Time to Renew!
Only Current Members Can Compete in ISI Events!

Special Issue:
2011 ISI National Events Preview

Peel off this label and attach to your renewal card inside!
Oct. 8-10
Las Vegas Ice Center • Las Vegas, NV
Entry & Test Deadline: Aug. 15

ISI Adult Skaters Love Going for the Gold in Vegas!

No matter where they live, ISI adult skaters are willing to go the distance when their favorite skating competition is held at the ultimate adult playground: Vegas! This year’s Adult Championships schedule, over Columbus Day weekend, provides a little extra fun time. And the two-sheet Las Vegas Ice Center is located on West Flamingo Road, just blocks from The Strip!

FOR MORE INFORMATION
skateisi.org
visitlasvegas.com
lasvegasice.com

Schedule and venue subject to change.
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news & notes

Calling All College Students!

Whether your greatest skating accomplishment is a swizzle or a double Axel, going to college doesn’t mean you have to put your skating on hold. Stay fit and continue the enjoyment of pursuing the sport you love.

ISI’s new Open Freestyle events are a great way to develop your skating in a completely new way, regardless of your skating background. Of course, don’t forget Artistic, Footwork, Spotlight and Rhythmic to explore your creative side. Consider creating a new skating club on campus — all you need is one skater! The ISI Team Compulsory, Ensemble, Production and Synchro events make it easy to get others involved. Several new regional collegiate competitions are being planned for the upcoming season, so watch for one in your area.

These events will offer all of the opportunities, rewards and — most of all — ISI fun that you have come to know and love.

For more information on ways to get your college skating team up and running and get yourself back on the ice, contact Alane Swiderski, the ISI representative for colleges and universities, at aswiderski@fmcicesports.com.

ISI Pen Pal Program Is New & Improved

Registering for the ISI Pen Pal Program and making your pen pal selections just got easier. Simply go to the skaters’ page at skateisi.org and click on the Pen Pal button.

We will never publish your ISI member number or your e-mail address, and we NEVER share or sell our members’ e-mail addresses.

Pen pal requests cannot be processed without an ISI member number to verify membership and identity.

Membership Renewal

Have you renewed your ISI Individual membership for the 2010-11 season? The membership term is Sept. 1 through Aug. 31 for all ISI members, so please be sure to renew before Aug. 31 to keep your membership current and uninterrupted. Your membership is $15 or less per year, but provides you with many exclusive benefits, including this magazine and the ability to compete and perform in ISI-endorsed skating events. For more information, see page 12 of this issue or go to the skaters’ page at skateisi.org and click on the membership button.
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Artistic Challenge in the Windy City Will Blow You Away!

Chicago is always a popular destination for an ISI competition. This year, ISI skaters return to the Windy City for the sixth annual Artistic Challenge, the national ice skating event that invites you and your friends to show off your creative side without the pressure of technical scoring. It’s all about personal expression, showmanship, costumes, props — and real spotlights! This increasingly popular event is a prime example of ISI’s emphasis on “skating for the fun of it.”

Artistic Challenge is set for Dec. 10-12 at Northbrook Sports Center, one of the busiest sports venues on the North Shore and a previous ISI Worlds host. The complex’s amenities include two NHL-size rinks, dance rooms, a pro shop, concessions and much more.

If you live in or near the greater Chicago area, this is a convenient opportunity to participate in an ISI national competition in your own backyard. It’s also a perfect chance to share your legendary city with other ISI members who will be visiting from throughout the United States.

Chicagoland is an incredible, exciting place, and it’s especially delightful during the holiday season. How about shopping along Michigan Avenue while taking in more than a million holiday lights illuminating the Magnificent Mile? You’ll also find great food — be sure to try the famous Chicago deep-dish pizza! — and more amazing attractions than you can imagine, like the renowned Shedd Aquarium and the nearby Adler Planetarium & Astronomy Museum. It’s impossible to be hungry or bored in Chicago!

Make your travel plans now, but most important: Make sure to meet the Artistic Challenge entry and testing deadline of Oct. 15!
Meet Us in St. Louis for Winter Classic!

With the soaring Gateway Arch as your beacon, follow the Mighty Mississippi to St. Louis, then travel a short distance west to St. Peters Rec-Plex. This is where, come Feb. 11-13, you’ll find Winter Classic — one of ISI’s largest national competitions, featuring individual and group events for all ages — and Midwestern hospitality at its finest.

The Rec-Plex, just 30 minutes west of St. Louis, previously hosted the 1998 ISI Worlds and the 2008 ISI Synchronized Championships. A recent expansion nearly doubled its size to include two impressively equipped buildings in a park setting, with three NHL-size ice rinks and seating for 300 to 1,200 spectators.

Also known as the Heartland, St. Louis’ central location makes it a natural destination for a national event. It’s no wonder Lewis and Clark’s famous expedition started and ended here — and more than 200 years later, there’s still much to explore!

A visit to the Gateway Arch Riverfront is a must if you want to see the nation’s tallest manmade monument, the 630-foot Gateway Arch, which is precisely as wide as it is tall. You can ride an enclosed tram to the top for an amazing view of the city.

The Arch is just one of the marvels to be discovered in St. Louis. Did you know that the city’s 1,300-acre Forest Park is one of the largest urban parks in the world, bigger than even New York City’s Central Park? Known as “the soul of the city,” Forest Park is home to many of St. Louis’ most popular attractions, including even an outdoor ice rink for winter skating.

Don’t miss Winter Classic in the Heartland! Entry and testing deadline is Dec. 1.

If you’re stepping on the ice for the first time or you’re already a regular at the rink, count on Riedell for a comfortable and carefree experience.

What’s your favorite part about skating? Share your story at iSkateRiedell.com.

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Competition Results & The Bigger Picture

As the end of summer draws near and the fall skating season is about to begin, it’s time to start gearing up for the new competition season. While you are preparing your programs for this season, there are a few other things you should also keep in mind.

Did you know that there are basically only five scenarios that are likely to occur during any competition event? If you can learn to handle each of these situations, then you will be able to cope with anything at any competition.

Here’s what can happen:

<table>
<thead>
<tr>
<th>Your Day</th>
<th>Your Skate</th>
<th>Your Placement</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. You can have a great day</td>
<td>Skate your best</td>
<td>Place first</td>
</tr>
<tr>
<td>2. You can have a bad day</td>
<td>Skate your worst</td>
<td>Place last</td>
</tr>
<tr>
<td>3. You can have an OK day</td>
<td>Skate in the middle</td>
<td>Place in the middle</td>
</tr>
<tr>
<td>4. You can have a bad day</td>
<td>Skate your worst</td>
<td>Place first</td>
</tr>
<tr>
<td>5. You can have a great day</td>
<td>Skate your best</td>
<td>Place last</td>
</tr>
</tbody>
</table>
Some skaters, coaches and parents emphasize getting first place, so anything else might seem like a failure to them. But it is important to use all of these different situations to expand your perspective and goals for skating — and for life! Take a look back at your overall competition career — consider many events, many competitions, for many years to get a true picture of your success in the sport of ice skating.

Of course, the easiest of the scenarios to justify (but perhaps not to accept) are Nos. 1, 2 and 3, because you seem to get what you truly deserve.

The next easiest to accept is No. 4, because that is a gift — and everyone likes presents!

The most difficult to accept and justify is No. 5, because it is so totally unexpected and seemingly undeserved. Even your coach and parents might not understand how this result is possible when you did a great job and skated your best performance.

As an ISI national event referee of more than 27 years, I can tell you that this situation happens at every single competition, everywhere.

**How can this happen?** Actually, the answer to this question is easily explained:

a) The three judges who were sitting on the stand might not have seen the program as you thought they would.

b) Maybe all the skaters in the event were “very close” and there was only a total of .1 between each skater from first to last place.

c) Maybe there were different “good things” and different “bad things” about everyone’s program and the judges’ scores were all over the place (depending on their own specific judging criteria), producing no clear-cut “winner.” In this case, the computer had to sort out the wide variety of scores and it all “came out in the wash.”

---

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The much more difficult (and more important) question is Why did it happen to me? That is the big question that needs some critical thinking and objective evaluation. Many skaters, parents and even coaches begin to complain about the competition results while only thinking about that one skater’s performance. This is a huge mistake. You cannot objectively begin to evaluate the placement until you first objectively observe all of the other skaters’ performances within your event group. 

Also, you cannot fully begin to understand all of the outcome possibilities until your coach has the experience of sitting on the judge stand for several hours, making a decision as to whether this flip jump was better than that one, which spin was better, etc. Only after you take into account these other two perspectives can your entire outlook change, allowing you to better understand how this could happen.

Another note about competition results: While everyone usually likes to be “competitive” and see good results, I have never known of a single ISI competition either making or breaking any skater’s career. All skaters, parents and coaches should always keep the focus on the bigger picture.

**Broaden Your Horizons!**

Remember, each individual ISI competition event is specifically designed to improve one aspect of a skater’s total development. The wider variety of experiences, the better skater you will become.

- **Technical events** (such as Tots-Delta, Freestyle, Open Freestyle, Stroking, Solo Compulsories and Jump & Spin) will help improve technical skating skills including jumps, spins and other skating maneuvers.

- **Artistic and theatrical events** (such as Artistic, Spotlight and Rhythmic) will help improve musicality and performance skills.

- **Specialty events** (such as Footwork and Interpretive) focus on connecting moves and help you think “on your skates.”

- **Partner events** (such as Couples, Pairs, Dance, Couples Spotlight and Jump & Spin) helps you learn to work together with other skaters while having fun, to achieve a goal such as a test or competition performance.

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• **Group and team events** (such as Ensemble, Family Spotlight, Kaleidoskate, Pattern, Production, Synchronized, Team Compulsories and Team Surprise) give a sense of camaraderie and working together.

• **“Fun” events** (such as Surprise and Team Surprise) help you release stress and truly enjoy your time on the ice.

It’s not a good idea to put all your “eggs in one basket” when it comes to your competition event experience. If you only enter one Freestyle event and have a bad day, that probably won’t be a very positive competition experience.

But if you enter, say, four events, and you get first place in two, third place in one and fifth place in one, you have still had a very successful weekend and you will enjoy all four of your medals or trophies. Many additional events can easily be done without much additional practice, and most competitions also give a discount for multiple event entries.

And speaking of the bigger picture, if you enter an average of three competitions a year for five years (15 competitions total) and place in the top half in 10 to 12 of them, you’ve had a very successful competitive career!

Have FUN ... and SK8 GR8 this season!

---

**High-Level Tests**

Congratulations to the following ISI skaters who have recently passed high-level tests:

**FREESTYLE 8**
- Clare Cook
- Harry J. McDonald Memorial Center
- Alexis Dionne
- City of Southgate Civic Center
- Nathan Grundhafer
- Bakersfield Ice Sports Center
- Amanda Kennedy
- Wayne C. Kennedy Recreation Complex
- Demi Madden
- Northbrook Sports Center
- Kristy Robinson
- Birmingham Ice Sports Arena
- Morgan Sewall
- Portland Ice Arena

**FREESTYLE 9**
- Sabrina Logren
- White Bear Lake Sports Center
- Lexi McDonald
- Nashoba Valley Olympia

**COUPLE 8**
- Shelby Bell / Carson Dembrosky
  City of Southgate Civic Center

**PAIR 8**
- Kristy & Jon Robinson
  Birmingham Ice Sports Arena

**DANCE 8**
- Kara Wilson
  Center Ice Arena

**DANCE 9**
- Paige DiToppa
  Center Ice Arena

**DANCE 10**
- Paige DiToppa
  Center Ice Arena

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Recreational Ice Skating, Fall 2010
Keep Getting This Magazine!

Renew your ISI membership TODAY to continue receiving ALL of ISI’s fantastic MEMBERS-ONLY benefits!

The ISI annual membership term expires on Aug. 31 — it’s important that you renew now so you don’t miss a single day of membership! Here are a few reasons why:

• Only current ISI members can register tests.
• Only current ISI members can participate in local, district and national ISI competitions and shows.
• Only current ISI members receive *Recreational Ice Skating* magazine and can participate in the ISI Pen Pal Program.
• Only current ISI members receive excess accident insurance.

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Or mail in the renewal card at right >>>

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*Ice Skating Institute*
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It All Adds Up to Skating for the FUN of It!

Six competitions, six locations — unlimited opportunities!

It’s a no-brainer! ISI skaters have the most opportunities to compete in a wide variety of events and in a fun, welcoming environment. We hope to see your name among the entries for our 2011 events!
ISI Winter Classic

Feb. 11-13
St. Peters Rec-Plex
St. Peters, Missouri
Entry & Test Deadline: Dec. 1

Where can you find a 630-foot architectural wonder, a 1,300-acre urban park, a beautiful three-rink sports complex, hundreds of happy ISI skaters and tons of fun? This is an equation that can only be solved by attending ISI’s popular Winter Classic competition, hosted in 2011 by St. Peters Rec-Plex near St. Louis. This scenic city in America’s heartland was home base for Lewis and Clark’s famous expedition and is now home to the world-famous Gateway Arch on the Mississippi riverfront, Forest Park and genuine Midwestern hospitality to warm your winter. Meet us in St. Louis for the first ISI national event of the new year!

FOR MORE INFORMATION
skateisi.org
gatewayarch.com
explorestlouis.com
stpetersmo.net
ISI Synchronized Championships

What better place for your synchronized team to compete than in Chicago, where team spirit has created the culture? Even a calculator won’t help you count all the great reasons to visit Chicagoland in the springtime. There’s the acclaimed food, Michigan Avenue’s Magnificent Mile, Navy Pier, world-renowned museums, Lincoln Park Zoo (one of the last free zoos in the country), historic Wrigley Field, the “L” train — the list is endless! Share your synchronized spirit at The Edge Ice Arenas, and don’t miss the second annual Synchro Showcase on Saturday night!

April 8-10
The Edge Ice Arenas
Bensenville, Illinois
Entry Deadline: Feb. 1

skateisi.org
explorechicago.org
bensenville.il.us
May 28-30
Dr Pepper StarCenter Plano & PSA StarCenter Plano, Texas
Entry & Test Deadline: March 1

ISI Conference Championships

Back by popular demand, this Memorial Day weekend event offers a prime opportunity to maximize your investment by using your programs and costumes from the skating season. Plus, a trip to Dallas — also known as “Big D” — is a great way to kick off the summer! The motto here is "Live Large. Think Big." The Dallas area is the shopping capital of the U.S. and offers more than 6,000 restaurants, not to mention arts and historic districts, amusement parks, museums and more. And just like ISI events, Dallas is all about both quality and quantity!

FOR MORE INFORMATION
skateisi.org
visitdallas.com
drpepperstarcenter.com
psaplano.org
Three’s a charm for ISI Worlds at Schwan Super Rink! Worlds returns for the third time to the country’s largest indoor ice skating facility, now with an incredible eight rinks under one roof! Schwan is part of the National Sports Center, one of the largest amateur sports complexes in the world. The Twin Cities of Minneapolis and St. Paul are less than 30 minutes away, offering plenty of fun family attractions, like the gigantic Mall of America with its own indoor theme park, the Riverfront District, Loring Park, Uptown, “Eat Street” and beautiful lakes and parks galore. Mark your calendar for Worlds 2011, and get ready for the largest recreational ice skating competition on the planet and a healthy dose of ‘Minnesota Nice.”
ISI Adult Championships

Sept. 30-Oct. 2
Tampa Bay Skating Academy-Oldsmar
Oldsmar, Florida
Entry & Testing Deadline: Aug. 15

TBSA-Oldsmar, Florida’s first twin ice rink, knows the score when it comes to hosting big events. ISI adult skaters will love both the venue and the hot-spot location. Three of the country’s top 10 beaches are just minutes away, featuring white “sugar” sand, waterside cafes and brilliant sunsets. If golf is your thing, you won’t be disappointed! Tampa Bay was recently named “Top Arts Destination” and offers eclectic indoor and open-air shopping and dining in unique areas like the historic neighborhoods of Ybor City and Hyde Park. Don’t miss this last chance of the year for a combination skating and beach getaway!

FOR MORE INFORMATION

skateisi.org
visittampabay.com
funleaguegroup.com

RECREATIONAL ICE SKATING, FALL 2010
ISI Artistic Challenge

Dec. 2-4
Pickwick Ice Skating Center
Burbank, California
Entry & Test Deadline: Oct. 15

Add together creativity on ice, the fun and friendliness of an ISI competition, a fantastic destination and some movie-star glitz and glamour. Then subtract the pressure of technical scores. What do you get? ISI Artistic Challenge at historic Pickwick Gardens Ice Center in Burbank, Calif., the media and entertainment capital of the world! This unique competition has become a favorite for skaters who thrive on showmanship, costumes and personal expression. Show the world your star quality, individually or with friends! And while in Southern California, be sure to take in some of the famous attractions, such as Universal Studios, Hollywood, the Los Angeles Zoo or Knott’s Berry Farm. Hollywood, here we come!

FOR MORE INFORMATION
skateisi.org
burbank.com
discoverlosangeles.com
pickwickgardens.com

RECREATIONAL ICE SKATING, FALL 2010
ISI National Event Checklists

At least three months before event:
- Go to ISI Web site (skateisi.org) and print out event entry form.
- Pass test for skating level you wish to participate in at event.
- Talk with your coach and decide how many events you should enter, and how to enter some extra events that don’t require a program routine.

By entry deadline:
- Make sure your ISI membership is current through the end of the competition.
  If not, your membership renewal fee can be included on your event entry form.
- Make sure your highest tests are registered.
- Send in completed entry form.
- Make travel plans, including hotel reservations at an ISI host hotel, listed on the ISI Web site.

Two months before event:
- Make or purchase costumes.
- Make props for Spotlight events.
- Learn new routines.

Week before event:
- All national event music must be on CD only (no CD RW). Make sure you have one program per CD, and always make a back-up copy, too.
- Polish skates.

During event:
- Smile!
- Skate your best.
- Practice ISI sportsmanship.
- Meet new friends, trade pins and contact information, etc.
- Have FUN!
Children learn behavior from many different people in their lives — coaches, teachers, family, peers — but the people they learn the most from are their parents. That’s why it’s critical that you be a good sportsmanship model for your skater.

Being a good sport is much easier said than done — just look at some of the examples we see from professional and collegiate coaches and athletes. You must maintain a cool head and healthy attitude if you expect your skater to do the same.

Here are some ways to model appropriate attitudes and behaviors:

- Be positive about your child’s skating.
- Understand your child’s expectations.
- Help your child set realistic goals.
- Be realistic about your child’s ability.
- Don’t compare your child to another skater.
- Trust your coach — and let your coach do the coaching.
- Use honest and open communication with your coach.
- Control your emotions in frustrating situations.
- Keep negative thoughts to yourself.
- Do not gossip with or about other parents, coaches or skaters.
- Volunteer and assist at your rink facility or club.
- Don’t make skating everything in your skater’s life.
- Keep winning in perspective.
- Help your skater focus on skating well and having fun.
- Discipline when necessary.
- Don’t meddle from the sidelines.
- Respect and accept judges’ decisions.
- Encourage all skaters, and congratulate other skaters when they win.
More than 1,100 skaters on 110 teams from 12 states made this year’s ISI Synchronized Championships a giant success. The annual synchro competition was held at the state-of-the-art Goggin Ice Center on the beautiful campus of Miami University in Oxford, Ohio, home of the national champion RedHawk synchronized skating teams.

The team traveling the greatest distance was Dr Pepper StarCenter from Farmer’s Branch, Texas. The St. Louis area was well represented, with St. Peters Rec-Plex bringing eight teams and Webster Groves Ice Arena claiming the largest rink team, with 74 skaters. St. Louis Synergy again took home the Boyd Wietecter Trophy, awarded to the team that wins the Teen Premier Round.

The exciting highlight of the weekend was the premiere of the spectacular Synchro Showcase exhibition on Saturday, March 27. The special evening performance featured: ISI synchro team winners from various age divisions; Miami University's world-renowned senior, collegiate and junior teams; and guest skating star, Agnes Zawadzki, an ISI Freestyle 10 skater and the 2010 U.S. junior ladies national champion.

Next year’s Synchro Champs is set for April 8-10 in Bensenville, Ill.
### SKATING TEAMS

#### Youth Formation – Group A
1. Fantasia  
2. Icettes & The Ice Man Arena  
3. Shining Stars  
4. Synchro St. Louis Ruby Edges  
5. Arctic Snowflakes – White

#### Youth Formation – Group B
1. Silver Leafs  
2. Ice Cubes  
3. Ice Crystals  
4. St. Louis Synergy

#### Youth Formation – Group C
1. Oldsmar Shining Stars  
2. Precicettes  
3. Arctic Blaze  
4. Robert Unger's Shooting Stars

#### Youth Skating
1. Arctic Snowflakes – Blue  
2. 32 Degrees  
3. Leafs Ice Centre  
4. University of Illinois Ice Arena  
5. Crystal Ice House  
6. Webster Groves Ice Arena

#### Sr. Youth Skating Select
1. Icettes  
2. Revolution  
3. Fire On Ice  
4. Oxford Ice Crystals  
5. Oldsmar Shining Stars  
6. Team Chiller Catalyst  
7. Capital Classics  
8. Platinum Blade Brigade  
9. Shooting Stars  
10. The Richmond Twizzlers

#### Sr. Youth Skating Premier
1. St. Louis Synergy  
2. Junior Blades  
3. Synchro St. Louis Ice Gems  
4. The Jewels  
5. Wisconsin Edge  
6. Fantasia  
7. St. Louis Fleur de Lis  
8. Precicettes  
9. Arctic Blaze  
10. Ice Prisms

#### Adult Skating
1. Texas Chilly Peppers  
2. Kettering Ice Kadettes  
3. Revolution

#### Teen Skating Select
1. Oldsmar Shining Stars  
2. Beach Blades  
3. Ice Stars  
4. Robert Unger’s Stars  
5. Nashoba Valley Shooting Stars

#### Teen Skating Premier
1. St. Louis Synergy  
2. Synchro St. Louis Diamond Edges  
3. St. Louis Fleur de Lis  
4. Oxford Ice Crystals  
5. Starr Blades  
6. Capital Classics  
7. Gold Blade Brigade

#### Teen Dance
1. Inferno

#### Adult Dance
1. Moms On Ice & One Pop

### DANCE TEAMS

#### Teen Dance
1. Inferno

#### Adult Dance
1. Moms On Ice & One Pop

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**RECREATIONAL ICE SKATING, FALL 2010**

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2010 ISI Synchronized Championships
RECREATIONAL ICE SKATING, FALL 2010
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Kerianne Fernandez
Tampa, Fla.

Kerianne Fernandez says that her heart belongs to skating — for the joy it brings her, the life lessons and skills it has taught her and the ways it has helped her give back to her community. At Ice Sports Forum and Clearwater Ice Arena, Kerianne has mentored younger skaters and has volunteered as a coach and a competition assistant. She is the first and, so far, only skater at both rinks to have passed the ISI Freestyle 8 test.

“I have met hundreds of skaters and coached scores of students, but Kerianne stands out in a truly unique way,” says her coach, Tommy Brannen. “She is a kind person whose energy, integrity and values radiate to others around her. She is always eager to volunteer as a skating coach to the younger skaters, who adore her, and she is a leader and role model to her peers.”

Brannen compares Kerianne to the Energizer Bunny, and it’s no wonder. She’s a National Merit Finalist and National Hispanic Scholar who graduated from H.B. Plant High School in the top 4 percent of her class of 530. Her high school activities included the calculus math club, eight honor societies, cross country track, lacrosse and chorus. She also sang in her church’s youth band, served as a leader on its youth service team, took a mission trip to Nicaragua and volunteered with Tampa’s Metropolitan Ministries.

In her nine years of ice skating, Kerianne has participated in dozens of ISI-endorsed local shows and competitions as well as the 2008 ISI Winter Classic and the ISI 50th Anniversary Championships. She serves as vice president of her figure skating club.

This fall Kerianne begins her freshman year at Duke University, where she plans to major in biomedical engineering and minor in Spanish. She also is interested in Engineers Without Borders, studying abroad and taking dance to keep up with her skating, among other activities.
“I’m looking forward to being a part of the ice skating club near Duke,” says Kerianne, “and making skating more prominent for kids in the Durham, N.C. community.”

In addition to the ISIA Education Foundation scholarship, Kerianne was awarded the Helen M. McLoraine Figure Skating Scholarship and another from the National Merit Corp.

Delanie Honda
Victoria, Minn.

Just two years ago at age 16, Delanie (Lanie) Honda became one of fewer than 30 ISI skaters to pass the demanding Freestyle 10 test. This year, she has earned a spot on the list of only about 75 other skaters who have received ISIA Education Foundation scholarships.

Lanie started ISI learn-to-skate classes just shy of her sixth birthday in St. Louis and later completed her Freestyle testing at Parade Ice Garden in Minneapolis.

“ISI learn-to-skate lessons introduced me to the fun skating environment,” Lanie notes. “When I began competing, I met new people from countries as far away as the Philippines. I looked forward to every ISI Worlds competition because I knew I would meet amazing skaters and increase my trading pin collection.”

She has participated in four ISI Worlds competitions and two ISIA Benefit on Ice shows, including this year’s show in Boston, where she was presented with her scholarship. Over the years, she has performed and competed in many local and regional events, and has also skated on a synchronized team.

She has worked as a rink attendant at the Chaska Community Center and a learn-to-skate instructor at Minnehaha Ice Arena.

In addition to her ISIA Education Foundation scholarship, Lanie also received a Chaska High School merit scholarship and a four-year Balfour merit scholarship from Wheaton College in Norton, Mass. She graduated from high school with a 3.96 GPA on a 4.0 scale, plus many academic and extra-curricular accomplishments as well as service projects. She recently became a certified Braille transcriber through the U.S. Library of Congress.

Now entering her freshman year at Wheaton, Lanie says the college does not have an ice rink but that she is looking forward to rowing and snowboarding. Her major is undecided, but she plans to pursue a writing career.

“Skating has given me so much and has been a contributing factor to who I am today,” Lanie says. “It has taught me humility, responsibility, dedication and time management. Knowing that if I give the same passion, time and commitment as I have for my skating, anything I do in the future will yield results just as sweet as passing my ISI tests.”

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WHAT’S MY SCORE?
Of course it’s important to land the jumps and center the spins in your skating routine, but do you know what else the judges are scoring you on?

Below are some of the judging criteria. Match each one with the proper definition. Use your *ISI Handbook* (pages 294-301) for help, if necessary.

1. Correctness  a. Use of space and placement on the ice surface
2. Presentation  b. The judge’s impression of the total performance
3. Rhythm  c. The effect produced by use of art and style
4. Posture  d. Timing and length of program
5. Flow  e. The ability to be smooth and continuous
6. Originality  f. Technical accuracy of the moves
7. General Overall  g. Uniqueness and variety of movements
8. Innovative Moves  h. The ability to show a fresh, new aspect or style
9. Cleanness of Edges  i. The ability to show style and personality
10. Pattern  j. Coordination between movement and music
11. Duration  k. The ability to use strong, controlled edges with no toe-picks
12. Artistic Impression  l. Head, arm, back and free leg positions

Answers: 1.f, 2.i, 3.j, 4.l, 5.e, 6.h, 7.b, 8.g, 9.k, 10.a, 11.d, 12.c
DID YOU KNOW...

The Axel is 1 1/2 revolutions in the air and was invented by a man named Axel Paulsen of Norway — who first did the jump in 1882, wearing his speed skates! This jump is still considered a big accomplishment for skaters of all ages. Can you find the AXEL 12 times in the puzzle below?

```
L A L E X A L
L E X A X E L
E A X E L A E
X X L A E X A
A E X A X E L
L L E X A L E
```

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- Quick reference for duration
**Section 5** - Appendix with sample programs and diagrams of all dance step sequences

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## competitions

### august

- **2-5** Koln, Germany  
  International Gay FSU, New York  
  Gay Games VIII Cologne 2010  
- **12-15** San Diego CA  
  Ice Town | Skate by the Sea  
- **14-15** Oxnard CA  
  Channel Islands Ice Center  
  Summer Skatefest Open ISI Competition  
- **15** Frisco TX  
  Dr Pepper StarCenter  
  ISI Summer Skate 2010  
- **21-22** Brentwood MO  
  Brentwood Ice Arena  
  Summer Vacation Get-Away  
- **22** Vacaville CA  
  Vacaville Ice Sports | Ice Skates 80  
- **26-29** San Francisco CA  
  Yerba Buena Ice Skating Center  
  Skate San Francisco  

### september

- **11-12** Valencia CA  
  Ice Station Valencia  
  5th Annual Autumn Classic Competition  
- **17-19** Arlington TX  
  ICE at The Parks  
  7th Annual Open Competition  
- **24-26** Fort Myers FL  
  Fort Myers Skatium  
  City of Palms ISI Competition

### october

- **8-10** Las Vegas NV  
  ISI Adult Championships  
  Las Vegas Ice Center  
- **23** Simi Valley CA  
  Iceplex Simi Valley  
  8th Annual ISI Open Competition  
- **23-24** Hingham MA  
  Winterland Skating School  
  42nd Annual Robert Unger ISI Skating Competition  
  15th Annual ISI Open Competition

### december

- **1-3** Burbank CA  
  Pickwick Ice Center  
  2011 ISI Artistic Challenge  
- **4** Anaheim CA  
  The Rinks-Anaheim Ice  
  16th Annual Holiday Spectacular  
- **6** Stillwater MN  
  St Croix Valley Rec Center  
  St Croix Figure Skating Summer Exhibition  
- **10-12** Northbrook IL  
  Northbrook Sports Center  
  ISI Artistic Challenge  
- **18** Arlington TX  
  ICE at The Parks  
  Holiday at the Parks  
  2011 ISI Artistic Challenge

### shows & exhibitions

#### august

- **6** Stillwater MN  
  St Croix Valley Rec Center  
  St Croix Figure Skating Summer Exhibition

#### december

- **18** Arlington TX  
  ICE at The Parks  
  Holiday at the Parks  
  2011 ISI Artistic Challenge

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Will YOUR design become the official 2010 ISI holiday card?

The ISI Holiday Card Creativity Contest has become an annual tradition with ice skaters across the country. If your design is chosen, it will be used as the official 2010 ISI holiday card and you will receive recognition in Recreational Ice Skating magazine as well as on the card itself.*

Send us your original design following these guidelines:

*The winning artist must assign the Ice Skating Institute ownership of, and all rights to, the winning design. Current ISI members of any age and membership level are eligible to participate.

• 8 ½” X 11”
• Any medium (paint, marker, pencil, pastel, etc.) – but two-dimensional only, please.
• Be sure to sign your art!
• Do NOT fold or bend your art.
• You may send the artwork only, or you may add a sentiment if you wish.
• Include your full name, address, telephone number and ISI member number on a separate note.
• Submissions MUST be received in the ISI office no later than October 10.
• NOTE: Materials cannot be returned.

Send to:
Ice Skating Institute
Attn: Magazine Editor
6000 Custer Rd., Bldg. 9
Plano, TX 75023
Dec. 10-12
Northbrook Sports Center • Northbrook, IL
Entry & Test Deadline: Oct. 15

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Schedule and venue subject to change.