up in the morning and I’m focused on something, and I feel good because I have something to look forward to. It’s healthy.”

“Skating is very comfortable for me,” adds Jean. “I got over the fear of falling and now I almost crave the ice. I go on the ice and I’m really happy. I’m going to keep skating until I can’t. My doctor thinks it’s wonderful. My weight is lower; my blood pressure is lower; my cholesterol is lower; my heart rate is lower.”

Jean Sherman, with a smile on her face, is living the ISI philosophy that recreational ice skating is a lifetime sport for people of all ages and ability levels.

Seventeen-year-old Amanda Bates, a Freestyle 8 skater, coach and Bronze certified ISI judge, from Centennial Sportsplex in Nashville, TN, had her mother and grandmother as her enthusiastic supporters at Winter Classic. Amanda said she came to Winter Classic to get a feel for what she needs to do to prepare for Worlds.

Back in Nashville, Amanda is spearheading a drive to get sponsors to send a team from Centennial to the 2003 ISI World Recreational Team Championships, July 28 – August 2 at Northbrook Park District Sports Center, Twin Rinks Ice Pavilion, and Glenview Ice Center in Chicago, IL. Amanda hopes to pass Freestyle 9 at Worlds.

Besides skating, Amanda enjoys softball, soccer, judging, and teaching eight ISI students (Pre-Alpha – Freestyle 1). This self-described determined, hard-worker is a member of the National Honor Society and a peer leader for Youth Alive and Free. She also baby-sits and is a nanny three days a week.

Connie Corrigan and her daughter Stephanie, both Freestyle 4 skaters from the Dr Pepper StarCenter in Plano, TX deemed Winter Classic a fun event that was well organized and smooth. Connie, who competed in Freestyle, Artistic and Footwork, looks forward to participating in the ISI Adult Championships, September 12-14 at the Charles Moore Arena in Orleans, MA.

Nine-year-old Stephanie has been skating for two years and competed in Freestyle Solo. Stephanie, who likes to do spins and jumps, said the highlight of her California trip was getting to go to Disneyland.

Connie says Stephanie benefits from skating because it helps her to “develop a work ethic and to set goals and work toward them. She has to fit skating in with her schoolwork. It helps build discipline.” Of herself, Connie says, “I don’t like to perform or to do something in front of people. Skating forces me to get over that.”

Connie encourages other adults to enter ISI competitions. “They should definitely try it,” says Connie. “I think as an adult it’s easier because people appreciate the fact that you have the guts to go out there and do it.”

For adult skater Merry Neitlich (51), Winter Classic was her first ISI national competition. Merry, a marketing consultant for large law firms, skated as a child and resumed skating five...
years ago. She skates three times a week, works with a trainer one day and goes to the gym one day a week. She describes skating as “great aerobic exercise.” At Winter Classic Merry competed in Artistic Freestyle 4 and Light Entertainment Freestyle 4. She enjoyed Winter Classic because “it’s a lot of fun and you get a chance to meet people from other places.”

Renee and Kenneth Wolfram from Ontario Ice Skating Center in Ontario, California view ice skating as family time. They competed in Couples Dance, Couples Light Entertainment and Family Spotlight, where they were joined by nine-year-old daughter Katrina and eleven-year-old son Ken. Kenneth, who got the family into skating for recreation, has been an ISI member for 25 years. Renee has been a skater for two years.

“Last night I got to dance (Couples Dance event) with my valentine and it was perfect,” said Renee on February 15. “It was so romantic. I didn’t get to go out to dinner but I got to dance.”

When asked what they gain from skating, Kenneth said, “It’s a way for us to get exercise. We use this as a family time. We skate three or four times a week. We’re finding competitions are a fun family outing. It’s a lot of work. It’s a lot of running around, but we have a lot of fun with it. This is part of our family fun package.”

Renee said, “We try to give our children diversity and at the same time have exercise for ourselves because my husband and I are older adults and it’s something we can do with these guys (Katrina and Ken). The people at Ontario Ice Center are the greatest. We love our rink. It’s a small rink but it’s really socially warm. The people and the coaches are wonderful.”

From the smiles and laughter, the cheers and sizzle of excitement that encompassed Winter Classic it was easy to see why “fun” was the key word on everyone’s lips in describing this bustling event. For more Winter Classic photos, go to the ISI website www.skateisi.org.
How to Get the Most from Ice Skating Lessons

by Tiffany Mayes

Get Ready

Ice skating is an athletic activity. All athletic activities require a good night of sleep and healthy eating. Before going to the rink, pack a healthy snack such as an apple or a granola bar, and remember a bottle of water too. Vending machines and snack bars inside ice arenas are often convenient but usually not the healthiest option.

Skating requires attire that shows body line and allows for movement. Girls should wear an ice skating dress or a leotard with a wrap skirt. Boys should wear pants that stretch. Skating rinks are cool, so it is best to layer up. A turtle neck and sweatshirt or close fitting sweater are good options. Skaters should have gloves. If a skater is learning a new maneuver and falling a lot, you may want an extra pair of gloves for when the first pair gets wet. A skater’s hair should always be pulled up securely and kept neatly away from the face.

Now that you’ve packed a healthy snack and dressed for success, you’re ready to head off to the skating rink.

At the Rink

Proper warm-up and stretching before getting on the ice are extremely important. Jumping rope is a great way to warm-up muscles prior to beginning stretching exercises. This is particularly important in the cold environment of an ice rink. Skaters should allow approximately 15 minutes to properly warm-up and stretch before taking the ice.

The most important ingredient to improvement is practice. A good equation for practice is two hours of practice for every 30 minutes of lesson time. When practicing, be on task. Come to the rink mentally and physically prepared to work, learn, and practice. Be focused. Leave thoughts not pertaining to skating at the door. Prepare your mind and body to absorb the skating experience. As you perform each element, ask yourself what you can do to make it better and try to make the adjustment on your next attempt. Improvement comes from making one correction at a time.

Set Goals

Setting goals will help keep you on track. Set an ultimate goal and then set lots of smaller goals to be achieved along the way to your ultimate goal. Goals should always be performance based, not placement based. You can’t control the judges or your competitors; you can only control your own performance. Performance goals can include everything from smiling to landing your jumps. Visualize your successful performance. Be proud of what you can do. Measure your successes against YOUR progress, not the progress of others.

Equipment Care

Proper fit and support is essential to getting the most out of your skates. It is important that skates be maintained. Wearing blade guards, thoroughly drying off the blades after every use, storing them in a dry and protected environment, and having the blades sharpened regularly helps maintain your skates in the best condition. Frequency of sharpening depends on how often you skate. A good rule of thumb is to have skates sharpened after every 30 hours of skating. When preparing for a competition, skates should be sharpened approximately two weeks prior to the competition.

Homework

There are lots of things you can do when you’re not at the rink to help your skating. Take the time to listen to music. Listen to more then just the popular tunes your friends listen to. There are lots of different kinds of music such as: musicals, ballets, jazz, classical, modern, and many more. If you like a musical or a ballet, rent the video so that you can learn more about the story and choreography.

Develop a practice list. This should be a list of all the elements you should be practicing in the order they should be performed. Ask your coach to guide you on how many of each element you should be performing and if you have them in a good order. Write down what you need to do in order to improve some of your particular elements. Review your practice list on your way to the rink to get your mind thinking about what you need to accomplish. Set a goal for that day’s practice. Look over your list again on your way home from the rink. Did you practice everything on your list? Did you accomplish your goal for that day? What do you need to remember the next time you practice? Keep your practice lists and goals in a journal. You will be able to look back over time and see how much you have accomplished.

Skating can provide you with a lifetime of enjoyment. So, come to the rink prepared, practice, be proud of your accomplishments, and skate because you love it!

* Tiffany Mayes is a skating instructor at Ice Town in San Diego, CA.
Sixteen-year-old Caitlyn Matthews, from RDV Sportsplex Ice Den in Orlando, Florida started skating in an ISI Learn to Skate program when she was five. Her now 14-year-old sister Kendall joined Caitlyn on the ice when she was three. They share a love for ice skating. “It’s a lot of fun and I get to hang with my friends,” said Kendall. “It’s hard work, but in the end you have a great time.”

ISI Winter Classic was the first national competition for the sisters; both are Freestyle 6. “This is the first time we’ve left town to go to a competition, and we’ve had a great time,” said the girls’ mom Kate Matthews. “It’s so much fun. It was a wonderful experience for everybody.”

Caitlyn says the best thing about Winter Classic was “skating with all the people from my rink.” She offers the following advice on competing: “Never give up, even if you don’t do so well one time, it may turn around next time.”

Watching her daughters skate brings special pleasure to Kate. Watching the vibrant, dynamic duo perform evokes her motherly pride and more than a little awe and gratitude. Kendall was diagnosed with cancer when she was two-and-a-half years old and lost a kidney to the dreaded disease. Today, she’s a long-term survivor whose only memory of her early ordeal is that of getting presents and balloons. Kendall admits that being a long-term survivor makes her feel lucky and a little bit special.

The sisters say that skating helps to keep them active and health. In typical sisterly fashion they affectionately describe each other. Caitlyn says of Kendall, “She’s really nice, sometimes, has a lot of energy, is loud, and she can be obnoxious.”

Kendall describes Caitlyn as “bossy, nice, caring and kind.” They say they are somewhat competitive, but not too much.

Kate says that skating has taught Caitlyn and Kendall about “how to work hard to reach your goals. I think skating has been great because the children lost their father when they were really young, so I wanted them to have someone to turn to if they didn’t want to come to me. I think it has been good for everybody.”

“Skating gives you something to focus on and work toward, and every goal you accomplish in skating, there’s one harder step right beyond to keep working toward,” says Kate. “Whatever you choose to do, work hard at it and keep at it. That’s the most important thing. Nobody gets good at something right away.”

Both girls say their mom is their role model. “And I like Michelle Kwan,” says Caitlyn. “She’s a really pretty skater. She captures the audience’s attention and she goes for her goals.”

Kendall’s goals are “to have fun and to do the best I can and enjoy myself.” Caitlyn says she “would like to pass higher in skating and maybe go to more competitions. I want to go to Pepperdine University.”

Besides skating, both girls are on a dance team at school. “We’re a three-girl household,” says Kate. “We spend a lot of time together. We love skating, and it keeps the family together. It’s something I’ve really enjoyed watching them get better and better at doing.”

Together this upbeat family is sharing a wonderful zest for life, each other, and skating.
HLS 1500
The World's Most Technically Advanced Boot

Riedell's tradition of crafting the skating industry's most technically advanced boots continues with the new HLS 1500. This special boot provides the ultimate in comfort, performance and durability with unique benefits you'll truly appreciate.

Discover unmatched comfort and stability with the TRIPLE LAMINATED COMFORT TONGUE and ANTI-ROTATIONAL TONGUE LACE BAR, which keeps the tongue in position.

Experience dramatically decreased boot weight and improve shock absorption with the industry's only CORK HEEL AND MIDSOLE.

Reduce blisters and prevent slippage with our revolutionary HEEL LOCK STABILIZER SYSTEM.

Improve individual fit and forward boot flex with our FLEX NOTCH DESIGN.

Prevent chaffing and increase comfort and flex with the ROLLED TOP COMFORT COLLAR.

WORLD CLASS TECHNOLOGY

Enjoy more give and cushion with the new RIBBED FOREFRONT FLEX DESIGN.

Ensure the best fit for your foot with our exclusive ULTRA HEAT ACTIVATED FORM FIT REINFORCEMENTS.

At Riedell, we continually strive to produce the finest, most technically advanced figure skating boots in the world. Every Riedell Skate is hand-crafted for performance and comfort. Choose Riedell for the widest selection of boots and blades for every skater—from beginners to Olympic champions.

www.riedellskates.com

Riedell®
Almost all ice skaters have a vision of where they would like to go. Imagine Recreational Ice Skating is going to feature an article about you one year from now. What would you like this article to say about you as a skater? The goals you set during the next year represent steps in your journey to achieve this vision.

Most athletes and coaches recognize the value of goal setting, but they fall into the trap of setting outcome goals. Placing in the top three at a competition is a great example of an outcome goal. Looking at this example, we see that outcome goals focus on results, are rooted in comparison with others, and are not within your control. Imagine you have this goal, and then you find out that three very talented international skaters have joined the competition at the last minute. Their arrival is completely outside of your control, and your chances of achieving your goal have just been drastically decreased!

Compare this situation to one where you set an effort goal. Entering a routine, you might have an effort goal of attempting at least four jumps. You have total control over whether or not you achieve this goal, and your successful completion is NOT dependent on the competition or the judges. To be totally clear, as long as you attempt four jumps (different from cleanly landing four jumps), you will have achieved your goal.

When setting goals, first try to make most of them fall into the “effort goal” category. Secondly, ask yourself if they are SMART goals. SMART stands for Specific, Measurable, Attainable, Relevant and Timely.

**Specific**

Athletes often say their goal is to be the best ice skater they can be. Is this goal specific? Does it give the skater any focus on what she needs to work on to successfully achieve the goal? Many of us set goals that are too general, broad, and open-ended (like the one above). A better and more specific goal would be to go into jumps with power and confidence.

**Measurable**

Effective goals can be measured and allow skaters to track their progress. A skater who has the goal of “being the best skater I can be” will get frustrated trying to measure his/her progress. However, a skater with the goal of “entering jumps with power and confidence” can look back on a routine and count how many jumps met the goal and how many did not.

**Attainable**

There is nothing more frustrating than having a goal that is completely out of your reach. If you expect to cleanly land a quad when you currently hit about half of your doubles, you will quickly find this goal unrealistic and de-motivating. Instead, think of hitting the quad as your dream. Hold onto this dream, and then set your goals to get there, remembering to make them both challenging and attainable along the way.

**Relevant**

You might set a goal for yourself of running a mile in six minutes and 45 seconds. When you ask yourself if this goal is Specific, Measurable, and Attainable, you will likely be able to say, “Yes!” to all three. Then ask yourself if running a mile in this time will make you a better skater; is it tied to your desired performance? The answer to this question will tell you whether or not you should keep this goal.

**Timely**

When you set a goal, you need to know the “by-when” date. How long will you need to practice to achieve this goal, and when are you checking up on your progress? Having a deadline instills a sense of urgency. If you set a goal of learning a specific new spin (a goal which has already proven to be Specific, Measurable, Attainable, and Relevant), you need to put a by-when date at the end of the goal statement.

Once you have set your goals and made sure they are SMART (Specific, Measurable, Attainable, Relevant and Timely), take the following three steps: 1) Write them down; 2) Tell your coach about them; and 3) Chase them relentlessly! The skill of SMART Goal Setting can help you not only in the world of sports, but also at home, in the classroom, and in the community. You will quickly see how much more you can achieve when you have SMART Goals in place.
Discover K-Pick®

Create your own legacy.

Step up to a higher level of performance with the K-Pick® blade, developed exclusively by John Wilson. With its unique design, the K-Pick is scientifically proven to increase jumping height and distance. The revolutionary K-Pick helps skaters generate more power and vertical energy at take-off than any blade on the market. K-Pick also helps promote proper jumping form, balance and technique on the ice. It’s no wonder coaches and pros around the world agree the K-Pick is one of the most significant advances in blade technology in decades.

For skaters looking to make their own mark on the ice, the choice is clear. John Wilson.

For more information, visit www.riedellskates.com
Dedicated to Skating

by Dianne Powell

The cute kid from Chattanooga, Tennessee who didn’t start skating until he was 10 1/2 years old has proven that you don’t have to be the golden kid on skates at age three, five or eight to be successful.

Russ Scott started skating in the ISI Learn to Skate program and now he’s a coach at Aliso Viejo Ice Palace in Aliso Viejo, California, where he teaches tots to adults. Along the way, Russ passed Freestyle 10 at age 17 and was the mascot for the Mighty Ducks hockey team for six years.

When Russ passed Freestyle 10 in 1986 in Stone Mountain, Georgia, he was the youngest person to pass the difficult test. “I grew up skating and it (Freestyle 10) was all I ever looked forward to,” said Russ. “It was the hardest skating test there was; only two people had ever passed it.” It was the challenge that kept Russ on track to reach his goal of passing Freestyle 10.

After passing the Freestyle 10, Russ competed in USFSA. He went to Nationals and medaled in Pairs. He moved from Tennessee, where he was coached by Dawn Malone and Robert Unger, to California to train with John Nicks. He’s been in California ever since.

When asked what ice skating has done for him, Russ said, “It’s provided me with a career. I’ve been coaching for 15 years. It’s given me a sense of direction and accomplishment. Having accomplished the Freestyle 10 gives you a lot of experience to draw on as a coach. Anyone can accomplish something if they want it. I don’t think I was the most talented skater ever to start skating, and it certainly wasn’t easy, but if you stick to it long enough and work hard enough, you can accomplish your goals.”

Of his goals for his students Russ says, “I just want them to all grow as far as they can. I hope they all grow up to be great people, and I hope skating helps them. I like to see a child go through school, graduate, go to college and continue with skating and hopefully enjoy it for the rest of their lives. I do a lot of the ISI program. It’s the best way to learn to skate. It teaches you all the basic fundamentals of skating.”

As a coach, Scott believes “every skater is different; every experience is different. You just try to provide them the best experience they can have. Everyone has different goals and wants to do things differently. You’ve just got to make sure they get as much out of it as they can.”

The most challenging thing about Scott’s career, he says, has been “learning patience. It was challenging as a skater, and it’s definitely challenging as a coach. With yourself and your skaters you have to remember to set high goals but not expect perfection. With the kids, you have to remember what their true abilities are.”

Wendy Mortensen, who works with Scott at Aliso Viejo and Yorba Linda Ice Palaces, has known Scott for eight or nine years. She describes him as very patient with students and a fantastic rink supporter. “Not only does he coach in the morning with our higher level skaters, he’s here in the afternoon with our lower level introductory ISI kids,” says Wendy. “He’s a fantastic class teacher.”

Scott says what he likes most about skating has changed over time. “When you’re younger, it’s about performing, getting out there and showing what you can do,” says Scott. “With coaching, it’s like seeing your own children, and you’re proud of everything they do. It’s almost more rewarding teaching a child who is not too coordinated and getting them to accomplish a lot. It’s great to see that.”

The highlight of his skating career for Scott has been “just being able to do this for a living. It’s something I love to do.”
LIFE IS SHORT.

Jump High with K·PICK®

Make every minute on the ice count. Skate with the K·Pick® from MK, the only blade proven to increase your jumping ability for longer, higher jumps. With its scientifically engineered pick design, the K·Pick generates more power and vertical energy at take-off than any blade on the market. The K·Pick also provides improved grip on the ice for greater control, precision take-offs, extra foot and ankle stability and increased confidence. And K·Pick helps promote proper jumping form, balance and technique on the ice. So if you’re ready to take your skating to new heights, look to the leader in blade technology. Look to MK.

For more information, visit www.riedellskates.com
ISI ENDORSED COMPETITIONS, SHOWS/EXHIBITIONS

(Due to printing deadlines, events endorsed by ISI after March 5, 2003 are not listed.)

MARCH 2003 COMPETITION
22-26 Arctie Ice Arena
Orland Park IL
Follow Your Heart
22-26 The Forum at Fishers
Ice Arena
Fishers IN
Circle City Invitational 2003
22-26 Meadville FSC
Meadow PA
Meadow 4th Annual
ISI Team Competition
22-26 Ice Oasis
Redwood City CA
Spring Fling at the
Oasis
22-26 International Skating
Center of CT
Simsbury CT
5th Annual Spring
Fling
28-30 Ice Chalet
North Chicago IL
Dist. Comp.
28-30 Line Creek
Kansas City MO
District 9
Championships
29-30 City Ice Sports
Flushing NY
22nd Annual World’s
Fair ISI Team
Competition
29-30 Medford Ice Rink
Medford OR
Medford Ice Rink
Skating Competition
30-31 Park District of
Franklin Park
Franklin Park IL
KJCkline Synchronized
Competition

APRIL 2003 COMPETITION
3-6 Sprinkler Recreation
Center
Tacoma WA
16th Annual ISI
Spring Fever
Competition
4-6 JP Igloo
Ellenton FL
ISI Team
Championship 2003
4-6 Charles Moore Arena
Orlando MA
25th ISI Lower Cape
Team Competition
4-6 Crystal Ice Palace
San Antonio TX
2003 Fiesta Open
5-6 Saratoga Springs FSC
Saratoga Springs NY
6th Annual Saratoga
Springs Invitational
5-6 Soldotna Sports
Center
Soldotna AK
Riverskate 2003
5-6 William G Mennen
Arena
Morris Plains NJ
Crystal Blades Annual
Team Competition
5-6 Iceplex Panorama
City
Panorama City CA
1st Annual Iceplex
Panorama City Open
Competition
5-6 HEALTHSOUTH
Training Center
El Segundo CA
HEALTHSOUTH’s 3rd
Annual ISI Open
Competition
5-6 Logitech Ice at San
Jose
San Jose CA “Bunny
Hop”
5-6 Cabin John Ice Rink
Rockville MD
ISI District IV
Championships
6 Ice Center of
Cupertino
Cupertino CA
Reflections on Ice
11-12 The Ice Park
Flowood MS
Magnolia Classic

JUNE 2003 COMPETITION
1-2 Hagerstown Ice &
Sports Complex
Hagerstown MD
Annual Open ISI
Competition
6-8 Sky Rink at Chelsea
Piers
New York NY
17th Annual Sky Rink
Team Competition
6-8 Pineville Ice House
Pineville NC
“Beat The Heat”

JULY 2003 COMPETITION
4-6 Ice Center @ San
Mateo
San Mateo CA
West Coast
Championships
4-6 Chaparral Ice
Austin TX
The Texas Hill
Country Independence
Open
12-13 Glacial Garden
Skating Arena
Anahiem CA
9th Annual ISI Open

AUGUST 2003 COMPETITION
30-9/1 Kendall Ice Arena
Miami FL
3rd Annual ISI Labor
day Challenge
SEPTEMBER 2003
12-14 Charles Moore Arena
Orleans MA
2003 ISI Adult Championships

NOVEMBER 2003
COMPETITION
25-26 Winterland Skating School
Hingham MA
17th Annual Halloween Classic

MARCH 2003
SHOWS/EXHIBITIONS
22 Oceanside Skating Club
Egg Harbor Twp NJ
Annual End of Season Show

APRIL 2003
SHOWS/EXHIBITIONS
1-5/31 Aerodrome-Willowbrook
Houston TX
Figure Skating Exhibition
4/1 Easy Street Ice Arena
Simi Valley CA
Spring Show
4-5 Cottage Grove Ice Arena
Cottage Grove IL
Tribute to Broadway
4-6 Dan Kostel
Recreation Center
Garfield Heights IL
Around the World in a Day
4 Ice @ The Parks
Arlington TX
The Parks Spring Fling
5 Eagan Civic Arena
Eagan MN
Extra, Extra
5 Dorothy Talbot Rink
Gloucester MA
“Dinner and Dancing”
5-6 K B Willett Arena
Stevens Point WI
Skate Across America

MAY 2003
SHOWS/EXHIBITIONS
2-4 Pettit National Ice Center
Milwaukee WI
2-4 Northwest Ice Arena
Annual Ice Fantasy
10-13 Southgate Civic Center
Southgate MI
Southgate “Skates”
12-13 Polar Dome Ice Arena
Dundee IL
And the Winner Is...
12 Winterland Skating School
Hingham MA
Proud to be...
12-13 Birmingham Ice Sports Arena
Birmingham MI
A Night on the Town
12 Kirk S Nevin Arena
Greensburg PA
Melodies From the Music Man
12-13 Martha’s Vineyard FSC
Oak Bluffs MA
The Story
13 Belmont Complex
Kittanning PA
“A Celebration of Sesame Street”
13 Centennial Ice Arena-
Highland Park
Highland Park IL
Centennial Ice Arena’s Spring Exhibition
13 Franklin Blades Skating School
Franklin MA
Showtime ‘03
19 Norwich Municipal Ice Rink
Norwich CT
Skate Into Spring
22 Ice @ The Parks
Arlington TX
The Parks Spring Fling
22 Castle Ice Arena
Renton WA
Spring Exhibitions
25-27 McFetridge Sports Center
Chicago IL
Bach to Rock Ice Review
25-27 Mount Clemens Ice Arena
Mount Clemens MI
Tapestry of Nations
25-27 Roseville Skating Center
Roseville MN
“Everything’s Coming Up Rose”
25-27 EJ Murray Memorial Skating Center
Yonkers NY
EJ Murray Annual Ice Show
26 Brett Memorial Ice Arena
Wasilla AK
Spring Show
27 Arctic Freeze Arena
Chagrin Falls OH
Spring Fling

SEPTEMBER 2003
COMPETITION
2-4 Petpet National Ice Center
Extravaganza
10-13 Cook Ice Arena
Coon Rapids MN
The Fourteenth Annual Ice Fantasy
10-13 Southgate Civic Center
Southgate MI
Southgate “Skates”
The Mall
12-13 Polar Dome Ice Arena
Dundee IL
And the Winner Is...
12 Winterland Skating School
Hingham MA
Proud to be...
12-13 Birmingham Ice Sports Arena
Birmingham MI
A Night on the Town
12 Kirk S Nevin Arena
Greensburg PA
Melodies From the Music Man
12-13 Martha’s Vineyard FSC
Oak Bluffs MA
The Story
13 Belmont Complex
Kittanning PA
“A Celebration of Sesame Street”
13 Centennial Ice Arena-
Highland Park
Highland Park IL
Centennial Ice Arena’s Spring Exhibition
13 Franklin Blades Skating School
Franklin MA
Showtime ‘03
19 Norwich Municipal Ice Rink
Norwich CT
Skate Into Spring
22 Ice @ The Parks
Arlington TX
The Parks Spring Fling
22 Castle Ice Arena
Renton WA
Spring Exhibitions
25-27 McFetridge Sports Center
Chicago IL
Bach to Rock Ice Review
25-27 Mount Clemens Ice Arena
Mount Clemens MI
Tapestry of Nations
25-27 Roseville Skating Center
Roseville MN
“Everything’s Coming Up Rose”
25-27 EJ Murray Memorial Skating Center
Yonkers NY
EJ Murray Annual Ice Show
26 Brett Memorial Ice Arena
Wasilla AK
Spring Show
27 Arctic Freeze Arena
Chagrin Falls OH
Spring Fling

JUNE 2003
SHOWS/EXHIBITIONS
6-7 Arctic Ice Arena
Orland Park IL
TV Time
6-8 Pineville Ice House
Pineville NC
“Beat The Heat” Exhibition
8 Cumberland YMCA
Cumberland MD
YMCA Anniversary Ice Show
14-15 The Edge Ice Arena
Bensenville IL
5th Annual Ice Show
20-21 Carol Stream Ice Rink
Carol Stream IL
Under The Big Top

SEPTEMBER 2003
SHOWS/EXHIBITIONS
13 Park District of Franklin Park
Franklin Park IL
Open House

DECEMBER 2003
SHOWS/EXHIBITIONS
2-4 Ice Chalet
Knoxville TN
The Nutcracker on Ice XVI
6-7 Park District of Franklin Park
Franklin Park IL
Holiday Recital
31 Easy Street Ice Arena
Simi Valley CA
Winter Ice Show

For additional calendar information, check ISI’s website at www.skateisi.org

RECREATIONAL ICE SKATING, SPRING 2003 17
## Individual Entry Form

**Event Location**
World Team Championships  
Chicago, IL

**Event Dates**
July 28-Aug 2, 2003

**Test Deadline**
May 1, 2003

**Entry Deadline**
May 1, 2003

---

### Male  Female

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
<th>ISI Member #</th>
<th>Exp. Date*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Address</th>
<th>State/Province</th>
<th>Phone No.</th>
<th>USFSA Test Level</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>City</th>
<th>Country</th>
<th>Home Rink Name</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

### Individual Events

#### Pre-Alpha – Delta
- Solo
- Stroking
- Spotlight (choose 1)
- Character
- Dramatic
- Light Entertainment

**INDICATE LEVEL**
Pre-Alpha – Delta

#### Solo Dance (1-10)
- Solo
- Footwork
- Solo Compulsories
- Artistic (all ages)
- Spotlight (choose 1)
- Character
- Dramatic
- Light Entertainment

**INDICATE LEVEL**
Solo Dance (1-10)

#### Freestyle (1-10)
- Solo
- Footwork
- Solo Compulsories
- Artistic (all ages)
- Spotlight (choose 1)
- Character
- Dramatic
- Light Entertainment

#### Figures (1-10)
- Figures
- Creative Figures
- Free Figures

**INDICATE LEVEL**
Figures (1-10)

##### Special Skater (1-10)

- (Check if applicable)

---

### New

#### Jump & Spin Teams

- Low (Pre-Alpha-Delta)
- Med (Freestyle 1-5)
- Int (Freestyle 4-5)
- High (Freestyle 6-10)

**Partner Name**

**Partner ISI #**

Any changes to the original entry form will result in a Change Fee of $25.00 per change per skater.

---

### Registration Fees

Fees and Payment (all amounts are USD)

- First Event $65.00
- Each Additional. $20.00
- Family Entry $90.00
- ISIA Education Foundation Donation enclosed $________

Total enclosed: $________ make check payable to ISI

**ISI Use:**

Check # _________ Amount _________ Date Received _________

---

**Registration Fees are non-refundable ISI reserves the right to limit the number of entries without notice.**

I skate at this competition at my own risk and hereby release ISI, the host facility(ies) and their personnel from all liability. I declare that the home rink listed above is the true rink/club/school that I wish to represent.

Upon entering this competition, I hereby agree that any photographs or video tapes taken of me, by ISI or any authorized party, may be used exclusively for any purpose by the ISI or any other use authorized by the ISI.

---

**Notes**

- *Memberships must be current through the event. Membership renewals may accompany this entry form. All test and memberships must be registered with the ISI Headquarters.
- *ENTRY FEES DOUBLED AFTER ENTRY DEADLINE!

---

**Personal Information**

- American Express
- Visa
- MasterCard
- Discover

- Card # _________ Exp. Date _________
- Cardholder (please print) _________
- Authorized Signature _________
- Telephone Number (must be included) _________

---

**Instructor Signature**

Date _________
ADVERTISERS INDEX

Burley's Rink Supply ......................... 22
Carousel Resort ......................... 20
Cyclone Taylor Figure Skating ........ 8
Dance Factory Outlet ......................... 22
Designer Sportswear ......................... 20
Ed K Ice Sports ......................... 22
Elite Sportswear ......................... 33
HD Sports N. America/Mitchel & King ...... 15
HD Sports N. America/John Wilson ...... 13
Ice Light Productions ......................... 23
International Figure Skating ........... IBC
Jerry's Skating World ......................... OBC
Jerry's Skating World ......................... 21
Jerry's Spinner ......................... 23
The Leading Edge ......................... 21
Rainbo Sports Shop ......................... 19
Riedell Skate Co. ......................... 11
Skating Safe ......................... 19
SP-Teri Co. ......................... 21
VSC Sports ......................... 20

THE FIGURE SKATING CALENDAR 2003
Figure skating’s oldest and most collected, with event dates, trivia, and awesome photos, including Michele, Sasha, Yaping, Elvis, Oka & Zimmermann, Naomi & Peter, Plushenko and more. Plus six bonus pictures of US skaters. 13" x 13"
#CAL-1 $15.95
Plus $3.00 Shipping & Handling
2 FOR $30.00
3 FOR $40.00
6 FOR $70.00

Rainbo Sports Shop
Where the Skating World Shops
4107 Oakton Street, Skokie, IL 60076 Phone: 847.982.9000 Fax: 847.982.9099
ORDER ONLINE 24/7 AT: www.rainbosportshop.com
TOLL FREE ORDERING: 1.800.752.8370
CALL TODAY FOR YOUR FREE RAINBO 2003 CATALOG!
It's time to discover

Ocean City's favorite family hotel

Featuring an Indoor Ice Skating Rink

Carousel resort hotel & condominiums
11700 Coastal Highway, Ocean City, Maryland 21842

Skaters Wanted
Live in Ocean City for 2 months RENT FREE!
Summer housing is available for soloists, ice dancers and pair skaters in exchange for show skating.
If you are interested in this unique opportunity please send your skating resume, a current photo and your phone number to Jackie McKenzie, Skating Coordinator

Hotel Reservations
800-641-0011

Condominium Reservations
866-622-2282

Online Reservations
www.CarouselHotel.com

Do You Have Your FREE Copy of Our Catalog Yet?
If Not, Call 888-475-8464 or Log On To
www.Shareneskatewear.com

You've tried, practiced, tested and competed. Now you're ready to shine...

IT'S YOUR MOVE!

2003 Olympic & World Coach
Kathy Casey

An Interactive Workshop For Skaters & Coaches

Guest Presenters
Olympic & World Champions

Scott Hamilton

San Francisco, CA
July 14-16, 2003

Oxnard, CA
July 17-19, 2003

Guest Presenters
World & National Champions

Tai Babilonia & Randy Gardner

For Additional Information Call 800-818-SKATE (7528) or visit the website: www.sk8usa.com
“Lowest Price Guarantee”
We will meet or beat any advertised price.

Custom Dresses
Accessories & much more...

Boots & Blades

Call Toll Free:
1-866-888-4454
or shop secure on-line @
www.ice-sk8.com

The LEADING EDGE
“Service team for Worlds 2001”

Our “fit guarantee” is second to none, we will stand behind our fit 100%.
We are retailers as well as National & International level coaches.

Ask for Jerry’s
at your local retailer.

Winning an Olympic Bronze Medal has been the highlight of my career... I couldn’t have done it without SP-Teri’s!

timothy GOEBEL
OLYMPIC BRONZE MEDALIST
WORLD SILVER MEDALIST

SP-Teri
436 North Canal Street, Unit 1, San Francisco, CA 94080
Phone: 650-871-1715 • Fax: 650-871-9062
Contact us for a dealer near you. All major credit cards accepted.
It's a FACT:

Now, with our TurboChiller, you can dramatically lower your utility bills, and improve the quality of your refrigeration system, without spending money.

If you have an existing chiller without the technology available in a BRS TurboChiller, you may qualify to receive a NEW BRS TurboChiller at no expense. Burley's Rink Supply, in conjunction with PP&L (a prominent nationwide utility company), has created a program too good to pass up.

A new TurboChiller system that can actually pay for itself with the savings it produces with no out-of-pocket expense!

When compared to other refrigeration systems in genuine performance tests, the TurboChiller was selected as the most energy-efficient system in the industry. Under Title 57, which replaced Title 29, municipalities can enter into an energy-based, 10 year contract. Under this program, projects are paid for solely from energy savings. And, with our TurboChiller Refrigeration System maintaining your ice sheet at peak performance, you may even be adding some of the extra savings to your monthly cash-flow.

Call a BRS Representative today to find out if you qualify to receive a FREE TurboChiller Refrigeration System or, visit our web site for detailed information. Under this program, you can have the latest technology without having to wait for budget allocations.

FREE TurboChillers™ available to replace existing chiller systems!

In USA: 1-800-428-7539
Outside USA: 1-814-262-7313
Fax: 1-814-262-7610
www.burleys.com

FREE TurboChillers™ available to replace existing chiller systems!

SP-Teri boots
Super Teri
Super Deluxe Teri
Pro Teri
Harlick boots
Hi-Tester

MK Blades
Style
MK Pro
Vantage or Vision
MK Dance
Phantom
Phantom Special
Gold Star Chrome

John Wilson Blades
Style
Majestic
Coronation Ace
Coronation Comet
Pattern 99
Gold Seal
Pattern 99 K-Pick
Gold Seal K-Pick

Skate Profiles and Toe Pick Shapes can be found online at www.edkicesports.com

Recreational Skates

<table>
<thead>
<tr>
<th>Style</th>
<th>Color</th>
<th>Sizes Available</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dominion #715</td>
<td>White</td>
<td>Youth 8 to ladies 10</td>
<td>$39.99</td>
</tr>
<tr>
<td>Dominion #731</td>
<td>White and Black</td>
<td>Youth 8 to 2</td>
<td>$89.99</td>
</tr>
<tr>
<td></td>
<td>White and Black</td>
<td>Adult 3 to 13</td>
<td>$99.99</td>
</tr>
</tbody>
</table>

RIEDELL SKATES ARE NOW AVAILABLE IN ALL STORES
MAJOR SAVINGS UP TO 30% OFF RETAIL PRICES ON SELECT ITEMS

NEW Skate Profiles and Toe Pick Shapes can be found online at www.edkicesports.com

SP-Teri boots
Super Teri
Super Deluxe Teri
Pro Teri
Harlick boots
Hi-Tester

MK Blades
Style
MK Pro
Vantage or Vision
MK Dance
Phantom
Phantom Special
Gold Star Chrome

John Wilson Blades
Style
Majestic
Coronation Ace
Coronation Comet
Pattern 99
Gold Seal
Pattern 99 K-Pick
Gold Seal K-Pick

Skate Profiles and Toe Pick Shapes can be found online at www.edkicesports.com

Recreational Skates

<table>
<thead>
<tr>
<th>Style</th>
<th>Color</th>
<th>Sizes Available</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dominion #715</td>
<td>White</td>
<td>Youth 8 to ladies 10</td>
<td>$39.99</td>
</tr>
<tr>
<td>Dominion #731</td>
<td>White and Black</td>
<td>Youth 8 to 2</td>
<td>$89.99</td>
</tr>
<tr>
<td></td>
<td>White and Black</td>
<td>Adult 3 to 13</td>
<td>$99.99</td>
</tr>
</tbody>
</table>

RIEDELL SKATES ARE NOW AVAILABLE IN ALL STORES
MAJOR SAVINGS UP TO 30% OFF RETAIL PRICES ON SELECT ITEMS

NEW Skate Profiles and Toe Pick Shapes can be found online at www.edkicesports.com

SP-Teri boots
Super Teri
Super Deluxe Teri
Pro Teri
Harlick boots
Hi-Tester

MK Blades
Style
MK Pro
Vantage or Vision
MK Dance
Phantom
Phantom Special
Gold Star Chrome

John Wilson Blades
Style
Majestic
Coronation Ace
Coronation Comet
Pattern 99
Gold Seal
Pattern 99 K-Pick
Gold Seal K-Pick

Skate Profiles and Toe Pick Shapes can be found online at www.edkicesports.com

Recreational Skates

<table>
<thead>
<tr>
<th>Style</th>
<th>Color</th>
<th>Sizes Available</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dominion #715</td>
<td>White</td>
<td>Youth 8 to ladies 10</td>
<td>$39.99</td>
</tr>
<tr>
<td>Dominion #731</td>
<td>White and Black</td>
<td>Youth 8 to 2</td>
<td>$89.99</td>
</tr>
<tr>
<td></td>
<td>White and Black</td>
<td>Adult 3 to 13</td>
<td>$99.99</td>
</tr>
</tbody>
</table>

RIEDELL SKATES ARE NOW AVAILABLE IN ALL STORES
MAJOR SAVINGS UP TO 30% OFF RETAIL PRICES ON SELECT ITEMS

NEW Skate Profiles and Toe Pick Shapes can be found online at www.edkicesports.com

SP-Teri boots
Super Teri
Super Deluxe Teri
Pro Teri
Harlick boots
Hi-Tester

MK Blades
Style
MK Pro
Vantage or Vision
MK Dance
Phantom
Phantom Special
Gold Star Chrome

John Wilson Blades
Style
Majestic
Coronation Ace
Coronation Comet
Pattern 99
Gold Seal
Pattern 99 K-Pick
Gold Seal K-Pick

Skate Profiles and Toe Pick Shapes can be found online at www.edkicesports.com

Recreational Skates

<table>
<thead>
<tr>
<th>Style</th>
<th>Color</th>
<th>Sizes Available</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dominion #715</td>
<td>White</td>
<td>Youth 8 to ladies 10</td>
<td>$39.99</td>
</tr>
<tr>
<td>Dominion #731</td>
<td>White and Black</td>
<td>Youth 8 to 2</td>
<td>$89.99</td>
</tr>
<tr>
<td></td>
<td>White and Black</td>
<td>Adult 3 to 13</td>
<td>$99.99</td>
</tr>
</tbody>
</table>

RIEDELL SKATES ARE NOW AVAILABLE IN ALL STORES
MAJOR SAVINGS UP TO 30% OFF RETAIL PRICES ON SELECT ITEMS

NEW Skate Profiles and Toe Pick Shapes can be found online at www.edkicesports.com

SP-Teri boots
Super Teri
Super Deluxe Teri
Pro Teri
Harlick boots
Hi-Tester

MK Blades
Style
MK Pro
Vantage or Vision
MK Dance
Phantom
Phantom Special
Gold Star Chrome

John Wilson Blades
Style
Majestic
Coronation Ace
Coronation Comet
Pattern 99
Gold Seal
Pattern 99 K-Pick
Gold Seal K-Pick

Skate Profiles and Toe Pick Shapes can be found online at www.edkicesports.com

Recreational Skates

<table>
<thead>
<tr>
<th>Style</th>
<th>Color</th>
<th>Sizes Available</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dominion #715</td>
<td>White</td>
<td>Youth 8 to ladies 10</td>
<td>$39.99</td>
</tr>
<tr>
<td>Dominion #731</td>
<td>White and Black</td>
<td>Youth 8 to 2</td>
<td>$89.99</td>
</tr>
<tr>
<td></td>
<td>White and Black</td>
<td>Adult 3 to 13</td>
<td>$99.99</td>
</tr>
</tbody>
</table>

RIEDELL SKATES ARE NOW AVAILABLE IN ALL STORES
MAJOR SAVINGS UP TO 30% OFF RETAIL PRICES ON SELECT ITEMS

NEW Skate Profiles and Toe Pick Shapes can be found online at www.edkicesports.com

SP-Teri boots
Super Teri
Super Deluxe Teri
Pro Teri
Harlick boots
Hi-Tester

MK Blades
Style
MK Pro
Vantage or Vision
MK Dance
Phantom
Phantom Special
Gold Star Chrome

John Wilson Blades
Style
Majestic
Coronation Ace
Coronation Comet
Pattern 99
Gold Seal
Pattern 99 K-Pick
Gold Seal K-Pick

Skate Profiles and Toe Pick Shapes can be found online at www.edkicesports.com

Recreational Skates
Advertisers Please Note:
The deadline for placing ads in the Summer 2003 issue of Recreational Ice Skating is: April 30, 2003
Call Carol Jackson Advertising Sales Manager, at (972) 735-8800 for assistance in placing your ad.

For your convenience, the ISI accepts Visa, Mastercard, and Discover to charge your memberships, souvenirs, and publications!

NOW AVAILABLE!
New and Improved

- 2002-2003 ISI Skaters and Coaches Handbook

Call 972-735-8800 to order.

CLASSIFIED ADS

INDIANAPOLIS AREA: Synchronized skating organization seeking two coaches. Teams currently compete ISI and USFSA. Synchro experience preferred. Potential opportunity for private lessons. Resumes to P.O. Box 675, Fishers, IN 46038.

Take The Edge Off The Cold
Say Goodbye To Cold Feet

Keep feet warm
Extend skate boot life
Protect boots from moisture & wear
Add support to broken down skates
Keep laces from slipping and secure the boot fit
Attractive stylish design

RECREATIONAL ICE SKATING, SPRING 2003 23
but she finally said I could move next summer. I passed Pre-Alpha, Alpha and Beta. I begged my mom to let me move. Of course, she said no, but she finally said I could move next summer. I want to say hi to Brittney, Rachel, Sarah and Chloe.

Jenna Jernign, age 10, Gamma
SkateWorld
Jacksonville FL

Dear ISI,
I love to skate! My favorite move is probably the axel or double loop. I love to jump and I want to encourage skaters to never give up. Also, I was wondering if you could find me a pen pal who is around my age and my level or higher. A boy or girl is fine. Thanks a bunch!

Ashleigh Ostin, age 19, FS5/6
Farmington FSC
Farmington MI

Dear ISI,
I have been figure skating since I was 5 years old. I love skating. I skate about 5 hours a week and two times a week. I wish I could skate more. I want to say thanks to my coach Natasha. I would like to have a girl pen pal who is around my age and level.

Hanna Mathers, age 9, FS2
Fritz Dietl, Inc.
Harrington Park NJ

Dear ISI,
I've been skating since I was 5 years old. When I do my program without music it's horrible. Then when I do it with music it's beautiful. My coach Jill and I have been working on my double toe. I can't get around enough. Can I please be either Emily Smith's pen pal or Lauren Johnson's. I would like to be Emily's because we live in IL and maybe we could see each other some time. Thanks.

Elizabeth Smith, age 10, FS6
Woodridge IL

Dear ISI,
I have been skating for about 10 months. I competed in the City of Fountains Fall Fling in Kansas City and placed 2nd in my event. That was my first competition, and I was really nervous. I want to say thanks to my mentor, Shannon, my coach, Amy, and my skating partner India. I really couldn't have done it without them or my family and friends. I got into skating because of my friend India. She invited me to go skating with her and I loved it. We take Learn to Skate lessons together, and we help each other during practices. Skating is one of the best things that has ever happened to me. I would also like to say thanks to ISI for making the magazine and sharing the incredible stories of other cool skaters, making our skating world better. Could you please find me a girl pen pal around my age and level? Thanks for everything!

Katherine K. Su, age 11, FS1/2
Line Creek Community Center
Kansas City MO

Dear ISI,
I would like to be pen pals with Lauren Marino. If she already has a pen pal, I would like a pen pal who is in Alpha, Beta or Gamma and who is eight to 10 years old.

Julia Galica, age 8, Beta
International Skating Center of CT
Simsbury CT

Dear Readers,
Julia's letter has been sent to Lauren. If you would like to be Ashleigh's, Hanna's, Katherine's or Julia's pen pal, send letters for them to ISI.

Dear ISI,
I feel so left out. I read your magazine and there's like all these 4-year-olds in freestyle. I'm twice their age and lack 1/6 of their level. My skating is too easy. Do you have a way to boost my level? I would also like to be Isabel Perry's or Rebekah Lloyd's pen pal. If not, could you find me a pen pal at a higher level?

Katie Krueger, age 9, Alpha
Brookfield WI

P.S. You should have a drawing section.

Dear Katie,
There are skaters of all ages and all levels in ISI. I'm sure you have also seen skaters much older than you who are in

24 RECREATIONAL ICE SKATING, SPRING 2003
Dear ISI,

I've been skating for almost two years. I have been in Freestyle 3/4 for 6 months. I can land all my singles but not the axel. I want to tell new skaters that perfection is what you need to move on, so don't give up. Everything comes with time and practice. Keep on skating!

Allison McWilliams, age 14, FS3/4
Ice Skation Valencia

Dear ISI,

I have been taking lessons for about 1 1/2 years. I can't get the back one-foot spin down. I would like to be Emily Smith's pen pal. Thanks.

Leanna Lockhart, age 10, FS3
Sterling VA

Dear ISI,

I love skating! I want to be in the Olympics when I grow up. When I was in 3rd grade (I'm in 4th grade now) I went to the Olympics in Salt Lake City. I saw the Opening Ceremony, skiing and pair figure skating. I would love to be Lauren Marino's pen pal.

Kate Ferraro, age 9, Beta
Eagan Civic Arena
Eagan MN

Dear ISI,

I've been skating for about 7 years. I would like to thank my coach for helping me to get as far as I have. My favorite jump is the flip jump and my favorite spin is a sit spin. I want to thank you for the magazine. Could you find me a pen pal around my age?

Brandilyn Cook, age 12, FS4
Ice Forum at Southlake
Jonesboro GA

Dear ISI,

I have been skating for about 4 or 5 years. I really love ice skating and one day I hope to go to the Olympics. My favorite skater is Tara Lipinski. I want to thank my coach for helping me to get as far as I have. My favorite jump is the flip jump and my favorite spin is a sit spin. I want to thank you for the magazine. Could you find me a pen pal around my age?

Jennifer Perry, age 9, Delta
Golden Blades
Bridgewater MA

* Editor's Note: Abby's letter has been sent to Isabel and Varina.

Dear ISI,

I have been skating for about 3 years. I stopped skating a little bit (I think mainly to catch up on my school-work). I would like to be Rebekah Lloyd's pen pal. If she doesn't want to be my pen pal, could you find someone between 11-13 years of age and around my level (possibly)?

Marissa Geer, age 12, FS4
Also Viejo Ice Palace
Laguna Hills CA

* Editor's Note: Leanna and Jennifer's letters have been sent to Emily, Kate's to Lauren and Marissa's to Rebekah. If anyone else would like to be Jennifer or Marissa's pen pal, please send letters for them to ISI.

Dear ISI,

I LOVE to ice skate. I have been skating for 3 years. I would like to thank all my coaches: Julie, Nicole and Cheryl who have been a really big help. Also, could I be Emily Smith's pen pal?

Chelsea Lawdahl, age 12, FS4/5
Pavilion
Greenville SC

Dear ISI,

I have been skating for 5 years. I skate twice a week at Chelsea Piers. I am working on my flip, loop and sit spin. I would like to be Emily Smith's pen pal. If she has found one or cannot be my pen pal, then may I please have a pen pal around my age?

Thank you so much,
Danielle Oberdier, age 11, FS3/4
Sky Rink at Chelsea Piers
New York NY

Dear ISI,

Hi! I love to ice skate! I have been skating since I was 3 or 4 years old. Skating is my absolute favorite sport. I would like to be Jessica Vasquez's pen pal. If she already has found a pen pal, can you find me one? Can she be about my age and level too? I also want to thank my coach Diane for teaching me everything I know now.

Jennifer Perry, age 9, Delta
Golden Blades
Bridgewater MA

* Editor's Note: Abby's letter has been sent to Isabel and Varina.
Dear ISI,

I love to skate! I have been skating for awhile. I skate singles and I am on a synchronized team: Team Image. Will you give me tips on my Ina Baur's, back lunges and ground splits? I have had turn out, so these are hard for me. Also, I am interested in a pen pal, perhaps Chantelle Rowley.

Thanks!
Sarah Hreyo, FS3/4
Yonkers NY

Dear Sarah,
The key to mastering these uncaptured moves is flexibility. Ask your coach for advice on stretching exercises you can use to improve your flexibility.

Dear Readers,
Chelsea and Danielle's letters have been sent to Emily, Jennifer's to Jessica and Sarah's to Chantelle. If anyone else would like to be their pen pals, please send letters to them to ISI and they will be forwarded.

Dear ISI,
I have been skating for 4 years and I have loved every second of it. I am currently working on passing into FS 9. It has been a big challenge, but it was all worth it. Figure skating has not only made me have a more positive attitude but also has encouraged me to be a more motivated, fun loving person. I want to thank my great coach, Amy, because I wouldn't have gotten as far as I did without her.

Carley Smythe, FS8
White Bear Lake Sport Center
Lino Lakes MN

Dear ISI,
I LOVE ice skating so much. It is my favorite sport in the whole world. I was a little scared at the beginning because my older sister fell and cut her chin open on an ice skate at the same place I go to, but I got through that. When I found out I have epilepsy (causes blackouts and seizures) I was afraid I would have one on the ice but determination came into place. I'm not good enough to go into shows, but I'm sticking with it, no matter. If you could get me a pen pal around my age and level, I would be very happy.

Your new reader,
Meredith Griffin, age 13, FS2
Lisander/Radison Ice Arena
Phoenix NY

Dear Readers,
If you would like to be Meredith's pen pal, please send letters for her to ISI and we will forward them.

Dear ISI,
I've been skating for 4 years. I would really like a pen pal around my age and my level. I love Sasha Cohen. I hope I get to be in the Olympics when I grow up. I'm looking forward to competing this winter with my teams and in two spotlights and a freestyle with music from “Annie Get Your Gun.”

Heidi Mackinnon, age 8, FS2
Howell MI

Dear Readers,
I am a freestyle 7/8 skater but spend most of my time on USFSA. I am a Juvenile there and competed as a Pre-Juvenile skater in the Upper Great Lakes Regionals last year. I would like to be pen pals with Sara Cattanach. If I can't, could you please find me someone around my age and level? I would prefer a female but male is okay.

Thanks bunches,
Natalie Burnette, age 12
St. Peters FSA
St. Peters MO

I just wanted you to know that I skate with Holly Maloney and I really enjoyed the article about her. I am in FS 1 and I'm working on my sit spin. I would like to be Ella Hickcox's pen pal, please. If not, could you please find someone around my age?

Lawrence Coach,
Dara Decker, age 11, FS4/5
The Cooler
Suwanee GA

Dear ISI,
I love to ice skate. I was wondering if I could be Jessica Vasques' pen pal. If not, could you find me one? Thank you so much!

Joy Ramey, age 10, Beta
Dallas Galleria
Tyler TX

Dear ISI,
I was wondering if I could be Emily Smith's or Vikki Smoter's pen pal. If not, could you please help me find a pen pal around my age? Any level will be fine. Thanks.

Dara Decker, age 11, FS4/5
The Cooler
Suwanee GA

Dear ISI,
I have been skating for about 4 years. I'm in ISI and USFSA. I've passed both my preliminary moves in the field and freestyle. I have almost landed my double loop. I'm working on my axel, double Salchow, double loop and double flip. I keep getting and then loosing my axel. I competed in the Atlanta Open and won 1st. A couple of my friends skate too. I met my friends Alex, Kira, Taryn, Chloe and Christy from ice skating. I'm having trouble with my sit spin and layback.

I was wondering if I could be Emily Smith's or Vikki Smoter's pen pal. If not, could you please help me find a pen pal around my age? Any level will be fine. Thanks.

Dara Decker, age 11, FS4/5
The Cooler
Suwanee GA

Dear ISI,
I love to ice skate. I was wondering if I could be Jessica Vasques' pen pal. If not, could you find me one? Thank you so much!

Joy Ramey, age 10, Beta
Dallas Galleria
Tyler TX

Dear ISI,
I just wanted you to know that I skate with Holly Maloney and I really enjoyed the article about her. I am in FS 1 and I’m working on my sit spin. I would like to be Ella Hickcox's pen pal, please. If not, could you please find someone around my age?

Lawrence Coach,
Dara Decker, age 11, FS4/5
The Cooler
Suwanee GA

Dear ISI,
I have been skating for about 4 years. I’m in ISI and USFSA. I’ve passed both my preliminary moves in the field and freestyle. I have almost landed my double loop. I’m working on my axel, double Salchow, double loop and double flip. I keep getting and then loosing my axel. I competed in the Atlanta Open and won 1st. A couple of my friends skate too. I met my friends Alex, Kira, Taryn, Chloe and Christy from ice skating. I’m having trouble with my sit spin and layback.

I was wondering if I could be Emily Smith’s or Vikki Smoter’s pen pal. If not, could you please help me find a pen pal around my age? Any level will be fine. Thanks.

Dara Decker, age 11, FS4/5
The Cooler
Suwanee GA

Dear ISI,
I love to ice skate. I was wondering if I could be Jessica Vasques’ pen pal. If not, could you find me one? Thank you so much!

Joy Ramey, age 10, Beta
Dallas Galleria
Tyler TX

Dear ISI,
I just wanted you to know that I skate with Holly Maloney and I really enjoyed the article about her. I am in FS 1 and I’m working on my sit spin. I would like to be Ella Hickcox’s pen pal, please. If not, could you please find someone around my age?

Lawrence Coach,
Dara Decker, age 11, FS4/5
The Cooler
Suwanee GA

Dear ISI,
I have been skating for about 4 years. I’m in ISI and USFSA. I’ve passed both my preliminary moves in the field and freestyle. I have almost landed my double loop. I’m working on my axel, double Salchow, double loop and double flip. I keep getting and then loosing my axel. I competed in the Atlanta Open and won 1st. A couple of my friends skate too. I met my friends Alex, Kira, Taryn, Chloe and Christy from ice skating. I’m having trouble with my sit spin and layback.

I was wondering if I could be Emily Smith’s or Vikki Smoter’s pen pal. If not, could you please help me find a pen pal around my age? Any level will be fine. Thanks.

Dara Decker, age 11, FS4/5
The Cooler
Suwanee GA
I can finally do it now! I am working harder on lutzs and have been trying axels. I really like my coach Kim McArthur. She will help me test for the USFSA soon. What are moves in the field? Are they just jumps and spins or footwork? I would like to be pen pals with Allie Ernst or Megan Cheney.

Happy Skating,
Casey Brodsky, age 10, FS3/4
Berkeley Iceland
Berkeley CA

Dear Casey,

Copies of your letter have been sent to Allie and Megan. Check a USFSA Rule Book for descriptions and requirements for Moves in the Field.

Dear ISI,

I'm writing to say I love skating! I've been skating since March 2002. If Jessica Vasquez is still looking for a pen pal, I'd like to be hers.

Leilani Borst, age 10, Gamma
Castle Ice Arena
Renton WA

Dear Leilani,

Your letter has been sent to Jessica. We hope she will let you know if she still wants a pen pal.

Hi,

I love to skate more than anything in the world. I think it's great. I've been skating for two years (almost) and I'm working on my double Salchow. Can you give me some pointers please? P.S. I'm sorry Helen Beilinson; I lost your address.

Nicole Lee
Glacial Gardens Arena
Anaheim CA

Dear Nicole,

Doubles require height and quick rotation. It's important to use the backward inside edge efficiently for the additional height. Your ability to get into a back-spin position quickly is what turns a single into a double. Ask your coach for tips on using your legs and arms to give the jump more spring and speed. You may just need more practice to turn your single into a double, if your single is solid.

Dear ISI,

I have been ice skating all my life and started taking lessons half a year ago. Could you find me a pen pal my age and level? Thanks!

Saskia Versteeg, age 11, Beta
Crystal Ice Palace
San Antonio TX

Dear Readers,

If you would like to be Saskia's pen pal, please send letters to ISI and include your mailing address so Saskia can respond to you.

Dear ISI,

Hi! I would like to thank my coaches Loree, Kathy, Tammy and Kristi for all that they have done for me. I would also like to thank my mom and dad for always being there for me and my skating. I am on the Shooting Stars which is a Chicago Jazz team. I have been reading about SABAH (Skating Association for the Blind and Handicapped) and I wish they would come here because I would love to volunteer. I also can't get my foot in front when I am doing my axel. Do you have any tips?

Tanya Clarke, age 12, FS5
Rolling Meadows Sports Complex
Rolling Meadows IL

Dear Tanya,

Try doing a waltz jump, landing with your free leg in front, followed by a loop jump. This will assist you in getting your back spin position.

Dear ISI,

I have been skating with our club for 4 1/2 years. This is my second year of private lessons. My coach is Joyce. Joyce is really nice. I'm learning a lot of new things with her help. I love to do jumps, spins and spirals. My favorite jump is the lutz. It's hard but fun to work on. I'm working hard to perfect my change foot spin. Do you have any advice? I would like a pen pal my age who is in freestyle.

Carley Mitchell, age 10, FS3
Meadville Figure Skating Club
Meadville PA

Dear Carley,

Change foot spins can be difficult. The key to a successful one is balance. It's important to feel the balance on the center of your skating blade. Time and patience are often necessary when perfecting the change foot spin.

Hey ISI,

I love skating. I've been skating since I was 9 and I'm in freestyle. I'd like to thank my skating teacher Shaye (I'm friends with Noelle) and to thank all my friends for their support and God for giving me life. Could you get me a pen pal please? Thanks.

Rosie Gringer, age 12
Floyd Hall Arena
Haldon NJ

Continued on page 32...
Brother and Sister Team
Sparkle on and off the Ice

by Dianne Powell

If you were casting for a toothpaste commercial, Taylor and Zachary Elliott would be ideal stars. Just ask them about their skating or any of their many activities and their smiles sparkle and eyes twinkle with enthusiasm. Thirteen-year-old Taylor is a graceful, willowy blond who has been skating for nine years. Her 10-year-old brother Zachary, who resembles a young Todd Sands, joined her on the ice at age three.

The brother-sister team represented RDV Sportsplex Ice Den at ISI’s Winter Classic and took home lots of medals, but for them the competition wasn’t about winning medals. It was a first time trip to California from their home in Orlando, Florida; it was the chance to skate with their friends and a chance to go to Disneyland.

“It’s my first time here and I love ISI competitions,” said Taylor, who started skating with ISI in Learn to Skate classes and is now Freestyle 8. She also plans to test for USFSA Intermediate. “We’ve been doing little show numbers and I’m very happy.”

Taylor says she likes ISI competitions because “it’s recreational, and you can dress up and have fun. It’s a great place to go for it, be a kid.”

Taylor and Zachary skate two hours a day, five days a week and sometimes on Saturday. When not skating, Taylor says, “We definitely do homework. I wouldn’t say we enjoy it but we definitely do it. We also have fun with our friends.” They also sing, act, and dance, and Zachary plays hockey.

The brother and sister attend Circle Christian School in Orlando where Taylor is in seventh grade and Zachary is in fifth. Both also participate in the MAP program, Motivation for Academic Performance, sponsored by Duke University’s Talent Identification Program (TIP). To qualify, students must rank in at least the 90 percentile on standardized testing for reading or math. Taylor and Zachary have exceeded the qualifications for reading and math. Their mother Leigh Elliott, a former teacher, says TIP “opens doors to other programs which are horizontally broadening educational opportunities.”

In addition to ice skating and schoolwork, Taylor studies performing arts at The Master Class Academy in Winter Park, Florida. She also studies voice and piano and enjoys singing the “Star Spangled Banner” at hockey games and special events. Her hobbies include art and sewing. Zachary loves wildlife and studying alligators through Gatorland’s Educational Program in Kissimmee. He plays on the Ranger’s Pee Wee ice hockey team in addition to his figure skating training. His hobbies include art and pin trading. He’s a Freestyle 7 skater.

Coach B.J. Chapman says, “I coach the Elliotts, along with Lynn Hopping, at RDV Sportsplex. They are the most delightful children I’ve ever had the privilege of working with.”

Lynn Hopping, who has coached the Elliotts for seven years, considers them a total package. She gives credit for their positive personalities, their respectfulness and excellent manners to their mother. Lynn says, “Taylor and Zachary pursue academic and artistic excellence. The ISI offers a creative outlet for the children to express their love of skating.”

Taylor said a highlight of Winter Classic for her was “dressing up for my spotlight program.” She was a clown with a blinking nose. “I did my spotlight and I did a somersault. I had a lot of fun doing it.” She took first place.

“Taylor loves the theatrical part of ISI,” said Leigh. “ISI is truly her love; she can put on little shows.” At Winter Classic Taylor and Zachary did a skilled and adorable Couples Spotlight called “The Runaway Egg” with Zachary as the egg and Taylor as the Easter Bunny. Afterwards, small children wanted to hug the Easter Bunny and Taylor cheerfully granted their wishes and posed for photos.

Of her children’s activities, Leigh says, “I think it’s great. I’m so thrilled that my children showed up in my life. I
consider it a privilege and an opportunity to be with them. Skating is part of what they do. They have many interests. I’ve enjoyed every minute of it. I’m the mom. I do props, makeup, support, music, emergency runs, food, water and schooling.” Leigh doesn’t skate.

Leigh may describe herself as “just the mom dragging the bag,” but she’s much more than that. Her “take charge, get things done” demeanor and her organizational skills, ingenuity and creativity were proven at Winter Classic. Part of Taylor and Zachary’s costumes and props were shipped from Florida and were lost along the way. Undaunted, Leigh recreated Zachary’s costume and the candlestick for his “Jack Be Nimble” spotlight light entertainment number. She adapted sleeves from a turtleneck shirt into leggings and a helpful Home Depot manager followed her directions and built a new candlestick.

Taylor offers the following advice to skaters considering entering ISI competitions, “If they want to have fun, to dress up and just basically have fun, come along. You can do that in USFSA as well, but here you can dress up (in costumes), do footwork, spotlight, couples spotlight, all that great stuff and freestyle, just have fun.”

Zachary and Taylor love ISI for the variety of events, creative expression and being part of a team, and Leigh loves the fact that both kids are enjoying their childhood.
ISI SYNCHRONIZED SKATING CHAMPIONSHIPS

The 7th annual ISI Synchronized Skating Championships will take us back to the city where it all began...Chicago! ISI is very excited about the continued growth in participation at this event, scheduled this year for April 11-13, at the Arctic Ice Arena in Orland Park, IL. We’re looking forward to seeing both new and familiar faces at this increasingly popular event!

As in the past few years, we will have all ice surfaces under one roof. The competition will begin on Saturday, April 12th and conclude with Senior, Youth, Team and Adult Final Rounds on Sunday, April 13th. Practice ice will begin in the afternoon of April 11th.

All Synchronized Skating teams will skate two rounds. The first round will be grouped by age and team size. Teams placing in the top three will advance to the Premier Round of the competition in the same age category (not necessarily the same team size). Teams placing fourth and lower will advance to the Select Round of the competition in the same age category (not necessarily the same team size). Awards will be given for both rounds with On-Ice Awards for Final Rounds only.

Practice ice is not included with the entry fee for Synchronized Skating Teams since they will skate twice during the event. Synchronized Skating Teams need to reserve and pay for an official practice session. Synchronized Formation, Synchronized Dance, Synchronized Formation Compulsories, and Synchronized Skating Compulsories will receive a 15-minute practice ice session with their entry fee. All of these teams will only compete once. An official practice ice form is posted on our website.

Check our website (www.skateisi.org) for any pertinent updates or hotels for this event.

****Reminder: Team skater’s age is as of July 1, 2002.****

ISI WORLD RECREATIONAL TEAM CHAMPIONSHIPS

ISI’s World Recreational Team Championships will be held July 28-August 2, 2003 at the Northbrook Park District Sports Center, Twin Rinks Ice Pavilion and Glenview Ice Center in Chicago. Plan now to attend this always exciting, spectacular event. The entry deadline is May 1.

World CHAMPS Hotels

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Rates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marriott Lincolnshire Resort</td>
<td>10 Marriott Dr. Lincolnshire IL 60069</td>
<td>847-634-0100</td>
<td>$102</td>
</tr>
<tr>
<td>Marriott Suites Deerfield</td>
<td>2 Parkway North Deerfield IL 60015</td>
<td>847-405-9666</td>
<td>$102</td>
</tr>
<tr>
<td>Deerefield Courtyard by Marriott</td>
<td>800 Lake Cook Rd. Deerfield IL 60015</td>
<td>847-940-8222</td>
<td>$89</td>
</tr>
<tr>
<td>Glenview Courtyard by Marriott</td>
<td>1801 N Milwaukee Ave. Glenview IL 60025</td>
<td>847-803-2500</td>
<td>$89</td>
</tr>
<tr>
<td>Renaissance North Shore</td>
<td>933 Skokie Blvd. Northbrook IL 60062</td>
<td>847-498-6500</td>
<td>$102</td>
</tr>
<tr>
<td>Highland Park Courtyard by Marriott</td>
<td>1505 Lake Cook Rd. Highland Park IL 60035</td>
<td>847-831-3338</td>
<td>$89</td>
</tr>
<tr>
<td>Hilton Northbrook</td>
<td>2855 N Milwaukee Ave. Northbrook IL 60062</td>
<td>847-480-7500</td>
<td>$89 (single, double, triple, quad)</td>
</tr>
<tr>
<td>Adam’s Mark Chicago-Northbrook</td>
<td>2875 N. Milwaukee Ave. Northbrook IL 60062</td>
<td>800-444-2326</td>
<td>$75 (single, double, triple, quad)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>847-298-2525</td>
<td>$149 (Junior King, Junior Queen)</td>
</tr>
</tbody>
</table>

Reservations for Worlds hotels may be made through Marriott Reservations at 1-800-228-9290 or directly with the properties listed. Groups booking 30 or more rooms must contact the individual hotel directly.
ISI ADULT CHAMPIONSHIPS

Attention adult skaters! The 6th Annual ISI Adult Championships are heading to the East Coast. Beautiful Cap Cod will host this ever-growing event at the Charles Moore Arena in Orleans, Massachusetts, September 12-14, 2003. A fun-filled Competitors Party is planned for Friday evening.

Don’t miss this exciting event and the chance to showcase your skills among your peers and to share the special camaraderie that encompasses Adult Champs. Check the ISI website for additional information as it becomes available: www.skateisi.org.

SKATE-TALK
Who or what motivates you? Why?

Casey Brodsky,
Age 10, FS3/4
Berkeley Iceland
Berkeley CA

On Saturdays I take group lessons. Before that, there is a freestyle session. I don’t skate in it because I’m short; they are tall; they don’t see me, and they might run into me. But I watch. I think, “Look at that girl in the blue sweater. She’s doing a double toe loop. I will be doing that soon because I can land a single toe loop.” That is my motivation, besides my coach. It makes me want to do more single jumps so I can start working on doubles.

Describe your first skating experience?
How old were you?

Send name, info., photos and responses to:
Ice Skating Institute
Attn: Editor, RIS
17120 N. Dallas Pkwy., Ste. 140
Dallas, TX 75248-1187

or send us email at:
editor@skateisi.org

* Editor’s Note: Send a new question for "Skate Talk" to Editor at ISI. If we use your question, we’ll send you a prize.

...WRITE STUFF continued from page 27

Dear Readers,

If you would like to be Carley or Rosie’s pen pal, please send letters for them to ISI and they will be forwarded.

Dear ISI,

I have been skating for 2 years and I love it. I skate three times a week, which includes two lessons, an off-ice class, and an on-ice skills class. I am working on my sit spin, camel spin, loop, lutz, flip and tons of other moves. I’ve had four competitions so far and I’ve gotten two second places and two first places. My next competition will be a USFSA one in Vancouver, BC. I hope that I will do well there. My favorite skaters are Michelle Kwan and Sasha Cohen. My favorite male skater is Alexei Yagudin. I want to thank my coach Tina and my parents for supporting me. I would like to be Allie Ernst’s pen pal. Figure skating rocks!

Liann Wu, age 10, FS3/4
Castle Ice Arena
Renton WA

Editor’s Note: Liann’s letter has been forwarded to Allie.
### Event Information

**SEND ENTRY AND FEE TO:**
ISI
17120 N. Dallas Pkwy., Ste. 140
Dallas, TX 75248
Phone: 972-735-8800 • FAX 972-735-8815

**Team Entry Form**

All information for **team events** (on this form) will be mailed to the rink indicated below. (Including Family Spotlight.)

**Event Dates**

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
<th>Event Dates</th>
<th>Test Deadline</th>
<th>Entry Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>World Team Championships</td>
<td>Chicago, IL</td>
<td>July 28-Aug. 2, 2003</td>
<td>May 1, 2003</td>
<td>May 1, 2003</td>
</tr>
</tbody>
</table>

**Please Print**

Name of Group

Rink Representing

Address

City, State, Zip

Instructor/Coach

Coach’s Home Telephone

Rink Telephone

ISI Registration #

**We wish to enter:** (IMPORTANT Use one team entry form per team, per event. Please send team photo with entry.)

- [ ] Synchronized Formation Compulsories
- [ ] Production Team
- [ ] Synchronized Formation Team
- [ ] Pattern Team
- [ ] Synchronized Skating Compulsories
- [ ] Kaleidoskate Team
- [ ] Synchronized Skating Team
- [ ] Team Compulsories: Level*
- [ ] Freestyle Synchro: Level*
- [ ] Synchronized Dance
- [ ] *(indicate 1-10)
- [ ] Family Spotlight

**Age Category:** *(select one)*

- [ ] Junior Youth Team
- [ ] Teen Team (majority 13-19)
- [ ] Adult Team (majority 20 & up)
- [ ] Youth Team
- [ ] Senior Youth Team
- [ ] Adult Team

**Name**

**Age as of July 1, 2002**

**ISI #**

<table>
<thead>
<tr>
<th>Name</th>
<th>Age as of July 1, 2002</th>
<th>ISI #</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td>17</td>
</tr>
<tr>
<td>2</td>
<td></td>
<td>18</td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>19</td>
</tr>
<tr>
<td>4</td>
<td></td>
<td>20</td>
</tr>
<tr>
<td>5</td>
<td></td>
<td>21</td>
</tr>
<tr>
<td>6</td>
<td></td>
<td>22</td>
</tr>
<tr>
<td>7</td>
<td></td>
<td>23</td>
</tr>
<tr>
<td>8</td>
<td></td>
<td>24</td>
</tr>
<tr>
<td>9</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Crossover Skaters**

**Team #**

<table>
<thead>
<tr>
<th>Name</th>
<th>Age as of July 1, 2002</th>
<th>ISI #</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Entry Fees:**

All Team Entries $20.00 per member

Production Team pays for first 32 skaters only - $640 maximum..

- [ ] ISIA Education Foundation Donation enclosed $ ____________

**Total Enclosed:** $ ____________ Make check payable to ISI

**OFFICE USE ONLY**

Date Rec’d. ______ Check # ______ Amount ______

**Authorized Signature**

**Card type options**

- American Express
- Visa
- MasterCard
- Discover

Card # __________________________ Exp. Date ____________

Cardholder (please print)

Authorized Signature

Telephone Number (must be included)
Visit your local pro shop or specialty store to see the complete GK Skating Wear Collection.

Be sure to ask about the GK Skating TEAM Collection.
SKATE
See her skate
she may wait,
for that music,
start her up.
There she goes
so gracefully,
there she goes over there,
may she not impair.
Look at what she may wear,
ever may she outwear
that gorgeous gown that she may wear, never.
(applause)

Sarah Moniz, age 11
Bay State Blades Skating Club
Fall River MA

Ice Poem

I am an ice skate.
I’m shiny and white.
I belong to Sarah Hughes.
When she spins, I get dizzy!
Cool, a camel – I’m floating!
Ouch, now I have all the weight on me!
Okay, Now she’ll attempt a triple axel.
Boom! Bang! Boo!
She fell, so I skid across the ice.
Suddenly, we start skating again.
Now, she landed a triple lutz and not a flutz!
Hooray Hughes!

Sylvi Pultorak, age 11, FS3/4
Inwood Ice Arena
Joliet IL

Monika

Our coach is cool,
and she goes to school,
her schedule is busy and oh so full.

She teaches us with grace and flare,
ever yelling but there is that glare.

She loves her skaters as if they were her own,
and while she is teaching we cannot moan.

She goes out of her way to help her skaters,
and enjoys the pain that she will inflict on us later.

We spin and jump and sometimes fall,
but she never puts us down or makes us feel small.

When I am feeling sad and down,
and she can tell because of the frown,
she will take a few minutes to say it’s okay,
and then start our lesson in the usual way.

If I am falling and can’t skate at all,
she takes my hand and we walk to the hall,
where she says to me:
“I love you all and you make me so proud,
and when you fall I’ll give you my hand,
and continue to tell you, “Yes, you can.”

Alyson Paige Wiley
Darien Sportsplex
Darien IL

THE ELEGANT SKATER

The cold, small, motionless ice rink is lonely to see,
there are no skaters, how can that be?
The ice is as clear as a sheet of glass,
hoping that this moment will soon pass.
Then comes a beautiful girl,
gliding across the ice, look at her twirl.
Her skate is a paintbrush, painting a picture on the ice.
Turning, jumping and soaring, never thinking twice.
When she is finished her feet have blisters,
this elegant, exquisite skater is my sister.

Written by Annie Galus, age 13
Dedicated to Katie Galus, age 11, FS4
Fox Valley Ice Arena
Geneva IL
On the Ice

On the ice I feel graceful
like I float above the clouds
When I do great sit spins
it’s like I’m spinning on the ground,
On the ice I feel powerful
like I’m the ruler of the world,
When predators come near me
it’s like the ice is my shield,
On the ice I feel wild and free,
like I can do anything I want,
Nothing can control me
like a wind-up toy being bought.

These are my feelings,
the ones I keep that are nice,
These feelings are what I feel when I am on the ice.

Lauren Schnapper, age 12
Easy Street Ice Arena, Simi Valley CA

The Moment of Truth

All eyes follow the guiding spotlights,
All one can see are the specks of glitter.
When the one poses perfectly still and captures the sights,
Trying so hard to get rid of jitters.
Da ta Da, as the music starts, slowly the one unfolds,
Dancing gracefully across the white sparkling stage.
It is now time to show the world of what she holds,
Inside is a spirit that wants to break free from its cage.
Here it comes, the moment we all have been waiting for,
Can she land this jump and become the first to succeed?
The audience holds their breath and wonder more and more,
Everyone watches the one taking off and spinning with great speed.
She lands flawlessly and the audience jumps to their feet and cheers,
From that moment she knew she had broken free and finished the program in tears.

Anita Poon, age 15, Stirling NJ

Figure Skating

Figure Skating is a dream on ice
The breeze, the fun, the hard work are nice
The ice is like the stillness of a river
What makes the ice exciting is
Waltz jumps,
Spins,
Glides,
Spirals,
T-stops,
And everything else
That is Figure Skating

Keri Springett, age 9, Bronx NY
Sarah Hughes Shines on and off the Ice

Olympic figure skating champion Sarah Hughes has gained early acceptance into Harvard but is also considering Columbia and Yale. Her college choice will be based on her 2003 training schedule and whether she plans to participate in the 2006 Olympic Games.

On December 22, 2002, Hughes starred on NBC in “Sarah Hughes: A Life in Balance,” the first of two television specials to feature the gold medalist. The special featured five skating performances and clips on Sarah’s charity work and off-ice activities.

Scott Hamilton’s Wedding

Olympic champion Scott Hamilton married Tracie Rose Robinson on Saturday, December 14, 2002, in a private ceremony held on the grounds of Stone Manor Estate in Malibu, CA, overlooking the Pacific Ocean. Hamilton, 44, and Robinson, 33, met in 2000 and became engaged last September in front of a sold-out audience at the conclusion of Scott’s performance in his 3rd annual fundraising Gala for Scott Hamilton CARES (Cancer Alliance for Research, Education and Survivorship). Hamilton will make at least 15 Special Guest Star appearances during the 2002-2003 national touring season of Smucker’s Stars on Ice. For further information on Hamilton’s guest appearances in Smucker’s Stars on Ice, visit www.starsonice.com.

Thirteen Not Unlucky in Singapore

During the annual “Skate Singapore” competition at the Fuji Ice Palace in Singapore, 13 high level ISI skaters competed. Seven skaters competed in Freestyle 8 and six skaters competed in Freestyle 9 events. Congratulations to the following skaters and the ice arenas they represented:

- Rachel Ng, Tan Zhe Wei, Tan Da Wei – Pyramid Ice, Kuala Lumpur, Malaysia
- Ng Hui Jeat, Lim Siew Leng – Mines Ice Rink, Kuala Lumpur, Malaysia
- Abraham Domdom, Dale Feliciano – SM Megamall, Manila, Philippines
- Francesca Laureano, Veronica Vrbelova, Kilani DeWit, John Ross Solanzo – SM Southmall, Manila, Philippines
- Jennifer Toole-Stott, Lydia Leung – Fuji Ice Palace, Singapore

The skaters ranged in age from eight to 23 and presented spectacular skating performances during the three days of competition events in Singapore.

Thirteen high level ISI skaters competed in “Skate Singapore” at the Fuji Ice Palace.
Artistry on Ice: Figure Skating Skills and Style

1994 Olympic silver medallist Nancy Kerrigan and former competitive figure skater and instructor Mary Spencer have a new book out titled *Artistry on Ice: Figure Skating Skills and Style*. This in-depth, 240-page book features clear instructions and more than 180 color photo illustrations. From the basics to body alignment, effective routine elements, refining footwork, artistic expression, physical preparations and off-ice training to finding a coach, all are covered and more. The book includes advanced techniques for jumps, spins, moves in the field, ice dancing, pairs and synchronized skating along with tips on competing, music, choreography, and costumes.

*Artistry on Ice: Figure Skating Skills and Style* is published by Human Kinetics and is available in paperback for $24.95. To order a copy, call 1-800-747-4457 or go to the website: www.HumanKinetics.com.

Tara Lipinski in 7th Heaven

Tara Lipinski’s name has been removed from the list of performers for Stars on Ice. The 1988 Olympic gold medalist has reportedly quit the tour and is living in Los Angeles where she’s pursuing her acting career. She recently secured a role on the WB network series “7th Heaven.”

Stars, Stripes & Skates

On September 20, 2002 there was a special fundraising ice skating performance at Madison Square Garden. Stars, Stripes & Skates was organized to raise money to benefit victims of terrorist acts. Along with skating stars Nancy Kerrigan, Sasha Cohen, Timothy Goebel, Viktor Petrenko and Surya Bonaly, 93 children successfully auditioned to skate in the show. Among the show participants were ISI skaters Kristi Nesbitt, age six, Michelle Hung (11), Chris Wan (11) and Julie Lapatka (13). Former ISI member Caroline O’Neill (11) and her sister Elizabeth O’Neill (5) also skated in the show.

15th Annual Nutcracker On Ice at Ice Chalet

The Ice Chalet in Knoxville, TN held its 15th annual presentation of “Nutcracker On Ice” in December. The show, choreographed by Ice Chalet staff, presented the magical Christmas fairy tale with 124 fabulously costumed skaters in a holiday spectacular. Skaters, from tots to Freestyle 9, ranged in age from three to 70.

The Ice Chalet will host the 34th Annual Mississippi Valley District Figure Skating Competition, March 28-30, 2003 in Knoxville. The Mississippi Valley District Competition, started by Robert Unger, is ISI’s oldest recreational skating competition.
# Top 25 2003 ISI Winter Classic Teams

<table>
<thead>
<tr>
<th>Rank</th>
<th>Team Name</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Disney ICE</td>
<td>911.5</td>
</tr>
<tr>
<td>2</td>
<td>Ontario Ice Skating Center</td>
<td>584.0</td>
</tr>
<tr>
<td>3</td>
<td>Norwalk Ice Arena</td>
<td>361.0</td>
</tr>
<tr>
<td>4</td>
<td>Galleria Ice Skating Center</td>
<td>333.0</td>
</tr>
<tr>
<td>5</td>
<td>Aliso Viejo Ice Palace</td>
<td>298.5</td>
</tr>
<tr>
<td>6</td>
<td>Aerodrome-Willowbrook</td>
<td>254.0</td>
</tr>
<tr>
<td>7</td>
<td>San Diego Ice Arena</td>
<td>236.5</td>
</tr>
<tr>
<td>8</td>
<td>Pickwick Ice</td>
<td>225.5</td>
</tr>
<tr>
<td>9</td>
<td>Paramount Iceland Inc</td>
<td>199.5</td>
</tr>
<tr>
<td>10</td>
<td>Westminster Ice Palace</td>
<td>173.5</td>
</tr>
<tr>
<td>11</td>
<td>Pasadena Ice Skating Center</td>
<td>169.5</td>
</tr>
<tr>
<td>12</td>
<td>Ice Town - Riverside</td>
<td>132.5</td>
</tr>
<tr>
<td>13</td>
<td>Athletic Arts Academy</td>
<td>128.5</td>
</tr>
<tr>
<td>14</td>
<td>Ice Station-Valencia</td>
<td>106.0</td>
</tr>
<tr>
<td>15</td>
<td>La Pista Mexico</td>
<td>100.0</td>
</tr>
<tr>
<td>16</td>
<td>Iceoplex Panorama City</td>
<td>95.5</td>
</tr>
<tr>
<td>17</td>
<td>Iceland</td>
<td>94.0</td>
</tr>
<tr>
<td>18</td>
<td>Logitech Ice</td>
<td>93.0</td>
</tr>
<tr>
<td>19</td>
<td>Ice Castle</td>
<td>92.5</td>
</tr>
<tr>
<td>20</td>
<td>Ice Town - La Jolla</td>
<td>92.0</td>
</tr>
<tr>
<td>20</td>
<td>Apple Valley Sports Arena</td>
<td>92.0</td>
</tr>
<tr>
<td>22</td>
<td>Arcadia Ice Arena</td>
<td>89.0</td>
</tr>
<tr>
<td>23</td>
<td>Glacial Gardens Ice Arena - Anaheim</td>
<td>86.5</td>
</tr>
<tr>
<td>24</td>
<td>RDV Sportsplex Ice Den</td>
<td>79.5</td>
</tr>
<tr>
<td>25</td>
<td>Iceon Skating Center</td>
<td>76.0</td>
</tr>
</tbody>
</table>

Special thanks to the referees, judges and volunteers who helped make Winter Classic so successful. For a complete listing of team results and additional Winter Classic photos, go to [www.skateisi.org](http://www.skateisi.org).

*Photos by Joe Sport*

joesport@earthlink.net
THE DYNASTY of a Chosen Few

Frozen Assets is a journey through the excitement, glamour, challenges, triumphs and complexity that defines the sport of figure skating in the 21st century. The stars and their supporting cast. The movers and shakers. The intrigue and the aftermath. Scandals that have plagued the sport and what is on the horizon. Frozen Assets takes you on the ice and behind the scenes. Author Mark A. Lund includes interviews with all of skating’s brightest stars and many of its business luminaries, thus providing a thorough and compelling examination of the sport’s inner workings. Frozen Assets includes exclusive color photographs that showcase many of the characters in the book.

You will find yourself spun inside the loop that is skating.

Available at bookstores everywhere.
Order direct at 1-800-437-5828 or online at www.ifsmagazine.com
Bookstores $24.95   Direct $19.97

A BOOK BY
THE WORLD’S LARGEST FIGURE SKATING MAGAZINE

From FROZEN ASSETS The New Order of Figure Skating

“It’s great to have a love of your art and craft, but you’re not going to be around for long unless you’re responsible and have a vision.”
—Scott Hamilton

“Everybody wants a piece of you.”
—Sarah Hughes

“People don’t know what happened behind the scenes. I understand that people are curious. I get curious too, but come on.”
—Michelle Kwan

“With every peak, there’s going to be a valley.”
—Kurt Browning

“What’s going to keep them from trading votes again?”
—Brian Boitano

“People see there are different levels to my career. That’s why they’re always interested to see, ‘What’s she coming up with now?'”
—Katarina Witt
TAKE THE WORLD BY

STORM

Call for the retailer nearest you...
and unleash the power and energy of the storm for yourself!
(Other high performance models also available)

1-800-263-2496

(905) 477-1172
www.jerryskate.com

Jerry's ISE