

recreational

# IceSkating

Spring 2009

## Worlds 2009 in San Jose

**Where the Fun  
Never Stops!**



### **NEW!**

Open Freestyle Tests & Events

### **Adult Champs**

Making Miracles on Ice  
at Lake Placid

### **Artistic Challenge & Winter Classic**

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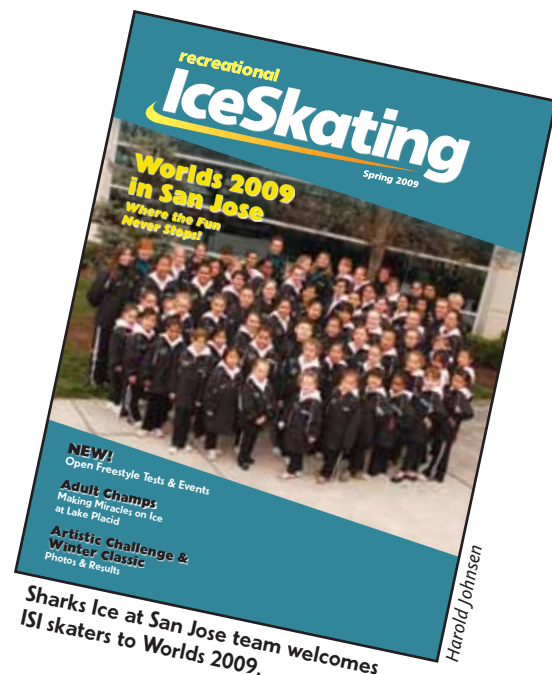
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Recreational Ice Skating

Spring 2009/Vol. 33, Number 3



**Publisher**  
Ice Skating Institute

**Editor**  
Lori Fairchild

**Editorial Advisors**  
Peter Martell  
Randy Winship  
Sean Flynn

**Print Production &  
Advertising/Sponsorship  
Manager**  
Carol Jackson

**Graphic Designer**  
Logan McCoy

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Dedicated to providing leadership,  
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ice skating industry.

#### ICE SKATING INSTITUTE

6000 Custer Rd., Bldg. 9  
Plano, TX 75023  
Phone: (972) 735-8800  
Fax: (972) 735-8815  
e-mail: isi@skateisi.org  
www.skateisi.org

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## ► the write stuff

### LETTERS FROM OUR READERS

I skate three times a week and am also on a synchro team. I would love to be pen pals with someone who will be traveling to Worlds in California this summer!

**Rylan Escobar, 10, FS4**  
**ICE at The Parks**  
**Arlington, Texas**

I am looking for a fun and hilarious person to help me with my skating. I love skating and hope to work with my pen pal with techniques on our Freestyle 4 and 5 moves. I love my sit spin and my Freestyle 4 jumps, but my Lutz is a little shaky. I hope to have a great time with my pen pal and become good friends even if we can't see each other.

**Carli Maddock, 12, FS4**  
**Frank Southern Ice Arena**  
**Bloomington, Ind.**

I'm looking for a pen pal who is in my level, Freestyle 5. I just entered FS5 and am in the retiring process of F4. I just started my Axel. It is OK if my pen pal is someone who is just starting to retire F4. I just want someone to talk to who understands this kind of frustration. I just moved, so I still represent Bremerton FSC but train at Kent Valley Ice Centre.

**Kailyn Miller, 10, FS4/5**  
**Bremerton FSC/Kent Valley Ice**  
**Kent, Wash.**

I've been skating for nearly two years now and I am on FS4 and 5. I am working on my Lutz and camel and sit spins. I love all aspects of skating, but the best part for me is really just going all out for a jump and landing it smooth and clean. I would like a pen pal around my age and FS2 or above.

**Bree Keown, 13, FS4/5**  
**Point Mallard Ice Complex**  
**Decatur, Ala.**

I keep mixing up two things. They are the half-flip and the ballet jump (my teacher taught it to me early). Can you help? Also, I keep falling when I do my spins. I can do a 1-foot spin (same deal as ballet). The 2-foot is

simple and my teacher knows I can do it, but just sometimes I can't spin. Is that normal?

**Madelynn Hotchkiss, 11, FS1**  
**Larson Ice Arena**  
**Brookings, S.D.**

*Some of those jumps are tricky, especially if you are working on several at the same time. It always helps to remember what edge you take off from. The take-off edge along with the rotation determines what kind of jump it is. The half-flip takes off from a back inside edge and normally from a 3-turn or Mohawk entry.*

*The ballet and split jumps are the only two jumps in skating where your legs move apart in the air. With all of the other jumps, your legs should come together. This should help you keep the two jumps separate in your mind when you skate.*

*It's normal for skaters to have more difficulties with certain maneuvers. If spins are your weakness, then try working on one type of spin at a time until it is mastered so you don't go back and forth between the 2-foot and the 1-foot spin. Your body position and weight balance is different for both of those spins and the timing might be throwing you off.*

I love skating! I have been skating for four years and competing for three. Once I finally got into the freestyle levels, I became addicted. I have one fabulous pen pal now that I talk to regularly, and I would like to have another one. My favorite skating move is a Biellmann spin or an Axel. I think it would be great to have a pen pal who is around my level and age, but anyone would be great!

**Mikaela Barnes, 14, FS6/7**  
**Washington Park Ice Arena**  
**Jefferson City, Mo.**

I have been skating for four years and my coach's name is Kacy Nelson. I'm working on my Axel a lot now. I have also skated on a synchro team for three years. This year I'm on an ISI team. I compete a lot by myself and with the team. Our team name is the Iceplex Icestars.

**Madelyn Croft, 10, FS5**  
**Pleasant Prairie Iceplex**  
**Pleasant Prairie, Wis.**

I've been in figure skating for about eight months now. I'm working on my Salchow and toe loops. I'm advanced for my skating level. I've already got my shoot-the-duck, waltz jump and spins perfect. I'm looking for a fun pen pal close to my age who loves skating as much as I do.

**Alexandria (Ali) Boreman, 10, Gamma/Delta**  
Iceoplex Skating Rink  
Oceanside, Calif.

I have been skating for five and a half years. I would like a pen pal who is around my age and who is in Freestyle 1 or 2. I just landed my loop jump. I can't land my flip jump. I can't get a lot of rotation and I am afraid I will fall. I would like a pen pal so we could help each other.

**Emma Paradise, 8, FS1**  
Clifton Park Arena  
Clifton Park, N.Y.

*The flip jump can be difficult, but it can be easier if you practice the jump off the ice in your tennis shoes first. Practice the jump on the ground and then transfer that energy back to the ice. You'll be surprised how much easier the jump is to do on the ice after that. Your coach might have some other off-ice rotation exercises you can practice, too.*

Send letters to [editor@skateisi.org](mailto:editor@skateisi.org)  
(please see below)

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# PLEASE READ

*before sending your letter!*

## PEN PALS

- Pen pal requests **must** be sent by e-mail to [editor@skateisi.org](mailto:editor@skateisi.org).
- You **must** include the member information listed to the right.
- The pen pal program is only for current registered ISI members.
- E-mail addresses will NOT be published in *Recreational Ice Skating* magazine.

**NOTE:** We do not "match up" pen pals; we only publish your requests and electronically forward letters to specifically requested members. Once you have made the connection with your pen pal, the two of you will communicate directly rather than through ISI.

## ALL LETTERS

### You **MUST** include:

- Your first and last name
- Your ISI member number (the six-digit number on your magazine mailing label)
- Your age
- Your skating level
- The name of your arena
- Your city and state

### Photos are welcome, but cannot be returned.

- If you have a skating question, be as specific as possible. Technical questions will be answered by qualified ISI staff but should not be considered a substitute for coaching.
- All letters are printed at the discretion of the editor and may be edited for clarity, accuracy and space.

### E-mail is preferred. Send your letter to:

[editor@skateisi.org](mailto:editor@skateisi.org), or:  
Ice Skating Institute  
Attention: Editor, RIS  
6000 Custer Rd., Bldg. 9  
Plano, TX 75023



# SPOTLIGHT

## Icettes Host Skate-a-thon for Breast Cancer



The Senior Youth Synchro Icettes from Homewood-Flossmoor Ice Arena in Flossmoor, Ill. are generating interest and promoting a worthy cause through ice skating. The synchronized skating team recently hosted a Skate-a-thon to raise money and awareness for breast cancer. Proceeds from the Skate-a-thon were donated to the Breast Cancer Network of Strength (formerly known as Y-Me National Breast Cancer Organization), a Chicago-based national nonprofit organization that provides free programs and services for breast cancer patients.

## Lynchburg FSC Packs It Up for Operation Christmas Child

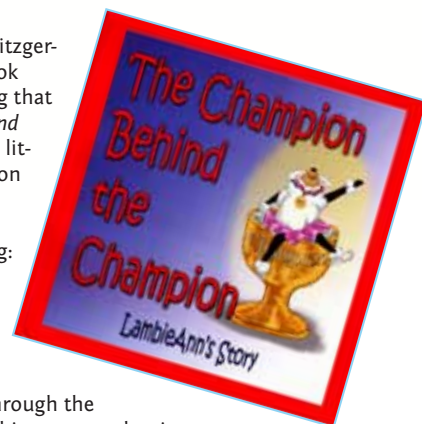


The Lynchburg Figure Skating Club at the LaHaye Ice Center in Lynchburg, Va. had a fantastic turnout at the rink to pack shoeboxes for less fortunate children around the world. Coach Dawn Harter coordinated skaters and their families to come with items that would be packed into shoeboxes for Operation Christmas Child. They packed 42 shoeboxes by the end of the evening and had a great time wrapping boxes, eating and talking with one another. For more information on how your rink can participate in this project next year, go to [samaritanspurse.org](http://samaritanspurse.org).

## The Champion Behind The Champion

Adult figure skater BarbarAnn Fitzgerald has released a children's book about the rewards of ice skating that count most. *The Champion Behind The Champion* is a story about a little lamb who sees lambs skate on TV and wants to learn to skate, too. The book takes LambieAnn through all the stages of skating: group lessons, private lessons, joining a club, skating in a club ice show, summer skating, living a well-balanced life and competition participation.

The lesson LambieAnn learns through the process is that medals and trophies are not that important. What matters most is what she has learned along the way to her goal. She learns that, for this reason, she is "The Champion Behind The Champion." For more information or to order the self-published book (\$23.95 plus shipping), go to [BarbarAnn.com](http://BarbarAnn.com).



## ISI Skaters Pass High-Level Tests

*Congratulations to the following ISI skaters, who recently passed high-level Freestyle tests:*

### Freestyle 8

**Brittany Besse**  
Golden Blades

**Breanna Byrd**  
Southgate Civic Center

**Carson Dembrosky**  
Southgate Civic Center

**Francesca Fusaro**  
Symmetrical Skating School

**Erika Galloway**  
Downers Grove Ice Arena

**Michele Guarnieri**  
St. Peters Rec-Plex

**Michelle Madaras**  
Homewood-Flossmoor Ice Arena

**Shawn McCrimmons**  
Downers Grove Ice Arena

**Kirsten Olson**  
Parade Figure Skating Club

**Morgan Ratkovich**  
Homewood-Flossmoor Ice Arena

**Katy Ruzynski**  
White Bear Lake Sports Center

**Courtney Van Horn**  
The Cube

### Freestyle 9

**Mariyah Thurston**  
Culver Ice Arena



**Jeremy Abbott**

2009 U.S. National Champion  
2008-09 ISU Grand Prix Champion

iSkate



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**Santa Cruz Beach and lighthouse**



# Where the Fun Never Stops!

by Lori Fairchild

Register for the ISI World Recreational Team Championships in San Jose, Calif., and you'll be signing up for more than a skating competition. San Jose is known as the city where "The Fun Never Stops" and ISI is the organization that never lets you forget that FUN is the best reason in the world to skate. Here are just a few reasons you'll have tons of fun at Worlds 2009:

## Sharks Ice at San Jose

Participating in America's largest annual recreational ice skating event is always an exciting experience — but it's even more special when the event is hosted at the largest ice skating facility west of the Mississippi River. The official training facility of the NHL's San Jose Sharks, this mega-arena one of only seven in the U.S. that operates at least four NHL-size ice rinks. You'll also love its full-service restaurant, Stanley's Sports Bar, which overlooks three of the rinks.



*San Francisco Convention & Visitors Bureau/Jerry Lee Hayes*

**Fisherman's Wharf and trolley car**

## Competitors' Parade and Party

Every ISI Worlds skater is invited to participate in the annual Competitors' Parade and Party. The parade is open to the public; tickets are required for party admission. (See order form, right)

## Benefit on Ice Show

The major fundraiser for the ISIA Education Foundation is also the most star-studded happening of Worlds week. (See pages 10-11.)

## New ISI Open Freestyle Events

This year marks the first ISI Worlds competition in which the new Open Freestyle events will be offered, giving more skaters than ever before the opportunity to participate in ISI competitions. (See pages 19-22.)

## San Jose

A city of many contrasts, San Jose is the largest city in northern California, but it is filled with small-town charm. It's the oldest civil settlement in California and the site of the first state capital, yet today the city boasts the cutting-edge nickname "Capital of Silicon Valley," thanks to its status as the world's leading center for innovation and technology. It's known for its clean, safe environment and its sunny, pleasant climate, making it a great place for strolling the streets.

## Sights, Shops and Special Stops

San Jose's amazing diversity (more than 40 languages are spoken here) is mirrored in the many flavors of its shops, restaurants and festivals. Santana Row is a hip strip with some 70 shops and dozens of eateries. The 120-acre San Jose Flea Market is the largest open-air flea market in America. The Downtown Farmer's Market at San Pedro Square is hopping on Fridays from 10 a.m. to 2 p.m. One of the most intriguing shopping areas is Japantown, one of only three remaining in the U.S.

The Tech Museum of Innovation is home to the ultimate immersive movie experience and northern California's only domed IMAX screen. Its themed galleries explore the fun side of innovation, the Internet, the human body and exploration. In the giant purple Children's Discovery Museum of San Jose, kids can explore how things work on two floors of interactive fun.



*San Jose Convention & Visitors Bureau*

**California's Great America theme park**

## Day Trips

San Jose visitors love nearby Great America, the 100-acre theme park with a complete water park inside and the most thrill rides in northern California. Other outstanding day trip destinations include the beautiful beaches at Santa Cruz, Carmel and Monterey and the easy 45-minute drive to San Francisco.

**For more Worlds information, entry forms and a listing of hotels offering an ISI group rate, go to [skateisi.org](http://skateisi.org). Register today — entry deadline is May 1! ●**





# Backyard Ball Park BBQ!

## You're Invited!

**WHO:** ISI Worlds participants and their families

**WHAT:** Backyard Ball Park BBQ, DJ, dancing, karaoke, balloon art & face painting

**WHERE:** Sharks Ice at San Jose & San Jose Giants Ball Park

**WHEN:** Wednesday, July 29, 7-9:30 p.m.

(Immediately following the Competitors' Parade)

**ADMISSION:** See below

**RSVP:** To ISI by July 17 for advance admission price



## Worlds Competitors' Party ORDER FORM

Wednesday, July 29 • 7-9:30 p.m. • Sharks Ice at San Jose & San Jose Giants Ball Park

### Party wristband – \$10 (advance) – includes:

- DJ entertainment
- Video board
- Karaoke
- Party dance lessons
- Balloon art
- Face painting

### Food voucher – \$8 – includes:

- Choice of hot dog, hamburger or chicken sandwich
- Choice of chips, cookie or fruit salad
- Non-alcoholic beverage

Number of wristbands ..... X \$10 each = \$  
Number of food vouchers ..... X \$8 each = \$

### Payment Method:

- ☐ Check/Money Order  
☐ Visa  
☐ MasterCard  
☐ Discover  
☐ American Express

Advance orders *must* be received by July 17.  
Wristbands at the gate: \$12

Party wristbands will be available for pickup at ISI registration.

Name for wristband pickup at registration

Credit card #

Exp. date

Billing address

Cardholder's name

Telephone (required)

Signature

Make checks payable to  
Ice Skating Institute.  
Mail form and payment to:  
ISI-Events  
6000 Custer Rd., Building 9  
Plano, TX 75023



# See You at the Show!

by Lori Fairchild

**P**erhaps you've attended an ISIA Education Foundation Benefit on Ice Show at a previous Worlds competition. If so, you know what all the excitement is about — the Benefit Show is the highlight of Worlds week every year. And if you have never had the opportunity to experience this fantastic ice skating exhibition, this is your year!

The show will be held at Sharks Ice at San Jose on Friday, July 31. The show will be headlined by a soon-to-be announced "celebrity" skater. Sasha Cohen, Emily Hughes, Evan Lysacek and Mirai Nagasu are just a few of the champions and Olympians who have starred in Benefit on Ice.

In addition to the featured skater, the show will be built around Worlds participants invited by a selection committee to give repeat performances of particularly memorable routines from the week of competition, representing the true diversity of the Ice Skating Institute. This means that every skater at every skill level has the same opportunity to be chosen. As always, the diverse lineup will include skaters representing a variety of ages, skating levels, events and home arenas from all over the country.

Don't forget the Education Foundation's Skate with a Star raffle, in which two solo performances in the show will be

awarded to the lucky raffle winners. Tickets will be sold throughout the week for \$5 each, or five tickets for \$20. The drawing will be held on Wednesday, July 29 at the Backyard Ball Park BBQ competitors' party. The raffle has become a popular feature of Worlds week and an important component of the Foundation's fundraising program for annual scholarship endowment.

Seating in the arena will be limited, but general admission tickets are still available until July 17 at a special reduced price of \$22. Sold-out Benefit Shows are not uncommon, but if tickets are still available, they may be purchased at the door for \$25.

The Foundation offers a special group admission rate of \$20 for 25 or more. This offer, which also expires on July 17, is perfect for your rink or synchro team. Advance ticket orders should be placed with the ISI office in Dallas; the order form can be found on the next page of this issue or on the ISI Web site at [www.skateisi.org](http://www.skateisi.org). Prepaid tickets will be available for pick-up at the Worlds registration desk.

All the proceeds from both the raffle and the Benefit Show will be used to endow the ISIA Education Foundation Scholarships to be awarded in May 2010. What a great opportunity to make a difference and have some fun at the same time.

See you at the show! ●

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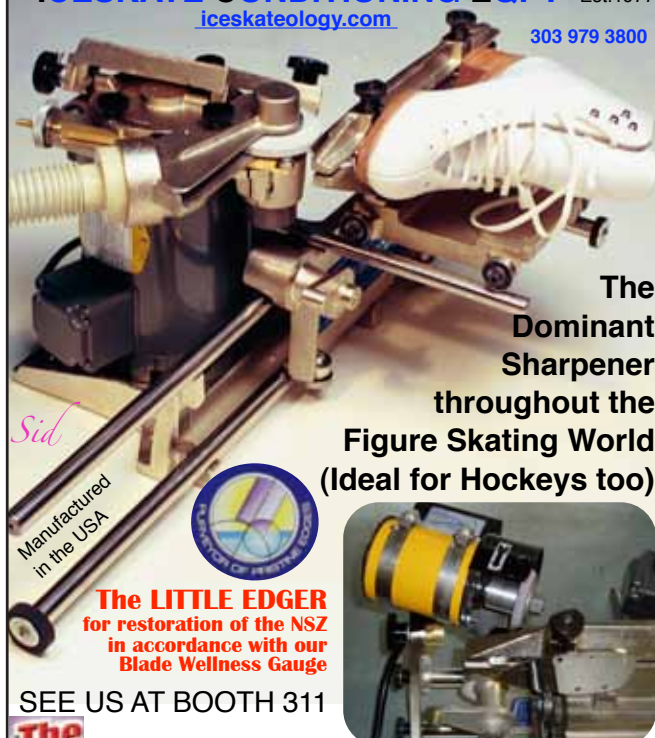
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**The INCREDIBLE EDGER**



# Be a part of the Benefit on Ice!

**Support the ISIA Education Foundation at Worlds 2009!**

**Friday, July 31 • 7pm • Sharks Ice at San Jose • San Jose, CA**



The ISIA Education Foundation Benefit on Ice Show is always the highlight of ISI Worlds week, and this year will be no exception.

The Benefit Show scouting team will be observing competitors at all levels throughout the week, selecting participants to join in the Friday night ice skating extravaganza.

If you're selected, you'll have the unique privilege of sharing the program spotlight with ISI peers as well as a soon-to-be-announced champion guest skater. Previous featured guests have included such notable figure skating stars as Sasha Cohen, Evan Lysacek, Emily Hughes and Mirai Nagasu.

Whether you're on the ice or in the stands, this year's Benefit on Ice will be an evening you won't forget.

**Seating is limited.  
Reserve your tickets now!**

**\$22** before July 17

**\$25** at the door (if not sold out)

**\$20** group sales (25 or more tickets through the ISI office prior to July 17)



**Friday, July 31 • 7pm • Sharks Ice at San Jose • San Jose, CA**

**Payment Method:**

- ☐ Check/Money Order
- ☐ Visa
- ☐ MasterCard
- ☐ Discover
- ☐ American Express

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*Mail form and payment to:*

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Number of tickets \_\_\_\_\_

Total \$ \_\_\_\_\_

\_\_\_\_\_  
Name for ticket pickup at registration

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Signature

# Artistic Challenge

## Skaters Glide into the Spotlight

Dec. 5-7, 2008  
Pickwick Ice Center • Burbank, Calif.

by Lori Fairchild

Participation in the ISI Artistic Challenge doubled in 2008, making it the biggest Artistic competition to date and demonstrating the appeal of showcasing creativity and enjoying a break from technical scores. Teams from as far away as Great Neck, N.Y. and Honolulu made the trip to Burbank, Calif. in December for the fourth annual Artistic Challenge.

The new Ensemble and Rhythmic Skating events, originally created specifically for Artistic Challenge, continue to grow in popularity, and were offered in 2008 for the first time at sev-

eral other ISI national events. Host team Pickwick Ice Center of Burbank, Calif. brought 97 skaters to Artistic Challenge and claimed first place in overall team points.

"This is such a great event because everyone is a 'star' out there having fun," said Pickwick's Joan Chanel, the oldest Artistic Challenge participant at age 67. "It seemed to be not so much about the medals, but the love of skating and performing! Everyone felt like a winner, young and old cheering for each other. That's what skating is all about. The audience was given a great show. Thank you so much, ISI, for this competition!"

The 2009 Artistic Challenge is set for Dec. 4-6 in Fort Myers, Fla. ●

### 2008 Artistic Challenge Final Standings

For a complete list of results, go to [www.skateisi.org](http://www.skateisi.org).

PLACE	ARENA	POINTS
1	Pickwick Ice Center	547.5
2	Ontario Ice Skating Center	377.5
3	Athletic Arts Academy	294.5
4	Ice Station Valencia	239.5
5	Pasadena Ice Skating Center	183.0
6	KHS Ice Arena	169.0
7	Iceland	120.5
8	Culver Ice Arena	109.0
9	Toyota Sports Center	97.0
10	Channel Islands Ice Center	90.0

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# 2008 ISI ARTISTIC CHALLENGE



# Adult Champs Making Miracles on Ice at Lake Placid

by Dianne Powell



Watching Olympic skaters gracefully glide across shimmering ice, completing complicated maneuvers with style and seeming ease as euphoric smiles of accomplishment brighten their faces causes ice skaters of all levels to dream of what could be or might have been. Olympic dreams are contagious and spring eternal in skating enthusiasts of all ages. For adult skaters in the 2009 ISI Adult Championships, the fantasy of skating on Olympic ice can come true Oct. 2-4 at the Olympic Center in Lake Placid, N.Y. This will mark the first time

and Dorothy Hamill; and Olympic gold medalist Sarah Hughes. Lake Placid's Olympic Center also offers hockey, curling, concerts and other events and is the site of the Olympic Oval, where speed skater Eric Heiden won five Olympic gold medals.

ISI Adult Championships skaters will not only have the unique opportunity to skate in a venue shared by skating legends, they'll also get to tour the 1932 and 1980 Winter Olympic Museum with its video booths, exhibits and equipment used by some of the world's greatest athletes.

Imagine the photographic images of you in this Olympic village that you'll share with friends back home. Look forward to donning your Adult Championships medals and telling your friends, "I own a place in history with the skating greats; I competed at Lake Placid. I made my own 'Miracle on Ice.'"

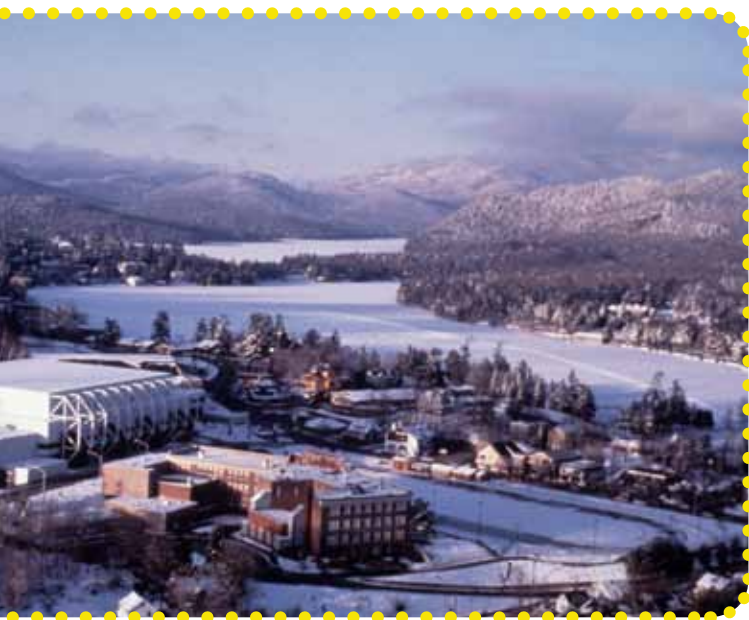
As if skating on Olympic ice weren't enough enticement to join the fun at the 2009 ISI Adult Championships, you'll enjoy the added treat of a magnificent natural setting. "Breathtaking," "spectacular" and "stunning" are descriptions often afforded the Adirondack Mountains. Moderate weather with highs in the upper 50s and colorful autumn foliage make October a fabulous time of year to visit Lake Placid.

Soak up the grandeur of the natural surroundings, partake in nature's beauty by hiking beautiful trails and reward yourself with stunning views in a drive up Whiteface Mountain Veterans Memorial Highway, the only road that takes you to the top of an Adirondack High Peak.

Be sure to allow time to tour the various impressive Olympic venues such as: the Ski Jumping Complex with its stately towers; the Freestyle Aerial Training Center with its 75 0,000-gallon pool used for training freestyle aerials, skiing and snowboarding; and the Olympic Sports Complex, home of the bobsled/luge/skeleton run and other events.

The entry deadline for the 2009 ISI Adult Championships is Aug. 15. Be sure to register for the new Open Freestyle events, which are being offered at Adult Champs for the first time. These new events do not have any required skating maneuvers, so skaters can choose their best moves as long as they follow the maneuver limitation levels. See all the new Open Freestyle event details in this issue's Competitors' Corner.

The medals you take home are sure to be accompanied by treasured memories of an event where, in the spirit of true Olympians, you put forth your best efforts in a legendary location and a competition filled with fantastic fun, athletic fellowship and adult camaraderie. ●



an ISI national event has been held at the historic arena in this picturesque Adirondack village.

Lake Placid was the site of two Winter Olympics: in 1932, when figure-skater-turned-movie-star Sonja Henie won the second of her three Olympic gold medals, and in 1980, when the U.S. Olympic hockey team upset the Soviets to take the gold in what is now widely known as the "Miracle on Ice."

Lake Placid has helped hone the skills of legendary skaters and coaches such as: Ron Ludington, a four-time U.S. pairs champion and 1960 Olympic bronze medalist who spent 10 summers coaching at Lake Placid; Gus Lussi, who coached Dick Button



# ISI Adult Championships

Oct. 2-4

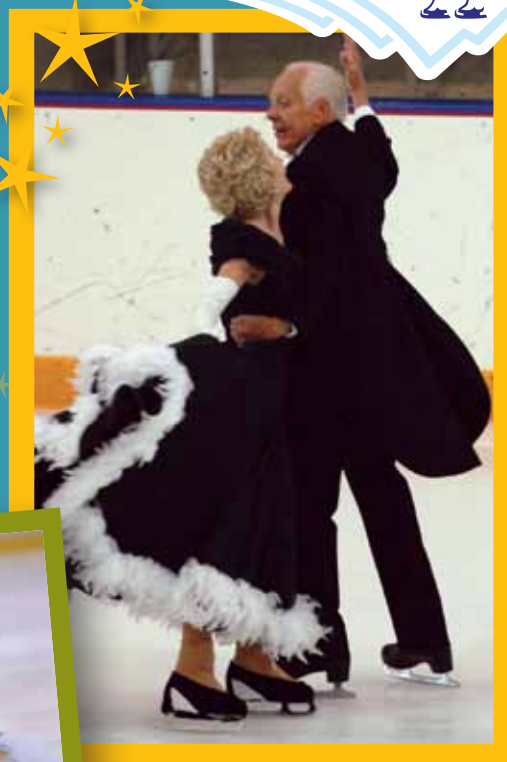
Entry deadline: Aug. 15

Join us at the Olympic Center in Lake Placid and make your own "Miracle on Ice"!

ISI adult skaters are a special breed. They find joy in recreational ice skating, each other's company, this fun annual event and life itself – and it shows! Make your own tracks in the same place where "The Miracle on Ice" happened in 1980, with the U.S. hockey team's surprise victory over the Soviet Union, and where, in 1932, Sonja Henie won her second of three consecutive gold medals. Visit the on-site 1932 and 1980 Lake Placid Winter Olympic Museum. Take in the Adirondack mountain views, some Main Street shopping, a spa visit. And, as you always do, have the time of your life!

## FOR MORE INFORMATION

[skateisi.org](http://skateisi.org)  
[lakeplacid.com](http://lakeplacid.com)  
[orda.org](http://orda.org)



# Winter Classic Skaters Blaze a Trail to Dallas

Feb. 13-15, 2009  
Dr Pepper StarCenter • Plano, Texas

by Lori Fairchild

**N**early 760 ISI skaters ranging in age from 3 to 72 gathered at the Dr Pepper StarCenter and PSA StarCenter in the Dallas suburb of Plano, Texas for this year's Winter Classic.

The Ice Crystals of Eagan, Minn. made their 16-hour trip in a bus, but cramped quarters and lack of rest did not appear to have taken a toll on their enthusiasm for the big event. Others who traveled a great distance included teams from Michigan, Florida and Mexico.

Outstanding organization and many helping hands from the host facilities, ISI staff and other local participating arenas contributed to the smooth success of the Classic. Pleasant Dallas weather and that positive ISI spirit completed the Valentine's weekend package.

"We had so much fun at Winter Classic!" said Amy Carey, mother of 6-year-old Lauren Carey who skates at Dr Pepper StarCenter-Plano. "This was certainly a fun and bustling competition that continued to emphasize so many positive elements of the sport of figure skating. Lauren made some new friends, challenged herself and had fun. Congrats on a wonderful event!"

The competition schedule included a combined total of 2,180 individual and team entries, for more than 75 hours of competition over three days on three rinks. Next year, the 25th Annual ISI Winter Classic will be held Feb. 12-14 in Anaheim, Calif. ●

## 2009 Winter Classic Final Standings

For a complete list of results, go to [www.skateisi.org](http://www.skateisi.org).

PLACE	ARENA	POINTS
1	PSA StarCenter	922.5
2	Galleria Ice Skating Center	642.5
3	Dr Pepper StarCenter-Plano	616.5
4	Tampa Bay Skating Academy Countryside	550.5
5	ICE at The Parks	498.5
6	Dr Pepper StarCenter-Farmers Branch	483.5
7	Dr Pepper StarCenter-Duncanville	438.5
8	Capitol of Texas Figure Skating Club	413.5
9	Arkansas Figure Skating Association	352.0
10	K Lynn Skating School	329.5

## 2009 MIAMI UNIVERSITY summer skating camps

### Elite Synchronized Skating Camp

- July 12-17, 2009

### Figure Skating Camps

- July 19-24, 2009

- July 26-31, 2009

*\*\*ISI Testing each week & USFS Test Session July 31 & August 1!\*\**

### Synchronized Skating Camp

- August 2-7, 2009

FOR MORE INFORMATION & APPLICATIONS VISIT:

**[www.ice.muohio.edu](http://www.ice.muohio.edu)**

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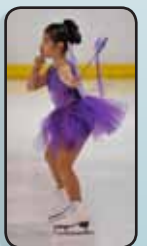
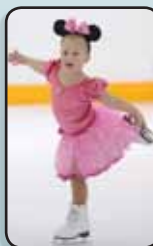
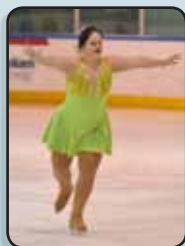
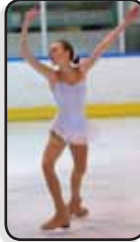
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# 2008 ISI WINTER CLASSIC





# ISI World Recreational Team Championships



Sharks Ice at San Jose • San Jose, Calif.  
July 27-Aug. 1

Entry & Test Deadline: May 1

**ISI skaters know the way  
to San Jose, where the fun  
never stops!**

San Jose may be the capital of Silicon Valley, but it's so much more than microchips. It boasts a cityscape made for strolling, featuring colorful corridors, a vibrant farmers' market and sidewalk dining. Go festival hopping, check out America's largest open-air flea market or spend a day at the Great America theme park. But the best reason to visit San Jose in 2009 is ISI Worlds, hosted by Sharks Ice at San Jose, the largest ice skating facility west of the Mississippi and the official training facility of the NHL's San Jose Sharks.

## FOR MORE INFORMATION

skateisi.org  
sanjose.org  
sharksiceatsanjose.com







**by Randy Winship**  
ISI Director of Skating  
Programs & Events

# Celebrate! with Us!

**T**he Ice Skating Institute is 50 years old and we're having a special celebration year — just for you! I hope you are planning to join us for our special 50th Anniversary Skating Championships competition event May 23-25 in Orlando. What better place for a holiday celebration? Even if you won't be in Orlando, we have some big surprises for all ISI skaters this year.

Have you heard about the new Open Freestyle tests? All Freestyle skaters will now have a choice: follow our traditional Freestyle 1-10 test program or use the new ISI Open Freestyle test program. Skaters who have already passed any ISI Freestyle-level tests can also choose to participate in this new test program. In fact, you can do both the traditional test levels and the new Open Freestyle test levels!

One great new benefit is that U.S. Figure Skating skaters who have already passed the Pre-Preliminary, Adult Pre-Bronze or any higher tests and wish to compete in ISI Freestyle events do not need to pass any previous ISI tests. In the past, the ISI Alpha-Delta and individual Freestyle-level tests were required

before USFS skaters could compete at a higher Freestyle level — but not anymore! They only have to take one of the new Open Freestyle tests corresponding to their current USFS test level.

Each skater taking these new tests must be a current ISI Individual or Professional member. All skaters who have not passed USFS Pre-Preliminary, Adult Pre-Bronze or ISI Freestyle 1 test must pass the ISI Alpha-Delta tests before taking the Bronze test.

Another great aspect of these new Open Freestyle tests is that you have the option of choosing the required maneuvers you do best. While you still have to complete all types of skating maneuvers to pass the tests, you can choose your best jump or best spin within each test-level category.

These new tests have the same format, guidelines and general rules as the current ISI Freestyle tests. Each test level consists of two parts: the compulsory maneuvers and the program portion. Skaters must pass the compulsory maneuvers before attempting the program portion of the test. Only one current ISI Professional member is required to judge and pass this equivalency test.

*Continued on page 20*

If the skater has already passed ISI Freestyle tests:	If the skater has already passed USFSA Free Skate tests:	New Open Freestyle level* will be:
<b>Delta or Freestyle 1-3</b>	Pre-Preliminary Adult Pre-Bronze Adult Bronze	Bronze test
<b>Freestyle 4-5</b>	Preliminary Pre-Juvenile Adult Silver	Silver test
<b>Freestyle 5-6</b>	Juvenile Intermediate Adult Gold	Gold test
<b>Freestyle 7-10</b>	Novice Junior Senior	Platinum test

\* Skaters can participate in a higher level, but not a lower level, based on the test equivalents.

## ***ISI Bronze Freestyle Test***

1. Any two jumps from Freestyle 1-3 levels – can be done solo or in combination
2. One additional jump combination with any two jumps from Freestyle 1-3 levels
3. Two spins or spin combinations – can include upright 2-foot or 1-foot and change-foot spins only
4. Two different arabesques – can be forward or backward and on different feet and/or different edges
5. Dance step sequence – either the Freestyle 2 or Freestyle 3 dance step sequence or at least 10 steps of the skaters' own design and pattern. Should include variety of 3-turns and Mohawks.

***Solo program duration:*** 2:00 minutes including all of these required maneuvers and any additional maneuvers from Freestyle 3 and below

Specific passing standard descriptions for the required maneuvers from the current ISI Freestyle 1-10 test maneuvers can be found in the 2008 edition of the *Skaters and Coaches Handbook*.

## ***ISI Silver Freestyle Test***

1. Any two jumps from Freestyle 4-5 levels – can be done solo or in combination
2. One additional jump combination with any two jumps from Freestyle 4-5 levels
3. Two spins or spin combinations – can include upright/sit/camel positions. One spin must be a combination spin with a change of position or a sit spin or a camel spin.
4. Two backward arabesques – must be on different feet
5. Dance step sequence – either the Freestyle 4 or Freestyle 5 dance step sequence or at least 16 steps of the skater's own design and pattern. Should include turns such as: 3-turns, Mohawks, brackets, Choctaws, etc.

***Solo program duration:*** 2:00 minutes including all of these required maneuvers and any additional maneuvers from Freestyle 5 and below

## ***ISI Gold Freestyle Test***

1. Any two jumps from Freestyle 5-6 levels – can be done solo or in combination
2. One additional two-jump combination with the first jump from Freestyle 5-6. The second jump can be from a lower level
3. Two spins – one must be a combination spin with change of foot, but cannot include any flying spin
4. Dance step sequence – either the Freestyle 5 or Freestyle 6 dance step sequence or a straight line or serpentine pattern footwork sequence covering the length of the ice of the skaters' own design. Should include a variety of turns and edges along with excellent control, flow and speed.

***Solo program duration:*** 3:00 minutes including all of these required maneuvers and any additional maneuvers from Freestyle 6 and below

### ***Note on Jump Requirements***

All jump requirements for these tests can have the same jump(s) repeated for different test requirements.

## ***ISI Platinum Freestyle Test***

1. Any two jumps (or jump sequence requirement) from Freestyle 7-10 levels – can be done solo or in combination
2. Two additional jump combinations with at least one double jump in each combination
3. Two spins – one must be a flying camel or flying sit spin
4. One spin combination with at least three different positions and one change of foot
5. Dance step sequence – either the Freestyle 7, Freestyle 8 or Freestyle 9 dance step sequence, or a footwork sequence covering the length of the ice of the skater's own design and pattern. Should include a variety of turns and edges along with superior control, flow and speed.

***Solo program duration:*** 4:00 minutes including all of these required maneuvers and any additional maneuvers



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# FOCUS ON

## NEW OPEN FREESTYLE EVENTS

### After you pass one of the new Open Freestyle tests, then what can you do?

You can compete in the new Open Freestyle competition events at the Bronze, Silver, Gold or Platinum level. *All ISI skaters who have already passed the traditional Freestyle 1-10 test levels are not required to pass any additional test before they can also compete in the new corresponding level for the Bronze, Silver, Gold and Platinum Open Freestyle events.*

For the Open Freestyle competition events, **there are no required maneuvers.**

- Bronze-level skaters can do any maneuvers from Freestyle 3 and below.
- Silver-level skaters can do any maneuvers from Freestyle 5 and below.
- Gold-level skaters can do any maneuvers from Freestyle 6 and below.
- Platinum-level skaters can do any maneuvers.

These competition event programs should be well balanced and have the same duration times as the test-level requirements. Even though some duration times for these new levels are slightly longer than the traditional ISI Freestyle events, all ISI Freestyle skaters can use the same Freestyle program to compete in this new event category since there is never any penalty in ISI competitions for skating under the prescribed duration time. Because there is no score for “extra content” in the new Open Freestyle events, the slight difference in duration times won’t be a factor in the overall quality of the program.

The following judging criteria will be used for the new Open Freestyle events: correctness, variety of moves, music interpretation, choreography and pattern, posture, presentation, duration and general overall.

### So you also want to participate in other ISI competition events such as Artistic, Footwork, Interpretive, Spotlight, Solo Compulsories and Rhythmic Skating?

No problem! You can sign-up for any or all of these events in the Bronze, Silver, Gold or Platinum levels by following the performance rules for each event. The only ISI Freestyle-level competition events you cannot do by only passing the Bronze, Silver, Gold or Platinum tests are the individual Freestyle events — such as Freestyle 1, 2, 3, etc.

The ISI competition director now has the option to group entries into Bronze, Silver, Gold and Platinum categories for the following ISI events:

- Artistic
- Footwork
- Spotlight
- Solo Compulsories
- Interpretive
- Rhythmic

For example, entries can be grouped with “Artistic 1-2-3” skaters together and with “Artistic Bronze” skaters together in separate groups, or they can be combined into a single “Artistic Bronze” event group. The competition event groups can be further divided based on the entries received and the age of the skaters with no more than nine competitors in any event group.

### The event divisions are:

- Bronze - Freestyle 1-3 skaters and Bronze-level skaters
- Silver - Freestyle 4-5 skaters and Silver-level skaters
- Gold - Freestyle 5-6 skaters and Gold-level skaters
- Platinum - Freestyle 7-10 skaters and Platinum-level skaters

**Note:** ISI Freestyle 5 skaters have a choice of competing in the Silver or Gold event level for each event, i.e. Open Freestyle, Artistic, Spotlight, Interpretive, etc. They must stay in the same level (Silver or Gold) for all events at the same competition.

**Solo Compulsory events** – If skaters who have only passed the Open Freestyle tests want to compete in a Solo Compulsory event, they must skate in the corresponding levels listed below:

- Bronze - Solo Compulsory Freestyle 3
- Silver - Solo Compulsory Freestyle 5
- Gold - Solo Compulsory Freestyle 6
- Platinum - Choose any Freestyle 7-10 level on the entry form for that competition event.

You think that’s a lot of new stuff? Well, you’re right! We’ve already received many phone calls from excited coaches and skaters about these new tests and the new competition events.

### 2009 Competition Event Rule Revisions

All ISI skaters and coaches should carefully check the new duration times and maneuver limitations for some ISI events. For all ISI competitions before May 1, the competition director has the option of including these new revisions, so be sure to check with them before you change your current programs. After May 1, these changes are mandatory for all ISI competitions. (See pages 23-25 for the 2009 Rule Revisions.)



# 2009 ISI Rule Revisions

In addition to the new Open Freestyle tests and competition events, the following 2009 Revisions are optional for ISI competitions after Jan. 1 and mandatory after May 1, 2009.

*Changes for 2009 noted in color.*

These new revisions will now make all of our competition events consistent within the same levels. With the announcement of our new Open Freestyle tests and competition events, these changes will also allow more crossover participation in more ISI competition events.

**Please note:** Even though some duration times below have increased, it is still possible for all skaters to use their current program routines since there is never any penalty for skating under the prescribed event duration times.

In the events below with a new longer duration time, there is no “extra content” or technical score, so using a shorter program for those events will not affect the judging of the program.

1. Skaters who have passed the USFS Juvenile Free Skate test can compete **no lower than ISI Freestyle 6 level.**
2. Skaters who have passed the USFS Adult Pre-Bronze Free Skate test can compete **no lower than ISI Freestyle 2 level.**

## 3. SOLO SPOTLIGHT divisions will be as follows:

Category	Test Levels	Duration	Maneuver Limitations
Low	Tots - Delta	1.0	FS1 and below
Medium	Freestyle 1-3 / Open Bronze	<b>1.5</b>	FS4 and below
Intermediate	Freestyle 4-5 / Open Silver	1.5	<b>FS6 and below</b>
High	Freestyle 6-10 / Open Gold / Open Platinum	2.0	Any maneuvers

## 4. COUPLES SPOTLIGHT divisions will be as follows:

Category	Test Levels	Duration	Maneuver Limitations
Low	Tots - Delta	1.0	FS1 and below
Medium	Freestyle 1-3 / Open Bronze	1.0	FS4 and below
<b>Intermediate</b>	<b>Freestyle 4-5 / Open Silver</b>	<b>1.5</b>	<b>FS6 and below</b>
High	Freestyle 6-10 / Open Gold / Open Platinum	<b>2.0</b>	Any maneuvers

## 5. ARTISTIC EVENT divisions will be as follows:

Test Levels	Duration	Maneuver Limitations
Freestyle 1-3 / Open Bronze	1.5	<b>FS4 and below</b>
Freestyle 4-5 / Open Silver	1.5	<b>FS6 and below</b>
Freestyle 6-10 / Open Gold / Open Platinum	2.0	Any maneuvers

## 6. RHYTHMIC SKATING EVENT divisions will be as follows:

Test Levels	Duration	Maneuver Limitations
Freestyle 1-3 / Open Bronze	1.0	FS4 and below
Freestyle 4-5 / Open Silver	1.5	<b>FS6 and below</b>
Freestyle 6-10 / Open Gold / Open Platinum	2.0	Any maneuvers

## 7. INTERPRETIVE EVENTS – the following maneuver limitations will apply:

Test Levels	Maneuver Limitations
Pre-Alpha - Delta	<b>FS1 and below</b>
Freestyle 1-3 / Open Bronze	<b>FS4 and below</b>
Freestyle 4-5 / Open Silver	<b>FS6 and below</b>
Freestyle 6-10 / Open Gold / Open Platinum	Any maneuvers

*Continued on page 24*

## 8. SYNCHRONIZED SKATING AND SYNCHRONIZED FORMATION EVENTS – The 5 basic elements (Block, Circle, Line, Intersection and Wheel) will each be added in both events as a separate Judge Criteria score.

If more than one of the same element is skated during the routine, as for all other ISI competition events, the **best performance** will be used as the element score and the additional elements will be scored under Technical Merit or Correctness.

There are many variations of each element. The descriptions below are the minimum requirements. If performed well, adding features such as step sequences, changes of hold, changes of configuration, changes of rotation and traveling can increase the difficulty of the element.

**Block:** An element where skaters are arranged in a minimum of 3 lines. The lines may be a straight, diagonal, curved or circular pattern. The lines of skaters should be straight with all skaters evenly spaced.

**Circle:** The shape should be round with even spacing between the skaters. There should not be any pulling or tugging between skaters.

**Line:** The line can be skated in one straight line, parallel lines, diagonal lines, etc.

**Intersection:** Any element where one half of the team intersects the other half of the team. No backward spirals are allowed.

**Wheel:** An element where all of the skaters rotate around a common center point. It can be done in different formations including 2-, 3-, 4- and 5-spoke wheels and parallel wheels. All spokes of the wheel should be straight and the lean of the skaters should be in the same direction.

## 9. SYNCHRONIZED FORMATION COMPULSORY EVENTS – Each element below is to be performed only one time, in any order. If performed more than once, as per all other ISI competition events, the **first performance** will be scored. Extra elements can be performed but won't be judged. Vocal music is acceptable.

**Forward Line:** Must be performed in shoulder hold to cover **at least half** of the ice surface and consist only of forward strokes or marching.

**Forward Circle:** No change from the previous requirement description.

**Forward Two-Spoke Wheel:** No change from the previous requirement description

**Forward Block:** Must be performed in shoulder hold covering **at least half** of the ice surface. Any forward skating steps may be performed; however, no additional moves such as arabesques, lunges, bunny hops, etc. are allowed.

## 10. SYNCHRONIZED SKATING COMPULSORY EVENTS – Each element below is to be performed only one time, in any order. If performed more than once, as per all other ISI competition events, the **first performance** will be scored. Extra elements can be performed but won't be judged. Vocal music is acceptable.

**Line:** No change from the previous requirement description.

**Footwork Block:** A block of at least three lines consisting of any skating steps and turns that covers the length of the ice. The block may change direction, and changes of hold are also permitted.

**Circle:** No change from the previous requirement description.

**Wheel:** No change from the previous requirement description.

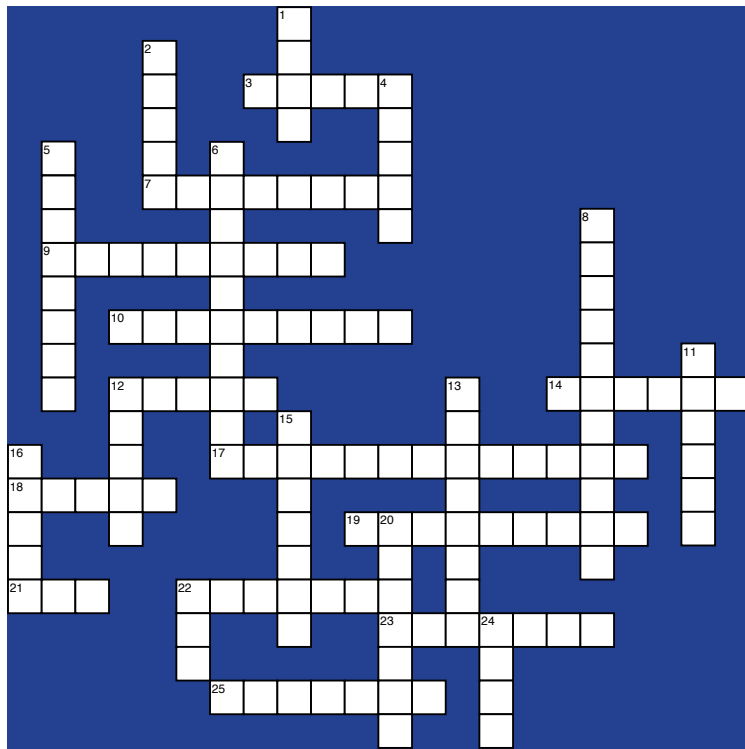
**Intersection:** Any intersection or combination of intersections in which one half of the team moves through the other half of the team. If multiple intersections are performed, they must be continuous. Team members may perform different steps.



# 2009 ISI Competition Events

TEST LEVELS	Artistic Duration	Artistic Maneuvers	Footwork Duration	Spotlight Duration	Spotlight Maneuvers
Tots	<i>n/a</i>	<i>n/a</i>	<i>n/a</i>	1.0	FS1 & below
Pre-Alpha	<i>n/a</i>	<i>n/a</i>	<i>n/a</i>	1.0	FS1 & below
Alpha	<i>n/a</i>	<i>n/a</i>	<i>n/a</i>	1.0	FS1 & below
Beta	<i>n/a</i>	<i>n/a</i>	<i>n/a</i>	1.0	FS1 & below
Gamma	<i>n/a</i>	<i>n/a</i>	<i>n/a</i>	1.0	FS1 & below
Delta	<i>n/a</i>	<i>n/a</i>	<i>n/a</i>	1.0	FS1 & below
FS 1	1.5	FS4 & below	1.0	1.5	FS4 & below
FS 2	1.5	FS4 & below	1.0	1.5	FS4 & below
FS 3	1.5	FS4 & below	1.0	1.5	FS4 & below
Open Bronze	1.5	FS4 & below	1.0	1.5	FS4 & below
FS 4	1.5	FS6 & below	1.0	1.5	FS6 & below
FS 5	1.5	FS6 & below	1.0	1.5	FS6 & below
Open Silver	1.5	FS6 & below	1.0	1.5	FS6 & below
Open Gold	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS 6	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS 7	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS 8	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS 9	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS 10	2.0	Any maneuvers	1.0	2.0	Any maneuvers
Open Platinum	2.0	Any maneuvers	1.0	2.0	Any maneuvers

TEST LEVELS	Rhythmic Duration	Rhythmic Maneuvers	Interpretive Maneuvers	Couple Spotlight Levels	Couple Spotlight Duration	Couple Spotlight Maneuvers
Tots	<i>n/a</i>	<i>n/a</i>	<i>n/a</i>	Low	1.0	FS1 & below
Pre-Alpha	<i>n/a</i>	<i>n/a</i>	FS1 & below	Low	1.0	FS1 & below
Alpha	<i>n/a</i>	<i>n/a</i>	FS1 & below	Low	1.0	FS1 & below
Beta	<i>n/a</i>	<i>n/a</i>	FS1 & below	Low	1.0	FS1 & below
Gamma	<i>n/a</i>	<i>n/a</i>	FS1 & below	Low	1.0	FS1 & below
Delta	<i>n/a</i>	<i>n/a</i>	FS1 & below	Low	1.0	FS1 & below
FS 1	1.0	FS4 & below	FS4 & below	Medium	1.0	FS4 & below
FS 2	1.0	FS4 & below	FS4 & below	Medium	1.0	FS4 & below
FS 3	1.0	FS4 & below	FS4 & below	Medium	1.0	FS4 & below
Open Bronze	1.0	FS4 & below	FS4 & below	Medium	1.0	FS4 & below
FS 4	1.5	FS6 & below	FS6 & below	Int.	1.5	FS6 & below
FS 5	1.5	FS6 & below	FS6 & below	Int.	1.5	FS6 & below
Open Silver	1.5	FS6 & below	FS6 & below	Int.	1.5	FS6 & below
Open Gold	2.0	Any maneuvers	Any maneuvers	High	2.0	Any maneuvers
FS 6	2.0	Any maneuvers	Any maneuvers	High	2.0	Any maneuvers
FS 7	2.0	Any maneuvers	Any maneuvers	High	2.0	Any maneuvers
FS 8	2.0	Any maneuvers	Any maneuvers	High	2.0	Any maneuvers
FS 9	2.0	Any maneuvers	Any maneuvers	High	2.0	Any maneuvers
FS 10	2.0	Any maneuvers	Any maneuvers	High	2.0	Any maneuvers
Open Platinum	2.0	Any maneuvers	Any maneuvers	High	2.0	Any maneuvers



### Across

- 3 At ISI National events, everyone wins one
- 7 The term used for forward skating
- 9 Can be done either direction in FS2 and FS3
- 10 A game played on ice in tennis shoes
- 12 An animal and a spin name
- 14 A hockey player needs this for protection
- 17 Congratulating your competitors is good
- 18 

---
- 18 What you get when you pass an ISI test
- 19 Costumes and props are welcome in this event
- 21 Do this after skating or your blades will rust
- 22 The ice rink is a great place to make these
- 23 Hockey skates don't have this
- 25 When 8-24 skaters skate together in matching outfits

**Down**

- 1 A 1 1/2 revolution jump on FS5  
2 Each blade has two of these  
4 A Delta move with a straight leg extended  
behind  
5 The Dutch Waltz and Fiesta Tango, for  
example  
6 Done forward and backward on Alpha and  
Beta levels  
8 There are over 70 variations of this number  
made on ice  
11 Be on time for this  
12 Your instructor is also your \_\_\_\_\_  
13 \_\_\_\_\_ makes perfect  
15 An event you can do with a friend  
16 A \_\_\_\_\_ skate has a very long blade  
20 A straight back, head up and soft arms  
22 Skate for the \_\_\_\_\_ of it!  
24 What a hockey player shoots into the net

DOWN: 1. Axel 2. edges 4. lunge 5. ice dance 6. crossovers 8. figure eight 11. lesson 12. coach 13. practice 15. couples 16. speed 20. posture 22. fun 24. puck

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ANSWERS: 1. Boy's skates 2. Mother's eyes are open 3. Spots on boy's sweater 4. Girl's skirt 5. Laces missing on Dad's skates 6. Plane in sky 7. Pocket on Dad's shirt 8. Boy's collar 9. Mother's hairband 10. Dad's hair



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# Calendar

ISI-endorsed competitions & shows/exhibitions  
Deadline for the next RIS calendar: April 15

## competitions

### march

#### 20-22 Pleasant Prairie WI

Pleasant Prairie IcePlex  
District 8 Team Championships

#### 21-22 Fairview Heights IL

US Ice Sports Complex  
8th Annual Spring Fling Invitational

#### 21-22 Annapolis MD

Brigade Sports Complex  
Skate Annapolis 2009

#### 22 Dallas TX

Galleria Ice Skating Center  
25th Annual State of Texas ISI Team Competition

#### 27-29 Riverside CA

Ice Town  
Riverside Open

#### 27-29 Hartland MI

Hartland Ice House  
Spring Fling

#### 28-29 Peoria IL

Owens Recreation Center  
Spring Thaw 2009

#### 28-29 Yorktown VA

Hampton Roads IcePlex  
2nd Annual Spring Fling

#### 28-29 San Francisco CA

Yerba Buena Ice Skating Center  
Golden Gate Skate

#### 29 Franklin Park IL

Franklin Park Ice Arena  
KICKLine Synchronized Skating Competition

### april

#### 3-5 Knoxville TN

Ice Chalet  
40th Annual Robert Unger ISI Competition

#### 3-5 Tacoma WA

Sprinker Recreation Center  
22nd Annual ISI Spring Fever Team Competition

#### 3-5 Orleans MA

Charles Moore Arena  
31st Annual ISI Team Competition

#### 4-5 Anaheim CA

KHS Ice Arena  
Jump Into Spring Annual ISI Open Competition

#### 4-5 Saratoga Springs NY

Saratoga Springs FSC  
12th Annual Saratoga Springs Invitational

#### 4-5 Soldotna AK

Soldotna Sports Center  
Riverskate

#### 4-5 Little Falls NJ

Floyd Hall Arena  
District 3 Skate for Knowledge Championships

#### 4-5 Newark DE

University of Delaware Ice Arena  
ISI District 4 Championships

For regular calendar updates,  
see [www.skateisi.org](http://www.skateisi.org),  
Event Info

#### 5 Geneva IL

The Skate School LLC @ Fox Valley  
Spring Invitational

#### 17-18 Casper WY

Casper Ice Arena  
8th Annual ISI Late Skate



#### 17-19 Chicago IL

Arctic Ice Arena  
ISI Synchronized Championships

#### 18 Delmont PA

Center Ice Arena  
Golden Blades Championship

#### 18 Dimondale MI

The Skate School LLC @ The Summit  
The Skate School LLC Spring Invitational

#### 18-19 Van Nuys CA

Iceland  
6th Annual ISI Open

#### 18-19 Lynchburg VA

LaHaye Ice Center  
1st Annual iSkate Competition

#### 19 Odenton MD

Piney Orchard Ice Arena  
Reach for the Stars Spring Invitational

#### 24-25 Boxborough MA

Nashoba Valley Olympia  
Nashoba ISI Annual Skating Competition

#### 24-26 El Segundo CA

Toyota Sports Center  
Spring Fling 2009

#### 25-26 Franklin Park IL

Franklin Park Ice Arena  
Spring Fever

#### 25-26 San Mateo CA

Ice Center San Mateo  
April Ambush

#### 25-26 Reston VA

SkateQuest  
Blossom Skate 2009

#### 25-26 Johnstown PA

Planet Ice  
Spring Challenge Championship

### may

#### 1-3 Sherwood OR

Sherwood Ice Arena  
Spring Classic

#### 2-3 Fairfax VA

Fairfax Ice Arena  
2009 Spring ISI Competition

#### 2-3 Pasadena CA

Pasadena Ice Skating Center  
25th Annual ISI Open Competition

#### 16-17 Panorama City CA

Valley Ice Center  
Valley Ice Center Spring Open

#### 16-17 Duncanville TX

Dr Pepper StarCenter Duncanville  
2009 ISI District 11 Championships

#### 23-24 San Diego CA

San Diego Ice Arena  
San Diego ISI Open Competition



#### 23-25 Orlando FL

RDV Sportsplex Ice Den  
ISI 50th Anniversary Skating Championships

### june

#### 5-7 New York NY

Sky Rink @ Chelsea Piers  
23rd Annual ISI Team Competition

#### 19-21 Clearwater FL

Clearwater Ice Arena  
23rd Annual ISI Competition

### july

#### 9-11 Honolulu HI

Ice Palace  
2009 ISI Hawaiian Open



#### 27-Aug. 1 San Jose CA

Sharks Ice at San Jose  
ISI World Recreational Team Championships

#### 29-Aug. 2 Colorado Springs CO

World Arena and Ice Hall  
State Games of America

### august

#### 1 Gurnee IL

Rink Side Family Entertainment Center  
The Summer Chiller

#### 8 Orland Park IL

Arctic Ice Arena  
3rd Annual Arctic Heat Wave

### september

#### 11-13 Clearwater FL

Clearwater Ice Arena  
District 18 Championships

#### 18-20 Arlington TX

ICE at The Parks  
6th Annual Open Competition



## october



**2-4 Lake Placid NY**  
Olympic Center  
ISI Adult Championships

**24 Simi Valley CA**  
Iceoplex Simi Valley  
7th Annual ISI Open Competition  
**24-25 Rockland MA**  
Winterland Skating School  
23rd Annual Halloween Classic

## november

**6-8 Montgomery AL**  
K Lynn Skating School  
1st Annual Competition

## december



**4-6 Fort Myers FL**  
Fort Myers Skatium  
ISI Artistic Challenge

## shows & exhibitions

### march

**20-21 Luverne MN**  
Blue Mound Ice Arena  
Melodies on Ice  
**20-21 Norwich CT**  
Norwich Skating School  
Dorothy's Journey Through OZ  
**20-22 Oak Park IL**  
Ridgeland Common  
Awesome Action and Adventures  
**21 Springfield MA**  
FMC Ice Sports-Forest Park  
Anything Goes  
**21 Laconia NH**  
Central New Hampshire Skating Academy  
Spring Show  
**22 Bremerton WA**  
Bremerton Ice Center  
Dance thru the Decades 5th Annual Ice Show  
**22 Franklin MA**  
Franklin Blades Skating School  
Showtime '09  
**27-28 Joliet IL**  
Inwood Ice Arena  
Skate TV  
**28-29 Stevens Point WI**  
KB Willett Ice Arena  
One Hit Wonders on Ice

**29 Greensburg PA**  
Kirk S. Nevin Arena  
Aloha Skate  
**29 Fort Myers FL**  
Fort Myers Skatium  
Spring Spectacular

## april

**3-5 Jefferson City MO**  
Washington Park Ice Arena  
Continental Tours  
**4 Breckenridge CO**  
Stephen C. West Ice Arena  
Spring Skate Show: VMA's on Ice  
**5 Brentwood MO**  
Brentwood Ice Arena  
Once Upon the Ice... Dreams Come True  
**17-18 Carol Stream IL**  
Carol Stream Ice Rink  
Stars and Stripes  
**23-25 Champaign IL**  
University of Illinois Ice Arena  
Animation Celebration  
**24-25 Newark OH**  
Lou & Gib Reese Ice Arena  
Skate in High Definition  
**24-25 Rapid City SD**  
Roosevelt Park Ice Arena  
Viva Las Vegas  
**24-26 Park Ridge IL**  
Oakton Ice Arena  
Still Rockin' After 40 Years!  
**24-26 Chicago IL**  
McFetridge Sports Center  
Skating... In Color  
**24-26 Roseville MN**  
Roseville Skating Center  
40th Annual Everything's Coming Up Roseville  
**24-26 White Bear Lake MN**  
White Bear Lake Sports Center  
Dancin' Tunes Skate & Groove  
**24-26 Eden Prairie MN**  
Eden Prairie Community Center  
What's on Your iPod  
**26 Sioux Falls SD**  
Sioux Falls FSC  
United Skates  
**30-May 2 Minnetonka MN**  
Minnetonka Ice Arena  
35th Annual Silver Skates Revue

## may

**1-2 Downers Grove IL**  
Downers Grove Ice Arena  
Stars and Stripes  
**1-2 Minneapolis MN**  
Parade Figure Skating Club  
Instant Replay  
**1-3 Glenview IL**  
Glenview Ice Center  
36th Annual Ice Show  
**1-3 West Dundee IL**  
Leaf's Ice Centre  
Starry Starry Ice  
**2 Marlboro MA**  
FMC Ice Sports-Marlboro  
Summer Dance Party

**2 Simi Valley CA**  
Iceoplex Simi Valley  
Spring Fling  
**2 Tacoma WA**  
Sprinker Recreation Center  
ISI Camp Show Time-Hearts and Ice  
**2-3 Crestwood IL**  
Southwest Ice Arena  
Disco Skates  
**2-3 Cottage Grove MN**  
City of Cottage Grove Ice Arena  
Let's Dance  
**6-7 Honolulu HI**  
Ice Palace  
Cirque du Glace  
**8-10 Northbrook IL**  
Northbrook Sports Center  
Northbrook-On-Ice 2009  
**9 Geneva IL**  
The Skate School LLC @ Fox Valley  
Skating Across America  
**14-18 Skokie IL**  
Skatium  
Lights, Camera, Action  
**15-16 Indian Trail NC**  
Extreme Ice Center  
America on Ice  
**15-16 Peoria IL**  
Owens Recreation Center  
A Skate Down Main Street  
**15-17 Franklin Park IL**  
Franklin Park Ice Arena  
2009 Spring Show  
**15-17 Niles IL**  
Niles Park District Iceland  
Blades on Broadway  
**15-17 Wilmette IL**  
Centennial Ice Rinks  
Let the Good Times Roll  
**15-17 Evanston IL**  
Robert Crown Ice Center  
Skate by Numbers  
**17 Nashville TN**  
Centennial Sportsplex  
Spring Show  
**22-23 Orland Park IL**  
Arctic Ice Arena  
Frozen in Time: Back to the '80s  
**30 Wasilla AK**  
Brett Memorial Ice Arena  
Super Heroes & Their Scary Friends

## june

**13-14 Boxborough MA**  
Nashoba Valley Olympia  
Ice Magic  
**22 Arlington TX**  
ICE at The Parks  
Summer Time

## december

**7 Luverne MN**  
Blue Mound Ice Arena  
We'll Skate, You Donate  
**18-19 Simi Valley CA**  
Iceoplex Simi Valley  
Lion Kings on Ice  
**19 Arlington TX**  
ICE at The Parks  
Holiday in The Parks

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## Put Your *Best* Face Forward

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1. All photos **MUST** be shot on high resolution. Do not attempt to change the resolution of a photo in Photoshop — the camera itself must be set on high resolution when the photo is taken.
2. Notice your background. The cleaner the background, the better.
3. Skating is fun — so **SMILE!**
4. Do not mail prints. Only e-mailed photos can be accepted.
5. E-mail your photos by the requested deadline.

**Questions? Send them to [editor@skateisi.org](mailto:editor@skateisi.org).**

# 2009 ISI NATIONAL SKATING EVENTS



July 27-Aug. 1  
Sharks Ice at San Jose  
San Jose, Calif.  
Entry Deadline: May 1



Oct. 2-4  
Olympic Center  
Lake Placid, N.Y.  
Entry Deadline: Aug. 15



Dec. 4-6  
Fort Myers Skatium  
Fort Myers, Fla.  
Entry Deadline: Oct. 15



**Ice Skating Institute**

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