



Fall 2005

ice skating



2006 Events Preview **Inside**



World Team Champs

Results, Memories and Photos



LINDY Z

expressions in style...

The Skater's Boutique

www.lindyz.com

- Custom Competition Costumes
- Embroidered Skate Clothing
- Zuca bags



LINDY Z

Phone: (818)703-8188

www.lindyz.com

what's inside

RECREATIONAL ICE SKATING

FALL 2005/VOL. 30, NUMBER 1

- 4 The Write Stuff
- 5 2005 Team Champs Results
- 6 Worlds Memories
- 8 Benefit Show Raises \$10,000

Center

2006 ISI Events Preview

*National event dates and destinations,
tourist tips and entry forms*

23 Calendar

24 Worlds Photo Gallery

A Special Issue

You will notice that this issue of *Recreational Ice Skating* magazine looks somewhat different from other issues. That's because it contains a special section, right in the middle, for you to save and use throughout 2006. The first-ever ISI Events Preview offers everything you will need to plan your national competition and travel schedule for 2006, even copies of the required entry forms. It's all in one convenient place, and it's not only helpful, but great to look at, too!

Cover photo by Joe Sport

World-Wide Welcome

They came from far and wide — more than 2,600 skaters from six countries — to be part of the 25th Annual ISI World Recreational Team Championships, the largest ice skating competition ever held in the state of California. Four ice arenas co-hosted the massive event:

Anaheim ICE, Glacial Garden-Lakewood, Paramount Iceland and Yorba Linda Ice Palace.

Festive opening ceremonies on Wednesday, July 27 at Anaheim ICE attracted record participation, with a huge parade featuring spirited teams, colorful banners, character

mascots and antique cars. The plaza was transformed into fair grounds filled with street vendors, live music, dancing and many hundreds of happy, excited faces.

Special thanks to the ISI District 15 Local Organizing Committee members for their months of planning and preparation, and their extraordinary hospitality: Don Bartelson, chairman; Randy Winship, LOC coordinator; and John Saitta, Art Trotter, Karen Gibbons, Paula Jensen, Mike Peterson, Wendy Mortensen and Glenn Bushway.





**ISI Publisher/
Executive Director**
Peter Martell

**Managing Director/
Member Programs and Services**
Patti Feeney

Editor
Lori Fairchild

Art Director
Cindy Winn Livingston

Advertising Sales Manager
Carol Jackson

Recreational Ice Skating ISSN 0164-4106 (USPS 361-570) is published quarterly; Fall, Winter, Spring, and Summer; by the Ice Skating Institute, 17120 N. Dallas Pkwy., Suite. 140, Dallas, TX 75248-1187. Annual Subscription Rate is \$12.00 per year. Periodicals postage paid at Dallas, TX, and at additional mailing offices. POSTMASTER: Send address changes to Recreational Ice Skating, 17120 N. Dallas Pkwy., Ste. 140, Dallas, TX, 75248-1187. Printed in the U.S.A.

Address Subscription Requests to Recreational Ice Skating, 17120 N. Dallas Pkwy., Suite. 140, Dallas, TX 75248-1187. Extra copies are \$4.00 each (includes postage). Multiple Copies of this edition are \$3.00 each (call for postage).

©2005 by the Ice Skating Institute. Reproduction in whole or in part is prohibited unless expressly authorized in writing by publisher. All rights reserved. Opinions expressed by contributors do not necessarily represent the views of the Ice Skating Institute, the publisher or the advertisers. Submissions of manuscripts, materials, photographs, and artwork are made at mailer's risk and must include self-addressed envelope with sufficient postage for return. No responsibility will be assumed for unsolicited materials. ISI reserves the right to edit material submitted for content and space consideration.

Letters should be addressed to:
Ice Skating Institute/RIS
17120 N. Dallas Pkwy., Suite 140
Dallas, TX 75248-1187
Phone (972) 735-8800
Fax (972) 735-8815
email: editor@skateisi.org

Direct inquiries regarding
Recreational Ice Skating Magazine;
including Display
and Classified Advertising to:
Carol Jackson
(972) 735-8800

the write stuff

letters from our readers

Editor's Note: Letters may be edited and/or condensed. Please see instructions (page 27) for getting your letter published and participating in the pen pal program.

I would like Alissa Wang to be my pen pal, or someone else who is not above my level, and 6-12 years old. My skating coach is Ms. Lisa Kowalyszen. My favorite moves are the two-foot spin, half flip, waltz jump, spiral and keyhole. Can you give me some advice on how to do the one-foot spin? It is hard for me to get into the spin and I keep falling during all parts of the spin. Anyway, I am on a synchronized skating team called The Dazzlers. It is very fun but it's also hard.

**Elizabeth Brunell, 9, FS 2
Downers Grove Ice Arena
Downers Grove, Ill.**

With a little practice, you will be a spinning top in no time. Go back to your two-foot spin and feel the feeling of being centered — shoulders level, hips square and the arms pull in at the same time. Think of holding a beach ball and then squeezing the air out of it. After you are awesome at these tips, return to the one-foot spin.

I have been skating for about five years. I love it. I go skating about two times a day for one to two hours and I go six days a week. I've almost perfected my double loop, and I've landed some double flips. I've done many competitions. I've also gone to North West Pacific Regionals once. I got fifth out of 10 other girls. I hope to go next year. I would like a pen pal who's around my age and level.

**Laura Woodman, 13, FS 6
Big Dipper Ice Arena
Fairbanks, Alaska**

Skating is one of my favorite things to do. I go every Sunday and take lessons with Kathy Bird. I also like to swim and listen to music. My favorite skater is Michelle Kwan. I would love to have a pen pal who is my age and in my level — maybe Ashley Bohm. I



am having trouble with my Salchow. Can you give me any tips to nail it?

**Madeline Landin, 11, FS 1/2
Homicks Park Ice Rink
Scarsdale, N.Y.**

Zero in on your preparation and ask yourself: Am I holding the check and not spinning the takeoff? That Salchow will be nailed in no time!

I love figure skating! I also love your magazine and I can't wait to get a pen pal. I have been skating for two years at the Rec-Plex. I have a really great coach named Andrei. My favorite spins are the one-foot spin and the back spin. My favorite jump is the Salchow. I am also a part of a synchro team called the Jade Blades and we have a lot of fun! I would like to request Molly Perry or Rosie Sedney for my pen pal; they are both close to my age and level. If I can't get either of them, I would like someone close to my age in FS 1-4.

**Kali Maus, 10, FS 3
St. Peters Rec-Plex
O'Fallon, Mo.**

I have been skating for three years and am in FS 2/3. I love doing jumps; my favorites are the Salchow and toe loop. I'm on the synchronized skating team here at Roseville and I love it. I don't compete individually but plan to soon. I want to say thanks to my coach, Lindsey. I'm hoping for a pen pal around my age and/or level, I don't care if it's a boy or girl. I'm having trouble with my flip and loop jump. Could you help?

**Michelle Nguyen, 13, FS 2/3
Roseville Skating Center
Roseville Minn.**

Without knowing what your specific problem is with the flip and loop, my advice would be to have enough speed going into the jump, don't rush the takeoff, have enough lift and check on the landing.

Continued on page 26

Pasadena Rules!



Eric Leung

Two hundred ice skaters from Pasadena Ice Skating Center of Pasadena, Calif. earned a combined 1,510 points to claim the ISI World Championships team trophy this year. Their 429 events were the most for a single team, followed closely by third-ranking Aliso Viejo Ice Palace, with 420 events. Host facility Anaheim ICE boasted the greatest number of participants, with 216, and took fourth place. Last year's champs, SM Mega Mall of the Philippines, had another tremendous showing and captured second-place honors with a remarkable 1,196 points earned by 67 skaters.

Ice skaters ranging in age from 3 to 73 and representing the full scope of skating levels traveled from all over the United States and from Mexico, Hong Kong, the Philippines, Taiwan and United Arab Emirates. They performed more than 220 hours worth of individual and team events over six action-packed days.

While the large team sizes and point totals are impressive, many facilities were represented by a single skater who reaped the same rewards as members of the large teams: new friendships, pin trading, the thrill of performing for spectators, and ISI's unique brand of recreational and competitive ice skating combined with fun and entertainment in sunny southern California. All in all, it was a complete package that will give thousands of ice skaters, families and coaches plenty to report when asked, "What did you do on your summer vacation?"

Turn the page to read more about the unforgettable 2005 Worlds experience.

Top 25 ISI 2005 World Recreational Team Championships Results

*For a complete listing of teams and results,
check the ISI Web site: skateisi.org.*

PLACE	ARENA	POINTS
1.....	Pasadena Ice Skating Center.....	1510
2.....	SM Mega Mall.....	1196
3.....	Aliso Viejo Ice Palace.....	1054
4.....	Anaheim ICE.....	1047
5.....	Ontario Ice Skating Center.....	726.5
6.....	Skatetown-Roseville.....	490
7.....	Glacial Garden Skating Arena Lakewood.....	430.5
8.....	Yorba Linda Ice Palace.....	396.5
9.....	Ice Station Valencia.....	381
10.....	Oxnard Ice Skating Center.....	347.5
11.....	Glacial Garden Ice Arena Anaheim.....	333
12.....	Pickwick Ice Center.....	315.5
13.....	Westminster Ice Arena.....	313
14.....	Ice Town La Jolla.....	271
15.....	Capitol Of Texas FSC.....	253
16.....	Yerba Buena Ice Skating Center.....	252.5
17.....	Logitech Ice at San Jose.....	248
18.....	Dublin Iceland.....	223.5
19.....	Skate Zone-Huntington Beach.....	222.5
20.....	Harry J McDonald Memorial Center.....	207.5
21.....	HealthSouth Training Center.....	207
21.....	City of Southgate Civic Center.....	207
23.....	Ice Center San Mateo.....	187
24.....	Athletic Arts Academy.....	157
25.....	Galleria Ice Skating Center.....	144

World-Class

I had the time of my life and

What will you always remember about the 2005 ISI World Championships?



I will always remember [our] team spirit ... The goal was not on placement or the medals, but on our personal bests and what we were able to accomplish and learn from this awesome experience.

—Julie Barrett

How nervous I was before the competition, and after skating I found out how much fun it really was. I will always remember that feeling of accomplishment, just knowing that I did it. —Valerie Gardner

I will always remember that my grandma and grandpa flew to watch me compete in Worlds.

—Alyssa Pitts

I enjoyed skating with my teammates and then going to Disneyland with them, too. —Brittany Gray

I will never forget meeting Sasha Cohen! —Bailey Reeter

ISI Worlds was not simply a competition; it was a life experience for us and

we thoroughly enjoyed it!

—The Zaragoza Family

I will remember meeting World silver medalist Sasha Cohen in person and being able to see her perform spectacular spirals and spins. I will also remember being part of the opening ceremonies and seeing skaters from all over the world.

—Pamela Langmaier



When we won first place [production number], I knew we had used all of our teamwork that night. And that is what I will never forget. —Brittni Blanco



My favorite experience at Worlds was being able to see and skate in different kinds of rinks.

—Anne Marie Swann

I will always remember the expression on my daughter Kristin's face when I told her that she placed first ... With the enormity of the championships and all the people around us, we had a most special moment in time that will always be remembered.

—Chi Lee

What was your favorite experience at Worlds?

Getting a chance to compete with other kids from around the world.

—Isaac Serafin

Meeting other adults who love skating as much as I do. Ice skating isn't just for kids!

—Shawna Wishman



My favorite part was the pin trading because I got to talk to other skaters from all over and got to collect their pins. —Mirelle Mallari

My favorite thing about this year's ISI World Championships was when I won second place after I fell! I got up and kept going the way my coach always told me to ... I learned to always try my best in everything I do.

—Jennifer Gasper

Memories

can't wait until next year! — **Haley Mello**



Being able to perform in the same show as Sasha was my favorite experience, and landing my Axel in my program made me feel proud.

—**April Melchor**

The surprise event. I now know that I can do a 9-jump combination if I ever need to! —**Helen Wong**

I am on a synchro team, so it was a great inspiration to watch the ladies' teams perform. —**Kaitlyn Berg**

Tell us about new friends you met at the event.

I loved to be there because I met a lot of people, and I talked to someone from the Philippines. —**Hoang-Vi Vu**

I met a lot of people who really thought it was cool that I came from Alaska. —**Erin Serafin**

Two of my friends came from Hong Kong. We traded pins and exchanged phone numbers and addresses.

—**Megan Mahdi**

I made friends with two girls my age and later found out that they skate at my hometown rink in Dallas!

—**Claire Gilmore**

I met so many nice skaters from all over ... It was also very special to get to know my other teammates from TBSA in Clearwater. Until the Worlds competition, I had only seen them at other ISI events. Now I had time to spend with them, cheering them on in their events and eating dinners together.

—**Jessica Riddle**



I met two new friends there, and one of my skating pen pals, so we had fun cheering for each other.

—**Amanda Carradine**

What is special about participating in an ISI event?

Getting all dressed up and being welcomed to participate. —**Sarah Reckinger**

What is special about ISI is that you get to compete at your skill level and your age level. It makes it more fair for everyone, from the tots to the adult skaters. —**Lindsay Thomson**

Participating in an ISI event is special because the ISI recognizes you as a skater and a competitor no matter how long [you've been skating] or how good you are at skating.

—**Tricia Ngoon**

What makes ISI special is you don't have to qualify to participate in an event like this. —**Karen Kellerman**

You can feel really important competing in an ISI event, and doing your very best. —**Jennifer Alfred**

The volunteers and ISI officials at the different rinks are awesome. They are so kind and encouraging to all the skaters. —**Nicole Prusty**

Everyone is a winner, no matter what. —**Carrie Collins**

I love ISI events because they let you have fun!

—**Toni Carbone**



Sold-Out Benefit Show Raises \$10,000 for Education Foundation

by Lori Fairchild

The ISI 2005 World Recreational Team Championships culminated in a sold-out Benefit on Ice show on July 29 at Anaheim ICE. Featured skating star Sasha Cohen wowed the crowd with her elegance and skill, and later graciously visited with hundreds of adoring, autograph-seeking skaters.

"The audience was fabulous — one of the most responsive I've ever seen," said ISI's Patti Feeney, who helped stage the show. "The crowd went wild, not just for Sasha but for every skater who took the ice."

Worlds skaters of all ages and levels are invited to participate in the benefit show based on the quality and entertainment value of their performance during the weeklong championships. This year's show offered a new opportunity to score a spot on the ice: the Skate with the Stars raffle. Some 500 tickets were sold to Worlds participants, and two names were drawn at the skaters' party on July 27. The two lucky winners were Jordyn Jensen (Gamma) and Lauren Kar-

lin (Freestyle 3), both, coincidentally, of the Chicago area. In addition to their exciting performances in front of some 850 cheering spectators, the girls were treated to a special backstage visit with Sasha Cohen, escorted by ISI Executive Director Peter Martell.

Among other benefit show highlights was a tribute to 25 years of ISI World Team Championships,



Continued on page 10



CYCLONE TAYLOR

FIGURE SKATING

web site: www.cyclonetaylorfigskate.com
NEW on-line shopping at www.figureskatingdeals.com

All Boot & Blade
recommendations made by
Professional Figure Skating
Coaches since 1957

Call to Order
1-800-880-7505

2005 CUSTOM COSTUMES



Dixie

Blades

Club 2000	\$45
MK Professional	\$199
Vision	\$349
Phantom	\$399
Goldstar	\$399
Majestic	\$129
Coronation Ace	\$199
Coronation Comet	\$199
Pattem 99	\$399
Gold Seal	\$499
Ultima Protege	\$129
Ultima Freestyle	\$329
Ultima Elite	\$329
Graf Lasauanne	\$159
Graf Platinum	\$350
Graf Diamond	\$379

Leather Skates Starter Packages

Jackson Preliminary - Boot & Blade (Best value starter)	\$69
Jackson Freestyle - Boot Only	\$149
Jackson Competitor - Boot Only	\$199
Riedell 12 White - Boot & Blade	\$69
Riedell 17 White - Boot & Blade	\$99

Leather Boots Heat Moldable, Extra Light

Graf Richmond Special	\$399
Graf Galaxy	\$499
Graf Edmonton Special - White	\$499
Graf Edmonton Special - Black	\$519
Graf F4000 - Hinged Boot	\$579
Jackson Elite	\$199
2270 - White	\$249
2700 - White	\$249
2701 - Black	\$279
3100 - White	\$369
3101 - Black	\$399
3500 - White	\$439
3501 - Black	\$459
Riedell 1500 with Cork outsole	\$479

Largest Selection of Boots & Blades! Best Price Guaranteed!



JACKSON ELITE



RIEDEL HLS1500

Heat Moldable Designs



JACKSON FREESTYLE



GRAF EDMONTON SPECIAL

NEW GRAF F4000 Hinged Boot

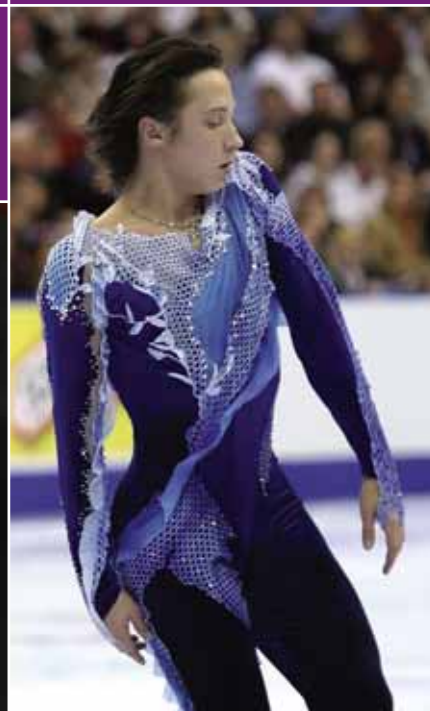
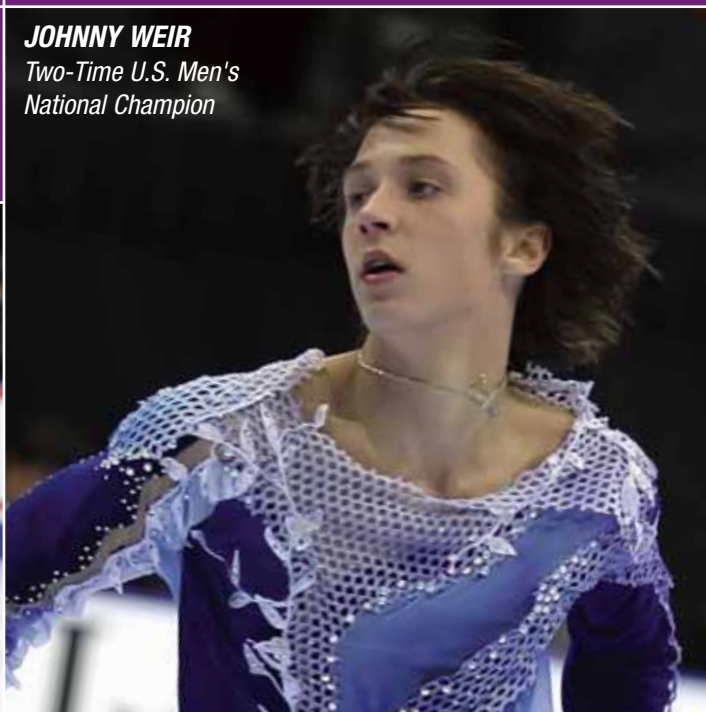
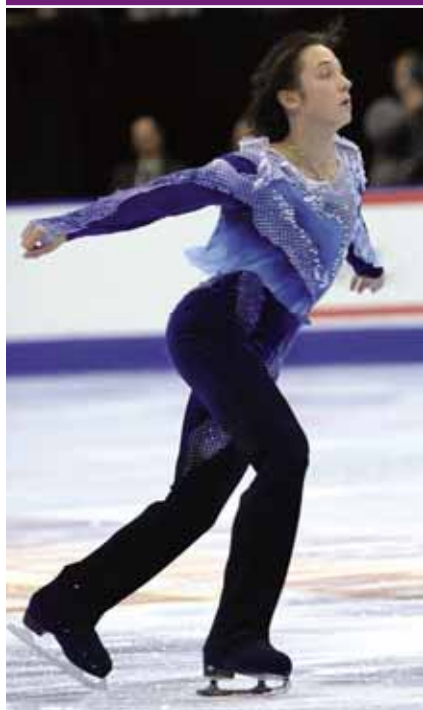


Please fax foot tracings (604) 264-9206
Full Fit Guarantee
 Email: info@cyclonetaylorfigskate.com

TEAR IT

UP

JOHNNY WEIR
*Two-Time U.S. Men's
National Champion*



When Johnny Weir is ready to tear it up, he hits the ice in **Performance³** gear. For his gold medal performances, Johnny chose Riedell Customs with John Wilson Gold Seal blades.

You too have a choice. Match your favorite Riedell boot with legendary John Wilson or MK blades and you'll be tearing up the ice **LIKE A TRUE CHAMPION.**





Benefit show star Sasha Cohen

Ice Sport

Continued from page 8

featuring 13 Level 9 and 10 skaters who skated to a medley representing each of the cities that have hosted Worlds events.

"We will always remember the outstanding show featuring Sasha Cohen," said Bob and Susan Evans, a husband and wife skating team from Florida. "What amazed us was how well all the children and adults did in the show. It was spectacular, and the wide range of ages and talents was wonderful. What a great show!"

Local TV stations KNBC and KCAL were on hand, obtaining feature coverage of Cohen and 8-year-old Kendall Hollinger of Lakewood, Calif., an ISI skater who participated in the benefit show. Little Kendall suffers from extensive life-endangering allergies, severe reflux and heart murmurs, and has undergone some 30 surgeries.

The Benefit on Ice is an annual Education Foundation event that raises scholarship funds for ISI members. Bethanee Beemis, one of this year's scholarship recipients, was in attendance to accept her plaque and skate in the show. Also receiving scholarships this year, but unable to attend the event, were Patricia Satkiewicz and Megan Van Berkel.

The combination of admission and Skate with the Stars tickets netted more than \$10,000 for the ISIA Education Foundation's scholarship program.

The deadline for next spring's scholarship applications is March 1. For more information and an application, visit www.skateisi.org and select "ISIA Education Foundation," or call the ISI office at (972) 735-8800.

Hot new looks on ice...

Shop online for outstanding quality, selection and price.

Everything for figure skaters. Skates, boots, blades, tights, apparel and accessories. We feature Riedell, Gam and Risport skates and Jerry's, Rebel and Mondor dresses. Outstanding prices on tights. Ask about team discounts.

**Shop online 24/7 at:
www.skatebuys.com**

Skatebuys

42 W. Main St., Rockaway, NJ 07866

Warehouse Showroom:

100 Naamans Rd., Claymont, DE 19703

1-866-361-9306



2006

EVENT CALENDAR

Look inside!

And start planning your 2006
ISI competition schedule today.

Here's the information you've been waiting for!

Skaters have been eagerly awaiting more information on the lineup for the Ice Skating Institute's 2006 events. This special section will give you everything you need to start planning your competition schedule for next year.

All ISI skating events give you a chance to compete against others with similar ability close to your age, and you'll receive rewards for your hard work regardless of your level.

ISI events are a good excuse for the whole family to get away – some families even plan their vacations around competitions.

One of the best things about competing at ISI events is that you meet skaters from all over who share your love of the sport. Many have made lifelong friends at ISI skating events. The competitions are held in different areas of the country each year, offering the opportunity to travel to exciting locations and hang out with your skating friends as you compete for the fun of it.

Read this section to find out about everything ISI has in store for you in '06. You'll find event descriptions, locations, entry deadlines and registration forms along with Web sites to visit when planning your trip and suggestions for what to do in each city.

Choose your events and register today using the forms in the back of the booklet. Be sure to sign up right away so you can get busy practicing your routine – make 2006 your best competition year ever!

Be sure to watch www.skateisi.org as the event draws closer for more details on special hotel rates, event schedules and more!



You don't have to be a Motown artist to

PERFORM in DETROIT!



Detroit gave the world Motown and techno music as well as some world-famous musicians and performers. The city of rhythm has long been a favorite destination for performing artists, and now you can add your name to the list of great entertainers when you skate at ISI's Winter Classic!

You won't want to miss the first national event of the '06 skating season. Anyone who's been to Winter Classic knows the fun is non-stop! Each year more participants agree this is the hottest winter event in recreational ice skating.



It's an extravaganza where music, talent and sportsmanship come together to create one of the most electrifying events of the skating season. The best part is it gives you a chance to show off your talent to skating fans from across the country!

While you're there you can visit Detroit's historical automotive industry attractions, wander through the city's famous museums and check out lively entertainment at an endless list of events.

Sign up for Winter Classic today and get ready to heat up the ice while you enjoy the city that revolutionized the world with cars and music!



For more information on what to do in Detroit visit these Web sites:

www.visitdetroit.com
www.detroit.about.com
www.detroit.citysearch.com

ISI Winter Classic

Melvindale, Mich.
March 3-5, 2006
Melvindale Civic Arena
Entry Deadline: Dec. 1



Form a line for Chicago!

Don't miss ISI's Synchronized Skating Championships – it's the exclusive national event dedicated to recreational synchronized skating. Synchronized Championship teams from around the country are already lining up to show off their moves!

The event will be held at The Edge Ice Arena in Bensenville. Three premier skating surfaces complete with seamless glass, seating for 2,500 fans and luxury skyboxes make The Edge Ice Arena one of the largest and most impressive ice-skating facilities in the country. When your team competes at Synchronized '06 you'll skate in a facility that has all the amenities to host an outstanding event.

Consider visiting neighboring Chicago for some fun. With attractions and activities galore, Chicago is everyone's kind of town. You can see the sights and then catch a show in the theater district or a Cubs game at historic Wrigley Field. There are blues and jazz hangouts, and for you culture hounds, the city's full of great museums. Families will find plenty to do at Navy Pier and Lincoln Park Zoo. Or spend your off time strolling through Hyde Park or shopping along the Magnificent Mile.

The line for Synchronized Championships and Chicago fun starts here! Make sure your team is registered for the largest synchronized event of the season.



For tourist information:

www.chicagotraveler.com
www.choosechicago.com
www.bensenville.il.us



ISI Synchronized Skating
Championships

Bensenville, Ill.
 April 7-9, 2006
 The Edge Ice Arena
 Entry Deadline: Feb. 1

The skaters are coming! *The skaters are coming!*

When Paul Revere warned the citizens of Boston that the British were coming in 1775, he had no idea that a couple of centuries later ISI skaters would also invade Boston!

ISI teams are already making plans to go to Boston and compete in the crowning event of the '06 recreational ice skating season. Past participants will tell you there's nothing more exhilarating than stepping onto the ice at Worlds. Your heart's racing, the adrenaline is pumping and suddenly you realize this is the moment you've been waiting for since you strapped on your first pair of skates.

All the hard work – the hours of practice, the competitions, your dedication to the sport – have led up to this thrilling moment. You're competing at the World Championships, and now it's your moment to shine!

This dynamic energy is evident throughout the entire event, from the opening ceremony and special clinics to the ISIA Education Foundation's Benefit on Ice and competitor's party. Everyone will agree: Worlds is the most exciting event of the year!

And this year Worlds is in yet another fun location. Plan a short drive from Marlborough into Boston and discover that it's famous for everything from Paul Revere and the Red Sox to "Cheers" and clam chowder. Whether your idea of a great vacation includes enjoying famous American landmarks, distinctive architecture, fabulous restaurants or sensational shopping, Boston offers attractions to suit your style.

In fact, Boston is family-friendly to the core, with a renowned aquarium, children's museum, science museum and many other attractions. That makes Worlds the perfect summer vacation for your entire family.

Be sure you go down in history as part of the group of skaters that invaded Boston and experienced the thrill of Worlds in 2006!

For tourist information:
www.bostonusa.com
www.cityofboston.gov/visitors
www.marlbrough.com



ISI World Recreational Team Championships

Marlborough, Mass.
 July 24-30, 2006
 New England Sports Center
 Entry Deadline: May 1



Adults scoot your boots over to Nashville!

Wherever you see a group of adult figure skaters you're sure to find mega doses of excitement, laughter and entertainment. Join the group at Adult Champs in Nashville and you're in for a whole year's worth of FUN, FUN, FUN – on and off the ice!

Adults '06 will give you the chance to scoot your skating boots across the ice at the Centennial Sportsplex, central Tennessee's historic ice rink. The Centennial is the ultimate fitness complex, with two sheets of ice surrounded by an aquatic center, tennis center and fitness facility.

Don't forget to pack your western boots in with your skates – after all, country music is the lifeblood of Nashville. You can explore musical attractions like the Grand Old Opry, the Ryman Auditorium and the Country Music Hall of Fame. There are plenty of other attractions too, from legendary musical venues to art museums, natural beauty to plantation homes and historic sites to professional sports.

Adult Champs also gives you a unique way to mix and mingle with outstanding skaters from all over while you get your party on. You'll have the time of your life, because in

Nashville skaters aren't the only stars that'll be out at night. Where else can you step into a honky tonk, look around and see famous faces? Sometimes the stars will even give an impromptu performance!

And the honky tonks aren't the only place to go to hear great music and hang out. There are also small dives tucked away throughout the city where the legends of Nashville go to make music. In addition to country establishments like the famous Wild Horse Saloon, the Nashville scene also boasts blues, jazz and other trendy clubs.

Day or night – regardless of your taste in entertainment – Nashville promises a memorable time for Adults '06 participants! What are you waiting for? Shine your boots, perfect your program and sign up for Adults '06 today!

For tourist information:
www.nashvillecvb.com
www.nashville.citysearch.com
www.blueshoenashville.com
www.nashvillecitypaper.com

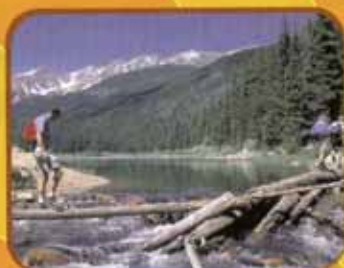


Nashville, Tenn.
 Sept. 15-17, 2006
 Centennial Sportsplex
 Entry Deadline: Aug. 1



JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

Unleash Your **CREATIVITY!**



Join us for the second annual Artistic Challenge—the only national event that gives you the chance to showcase your flair for the dramatic side of skating. Artistic Challenge features themed spotlight, couples interpretive, rhythmic skating and ensemble events, to name just a few.

There's no better place than Denver for Artistic Challenge '06. Located at the base of the Rocky Mountains, Denver artfully combines cosmopolitan attractions with nature to give us one of America's most beautiful cities. And one of the most fun!

The bustling city is centered on a mile-long promenade lined with outdoor cafes and flower baskets. As you stroll down the promenade you'll be delighted by the mountain views and all the choices in entertainment and shopping. From the Denver Art Museum, where you'll see one of the finest collections of American Indian art in the world, to the Denver Zoo, Downtown Aquarium and endless outdoor activities, Denver has something for everyone.

Start making plans now so you can show the world how creative you are in Denver at Artistic Challenge!

For tourist information:

www.denver.org
www.hellodenver.com
www.denver.citysearch.com
www.milehighcity.com



ISI Artistic Challenge
Denver, Colo.
November 3-5, 2006
South Suburban Ice Arena
Entry Deadline: September 1

2006 Artistic Challenge Team Entry Form

Send entry and fee to: Ice Skating Institute • 17120 N. Dallas Pkwy. Ste 140 • Dallas, Texas 75248 • Tel: 972.735.8800 • Fax: 972.735.8815

Event
Artistic Challenge

Location
Denver, CO

Event Dates
November 3-5

Test Deadline
Sept. 1, 2006

Entry Deadline
Sept. 1, 2006

Your Information (Please Print)

Name of Team _____ ISI Team Registration No. _____ Home Rink _____
Coach's Name _____
Coach's Address (Street, City, State, Zip) _____
Coach's Professional ISI No. _____ Coach's Certification Level _____
Coach's E-mail _____

We wish to enter:

(Important: Use one (1) team entry form per team, per event. Please send team photo with entry.)

- ☐ Family Spotlight ☐ Themed Family Spotlight ☐ Ensemble
☐ Kaleidoskate Team ☐ Production Team

Team Members

Be sure to check the USFS box to indicate any team member who has competed at or above the Novice level at any USFS National Championship within the last two years.

Name	USFS	ISI#
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		

Name	USFS	ISI#
13		
14		
15		
16		
17		
18		
19		
20		
21		
22		
23		
24		

Office Use Only

Date Rec'd. _____ Check # _____ Amount _____

Team Entry Fees

Team entries \$20.00 per person. Maximum \$640 per team.

Team entry total _____

ISIA Education Foundation Donation _____

Total Enclosed \$ _____

Make check payable to ISI

Be sure to sign here!

There will be no refunds. Memberships must be current through event. Expired membership renewals must accompany this entry application.

Upon entering this competition, we hereby agree that any photographs or video tapes taken of our team by ISI or authorized party may be used exclusively for any purpose by the ISI or any other use authorized by ISI.

I declare that the information above is true and that all skaters have current individual memberships with ISI. I have notified all team members that they skate at their own risk, and hereby release ISI, the host facilities and their officers, directors, officials and personnel from all liability.

Coach's Signature _____

Payment Information

- ☐ American Express
☐ Visa
☐ MasterCard
☐ Discover

Card # _____

Exp. Date _____

Cardholder (please print) _____

Authorized Signature _____

Telephone Number (Required) _____

E-mail Address _____

2006 Artistic Challenge Individual Entry Form

Send entry and fee to: Ice Skating Institute • 17120 N. Dallas Pkwy, Ste 140 • Dallas, Texas 75248 • Tel: 972.735.8800 • Fax: 972.735.8815

Event
Artistic Challenge

Location
Denver, CO

Event Dates
November 3-5

Test Deadline
Sept. 1, 2006

Entry Deadline
Sept. 1, 2006

Your Information (Please Print)

Last Name	First Name	ISI Member #	Exp. Date*
Address		Birthdate	Age on first day of event
City	State/Province	Zip	USFS Test Level
Phone #	Country	Home Rink	<input type="checkbox"/> Male <input type="checkbox"/> Female
E-mail Address			

Please check one:

Are you an active USFS member who has competed at or above the Novice level at any USFS National Championship within the last two years?

☐ Yes

☐ No

Individual Events

Alpha - Delta

- ☐ **Spotlight** (choose 1)
☐ Character
☐ Dramatic
☐ Light Entertainment

☐ **Themed Spotlight**

☐ **Interpretive**

Indicate Level
Alpha-Delta

☐ **Special Skater (1-10)**
(Check if Applicable)

Freestyle 1-10

- ☐ **Artistic**
☐ **Spotlight** (choose 1)
☐ Character
☐ Dramatic
☐ Light Entertainment

☐ **Themed Spotlight**

☐ **Interpretive**
☐ **Rhythmic Skating**

Indicate Level
Alpha-Delta

Partner Events

☐ **Couple Spotlight Low** (choose 1)
(Both skaters Alpha-FS3)

☐ **Couple Spotlight High**
(Either Skater FS4-FS10)

Choose 1:
☐ Char. ☐ Dram. ☐ Lt.Enter.

Choose One:
☐ Char. ☐ Dram. ☐ Lt.Enter.

☐ **Couple Interpretive**

Partner Name

Partner ISI #

Partner age as of event

Office Use Only

Date Rec'd. _____ Check # _____ Amount _____

Fees and Payment (all amounts are US dollars)

First event \$65.00
Each additional \$20.00
Family Entry \$108.00

Entry fees doubled
after entry deadline!

(Family entry covers all family members' first entry; each additional entry \$20 per person per event)

NOTES: *Memberships must be current through the event. Membership renewals may accompany this entry form. All test and memberships must be registered with the ISI Headquarters.

Entry total _____

Membership fee enclosed _____

ISIA Education Foundation Donation _____

Total Enclosed (Make check payable to ISI) \$ _____

Any changes to this original entry form will result in a change fee of \$25 per change/per skater.

Be sure to sign here!

There will be no refunds. ISI reserves the right to limit the number of entries without notice.

I skate at this competition at my own risk and hereby release ISI, the host facility(ies) and their officers, directors, officials and personnel from all liability. I declare that the home rink listed above is the true rink/club/school that I wish to represent.

Upon entering this competition, I hereby agree that any photographs or video tapes taken of me, by ISI or any authorized party, may be used exclusively for any purpose by the ISI or any other use authorized by the ISI.

Skater Signature _____ Date _____

Parent/Guardian (if applicable) _____ Date _____

I declare that the information above is true, that this skater's test(s) is/are registered, that the skater is a current individual member of the ISI, and is skating in the proper categories and levels, and that the home rink listed above is correct.

Coach Signature _____ Date _____

Coach Professional ISI No. _____ Exp. Date _____ Certification Level _____

E-mail address _____

Payment Information

☐ American Express

☐ Visa

☐ MasterCard

☐ Discover

Card # _____

Exp. Date _____

Cardholder (please print) _____

Authorized Signature _____

Telephone Number (Required) _____

E-mail Address _____

2006 ISI Events Team Entry Form

Send entry and fee to: Ice Skating Institute • 17120 N. Dallas Pkwy, Ste 140 • Dallas, Texas 75248 • Tel: 972.735.8800 • Fax: 972.735.8815

Be sure to check the box next to the event you're entering!

Event	Location	Event Dates	Test Deadline	Entry Deadline
<input type="checkbox"/> Winter Classic	Melvindale, MI	March 3-5	Dec. 1, 2005	Dec. 1, 2005
<input type="checkbox"/> Synchronized Championships	Bensenville, IL	April 7-9	Feb. 1, 2006	Feb. 1, 2006
<input type="checkbox"/> World Championships	Marlboro, MA	July 24-30	May 1, 2006	May 1, 2006
<input type="checkbox"/> Adult Championships	Nashville, TN	September 15-17	Aug. 1, 2006	Aug. 1, 2006

Your Information (Please Print)

Name of Team _____ ISI Team Registration No. _____ Home Rink _____

Coach's Name _____

Coach's Address (Street, City, State, Zip) _____

Coach's Professional ISI No. _____ Coach's Certification Level _____

Coach's E-mail _____

We wish to enter: (Important: Use one (1) team entry form per team, per event. Please send team photo with entry.)

- ☐ Synchronized Formation Compulsories
- ☐ Synchronized Skating Compulsories
- ☐ Synchronized Formation Team
- ☐ Synchronized Skating Team
- ☐ Synchronized Dance

Age Category (select one)

- ☐ Junior Youth ☐ Senior Youth
- ☐ Youth ☐ Teen ☐ Adult

World Team Championships, Winter Classic and Adults only

- ☐ Family Spotlight
- ☐ Production Team
- ☐ Pattern Team
- ☐ Kaleidoskate Team
- ☐ Team Compulsories: _____ Level*
- ☐ Freestyle Synchro: _____ Level*
- Jump & Spin 2-Person Teams**
- ☐ Low (Pre-Alpha-Delta)
- ☐ Med (Freestyle 1-3)
- ☐ Int (Freestyle 4-5)
- ☐ High (Freestyle 6-10)

*Indicate 1-10

Team Members

Be sure to check the USFS box to indicate any team member who has competed at or above the Novice level at any USFS National Championship within the last two years.

Name	USFS	Age on 7/1/05*	ISI#	Name	USFS	Age on 7/1/05*	ISI#
1				13			
2				14			
3				15			
4				16			
5				17			
6				18			
7				19			
8				20			
9				21			
10				22			
11				23			
12				24			

* Applies to Synchronized Teams only. Please list Crossover Skaters on separate sheet.

Office Use Only

Date Rec'd. _____ Check # _____ Amount _____

Team Entry Fees

Synchro Champs: \$20 per person plus \$45 team entry fee
WC, Worlds, Adults: \$20 per person (\$640 maximum per team)

Event entry total _____

ISIA Education Foundation Donation _____

Total Enclosed \$ _____

Make check payable to ISI

Be sure to sign here!

There will be no refunds. Memberships must be current through event. Expired membership renewals must accompany this entry application.

Upon entering this competition, we hereby agree that any photographs or video tapes taken of our team by ISI or authorized party may be used exclusively for any purpose by the ISI or any other use authorized by ISI.

I declare that the information above is true and that all skaters have current individual memberships with ISI. I have notified all team members that they skate at their own risk, and hereby release ISI, the host facilities and their officers, directors, officials and personnel from all liability.

Coach's Signature _____

☐ American Express

☐ Visa

☐ MasterCard

☐ Discover

Payment Information

Card # _____

Exp. Date _____

Cardholder (please print) _____

Authorized Signature _____

Telephone Number (Required) _____

E-mail Address _____

2006 ISI Events Individual Entry Form

Send entry and fee to: Ice Skating Institute • 17120 N. Dallas Pkwy, Ste 140 • Dallas, Texas 75248 • Tel: 972.735.8800 • Fax: 972.735.8815

Be sure to check the box next to the event you're entering!

Event	Location	Event Dates	Test Deadline	Entry Deadline
<input type="checkbox"/> Winter Classic	Melvindale, MI	March 3-5	Dec. 1, 2005	Dec. 1, 2005
<input type="checkbox"/> Synchronized Championships	Bensenville, IL	April 7-9	Feb. 1, 2006	Feb. 1, 2006
<input type="checkbox"/> World Championships	Marlboro, MA	July 24-30	May 1, 2006	May 1, 2006
<input type="checkbox"/> Adult Championships	Nashville, TN	September 15-17	Aug. 1, 2006	Aug. 1, 2006

Your Information (Please Print)

Last Name	First Name	ISI Member #	Exp. Date*
Address		Birthdate	Age on first day of event
City	State/Province	Zip	USFS Test Level
Phone #	Country	Home Rink	<input type="checkbox"/> Male <input type="checkbox"/> Female
E-mail Address			

Individual Events

Pre-Alpha - Delta

- ☐ Pre-Alpha - Delta Program
☐ Stroking
☐ Spotlight (choose 1)
☐ Character
☐ Dramatic
☐ Light Entertainment

Indicate Level
Alpha-Delta

- ☐ Special Skater (1-10)
 (Check if Applicable)

Freestyle 1-10

- ☐ Freestyle 1-10 Program
☐ Footwork
☐ Interpretive (Adults & Worlds only)
☐ Solo Compulsories
☐ Artistic
☐ Spotlight (choose 1)
☐ Character
☐ Dramatic
☐ Light Entertainment

Indicate Level
Alpha-Delta

Solo Dance (1-10)

Indicate Level (1-10)

Figures (1-10)

- ☐ Figures
☐ Creative Figures
☐ Free Figures

Indicate Level (1-10)

Please check 1:

Are you an active USFS member who has competed at or above the Novice level at any USFS National Championship within the last two years?

☐ Yes ☐ No

Partner Entries

<input type="checkbox"/> Couple	Level _____	Sim <input type="checkbox"/>	Mix <input type="checkbox"/>
<input type="checkbox"/> Dance	Level _____	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Pair	Level _____	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Free Dance (1-10)	Level _____	<input type="checkbox"/>	<input type="checkbox"/>

<input type="checkbox"/> Couple Spotlight Low (Both skaters Alpha-FS3) Choose 1: <input type="checkbox"/> Char. <input type="checkbox"/> Dram. <input type="checkbox"/> Lt. Enter.	<input type="checkbox"/> Couple Spotlight High (Either Skater FS4-FS10) Choose 1: <input type="checkbox"/> Char. <input type="checkbox"/> Dram. <input type="checkbox"/> Lt. Enter.
---	--

Partner Name _____

Partner ISI # _____

Partner age as of event _____

Office Use Only

Date Rec'd. _____ Check # _____ Amount _____

Fees and Payment (all amounts are US dollars)

First event \$65.00
 Each additional \$20.00
 Family Entry \$108.00

Entry fees doubled
after entry deadline!

(Family entry covers all family members' first entry; each additional entry \$20 per person per event)

NOTES: *Memberships must be current through the event. Membership renewals may accompany this entry form. All test and memberships must be registered with the ISI Headquarters.

Entry total _____

Membership fee enclosed _____

ISIA Education Foundation Donation _____

Total Enclosed (Make check payable to ISI) \$ _____

Any changes to this original entry form will result in a change fee of \$25 per change/per skater.

Be sure to sign here!

There will be no refunds. ISI reserves the right to limit the number of entries without notice.

I skate at this competition at my own risk and hereby release ISI, the host facility(ies) and their officers, directors, officials and personnel from all liability. I declare that the home rink listed above is the true rink/club/school that I wish to represent.

Upon entering this competition, I hereby agree that any photographs or video tapes taken of me, by ISI or any authorized party, may be used exclusively for any purpose by the ISI or any other use authorized by the ISI.

Skater Signature _____ Date _____

Parent/Guardian (if applicable) _____ Date _____

I declare that the information above is true, that this skater's test(s) is/are registered, that the skater is a current individual member of the ISI and is skating in the proper categories and levels, and that the home rink listed above is correct.

Coach Signature _____ Date _____

Coach Professional ISI No. _____ Exp. Date _____ Certification Level _____

E-mail address _____

☐ American Express

☐ Visa

☐ MasterCard

☐ Discover

Payment Information

Card # _____

Exp. Date _____

Cardholder (please print) _____

Authorized Signature _____

Telephone Number (Required) _____

E-mail Address _____

Keep your ISI membership current!

Ask your skating coach if your class registration includes ISI membership. You can register to become an ISI member at www.skateisi.org in the Membership Info section. Once you're an ISI member you'll receive a renewal form in the mail. Be sure to keep your ISI membership current so you don't miss out!

Skaters who are ISI members get

- *Recreational Ice Skating*—a quarterly magazine featuring recreational ice skaters, program, events and tips
- Patches and certificates
- Test Registration
- Opportunities to perform locally and nationally
- Personalized membership card
- Excess accident insurance
- Access to skating manuals and brochures

Special Things for Skaters...

The ***Skaters and Coaches Handbook*** is a complete manual of all the test standards for the ISI, of which there are more than 80 testing levels.

An example of the information in this manual is: "One Foot Snowplow Stop. A complete stop must be made in good balance using the inside edge of either the left or right foot for the skidding or stopping action. The entire maneuver must be performed in a straight line, and after stopping the skater must remain in the position for a count of three."

All of the descriptions are clear and easy to understand. Each section of the manual contains general rules that apply throughout those levels, for example: "The compulsory part of the test, consisting of the six or seven maneuvers, must be taken before the program portion of the test may be taken."

The ***Competitors Handbook*** will assist you in preparing to enter ISI recreational ice skating team competitions. The handbook defines the various types of events you can enter, the eligibility rules for participation and performance rules for each event and level. You'll also get an in-depth understanding of how to prepare for and what to expect at competitions. This handbook is a must-have for all recreational ice skaters wishing to participate in recreational team competitions.

The ***Hockey Skating Skills*** book is a guide for skating skills required to play hockey. You'll also find lists of required equipment for the various levels of the sport.

The ***Hockey Skills*** book outlines five test levels for passing and shooting skills. This guide gives you clear, concise, easy-to-follow descriptions of each element so you'll be thoroughly prepared to pass each test.

The ***Special Skater Manual*** is a guide for athletes with special needs. This manual outlines an achievement program of 10 tests and offers direction for implementing and instructing our special skater program.

You can order the publications by faxing or mailing this order form to:

Ice Skating Institute, 17120 N Dallas Parkway #140, Dallas, Texas 75248 • Fax: 972.735.8815

Name _____

Address _____

City, State, Zip _____

Telephone _____ E-mail _____

ISI Member No. _____

☐ Yes, I'd like to receive e-mail updates from ISI.

☐ Yes, send me the following ISI publications

	Price	Quantity	Total
<i>Skaters and Coaches Handbook</i>	\$10	x _____	= _____
<i>Competitors Handbook</i>	\$10	x _____	= _____
<i>Hockey Skating Skills</i>	\$8	x _____	= _____
<i>Hockey Skills</i>	\$8	x _____	= _____
<i>Special Skater Manual</i>	\$8	x _____	= _____

Subtotal _____

Shipping + _____

Total _____

Payment Method ☐ Check/Money Order ☐ American Express ☐ Visa ☐ Discover ☐ MasterCard

Card Number _____ Exp. Date _____

Cardholder Name _____

Signature _____

calendar

ISI-endorsed competitions & shows/exhibitions
(Deadline for the WINTER R/S calendar: Sept. 15)

COMPETITIONS


september

- 10-11 **Valencia, Calif.**
Ice Station Valencia
District 15
Championships
- 16-18 **Arlington, Texas**
ICE at The Parks
2nd Annual ISI Open
Competition
- 
- 16-18 **Las Vegas**
SoBe Ice Arena at
Fiesta Rancho
ISI Adult Championships
- 23-24 **Westminster, Calif.**
Westminster Ice Arena
ISI Open Competition
- 25 **University Park, Pa.**
Penn State Ice Rink
Abby Yeagley
Memorial ISI
Competition
- 30-
Oct. 1 **Tampa, Fla.**
Ice Sports Forum
2005 Fall Team
Challenge
- 30-
Oct. 2 **Houston**
Polar Ice Galleria
20th Annual
Gulf Coast Open
Team Competition

october

- 1-2 **Aliso Viejo, Calif.**
Aliso Viejo Ice Palace
Annual ISI Open
- 7-8 **Clearwater, Fla.**
Tampa Bay Skating
Academy
TBSA Fall Competition
- 7-8 **Springdale, Ark.**
Arkansas Figure
Skating Association
Ozark Invitational 2005
- 22 **Simi Valley, Calif.**
Easy Street Arena
3rd Annual ISI Open
Competition
- 29-30 **Rockland, Mass.**
Winterland Skating
School
19th Annual
Halloween Classic

november

- 3-6 **San Francisco**
Yerba Buena Ice
Skating Center
Skate SF 2005
ISI Technical
- 
- 4-6 **Orlando, Fla.**
RDV Sportsplex
Ice Den
NEW ISI Artistic
Challenge
- 4-6 **Alpharetta, Ga.**
The Cooler
7th Annual 2005
ISI Invitational
- 6 **Anaheim, Calif.**
Anaheim ICE
5th Annual
Synchronized Team
Championships
- 11-13 **Northbrook, Ill.**
Northbrook Sports
Center
Winter Open Team
Competition
- 13 **Anaheim, Calif.**
Glacial Garden
Skating Arena
2005 ISI Open
Competition
- 20 **Dallas**
Galleria Ice
Skating Center
Galleria Holiday
Audition Competition

december

- 3-4 **Fort Myers, Fla.**
Fort Myers Skatium
5th Annual ISI City of
Palms Invitational

march


- 
- 3-5 **Melvindale, Mich.**
Melvindale Civic
Arena
ISI Winter Classic

- 4 **Columbus, Ohio**
CoreComm Ice Haus
Arnold Classic Skating
Competition
- 30-
April 2 **Knoxville, Tenn.**
Ice Chalet
37th Annual
Mississippi Valley
District Competition

april

- 
- 7-9 **Bensenville, Ill.**
The Edge Ice Arena
2006 ISI Synchronized
Skating Championships

july

- 
- 24-30 **Marlboro, Mass.**
New England
Sports Center
2006 ISI World
Recreational Team
Championships

SHOWS & EXHIBITIONS

december

- 3-4 **Springdale, Ark.**
Arkansas Figure
Skating Association
A Swingin' Christmas
- 6-10 **Knoxville, Tenn.**
Ice Chalet
Nutcracker on Ice
- 9-10 **San Francisco**
Yerba Buena Ice
Skating Center
Holidaze Ice Show
- 9-11 **Evanston, Ill.**
Robert Crown Center
31st Annual
Nutcracker on Ice

- 10 **Peoria, Ariz.**
Desert Schools
Coyotes Center
Polar Express
- 10 **Highland Park, Ill.**
Centennial Ice Arena
Winter Exhibition
- 16 **Glenview, Ill.**
Glenview Ice Center
Winter Figure
Skating Exhibition
- 16-17 **Breckenridge, Colo.**
Stephen C. West
Ice Arena
Holiday on Ice
Extravaganza
- 18 **Arlington, Texas**
ICE at The Parks
Holiday in the Park
- 29 **Glenview, Ill.**
Glenview Ice Center
Winter Carnival
Synchro Exhibition

april

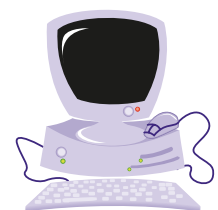
- 9 **Highland Park, Ill.**
Centennial Ice Arena
Spring Exhibition

may

- 17-21 **Glenview, Ill.**
Glenview Ice Center
33rd Annual Ice Show



- 31-
June 3 **Boston**
Seaport Hotel/World
Trade Center
2006 iACT/NEISMA
Conference &
Tradeshow



For additional
calendar information,
check ISI's Web site at
www.skateisi.org

holy salchow! FREE skating tees!

Calling all sk8r grrls! • Axel-tent tees for figure skaters • Dozens of designs
Visit www.unitedskatees.com to order this month's promotion or call 1-87-SKATE-USA • Visa/Mastercard/Discover/Amex

unitedskatees
a division of outer edge sports



2005 World Team



Championships



Photos courtesy of: Joe Sport, Cool Pics Studios, David Sadleir Photography, Bob Young Photography and ISI members

Figure skating is my favorite sport! I have been skating since I was 10, and knew I loved the sport the minute I stepped out on the ice. I just recently passed FS 4, and am now working on the Axel! I have my once-around, and can get the full 1 1/2 rotations, but haven't gotten up the courage to land it yet. My favorite skaters are definitely Sasha Cohen and Kimmie Meissner. Also, do you have any tips on the back scratch spin? I can't seem to stay balanced.

Alyssa Jacobsen, 14, FS 5
Inwood Ice Arena
Minooka, Ill.

Landing that Axel sounds like it is to the point where it is mind over matter. Believe you can. See yourself landing the jump. It WILL happen. The back scratch is a stickler! Go back to your change-foot spin in FS 3 for working on the balance issue. Another option is an off-ice spinning device, which many have found helpful.

I have been skating since I was 4. I'm in Freestyle 5. I also do synchronized skating. I am taking a break from skating, but only for the summer. I also do lacrosse. I am looking for a pen pal. I would like to have Rebecca Lillis or Breanne Bellao. We have a lot in common! If not them, then I would like someone in my age or level!

Kristen Oseback, 12, FS 5
Saratoga Springs Ice Arenas
Saratoga Springs, N.Y.

I have been skating for just over two years. I love skating. I also love to read your magazine. I want to say thanks to my coach, Lisa Martin; she has been skating with me since my first level. Also I want to thank Ashley Mandapat; she was my sixth-grade reading buddy when I was in second grade, and she inspired me to skate. Ashley is a skater; she has made the newspaper a couple times. I would like to be Emily Mayer's pen pal or anyone else close to my age and level.

Miranda Erhardt, 12, FS 4
Sprinker Recreation Center
Puyallup, Wash.

Figure skating is the best sport ever! I love skating so much that on my computer I have ice skates for smileys. Recently my coach, Rachael Razor, and I have been working on my Freestyle 5 program. It's cool because I skate to "West Side Story." I am now working on Freestyle 6 and some things in 7. Right now I'm working on my walleyes and I want to know, how can you take off on an inside edge? I can land it on an outside edge, but insides I have trouble with! Anyway, I would love to be pen pals with any girl that is my age and is in the same level as me!

Shelby Bray, 11, FS 5/6
Mike Modano Ice Arena
Westland, Mich.

I love the music from "West Side Story" — bet your program is awesome! The walleyes in sequence can be difficult, but my suggestion is to try getting on a deeper/longer back inside edge with more speed. This just might help that take-off dilemma.

Skating is SO awesome! I am currently working on my camels and will be working on my Axels after my upcoming competition. On my camels, though, I keep going on my toe pick. Maybe it's because I'm going too fast. Any advice? I would like to request Erin Jansen, CheyAnn M. Statton and/or Dakota Lyons as pen pals. Any other girl age 10+ around my level would be great, too! P.S. I LOVE Sasha Cohen!

Haley Jones, 12, FS 6
Desert Schools Coyotes Center
Glendale, Ariz.

It could be that you ARE going too fast on the spin entrance, but my guess is that you are not on an outside edge on the entry and that you are straightening the spinning leg too soon. Keep at it!

I have been skating for 3 1/2 years. I am working on my Axel and layback spin. I am also on a synchro team, Team Image, and I like to read and play my GameBoy. I have grandparents in Nashville, Tenn. and Mountain View, Calif. that I visit frequently. I'd like pen pals who live in those areas, who are near my age and level,

so that I can have someone to skate with during my vacations.

Rachel Simerka-Smith, 10, FS 5
E.J. Murray Memorial Rink
Yonkers, N.Y.

This is my first time writing to the magazine. I would like to thank my coach, Lori, who has taken me from Delta to my current level so quickly! I'm having a little trouble on my Lutz. I always double tap. Any advice?

Kayleigh Buck, 12, FS 2/3/4
Mt. View Ice Arena
Vancouver, Wash.

The double tap problem means you need to take more time on that back outside edge prior to the time you tap. Feel like you are exaggerating the take-off.

This is my first time writing to you and I would like to have a pen pal. I almost have my Axel! I'm so excited for when I do. I would like Rebecca Lillis, Erin Jansen or Alexa Harris as a pen pal, or anyone around my age and level.

Alee James, 12, FS 4/5
Sherwood Figure Skating Club
Tualatin, Ore.

Aloha! I am in Gamma and have been skating for a year now. I think ice skating is the best sport ever! I would like a pen pal around my age and level or higher. I am having trouble with my shoot-the-duck and would like some tips on how not to fall. I try leaning forward like my coach tells me, but it does not work.

Brittany Viloria, 11, Gamma
Ice Palace Hawaii
Waipahu, Hawaii

Try reaching for your toes to keep that balance moving forward, and strengthen those quads to help get up on one foot.

I have been working on my double Salchow for about a month and I have finally landed it! I would like Jessica Buza and Jenna Howell as my pen pals. If that doesn't work out, anyone who loves the sport just as

much as me! I have been working so hard over the past month to meet my goals. I have a question: At my rink we have tryouts for solos and we need to make up a program by ourselves to show our creative side. My only problem is that the music I get is never even close to what I would pick. How can I make up a great program when I can't get the feel of the music?

**Alyssa Bergemann, 13, FS 5/6
Mike Modano Ice Arena
Garden City, Mich.**

What a fun way to have tryouts — right up my alley! If you get time to create this routine and you don't have to do it on the spot, my thought is to take some time, listen to the music with your eyes closed and imagine yourself gliding across the ice to it. It will come to you, trust me.

I have been skating since the age of 3, but only seriously training for about two years. I love skating and it is practically my life. I skate every weekday morning except Mondays. I'm having trouble landing my Lutz and I was wondering if I could have some suggestions on how to land it. I have been reading The Write Stuff column forever and I have never found anyone like me. I would love a pen pal around my same age and level.

**Elizabeth Brennan, 12, FS 5
Pickwick Ice Arena
Glendale, Calif.**

Make sure that you are on a TRUE back outside edge and get high enough to do the full revolution, then STICK the landing.

I'm in Freestyle 5 and have learned some skills from 6 and 7, but haven't landed my Axel yet. I've asked all kinds of people for help, but it doesn't seem to work for me. I'm working really hard on it and hope to get it soon. My sisters skate, too. It helps sometimes to have some healthy competition to make you work harder! They can be tough to keep up with! I would love to be pen pals with Rebecca Lillis or/and Breanne Beallo.

**Rachel Clark, FS 5
Fairfax Ice Arena
Fairfax, Va.**

I LOVE skating! When I was 2, I started ballet, then after a few years I transferred to gymnastics and now I'm a figure skater! I like it best of all and I'd love to have a pen pal who loves it, too, especially Alexa Harris, Marissa Ditkowsky or Erin Jansen. I have been skating for three years. I just can't land my Axel! I'm working hard at it and skate five days a week. My coaches are Nikki Carpetella, Olga Hunter, Nick Perna, Ross Linsel and Chris Conte. They're awesome!

**Hannah Clark, 11, FS 5/6
Fairfax Ice Arena
Fairfax, Va.**

Rachel and Hannah: Your coaches need to get you on a jump harness so you get the feeling on the Axel. Don't be frustrated, because there are MANY who struggle to get the Axel jump, but once they do, WATCH OUT!

I would like to ask for Natalia Socarras, Augustina Webster and/or Lauren NuDelman to be my pen pals. On the ice, I enjoy spinning and spirals. I also like science, specifically forensic and chemistry.

**Sapphire Feltner, 11, FS 3
The IKON Center Ice Arena
Cheyenne, Wyo.**

I have been skating for five years. I have been working on my double flip and have a consistent Axel along with a double loop and a Salchow. My spins are excellent, but I'm having trouble with my Biellmann. I would like a pen pal my level to help with my Biellmann. I love your magazine.

**Sarah A. Peck, 15, FS 5/6
Fox Valley Ice Arena
Wheaton, Ill.**

I love ice skating! I started at age 9 and have been skating for two years. I'm in Delta, hopefully going to Freestyle 1 soon. I also do another full committed sport, which is cheerleading. I really like both of them and they are a lot of fun, but I have been a skater longer so I have to say that figure skating probably has to be my favorite. I am looking for a pen pal my age or my level.

**Lauren Harper, 11, Delta
Planet Ice
Johnstown, Pa.**

How to Get Your Letter Published

- Letters must be from current registered ISI members.
- Please keep your letter short.
- Photos are welcome, but cannot be returned. Low-quality digital images may not be suitable for magazine reproduction.
- Be sure to include:
 - Your first and last name
 - Your ISI member number
 - Your age
 - Your skating level
 - The name of the arena where you skate
 - Your address (only your city will be published)
 - An e-mail address or telephone number where you can be reached if we have a question (these will NOT be published)
- If you have a skating question, be as specific as possible. Technical questions will be answered by qualified ISI staff members but should not be considered a substitute for coaching.
- All letters are printed at the discretion of the editor, and may be edited for clarity, accuracy and space.
- E-mail is preferred. Send your letter to editor@skateisi.org or:
Ice Skating Institute
Attention: Editor, RIS
17120 N. Dallas Parkway,
Suite 140
Dallas, TX 75248-1187

How the Pen Pal Program Works

- If you specifically request a pen pal by name, your letter will be copied and forwarded to that person. You MUST include both the first and last name of the pen pal you are requesting. A maximum of three requests per writer may be forwarded.
- If you request a pen pal but do not specify a name, your letter may be published, and your name and address will be added to our pen pal database. This allows us to send you letters from individuals who later request you as their pen pal. You MUST provide your full name and address in order to be included in the database and have letters forwarded to you. (NOTE: We do not "match up" pen pals; we only publish your requests and forward letters to specifically requested members.)
- Personal street addresses, telephone numbers and e-mail addresses will never be published in *Recreational Ice Skating*.



Advertisers!

Advertise in *Recreational Ice Skating* magazine and reach the largest group of recreational ice skaters and their families in the U.S.!

Call now to reserve your space in the Winter issue. Deadline is Sept. 30.

For more information,
contact Carol Jackson at 972-735-8800, ext 341
or e-mail cjackson@skateisi.org



Take The
Edge Off
The Cold

Designer & Manufacturer of Fine Skating Accessories

Say Goodbye To Cold Feet



- Keep feet warm
- Extend skate boot life
- Protect boots from moisture & wear
- Add support to broken down skates
- Keep laces from slipping and secure the boot fit
- Attractive stylish design

BOOT GLOVES

P.O. Box 893 Call Toll Free 1-877-300-8335 bootgloves@icelight.biz
Seal Beach, CA 90740 Fax: 1-562-431-0223 www.Icelight.biz

Your Online Source for Skatewear, Skating Accessories & More!

ICESSORIZE UNLIMITED.COM



DRESSES BY:
SIXO SKATEWEAR
JERRY'S SKATING WORLD
TANIA BASS
TWIZZLE

PLUS a wide selection of:

- Adult Dresses
- Dance Dresses
- Ultra Crash™ Pads
- Warm-Up Separates
- Boot & Blade Accessories
- Microfiber Tights
- And so much more!



Shop online at

WWW.ICESSORIZEUNLIMITED.COM

1-866-747-7020

THE YOUR FIGURE SKATING EXPERTS
LEADING
EDGE
SKATE SHOP



**TRUST your skating equipment to
EXPERIENCE and KNOWLEDGE...**

TRUST THE EXPERTS!
Home of THE SKATE DR.

Lowest Price Guarantee

Harlick
Skating Boots

SP-Tec



JOHN
WILSON
Skates
PRACTICE MAKES Perfect



SKATEWITHSTYLE



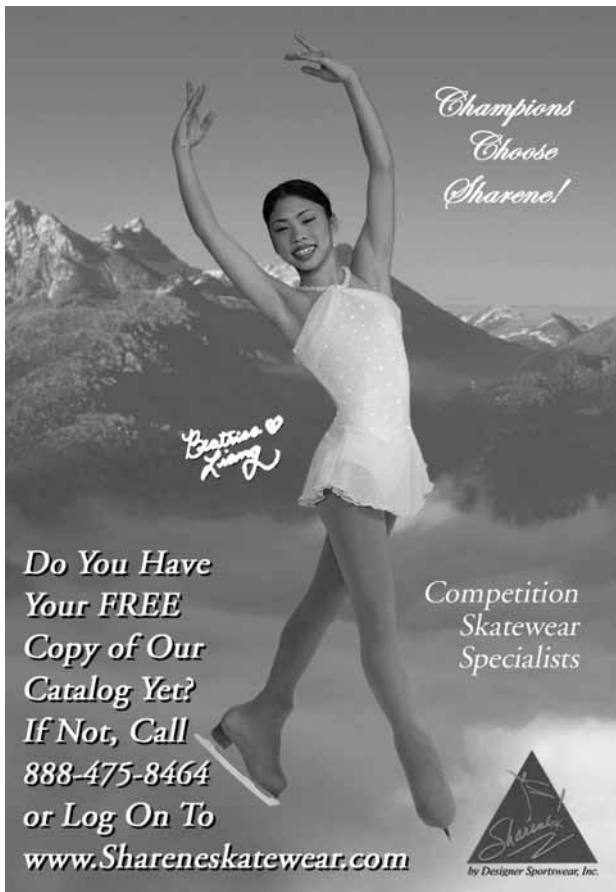
Northern
Star
Designs

RISORT
SKATES



Jerry's

www.ice-sk8.com / 1-866-888-4454



*Champions
Choose
Sharene!*

Britissa Liang

Do You Have
Your FREE
Copy of Our
Catalog Yet?
If Not, Call
888-475-8464
or Log On To
www.Shareneskatewear.com

Competition
Skatewear
Specialists

Sharene
by Designer Sportswear, Inc.

UltraCrash™ Fall Protection

From *SkatingSafe, Inc.*

The name UltraCrash™ has become synonymous with superior fall protection. Our gel Hand, Elbow, Hip, Spine and Knee pads significantly reduce pain to a bare minimum, if any at all. Ask for them at your local pro shop or order from our website!



SkatingSafe, Inc. (888) 299-2553 or www.SkatingSafe.com

SkatingTreasures.com

*Your website for discounted
figure skating accessories!*

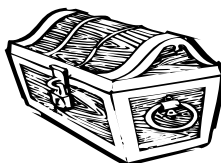
1-888-HAV-2SK8

Featuring Zuca Bags!

Tights
Gifts
Boot Covers

Accessories
Special Orders

We Offer Worldwide
Shipping!



Keep your competitive edge with your own backyard skating rink!

60' x 90' Rink
Shown



perfect for
uneven
ground

NiceRink® Brackets
for easy up and down!



- Patented sideboard support system
- Ultra strong, super white NiceRink liners
- Super smooth ice with our NiceIce® Resurfacer
- PLUS many more rink building and training accessories

NICERINK®

Call for a FREE CATALOG!!

888-NiceRink (Leave off the 'K') • www.nicerink.com

262-279-6000 • Fax 262-279-6744 • 218 South Road, Genoa City, WI 53128

classified advertising

THE SKATING GALLERY presents the world's largest and most unique collection of skating collectibles and antiques. Fabulous figurines and bronzes. Artwork by Toller Cranston and Buckley Moss. An unbelievable collection of prints: vintage, woodcuts, skating champions — past and present, some autographed. Also: plates, show programs, books, posters, jewelry, Sonja Henie memorabilia, lanterns, skates, etc.

Phone (513) 871-1173

Fax (513) 871-2947

E-mail: rita@theskatinggallery.com
www.theskatinggallery.com

ATTENTION SKATING CLUBS: Experience FALL on Nantucket Island. Nantucket Ice has prime-time ice available at our state-of-the-art skating facility. Plan a trip to Nantucket with your club. Combine skating with world-class beaches, shopping, accommodations and gourmet restaurants. Contact Nantucket Ice for available ice time and rates. Phone: (508) 228-2516 or e-mail iceskate@nantucket.net.

To place classified advertising, call Carol Jackson, advertising sales manager, at (972) 735-8800, fax to (972) 735-8815 or send e-mail to cjackson@skateisi.org. The deadline for the next issue of *RIS* is Sept. 30.

Get E-Mail from ISI!

Have you registered your e-mail address with ISI? Go to www.skateisi.org and select "Electronic Communications" under "Publications." Click on the "Register Here" button under Individual Skater Members. You'll get the latest news updates, information on upcoming ISI events, rule changes and member services!




www.skateisi.org

FROM FITTING DAY TO SKATING YOUR PROGRAM, IN AS FEW AS TWO DAYS

HEAT MOLDABLE

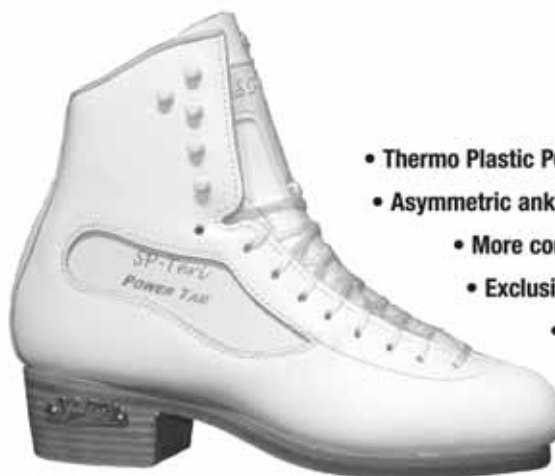
KT-2 & KT-3

More comfortable, easy break-in, better Plantar Flexion for added knee bend. Designed for skaters doing double and triple jumps. Available in White, Black and Beige.

SP-Teri 

436 North Canal Street, Unit 1,
South San Francisco, CA 94080
Phone: 650-871-1715
Fax 650-871-9062
www.spteri.com

Contact us for a dealer near you.
All major credit cards accepted.



Features:

- Thermo Plastic Power Tab for support
- Asymmetric ankle pattern with V-cut
- More comfortable ankle area
- Exclusive Lace Bite Stopper
- Offset hook pattern
- Low cut back

Hurry!
Deadline extended
to Sept. 30



Prepare Your Palette! It's an ISI Creativity Contest!

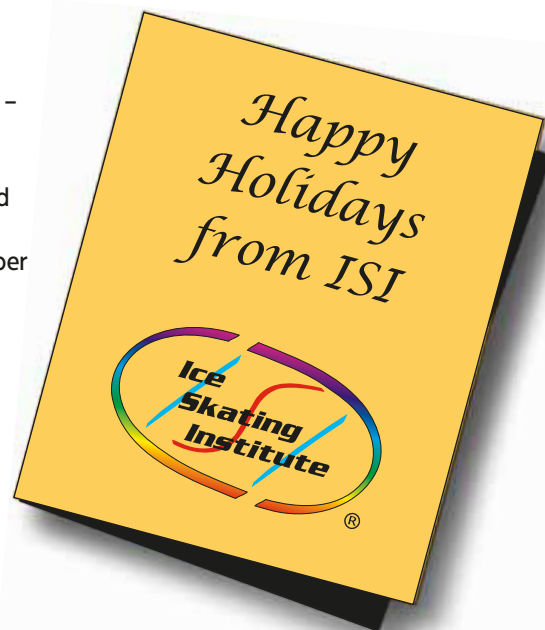
ISI would like to send our own unique holiday cards this year -
something designed just for us, by one of our members!

Will it be YOU?

Send us your original design following these guidelines:

- 8 1/2" X 11"
- Any medium (paint, marker, pencil, pastel, etc.) - but two-dimensional only, please.
- Be sure to sign your art!
- You may send the artwork only, or you may add a sentiment if you wish.
- Include your full name, address, telephone number and ISI member number on a separate note.
- Submissions **MUST** be received in the ISI office no later than September 30, 2005.
- NOTE: Materials cannot be returned.

Send to:
Ice Skating Institute
Attn: Magazine Editor
17120 N. Dallas Parkway, Suite 140
Dallas, TX 75248-1187



If your design is chosen, it will be used as the official ISI 2005 holiday card and you will receive recognition in *Recreational Ice Skating* magazine as well as on the card itself. The winning artist must assign the Ice Skating Institute ownership of, and all rights to, the winning design.

If you have questions, please e-mail them to editor@skateisi.org.



Skating Wear

from Elite
Sportswear, L.P.



Look for our cool

apparel & fun stuff



HOLIDAY WINTER COLLECTION

AUG 05 - FEB 06

practice & competition dresses
separates • fleece

Visit your local pro shop and specialty store
to see the complete **GK Skating Wear Collection**

Call toll-free **1.800.345.4087** or shop online at **www.gkelite.com**