• Holiday Card Contest Results
• Artistic Challenge at Wonderland
• Scholarship Profiles
Introducing

Step & Glide™

www.stepandglide.com
Your Dance and Ice Skating Online Store

Join our e-mail list for free VIP Membership and save 20% OFF your first order.

VIP Membership Includes:
• 10% OFF every online order
• Exclusive monthly specials
• And much, much, more!!!
what's inside

RECREATIONAL ICE SKATING
WINTER 2007/VOL. 32, NUMBER 2

features

Adult Skaters
Hit the Jackpot in Vegas
by Lori Fairchild

Artistic Challenge:
The Place to Be for Fall Fun
by Lori Fairchild

Skaters from Eight Countries
Compete in Skate Asia
by Randy Winship

Joy on Ice:
Agnes Zawadzki, Freestyle
by Lori Fairchild

Born to Perform:
Kassandra Hazard, Dance
by Lori Fairchild

Holiday Card Contest Gallery

departments

The Write Stuff

Spotlight
Holiday card contest winner

ISIA Education
Foundation Report
Sharp Skaters: Scholarship recipient profiles
by Lori Fairchild

Health & Well-Being
New Year's Resolutions for Skaters
by Positive Coaching Alliance

Competitors’ Corner

Calendar
I love skating! I know that's what everybody says, but it's true! I started skating about a year and a half ago and I fell in love with it. I think it's the best sport ever created. I'm looking for a pen pal about my age and level.

Sophie Margret Giberson, 10, Gamma/Delta Sherwood Ice Arena Aloha, Ore.

I love skating. I've been skating since I was 3 and have been doing synchro for four years. I skate five days a week and do synchro twice (for the Richmond Twizzlers). I would love to have a pen pal around my age and level who does synchronized skating. I am working on my Axel and I can't get the full rotation on ice, but off ice I do it fine. Do you have any tips?

Emily Sacks, 12, FS 4/5 Richmond Ice Zone Richmond, Va.

A skater is sometimes so eager to land the Axel that she checks out too soon because of anticipating a wonderful landing. See if you can land the Axel on ice backward on two feet first. That will train your body to learn how long the arms need to stay in and the feet need to stay close together.

I dance and skate on Synchro St. Louis Gems in my free time. I am working on my double Axel right now. I love to give skaters tips on how to do jumps and I love knowing that people out there want my help. If anyone could be my pen pal, that would be great.

Raechel McKnight, 12, FS 7/8 St. Peters Rec Plex St. Peters, Mo.

I love to skate so much, I could do it all day long. I would really like a pen pal around my age and level. Some of my other hobbies are play-

Season’s Greetings
ing the flute and shopping. I have been skating for six years. Four of those years have been with two wonderful coaches — Mary Sullivan and Elizabeth Reed — who have gotten me this far. I am especially proud of Elizabeth because she got a part on a show called “Made” on MTV! I am having trouble on my change-foot spin. When I try to do my second spin (the back spin), I can’t cross my leg. Any tips?

**Kalee Lemieux, 12, FS 2**
**Winterland Skating School**
**Rockland, Mass.**

Be sure to keep your free hip up and the knee pointing straight ahead on that back spin so your weight stays over the skating side. Keep practicing — that will be your air position on the jumps you will soon be learning, too.

I have been skating for about eight months and I’m loving it! I’m working hard on my backward crossovers, spirals and one-foot spins. I would really enjoy a pen pal around my age (10-13) and skating level. I’m also looking for advice on my sit and camel spins. On my sit spin, I keep bending my knee too much, so it looks like an extremely low scratch spin. On my camel spin, I can’t get spinning.

**Tisha Schnittke, 12, FS 4/5**
**Pasadena Ice Skating Center**
**South Pasadena, Calif.**

I would like a pen pal near my age and in a slightly higher level. My interests besides skating are volleyball, art and piano. One more thing: I can’t get my inside back edges, so could you give some advice?

**Julie Wu, 11, FS 1, Dance 1**
**Ice Chalet**
**Knoxville, Tenn.**

Back inside edges can be tricky, and difficult if you try to make them too small. It’s helpful to practice them on a big circle at first, keeping your shoulder positions strong and your free side up so that you stay over your skating hip. Don’t rush — good edges require solid control!

I just started skating in February, and I am progressing pretty well. I would like to have a pen pal who is 11 or 12, and in my level or higher. I enjoy horseback riding, painting, writing and, of course, ice skating. I play the violin and used to play the piano.

**Soojeong Yoo, 11, Delta**
**Pasadena Ice Skating Center**
**Pasadena, Calif.**

I have been skating for about a year and a half, and I just absolutely love it — especially my wonderful coach! I basically just love having fun. I would like a pen pal around my age and level.

**Ashley Visco, 11, FS 2**
**Ontario Ice Arena**
**Fontana, Calif.**

I would love to have a pen pal near my age and skating level. My favorite spin is the scratch, and my favorite jump is the Axel — if I could land it perfectly. Otherwise, I like the loop and flip, and I can land them perfectly. I’m really bad at the back scratch, so I’m working on that. How can I get better at the Lutz, because I’m always picking with one foot and then jumping off of both feet.

**Katie Hoffman, 11, FS 5**
**Fox Valley Ice Arena**
**Hinckley, Ill.**

Tell yourself not to ever have two feet on the ice at a time on the Lutz jump. As soon as you pick, the other foot

**Cassandra Pochy, 11, Beta**
**Skatetown**
**Roseville, Calif.**

I love figure skating! I have been skating for three years and I hope to skate for much longer. I would like to have a pen pal around my age and skating level. I’m also looking for advice on my sit and camel spins. On my sit spin, I keep bending my knee too much, so it looks like an extremely low scratch spin. On my camel spin, I can’t get spinning.

**Ashley Visco, 11, FS 2**
**Ontario Ice Arena**
**Fontana, Calif.**

I have been skating for about a year and a half, and I just absolutely love it — especially my wonderful coach! I basically just love having fun. I would like a pen pal around my age and level.

**Ashley Visco, 11, FS 2**
**Ontario Ice Arena**
**Fontana, Calif.**

I would love to have a pen pal near my age and skating level. My favorite spin is the scratch, and my favorite jump is the Axel — if I could land it perfectly. Otherwise, I like the loop and flip, and I can land them perfectly. I’m really bad at the back scratch, so I’m working on that. How can I get better at the Lutz, because I’m always picking with one foot and then jumping off of both feet.

**Katie Hoffman, 11, FS 5**
**Fox Valley Ice Arena**
**Hinckley, Ill.**

Tell yourself not to ever have two feet on the ice at a time on the Lutz jump. As soon as you pick, the other foot

**Soojeong Yoo, 11, Delta**
**Pasadena Ice Skating Center**
**Pasadena, Calif.**

I have been skating for about a year and a half, and I just absolutely love it — especially my wonderful coach! I basically just love having fun. I would like a pen pal around my age and level.

**Ashley Visco, 11, FS 2**
**Ontario Ice Arena**
**Fontana, Calif.**

I would love to have a pen pal near my age and skating level. My favorite spin is the scratch, and my favorite jump is the Axel — if I could land it perfectly. Otherwise, I like the loop and flip, and I can land them perfectly. I’m really bad at the back scratch, so I’m working on that. How can I get better at the Lutz, because I’m always picking with one foot and then jumping off of both feet.

**Katie Hoffman, 11, FS 5**
**Fox Valley Ice Arena**
**Hinckley, Ill.**

Tell yourself not to ever have two feet on the ice at a time on the Lutz jump. As soon as you pick, the other foot

**Letters to the Editor**

- You must include:
  - Your first and last name
  - Your ISI member number (the six-digit number on your magazine mailing label)
  - Your age
  - Your skating level
  - The name of your arena
  - Your city and state
- Photos are welcome, but cannot be returned.
- If you have a skating question, be as specific as possible. Technical questions will be answered by qualified ISI staff but should not be considered a substitute for coaching.
- All letters are printed at the discretion of the editor and may be edited for clarity, accuracy and space.
- E-mail is preferred. Send your letter to editor@skateisi.org or:
  - Ice Skating Institute
  - Attention: Editor, RIS
  - 6000 Custer Rd., Bldg. 9
  - Plano, TX 75023

**Pen Pals**

- Pen pal requests must be sent by e-mail to editor@skateisi.org.
- YOU MUST INCLUDE THE MEMBER INFORMATION LISTED ABOVE.
- The pen pal program is exclusively for current registered ISI members.
- E-mail addresses will NOT be published in Recreational Ice Skating.

NOTE: We do not “match up” pen pals; we only publish your requests and electronically forward letters to specifically requested members. Once you have made the connection with your pen pal, the two of you will communicate directly rather than through ISI.
There’s one thing you can always count on when it comes to ISI’s Adult Championships event — adult skaters know how to have a great time together. And when the event is staged in perpetually popular Las Vegas, everyone’s a winner.

“What we remember most was how the crowd’s enthusiasm for all the skaters was so amazing to feel and hear in the arena,” recalls Vivian Harvey of Oxnard, Calif., who participated in Adult Champs with her skating partner, Mark Nolan. “We felt like we were part of a huge family of friends all cheering each other on. We’ve had such a positive experience as a team at Adult Champs the last two years, we can hardly wait for next year!”

More than 50 rink teams from 21 states gathered for the event at SoBe Ice Arena at the Fiesta Rancho Hotel and Casino Sept. 21-23. More than 600 individual and team entries kept the ice occupied for 21 hours during the course of the event. Tampa Bay Skating Academy brought the largest team, with 16 skaters, including two enthusiastic members who participated in 11 events each. This year’s most senior participant was Clara Hoevel, age 77, of Oak Lawn Ice Arena.

“ISI is the only place you can still compete in Figures,” notes Lucinda Travis-Salan. “Skating is really a lifetime sport. My favorite memory of Adult Champs was talking with the senior set about the challenges and rewards of skating when you’re pushing 60 and older. It’s interesting how many adults didn’t start skating until they were over 40 or 50.”

All adult skaters are encouraged to participate in next year’s Adult Championships, Oct. 3-5, 2008 at the Yerba Buena Ice Skating Center in the world-class city of San Francisco.

2007 ISI Adult Championships Final Standings
For a complete list of participating arenas and results, go to www.skateisi.org

<table>
<thead>
<tr>
<th>PLACE</th>
<th>ARENA</th>
<th>POINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Tampa Bay Skating Academy</td>
<td>289.5</td>
</tr>
<tr>
<td></td>
<td>Countryside</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Ellenton Ice &amp; Sports Complex</td>
<td>172.5</td>
</tr>
<tr>
<td>3</td>
<td>Oxnard Ice Skating Center</td>
<td>161.0</td>
</tr>
<tr>
<td>4</td>
<td>Bay State Blades Taunton</td>
<td>133.0</td>
</tr>
<tr>
<td>5</td>
<td>Skatetown</td>
<td>112.5</td>
</tr>
<tr>
<td>6</td>
<td>Anaheim ICE</td>
<td>95.0</td>
</tr>
<tr>
<td>7</td>
<td>Centennial Sportsplex</td>
<td>85.5</td>
</tr>
<tr>
<td>8</td>
<td>SoBe Ice Arena at Fiesta Rancho</td>
<td>85.0</td>
</tr>
<tr>
<td>9</td>
<td>Oak Lawn Park District Ice Arena</td>
<td>83.0</td>
</tr>
<tr>
<td>10</td>
<td>Lloyd Center Ice Rink</td>
<td>82.0</td>
</tr>
</tbody>
</table>
Hot buys for cool skaters!

Shop online for outstanding quality, selection and price.

Everything for figure skaters. Skates, boots, blades, tights and accessories. We feature Riedell, Gam and Risport skates and Jerry’s, Rebel, GK and Mondor dresses. Attractive prices on tights. Ask about team discounts.

Shop online 24/7 at: www.skatebuys.com

Skatebuys

Warehouse Showroom:
100 Naamans Rd., Bldg. 2B
Claymont, DE 19703

1-866-361-9306
The Word is Out:
Artistic Challenge is the Place to Be for Fall Fun

by Lori Fairchild

Artistic Challenge may be only three years old, but with more than 500 individual and team entries this year, the event is gaining momentum as more and more skaters discover its special rewards. ISI skaters from 10 states and 30 teams took the spotlight Nov. 3-4 in Bridgeport, Conn. to be a part of the only national ice skating competition that offers the rare opportunity to showcase creativity without technical scores.

“It was well worth the 400-mile drive to attend this competition,” said Pamela Amorisi, whose daughter, Angela, is a member of the event’s overall champion team, Fredericksburg Ice Park from Fredericksburg, Va. “It was an exciting event and all of the participants, parents, coaches and rink personnel were extremely friendly and helpful. We all had a wonderful time.”

Wonderland of Ice’s rink staff and skating club volunteers went out of their way to welcome guests from as far away as Florida, Texas and Washington, noted Randy Winship, ISI’s national events coordinator. “Many said it was the smoothest competition they have ever attended, and the most fun, too,” he said. “I hope even more of you will plan to join us at Pickwick Ice Center in Burbank, Calif. Dec. 5-7, 2008, for the fourth annual Artistic Challenge.”

2007 Artistic Challenge Final Standings
For a complete list of results, go to www.skateisi.org.

<table>
<thead>
<tr>
<th>PLACE</th>
<th>ARENA</th>
<th>POINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Fredericksburg Ice Park</td>
<td>428.0</td>
</tr>
<tr>
<td>2</td>
<td>Wonderland of Ice</td>
<td>342.5</td>
</tr>
<tr>
<td>3</td>
<td>Symmetrical Skating School Norwich</td>
<td>170.5</td>
</tr>
<tr>
<td>4</td>
<td>Charles Moore Arena</td>
<td>106.5</td>
</tr>
<tr>
<td>5</td>
<td>Parkwood Ice Rink</td>
<td>101.0</td>
</tr>
</tbody>
</table>

RECREATIONAL ICE SKATING, WINTER 2007
Skate Asia 2007 was held Aug. 12-18 in the magnificent SM Mall of Asia in Manila, Philippines. Because of the large number of entries, some events were also held at SM Megamall.

More than 650 competitors from 16 ice rinks in eight countries — China, Hong Kong, Indonesia, Macau, Philippines, Singapore, Taiwan and the United States — participated in more than 3,392 event entries during the eight-day competition.

Nine-year-old Michael Barbosa from SM Megamall set a new ISI record for the largest number of entries by a single skater at any ISI competition. During the eight days, Michael competed in 33 events. It was hard for Michael to keep his head up at the closing ceremony with all those medals around his neck!

The skaters ranged in age from 2 to 71. The largest skating team was from SM Megamall with 303 skaters. The highest-level competitors included Solo Compulsory Freestyle 10, Freestyle 9, Artistic 9 and Couple 9. Chelsea Gibbons from Nashville, Tenn. traveled the greatest distance to compete in Manila; this was her second year to compete at Skate Asia.

Skaters, coaches and parents alike were impressed with the efficient SM rink staff and the smooth competition operations throughout the week. Besides the organizational support and coordination from the SM Corp. senior management staff, sponsorship support from Philippine Airlines, the Philippines Department of Tourism and the local media also contributed to the overwhelming success and daily national publicity for this event. The Department of Tourism even hosted a private party at the convention center for more than 1,200 Skate Asia skaters, parents and coaches, where they presented a fabulous cultural dance display along with authentic Filipino food.

Plans are under way for next year’s 9th Skate Asia competition, set for Aug. 9-16, 2008. We will return to Sunway Pyramid Ice in Kuala Lumpur, Malaysia, which will become the only site to host Skate Asia for the third time. Sunway Pyramid is always a popular tourist destination, and with major expansion and renovations at the rink and mall, it’s sure to be better than ever. Make your plans now to attend this international ISI event. For more information, check out the Web site: www.skateasia08.com.
Every skater takes their own journey. From the first lesson to finals, from beginners to champions, it all starts with the skates.

What's your Riedell story?
It’s a wonder that Agnes Zawadzki’s warm personality, megawatt smile and passion for her craft don’t melt the ice beneath her lightning-like blades. The brand-new teenager doesn’t seem to comprehend the definition of “nervous” or “self-conscious,” even when testing for Freestyle 10 before a panel of seasoned ISI judges.

Not only did Agnes pass the demanding test, she became the youngest Freestyle 10 skater in ISI history, achieving the milestone at the age of 12 last May during ISI’s annual conference in Minneapolis.

“Agnes is very polished for her age, and very well-rounded,” says David Santee, one of her coaches at Oakton Ice Arena in Park Ridge, Ill. “She’s a good jumper, a good spinner, and she’s very musical. She listens to her music extremely well for her age.”

David’s wife, Ingrid, also works with Agnes, and describes her as “very coordinated, an outstanding athlete. She’s absolutely awesome and amazing.”

But Ingrid is as enthusiastic about her student’s character as she is about her remarkable skill. “Agnes has a really good head on her shoulders,” she notes. “She has a great personality and she’s very funny. Everything is always just fine with Agnes. Life is fine. When she’s at the rink, she’s just a regular kid, not the star.”

While the cheerful eighth-grader doesn’t behave like a star, no one would deny that she skates like one. She says she loves ice shows, and she can’t name her favorite skating moves because “I like all of them.” She’s landing triples on a regular basis.

Agnes started skating at the age of 5, when her parents took her to a public session at Niles Iceland in Niles, Ill. “At first it was for fun, and then I started taking classes and started loving it,” she recalls.

“She was very good from the beginning, but the passion came later,” adds her mother, Jolanta Zawadzki.
Agnes has been an ISI member from the time she started skating. She also skates competitively and is the Upper Great Lakes novice regional champion as well as the Junior National intermediate silver medalist.

A knee injury took her off the ice for nearly six months two years ago, but today she skates six days a week, takes ballet three times weekly and does off-ice training once a week.

Her typical day begins at 4:20 a.m. “She has never complained and never has a problem waking up,” says Mrs. Zawadzki.

Agnes hits the ice bright and early before heading to public school, where she has a customized schedule that allows her to leave at noon. She goes home for lunch, then back to the rink for up to two more hours of skating. She helps with the Tot skaters at Oakton, which is always a happy place when Agnes is around. She has a 22-year-old brother, Bart, and enjoys spending time with her friends both at the rink and at school.

As strong in the classroom as she is on the ice, Agnes says she likes all of her academic subjects and enjoys drawing and writing stories and poems. Her art has been exhibited at the Oakton Community College, and following her father’s death three years ago, her poem about him was published in the Anthology of Poetry by Young Americans.

“Agnes wanted to be in gymnastics, too, but there just wasn’t enough time, and she tried playing the violin in the orchestra, but she’s very social and that required too much time practicing alone,” her mother says. “I want her to have fun.”

On and off the ice, Agnes always looks as if she is having fun. But when she’s skating, this Freestyle 10 star quite obviously exudes pure joy.
Born to Perform
Kassandra Hazard dances her way to an ISI “10” in four short years

by Lori Fairchild

Like many of today’s top young athletes and performers, Kassandra Hazard exhibited natural talent at a young age and got an early start — not as an ice skater, but as a stage performer on Broadway. She toured the United States, China and Korea in the role of young Cosette in Les Misérables, but by the age of 12, she was homesick and ready to take a break from the footlights.

“I wanted something to replace this, so I stopped in at the Ice Chalet (in Knoxville, Tenn.) and met ‘Mr. Larry,’ and the skating bug hit me,” Kassie recalls.

That was just four years ago, and while Kassie started skating a bit later than many of her accomplished peers, her record during that short time is proof positive that any age is the right age to try something new and fun.

Now 16, she recently passed her ISI Dance 10 test with her coach, Larry LaBorde (aka “Mr. Larry” as her partner. Her other ISI levels include Figures 2, Freestyle 5, Pairs 3 and Couples 2. Last year she began competing in U.S. Figure Skating events and medaled in each one, landing a bronze in Intermediate Dance at Junior Nationals.

“Kassie’s goal-oriented nature is part of what has helped her make such tremendous progress, one determined step at a time,” says LaBorde. “She is a sponge for knowledge, always hanging around people who know more than she does, absorbing information. She never stops learning.”

Ballet training has helped Kassie develop excellent posture and extension on the ice, and that, combined with her gift for understanding music, makes ice dancing a natural outlet for her talents, notes Julia Hardin, skating school director for the Ice Chalet’s Robert Unger School of Skating.

In addition to LaBorde, Kassie has worked with some of ice skating’s best teachers, including Mary Lu Shipstad, Konstantin Baradokov, Margy Bennett and several Olympic coaches. She was also one of the last students of the late Robert Unger.

“Kassie seeks help from a variety of professionals, knowing that she can learn something valuable from each of them,” Hardin says. “She accepts criticism very well. She is also her own worst critic, but that probably helps keep her motivated.”

Kassie’s involvement and success in both recreational and competitive ice skating has given her a healthy perspective on the sport as well as the organizations that support it. “I believe that ISI and USFSA each have a significant purpose, and they really complement each other. After competing in USFSA, I missed ISI and wanted to come back for the fun and love of skating. In ISI, everyone gets to compete, do all their programs and show off their abilities and accomplishments. In getting the opportunity to perform many different styles of skating, I feel that I’ve grown tremendously as a well-rounded skater.

I enjoy performing with costumes and friends, and I always have fun. I also love the artistic side of skating and enjoy being able to do more of this in ISI. I get to work on all 10 levels of dance and international dances every week. Many of my best memories of skating are around my ISI experiences.”

Knoxville’s legendary Mississippi Valley District Competition, various ISI events, synchronized skating, theater on ice and a variety of exhibitions are among Kassie’s creative outlets. She will perform this holiday season as the Sugar Plum Fairy in the Ice Chalet’s annual production of Nutcracker On Ice. Family and academics are top priorities in Kassie’s busy life. She and her parents often visit her brother, Kris, at college in North Carolina, where he is a dancer and musical theater major.

Kassie’s dual-enrollment academic program allows her to take classes at a local college while she finishes her high school requirements. By the time she is 17, she will have her high school diploma and will be finishing her associate’s degree in professional theater performance. Beyond that, she is considering four-year schools for performing arts and says she might audition for Disney On Ice. Currently an ice skating teaching apprentice, she says, “I think I’m destined to perform, and I definitely see teaching in my future.”

There’s no question that Kassie Hazard is a multi-talented young lady. But it’s her character that shines the brightest, no spotlights required.

“Kassie has the most amazing work ethic of anyone I’ve ever known,” says Hardin. “She also happens to be a loving and thoughtful young lady. She offers help without being asked and is genuinely pleased to see others succeed. It’s wonderful to have such a great role model for the younger skaters, both as a skater and as a person.”

Kassie Hazard ice dances with her coach, Larry LaBorde.
The ISI World Recreational Team Championships will be held at Centennial’s South Suburban Ice Arena and South Suburban Family Sports Center. South Suburban Ice Arena includes two NHL-regulation-size ice surfaces equipped with jump harnesses, a concession stand and an off-ice dance and workout studio. The Family Sports Center also includes two NHL-regulation-size ice surfaces plus an arcade, climbing wall, bouncy castle, gladiator joust, bungee run, bumper cars, laser tag, 9-hole golf course, driving range and full-service restaurant and bar.

“World’s” in 2007, had over 1,600 skaters from 26 states and 3 foreign countries. Skaters ranged in age from 2 years to 82 years – proving that there truly is “something for everyone” at all ISI competition events. Make your plans now to join us in Denver for the 28th annual ISI World Recreational Team Championships.

Visit Denver’s historic sites and re-live its Wild West days as a mining camp. See the Colorado State capital, Governor’s Mansion, Molly Brown House, Civic Center and more. Learn how United States coins are made at the Denver Mint—the largest gold reserves outside Washington, D.C.

Find out more about things to do in Denver. Go to www.denver.org.
2007 ISI Holiday Card Contest

To view all contest entries, go to www.skateisi.org.
To see the winner, turn the page!
2007 ISI Holiday Card Creativity Contest

To view all contest entries, go to www.skateisi.org.

To see the winner, turn the page!
Gabrielle Widjaja’s action-packed, cartoon-style holiday card design took top honors in ISI’s third annual holiday card creativity contest. Her design will be produced and used as ISI’s official greeting card for this holiday season.

“Cartoons are my specialty; I prefer humor and using my imagination,” says the fifth-grader, who skates at Dublin Iceland in California. She started drawing cartoons at age 7 and took a cartooning class last summer.

Her ISI card design was inspired by the Dublin Iceland mascot, and she says she also finds artistic inspiration in books such as the Geronimo Stilton series as well as “Calvin and Hobbes” and “Garfield” comic strips. “Sometimes the way my friends act around me — funny, silly, weird — also gives me ideas to draw,” she adds.

Prior to the holiday card contest, Gabby’s art won a Caldecott-Newbery Award sponsored by her local public library. She says she would like to become a famous cartoonist someday, perhaps working for Pixar Animation Studios or The Walt Disney Co.

Gabby, who lives in Pleasanton, Calif. with her parents and 6-year-old brother, has been ice skating since January and is in Freestyle 1. She also takes piano and Chinese lessons. Among her personal mottos are “Friends come and go, but family stays forever” and “It’s cool to try, then fail, but not trying is NOT cool.”
Glide North to Breezy Point, Minnesota for the most unique & extraordinary ice experience in the Midwest!

2008 CAMP DATES

Synchro Weekend       June 13-15

Guest Coach:
*Jeannine Cullen Weinschrod
Coach of 18 US Championship teams

Skate Camp       June 16-20

Guest Staff:
*Kathy Casey
World and Olympic Coach
*Anne Shelter
Creator of Annie’s Edges
*Brian Orser
World Champion & Olympic Medalist

NEW for 2008 ISI Summer Breeze Competition June 21-22

For brochure & information, call 218-562-7577 or email Camp Director Barb Yackle yackelb@comcast.net

Ice Breaker CLASSIC!
March 7, 8, 9 2008

Oakton Ice Arena
2800 West Oakton, Park Ridge, Illinois
847-692-3359 • www.prparks.org

Director of Skating, David Santee
Skating Supervisor, Ingrid Santee
Hosted by Oakton Figure Skating Club

Synchronized Skating Magazine

Please enroll me for:

☐ 2 years (8 issues) $49.50 - Save 30%
☐ 1 year (4 issues) $35.50

NAME ____________________________

ADDRESS ____________________________

CITY __________________ STATE/PROVINCE ______ ZIP/POSTAL CODE ______

E-MAIL (OPTIONAL) __________________________

☐ check if this is a renewal  ☐ address change

Please send check or money order to:
Synchronized Skating Magazine
PO Box 646 • Royal Oak, MI 48066-0646 • USA

Please add $15 per year for shipping outside North America. All funds must be in US Dollars.

www.synchronizedskatingmag.com
Alice Murphy

Greenbelt, Md.

ISI activities: ISI individual member (9 years) • ISI professional member (1 year) • Freestyle 7 • ISI World Championships (2002, 2006) • ISI competitions (27) • Production team captain • Group lesson instructor • Volunteer

Scholastic and community activities/achievements:
National, Slavic and French Honor Societies • People to People Ambassador program to Australia and New Zealand • Tutor • Essay, photography and Science Fair award winner • Kids Enjoy Exercise Now (KEEN) volunteer • National Geographic assistant translator

Ice skating is an important part of Alice Murphy’s life, but it shares the spotlight with another passion: school.

An ice rink was on Alice’s priority list when she began her college search — along with Russian, Arabic and a good international relations program.

“I have high goals for both my education and my figure skating during college,” says Alice, who is studying international relations at Boston University. “Just as ISI tries to bring the world together through skating, I hope to bring the world together through my future career.”

Alice graduated with honors from Eleanor Roosevelt High School, with a 4.0 grade point average. She has been fascinated with foreign languages since being enrolled in a French immersion school at age 5, which led to her interest in world history and current events. She hopes to go on to a graduate degree, perhaps law school, and work in a field that involves international travel.

A Freestyle 7 skater who has trained and participated at both Herbert Wells Ice Rink and Bowie Ice Arena in Maryland, Alice says she plans to continue with the ISI program as a skater and a coach. “I’m working on my Freestyle 8 test and plan to test through FS 10 while in college, and continue teaching group lessons,” she notes.

Christine Wilson Brinton, the figure skating director at Bowie Ice Arena, says Alice is a prime example of good sportsmanship: “Through her volunteer work at the ice arena, she has become a mentor to many of the younger skaters. And instead of the rivalry you would expect, she is supportive of her competitors and appreciates a good performance, even when it is not her own. I have never been to an event with her where a judge, coach or spectator has not sought us out to compliment not only her skating, but also her kindness and support of other competitors. She has made me a better coach and set a very high bar for her teammates.”

Alice performed and was recognized as a scholarship recipient during the Benefit Show starring Evan Lysacek at ISI Worlds 2007 in Chicago.

Stephanie Zastrow

Forest Lake, Minn.

ISI activities: ISI individual member (13 years) • ISI professional member (1 year) • Freestyle 10 • ISI World Championships (2000) • ISI competitions (26) • ISI ice shows (16) • Group and private lesson instructor • Volunteer

Scholastic and community activities/achievements:
National Honor Society • National Merit Award • AP scholar with honors • State Farm Scholastic Honors Team • President’s Excellence Award • All-American Scholar • State Fair Grand Champion (Education Department) • University of Minnesota Northern Stars Leader • Math and English tutor

Ice began teaching Stephanie Zastrow life lessons the first time she stepped on the ice at age 6, she recalls: “I learned to bounce back quickly after making mistakes and to deal with my mistakes instead of leaving them to become more difficult to handle. With the help of good coaches, ISI gave me a solid foundation for my skating and instilled the attitude in me that skating and working hard can and should be fun.”

Lori Fairchild
Stephanie has successfully transferred those valuable lessons to other aspects of her life, particularly academics. For instance, she learned from skating that, in order to succeed in academics, she had to put in time and effort on homework, prepare well for tests and fully understand all the material being covered. It was a strategy that paid off: Stephanie graduated from Forest Lake Senior High School first in her class of 582, with a perfect 4.0 grade point average.

Stephanie’s calculus teacher, Larry Matzdorf, was impressed not only with her academic excellence, but also her healthy, mature approach to learning. “When things have gone wrong in class, Stephanie has never made an excuse or blamed others,” he says. “She meets the conflict head on. She will ask questions and rethink the concept. She realizes that understanding the concept will be to her advantage later on down the road. She has challenged herself with the classes she has taken.”

Fewer than 30 skaters in ISI history have passed the rigorous Freestyle 10 test, but Stephanie joined those ranks in 2004 at the age of 15. She has skated at the White Bear Lake Sports Center for 12 years, where she has been an active ISI participant and a group and private lesson instructor. She has been a guest skater at multiple ice shows throughout the state of Minnesota, and is the 2007 Upper Great Lakes regional Senior Ladies bronze medalist and a five-time Minnesota state champion at the Juvenile, Intermediate, Novice and Junior levels.

Stephanie is studying mechanical engineering in the University of Minnesota Institute of Technology honors program and wants to become an orthodontist.

ISIA Education Foundation Donations

SPONSOR
- ISI District 8
- Metropolitan Ice Rink Managers Association (in honor of Patti Feeney)
- SJR Charitable Foundation (in memory of Robert Unger)

SUPPORTER
- Bridgeport Skating Club (in memory of Bob Kelton)
- Fritz Dietl Inc.
- Janice Forbes

DONOR
- Becker Arena Products
- Ice Skating Institute (in memory of Bernice Hartnett, mother of Jim Hartnett)
- Maryvon, Kelly & Stephen Kraetsch (in memory of Deanne-Laumann Collins)
- Oakton Figure Skating Club
- Dan Smith

CONTRIBUTOR
- Don Bartelson
- De Greenberg
- Homer Hagedorn
- Ice Skating Institute (in memory of Robert Unger)
- ISI District 4
- Harry J. MacDonald Memorial Center
- Joan Rice
- Keith & DonnaMarie Schonrock (in memory of Robert Unger)
- Judith Sniffen
- Janice Vaughn
- Jack Vivian
- Richard Zamboni

FRIEND
- Karen Acosta
- Peter & Lisa Bukeavich (in memory of Nefretiri Nelson)
- Blue Mound Figure Skaters (in memory of Robert Unger)
- Lawrence & Lorraine Fies (in memory of Robert Unger)
- Liz Goldreich (in honor of Patti Feeney)
- Georgianna McGuire (in honor of De Greenberg)
- Northbrook Competitive FST (in memory of Robert Unger)
- Allen & Lenny Rochester-Kane (in memory of Deanne Laumann-Collins)
New Year’s Resolutions
for Skaters and Hockey Players

The tradition of the New Year’s resolution is a great way to start on a path to improvement. Positive Coaching Alliance and the Ice Skating Institute urge you to improve yourself, your teammates and your sport as a whole. Those three levels of improvement make you a “Triple-Impact Competitor.” We know from experience how hard it can be to stay true to a New Year’s resolution. Commitment tends to thaw about the same time as the ice outdoors!

However, the love of skating and hockey that keeps you coming back to that year-round indoor ice can help you maintain commitment to the New Year’s resolutions that we are suggesting here. Fortunately, keeping that commitment becomes easier and more important as you feel less pressure, experience improved individual and team results and enjoy skating or hockey that much more.

Improve Myself
I resolve to:

• Master my sport by tending to the ELM Tree of Mastery, where ELM stands for Effort, Learning and bouncing back from Mistakes.

• Put forth my best Effort in every practice and competition.

• Learn by studying my sport, seeking advice from my coaches, parents and teammates and watching others perform.

• Bounce back from Mistakes by understanding mistakes are OK, that they are how we learn and improve and that mistakes are not character flaws, but the natural result of trying things that we do not already know how to do.

Improve My Teammates
I resolve to:

• Fill “emotional tanks,” because skaters have emotional tanks just as cars have gas tanks, and an empty tank can take us nowhere, but a full tank can take us anywhere.

• Support my teammates with a steady stream of “You can do it!” and “Great try!”

• Use a “Buddy System,” finding the teammate each day who needs a little extra lift and filling his or her emotional tank.

Become a Scholarship Winner

Annually, the ISIA Education Foundation awards scholarships with a $4,000 minimum value to ISI skaters for study in universities, colleges and technical schools throughout the US. Application for the scholarship is made in your senior year of high school. However, most scholarship recipients began their qualification process during middle school years. Start your four-step process of qualification today so you will be ready to apply your senior year.

1. Maintain at least a 3.0 GPA.

2. Participate in a variety of school and community activities. Keep detailed records, including frequency of participation.

3. Continue to test and compete in the ISI program, especially during the two years prior to application. Keep good records of all skating activity.

4. Prior to application, you must have completed 120 hours of verified service, of which at least 60 hours must be volunteered for ISI recreational skating activities. This information must be tracked on the “Hours of Service Verification Form” available at www.skateisi.org.

Application deadline is March 1, 2008. For more information or to apply, visit www.skateisi.org or call 972.735.8800.

Heather Aseline, 2002 Scholarship Recipient
With phenomenal 3-D graphics, commentary from world class coaches & skaters, and demonstrators of varying abilities, this ISU series is an invaluable preparation tool. — Janet Tremer, World & Olympic Coach

Tape 1: Jumps—Axel Salchow, Loop
Tape 2: Jumps—Toe Loop, Flip, Lutz
Tape 3: Spins—Upright, Sit, Camel, Flying, Combo, Footwork
Tape 4: Pairs—Pair elements
CD 1: Jumps—Axel, Salchow
CD 2: Jumps—Loop, Toe Loop
CD 3: Jumps—Flips, Lutz
CD 4&5: Spins—Upright, Sit, Camel, Flying, Combo Spins, Footwork

Covers Singles to Quads with detailed systematic analysis of each Jump and Spin element, including common errors and corrections, and exercises to strengthen muscles used to stabilize and lift skater into the air.

Tapes: 4-tape set $59.95 • CD ROMs*: 5-CD set for $69.95 (plus shipping, handling and insurance; single units available on request)

*CD-ROMs for the PC only—minimum system requirements apply.

To Order: Visit us at www.skatetape.com for secure online ordering
Call toll-free 888-USA-2006 • P.O. Box 10-P, Delmar, NY 12054
Wholesale and bulk orders welcomed.

Improve My Sport
I resolve to:
• Get to the ROOTS of a positive skating experience, where ROOTS stands for respecting Rules, Opponents, Officials, Teammates and Self.
• Compete by the Rules, even when it’s possible to break them without getting caught, because I understand that victory without honor has no value.
• Stay mindful that without a worthy Opponent, we would have no competition, that a worthy Opponent is a person, who like me, is out for fun, challenge and improvement.
• Treat Officials respectfully, remembering that they have been selected and trained to enforce rules, that they have a very hard job, keeping our competitions safe and fair, and that they, like me, may occasionally make mistakes.

Hold my Teammates in the highest esteem, realizing that without them I am alone, and that as a teammate I represent something larger than myself, so I will never do anything to embarrass my team.
• Show Self-respect by living up to my own personal standards even if those around me do not.

Resolve to Stay Resolved
Remember, it is important not just to make these resolutions, but also to keep them, even on days when you do not feel up to trying your hardest or when your own emotional tank is so drained that you can’t imagine filling someone else’s tank.

We hope you will return again and again to this page when you need a lift and a reminder of what you resolved. If you can just push through in one way or another, that is when your greatest growth will occur. On the other side of any adversity is an improvement in yourself, your team and your sport.

To learn more about PCA’s “Becoming a Triple-Impact Competitor” and “Developing Triple-Impact Competitors” workshops, request information by contacting the appropriate PCA representative, listed by region when you click the Contact button at www.positivecoach.org, or contact PCA at (866) 725-0024 or PCA@positivecoach.org.
Get ready — here they come!

Not only are the holidays here, but with the start of the new year also come our 2008 national competition events. We have some great cities, new locations and fantastic vacation destinations planned for our events throughout the coming year. Just take a look at the list: Tampa, Fla.; St. Peters, Mo.; Denver; San Francisco; and Burbank, Calif. WOW, what a great “tour” year ahead!

We have lots of special things planned and we hope you will make your plans now to be a part of the 2008 skating action. Be sure to read the “Focus on” article, below, that explains our new featured events.

There will be other fun things coming, too, so check out the details and get all the up-to-date information for each event on our Web site: www.skateisi.org.

Remember, when you enter any national competition event, please plan ahead and make sure your individual membership is current through the event dates and all of your tests are registered. It will help us get the event schedule posted even sooner if you do this before you submit your entry registration.

Practice hard, pack your bags and let’s make a year of it as we travel across the country in 2008.

### 2008 Featured Events

Instead of featuring only one skating event, this time we will focus on all of our 2008 featured events.

Enter any individual or partner event for $65 (first entry fee) and then enter any or all of these events for only $10 each: Rhythmic Skating (ball, hoop or ribbon); Jump & Spin Team (two-person team only); and Solo Surprise.

Enter any team event entry for $25 (first entry fee) and then enter Ensemble and/or Team Surprise for only $10 each.

More event details can be found on the “2008 National Event Descriptions” listed on the ISI Web site or in the 2008 Skaters and Coaches Handbook.

- **Rhythmic Skating** is similar to rhythmic gymnastics events — but on ice! This is the first year it will be included as a Winter Classic and World Team Championship event. Choose a prop (ball, hoop or ribbon) and choreograph a skating program using that prop throughout your routine. There are no required maneuvers, but the emphasis is on creatively using the prop throughout your routine. No props are allowed during the event warm-up.

- **Ensemble Team** is a new group event for three to seven skaters. It’s like a group Spotlight program or a mini Production number. Any kind of routine can be performed, and there are no required maneuvers or maneuver limitations. Props are limited to those that can be set up during your 30-second set-up time. No props are allowed on the ice during warm-up. Judging criteria is the same as for Spotlight and Production team events.

- **Jump & Spin Team** allows two skaters from different test levels to compete together within the same category level. It’s like Solo Compulsories for two people. One skater does a required jump two times; then the other skater does a required spin two times. The judges score the best attempt. Skater teams are grouped by category: Low (Pre-Alpha-Delta); Medium (Freestyle 1-3); Intermediate (Freestyle 4-5); and High (Freestyle 6-10) — and then by partner ages.

- **Solo Surprise** is a fun event that we’ve been offering at ISI national events since 2005. It usually consists of a task or game not related to skating ability or skill. Skaters of similar age and levels are grouped together to perform the task or game. Some Freestyle-level events might require completing skating skills from their level or below. It’s a great way to earn another medal as well as more team points.

- **Team Surprise** is our newest group event. It’s like Solo Surprise, but for a team of four skaters. This event is typically a relay-style game that is age-appropriate for the level and skill of the participants. It’s a great way to have fun while competing with your friends.

As you can see, there are lots of fun events and competitions in store for 2008. Grab your skates, and your family and friends, too!
2008 National Skating Events

Five Events You Don’t Want to Miss!
Travel to Exciting Locations. Meet New Friends. Compete for the Fun of It!

2008 Winter Classic
Tampa Bay Skating Academy
Oldsmar, Florida
February 15-17
(Entry Deadline: Dec. 1, 2007)

2008 Synchronized Championships
St. Peters RecPlex
St. Louis, Missouri
April 11-13
(Entry Deadline: Feb. 1, 2008)

2008 World Recreational Team Championships
South Suburban Ice Arena
South Suburban Family Sports Center
Denver, Colorado
July 28-August 2
(Entry Deadline: May 1, 2008)

2008 Adult Championships
Yerba Buena Ice Skating Center
San Francisco, California
October 3-5
(Entry Deadline: Aug. 15, 2008)

2008 Artistic Challenge
Pickwick Ice Center
Burbank, California
December 5-7
(Entry Deadline: Oct. 15, 2008)

Start planning your schedule now. The new competition season is right around the corner.

Please visit www.skateisi.org for entry forms and additional event details as they become available.
ISI-endorsed competitions & shows/exhibitions
Deadline for the next RIS Calendar: Jan. 15
For regular calendar updates, see www.skateisi.org, Skating Competitions

**december**

29 Pleasant Prairie, Wis.
Pleasant Prairie IcePlex
Winter Wonderland
Open

**2008**

**january**

5-6 Brockton, Mass.
Bay State Blades
Brockton
2nd Annual Brockton Blizzard
11-13 Webster Groves, Mo.
Webster Groves Ice Arena
Show-Me State Games
12-13 Fort Myers, Fla.
Fort Myers Skatium
City of Palms ISI Competition
13 Greenfield, Mass.
Bay State Blades
Greenfield
Midwinter Classic Invitational
17-20 Mamaroneck, N.Y.
Riverdale Ice Lake Placid ISI Championships
18-20 Westland, Mich.
Mike Modano Arena
Tropical Days
18-20 St. Peters, Mo.
St. Peters Recplex Missouri State Invitational
19-20 Centennial CO
South Suburban Family Sports Center ISI Competition
19-20 San Diego
Kroc Center Ice Kroc Center Ice 2008 ISI Open

**february**

1-3 Glenview, Ill.
Glenview Ice Center
February Freeze

8-10 Blaine, Minn.
Schwan Super Rink
2008 Frosty Blades
8-10 Niles, Ill.
Niles Park District
Iceland
28th Annual Sweetheart Open
8-10 Eugene, Ore.
Lane Events Center-ICE
Love to Skate
8-10 St. Louis
Wayne C. Kennedy Recreation Complex
18th Annual Sweetheart Open

**march**

15-17 Oldsmar, Fla.
Tampa Bay Skating Academy
2008 Winter Classic
16 Oak Lawn, Ill.
Oak Lawn Ice Arena
Reach for the Stars
23-24 Plano, Texas
Dr Pepper StarCenter ISI Love to Skate 2008

**april**

4-6 El Segundo, Calif.
Toyota Sports Center
8th Annual Spring Fling Open Competition

11-13 St. Louis
St. Peters Recplex
ISI Synchronized Skating Championships

**may**

28-30 Knoxville, Tenn.
Ice Chalet
Mississippi Valley District Competition
29-30 San Francisco
Yerba Buena Ice Skating Center
Golden Gate Skate
30 Franklin Park, Ill.
Franklin Park Ice Arena
Kickline Synchronized Skating Competition

**july**

5-6 Evanston, Ill.
Robert Crown Center
31st Annual July Open
10-12 Honolulu
Ice Palace
2008 ISI Hawaiian Open

**august**

9 Orland Park, Ill.
Arctic Ice Arena
2nd Annual Arctic Heat Wave

**september**

19-21 Arlington, Texas
ICE at The Parks
5th Annual ISI Open Competition

**october**

17 West Concord, Mass.
Sharper Edge Skating School
10th Annual Skater’s Cup Competition
23-25 San Diego
San Diego Ice Arena
ISI Open Championships

2008 RECREATIONAL ICE SKATING, WINTER 2007
december

5-7 Burbank, Calif.
Pickwick Ice Center
ISI Artistic Challenge

shows & exhibitions
december

9 Hoffman Estates, Ill.
Hoffman Estates Park
District Ice Arena
Snowflakes on Ice

14 Glenview, Ill.
Glenview Ice Center
Winter Exhibition

15 Marlboro, Mass.
Navin Arena
Snowflake Sparkler

15 Oakland, Calif.
Oakland Ice Center
Old Fashion Christmas

15 Wasilla, Alaska
Brett Memorial Ice
Arena

15 Indian Trail, N.C.
Extreme Ice Center
Skate a Gift 2007

15 San Jose, Calif.
Shark's Ice at San Jose
Skate a Holiday Present

15 Cromwell, Conn.
Champions Skating Center
Champions Holiday Exhibition

15 Laconia, N.H.
Central NH Skating Academy
The Polar Express

15 St. Peters, Mo.
St. Peters Rec Plex
Winter Wonderland on Ice

15-16 Frisco, Texas
Dr Pepper StarCenter
Rudolph on Ice 2007

16 Arlington, Texas
ICE at The Parks
Holiday In The Park 2007

16 St. Louis
Wayne C. Kennedy Recreation Complex
Holiday Celebration

16 Johnstown, Pa.
Planet Ice
Time For The Holidays

16 Fort Myers, Fla.
Fort Myers Skatium
Merry Christmas

16 Portland, Ore.
Lloyd Center Ice Rink
Twas the Night Before Christmas

16 Soldotna, Alaska
Soldotna Sports Center
Little Bit Country, Little Bit Rock n Roll

22 Vancouver, Wash.
Mt. View Ice Arena
A Holiday Showcase

22-23 Dallas
Galleria Ice Skating Center
Galleria Annual Tree Lighting Shows

22-23 Richmond, Va.
Richmond Ice Zone
2007 Holiday on Ice

23 Yonkers, N.Y.
E.J. Murray Skating Center
Holiday Show on Ice

27-30 Anaheim, Calif.
ISI Ice Arena Conference & Tradeshow

january

3 Glenview, Ill.
Glenview Ice Center
Winter Carnival

3 St. Louis
Wayne C. Kennedy Recreation Complex
Annual Ice Recital

april

13 Highland Park, Ill.
Centennial Ice Spring Exhibition

18 Inver Grove Heights, Minn.
Inver Grove Heights Parks & Rec
Spring Ice Show

18-19 Carol Stream, Ill.
Carol Stream Ice Rink
Museum Tour

25-26 Downers Grove, Ill.
Downers Grove Ice Arena
Museum Tour 2008

25-27 Glenview, Ill.
Glenview Ice Center
35th Annual Ice Show

may

3 Marlboro, Mass.
Navin Arena
Summer Splash

3 Eagan, Minn.
Eagan Civic Arena
Skating For a Living

2008

advertisement index
Bear Hill Sports ........................................... 12
Breezy Point ................................................ 19
Cyclone Taylor Figure Skating .......................... 28
Ice Light Productions .................................. 18
The Leading Edge ........................................ 23
Lindy Z ....................................................... 32
N'Ice Rink ................................................. 28
Niles Park District ....................................... 18
Oakton Ice .................................................. 19
Riedell Skate Co. ......................................... 11
Skatebuys.com ............................................ 7
Skatetape.com ............................................ 23
Skating Safe ............................................... 12
SP-Teri Co. ................................................. 8
Step and Glide ............................................ 2
Super-Glide ............................................... 13
Synchronized Skating Magazine ..................... 19
USA Skates ............................................... 30
Zuca ......................................................... 31
Skaters Pass High-Level Tests

Congratulations to the following ISI skaters, who recently passed high-level Freestyle and Dance tests:

**FS 8**
- Cynthia Davies
  Tampa Bay Skating Academy Oldsmar

**FS 9**
- Bryant Lampkin
  Hampton Roads Iceplex

**FS 10**
- Agnes Zawadzki
  Oakton Ice Arena

**Dance 10**
- Kassandra Hazzard
  Ice Chalet-Knoxville
- Jessica Marshall
  Ice Chalet-Knoxville
Meet us in St. Louis, the gateway to the West, for the ISI Synchronized Championships at St. Peters RecPlex. In addition to three NHL-regulation-size rinks, this new facility has an aerobic and dance room, elevated running track, food court, locker room complete with showers, weight/exercise room with modern equipment and more.

At last year’s event, more than 1,000 skaters on 110 teams from 11 states competed for a total of 2,800 medals and 90 team trophies.

Teams can enter Synchronized Skating, Synchronized Formation and/or Synchronized Dance categories. There are also compulsory events for both Skating & Formation teams. Skaters receive medals for every competition performance.

Teams are divided by age groups (Tot, Jr. Youth, Youth, Sr. Youth, Teen, Adult and Masters) and number of skaters for initial round events. All skating team age divisions with more than eight teams in the initial round skate a two-round format.

For St. Louis tourist tips, go to: www.explorelouis.com
www.stlattractions.org

Forms available at www.skateisi.org
I have been skating for about four and a half years, but I have only been taking lessons since Jan. 9. I am working on my Salchow and change-foot spin. I am nuts about Ekaterina Gordeeva, so I talk about her a lot. She is the reason I like skating. I was in the Viva Las Vegas ice show at my rink. It was so much fun.

Rebekah (Bekah) Bright, 15, FS 2/3
Line Creek Ice Arena
Kansas City, Mo.

I would like a pen pal who is about my age and skating level. I love animals. I have a dog named Angel. I have fish, too. I have two sisters and loving parents. I’ll be turning 9 in January. I love to dance, sing, play and ice skate. Alexandria Ariel Wright-Fraser, 8, Alpha-Beta Ice Sports Forum
Tampa, Fla.

ALL letters must include all information listed on page 5. Letters without a valid ISI member number will not be considered for publication or the pen pal program.

Statement of Ownership, Management and Circulation

1. Title of Publication: Recreational Ice Skating
2. Date of Filing: 9-26-07
3. Frequency of Issue: Quarterly
4. Number of Issues Published Annually: Four (4)
5. Annual Subscription Price: $12.
6. Complete Mailing Address of Known Office of Publication: 17120 N. Dallas Pkwy., Ste. 140, Dallas, TX 75248-1187
7. Complete Mailing Address of Headquarters or General Business Office of the Publisher: 17120 N. Dallas Pkwy., Ste. 140, Dallas, TX 75248-1187
8. Owner: Ice Skating Institute
9. Editor: Lori Fairchild
10. Managing Editor: None

Extant and Nature of Circulation:

A. Average No. Copies Each Issue During Preceding 12 Months (net press run): 43,385 Actual No. Copies of Single Issue Published Nearest to Filing Date: 40,530
B1. Average Paid and/or Requested Circulation Outside-County Mail Subscriptions: 40,434
B2. Average Paid or Requested Circulation In-County Subscriptions: 0
B3. Average Sales Through Dealers and Carriers: 0
B4. Average Other Paid Distribution: 47
C. Average No. of Copies of Single Issue Published Nearest to Filing Date: 37
D. Average No. of Copies of Other Classes Mailed Through the USPS: 19
E. Average No. of Copies of Other Classes Mailed Through the USPS: 31
F. Average Total Paid and/or Requested Circulation: 40,500
G. Actual No. Copies of Single Issue Published Nearest to Filing Date: 39,341
D1. Average Free Distribution by Mail Outside-County: 1,663
D2. Actual No. Copies of Single Issue Published Nearest to Filing Date: 0
D3. Average and Actual No. Copies Free Distribution In-County: 0
D4. Average No. Copies Free Distribution Other Classes Mailed through USPS: 5
D5. Actual No. Copies of Single Issue Published Nearest to Filing Date: 5
D6. Average Free Distribution Outside the Mail: 120
D7. Actual No. Copies of Single Issue Published Nearest to Filing Date: 0
E. Average Total Free Distribution: 1,788
F. Average No. Copies of Single Issue Published Nearest to Filing Date: 39,346
G. Average Copies Not Distributed: 1,097
H. Actual No. Copies of Single Issue Published Nearest to Filing Date: 1,184
I. Average Total: 43,385
J. Average Percent Paid and/or Requested Circulation: 95.75%
K. Actual No. Copies of Single Issue Published Nearest to Filing Date: 99.9%
L. I certify that all information furnished on this form is true and complete: (signed) Karen J. Schaefer, Controller (date) 9/26/07

INVENTORY BLOWOUT!!

We have a huge selection of discontinued skates and skate boots that we must clear out!

SAVE $$$ on top name brands!!

INVENTORY BLOWOUT!!

Use Coupon Code “isli207” and receive $20.00 off your next purchase of $100.00 or more!


http://www.isaskates.com
Email: sales@isaskates.com
Phone: 714-999-1444
Retail Store
411 W. Broadway, Suite G, Anaheim, CA 92805
Phone: 714-999-1400

USA Skates

RECREATIONAL ICE SKATING, WINTER 2007

Continued from page 5

Don’t forget!

Are you writing a letter to the editor or requesting a pen pal?
Send it to editor@skateisi.org
and don’t forget to include:
• Your full name
• Your ISI member number
• Your age
• Your skating level
• The name of your arena
• Your city and state

comes off the ice quickly and crosses in front, just like a loop jump, shifting your weight immediately.
The best seat in the house!™

The ZÜCA Sport and Pro are patented revolutionary bags for your gear - the lightweight external aluminum frame protects your skates and provides a place to sit when the benches are full. Our colorful interchangeable bags allow you to create your own look and arrive at the rink in style!

Sport

Pro NEW!
Travel model
Carry-on compliant!

for more colors and accessories visit our site
www.zuca.com
See the NEW LINDY Z Ice Skating Rocks Purse!

It’s the coolest new accessory only from LINDY Z

LINDY Z
Phone #: (818) 703-8188
www.lindyz.com