

ISI ADULT CHAMPIONSHIPS





Oct. 8-10

Las Vegas Ice Center • Las Vegas, NV Entry & Test Deadline: Aug. 15

ISI Adult Skaters Love Going for the Gold in Vegas!

No matter where they live, ISI adult skaters are willing to go the distance when their favorite skating competition is held at the ultimate adult playground: Vegas! This year's Adult Championships schedule, over Columbus Day weekend, provides a little extra fun time. And the two-sheet Las Vegas Ice Center is located on West Flamingo Road, just blocks from The Strip!

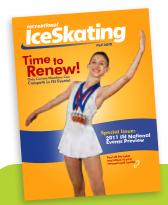
FOR MORE INFORMATION

skateisi.org visitlasvegas.com lasvegasice.com

Schedule and venue subject to change.







what's inside

Danielle Baldwin, 12, is a Freestyle 5 skater at Skatetown in Roseville, Calif. Recreational Ice Skating | Fall 2010/Vol. 34, Number 4

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► news & notes



The Sacred Heart University Figure Skating Club, based at Wonderland of Ice in Bridgeport, Conn., placed third at the 2009 ISI Adult Championships in Lake Placid, N.Y.

Calling All College Students!

Whether your greatest skating accomplishment is a swizzle or a double Axel, going to college doesn't mean you have to put your skating on hold. Stay fit and continue the enjoyment of pursuing the sport you love.

ISI's new Open Freestyle events are a great way to develop your skating in a completely new way, regardless of your skating background. Of course, don't forget Artistic, Footwork, Spotlight and Rhythmic to explore your creative side. Consider creating a new skating club on campus — all you need is one skater! The ISI Team Compulsory, Ensemble, Production and Synchro events make it easy to get others involved.

Several new regional collegiate competi-

tions are being planned for the upcoming season, so watch for one in your area. These events will offer all of the opportunities, rewards and — most of all — ISI fun that you have come to know and love.

For more information on ways to get your college skating team up and running and get yourself back on the ice, contact Alane Swiderski, the ISI representative for colleges and universities, at aswiderski@fmcicesports.com.

ISI Pen Pal Program Is New & Improved

Registering for the ISI Pen Pal Program and making your pen pal selections just got easier. Simply go to the skaters' page at skateisi.org and click on the Pen Pal button.

We will never publish your ISI member number or your e-mail address, and we NEVER share or sell our members' e-mail addresses.

Pen pal requests cannot be processed without an ISI member number to verify membership and identity.

Membership Renewal

Have you renewed your ISI Individual membership for the 2010-11 season? The membership term is Sept. 1 through Aug. 31 for all ISI members, so please be sure to renew before Aug. 31 to keep your membership current and uninterrupted. Your membership is \$15 or less per year, but provides you with many exclusive benefits, including this magazine and the ability to compete and perform in ISI-endorsed skating events. For more information, see page 12 of this issue or go to the skaters' page at skateisi.org and click on the membership button.



2010

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ISI ARTISTIC CHALLENGE CHICAGO

Artistic Challenge in the Windy City Will Blow You Away!

Chicago is always a popular destination for an ISI competition. This year, ISI skaters return to the Windy City for the sixth annual Artistic Challenge, the national ice skating event that invites you and your friends to show off your creative side without the pressure of technical scoring. It's all about personal expression, showmanship, costumes, props — and real spotlights! This increasingly popular event is a prime example of ISI's emphasis on "skating for the fun of it."

Artistic Challenge is set for Dec. 10-12 at Northbrook Sports Center, one of the busiest sports venues on the North Shore and a previous ISI Worlds host. The complex's amenities include two NHL-size rinks, dance rooms, a pro shop, concessions and much more.

If you live in or near the greater Chicago area, this is a convenient opportunity to participate in an ISI national competition in your own backyard. It's also a perfect chance to share your legendary city with other ISI members who will be visiting from throughout the United States.

Chicagoland is an incredible, exciting place, and it's especially delightful during the holiday season. How about shopping along Michigan Avenue while taking in more than a million holiday lights illuminating the Magnificent Mile? You'll also find great food — be sure to try the famous Chicago deep-dish pizza! — and more amazing attractions than you can imagine, like the renowned Shedd Aquarium and the nearby Adler Planetarium & Astronomy Museum. It's impossible to be hungry or bored in Chicago!

Make your travel plans now, but most important: *Make sure to meet the Artistic Challenge entry* and testing deadline of Oct. 15! [25]





Winter Classic!



With the soaring Gateway Arch as your beacon, follow the Mighty Mississippi to St. Louis, then travel a short distance west to St. Peters Rec-Plex. This is where, come Feb. 11-13, you'll find Winter Classic — one of ISI's largest national competi-

tions, featuring individual and group events for all ages — and Midwestern hospitality at its finest.

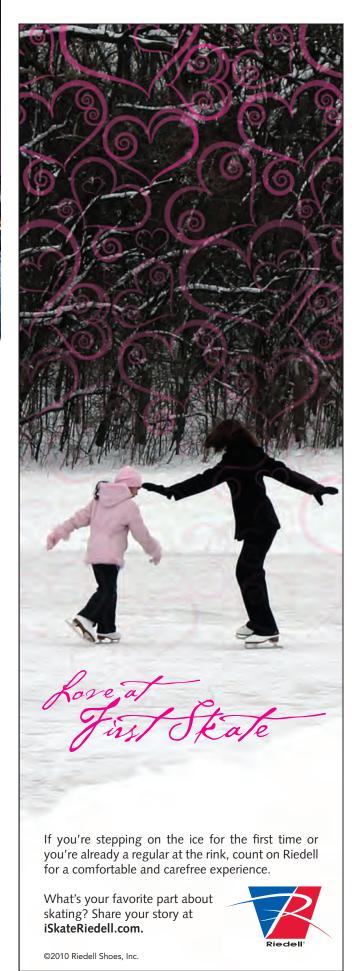
The Rec-Plex, just 30 minutes west of St. Louis, previously hosted the 1998 ISI Worlds and the 2008 ISI Synchronized Championships. A recent expansion nearly doubled its size to include two impressively equipped buildings in a park setting, with three NHL-size ice rinks and seating for 300 to 1,200 spectators.

Also known as the Heartland, St. Louis' central location makes it a natural destination for a national event. It's no wonder Lewis and Clark's famous expedition started and ended here — and more than 200 years later, there's still much to explore!

A visit to the Gateway Arch Riverfront is a must if you want to see the nation's tallest manmade monument, the 630-foot Gateway Arch, which is precisely as wide as it is tall. You can ride an enclosed tram to the top for an amazing view of the city.

The Arch is just one of the marvels to be discovered in St. Louis. Did you know that the city's 1,300-acre Forest Park is one of the largest urban parks in the world, bigger than even New York City's Central Park? Known as "the soul of the city," Forest Park is home to many of St. Louis' most popular attractions, including even an outdoor ice rink for winter skating.

Don't miss Winter Classic in the Heartland! Entry and testing deadline is Dec. 1. 교명



RECREATIONAL ICE SKATING, FALL 2010



Competition Results & The Bigger Picture

As the end of summer draws near and the fall skating season is about to begin, it's time to start gearing up for the new competition season. While you are preparing your programs for this season, there are a few other things you should also keep in mind.

Did you know that there are basically only five scenarios that are likely to occur during any competition event? If you can learn to handle each of these situations, then you will be able to cope with anything at any competition.

Here's what can happen:

Your Day

- 😬 1. You can have a **great day**
- 2. You can have a bad day
- 3. You can have an OK day
- 4. You can have a bad day
- 5. You can have a great day

Your Skate

Skate your **best**Skate your **worst**

Skate in the middle

Skate your worst

Skate your **best**

Your Placement

Place **first**

Place **last**

Place in the middle

Place **first**

Place last





Some skaters, coaches and parents emphasize getting first place, so anything else might seem like a failure to them. But it is important to use all of these different situations to expand your perspective and goals for skating — and for life! Take a look back at your *overall* competition career — consider many events, many competitions, for many years to get a true picture of your success in the sport of ice skating.

Of course, the easiest of the scenarios to justify (but perhaps not to accept) are Nos. 1, 2 and 3, because you seem to get what you truly deserve.

The next easiest to accept is No. 4, because that is a gift — and everyone likes presents!

The most difficult to accept and justify is No. 5, because it is so totally unexpected and seemingly undeserved. Even your coach and parents might not understand how this result is possible when you did a great job and skated your best performance.

As an ISI national event referee of more than 27 years, I can tell you that this situation happens at every single competition, everywhere.

How can this happen? Actually, the answer to this question is easily explained:

- a) The three judges who were sitting on the stand might not have seen the program as you thought they would.
- b) Maybe all the skaters in the event were "very close" and there was only a total of .1 between each skater from first to last place.
- c) Maybe there were different "good things" and different "bad things" about everyone's program and the judges' scores were all over the place (depending on their own specific judging criteria), producing no clear-cut "winner." In this case, the computer had to sort out the wide variety of scores and it all "came out in the wash."

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The much more difficult (and more important) question is Why did it happen to me? That is the big question that needs some critical thinking and objective evaluation.

Many skaters, parents and even coaches begin to complain about the competition results while only thinking about that one skater's performance. This is a huge mistake.

You cannot objectively begin to evaluate the placement until you first objectively observe all of the other skaters' performances within your event group.

Also, you cannot fully begin to understand all of the outcome possibilities until your coach has the experience of sitting on the judge stand for several hours, making a decision as to whether this flip jump was better than that one, which spin was better, etc.

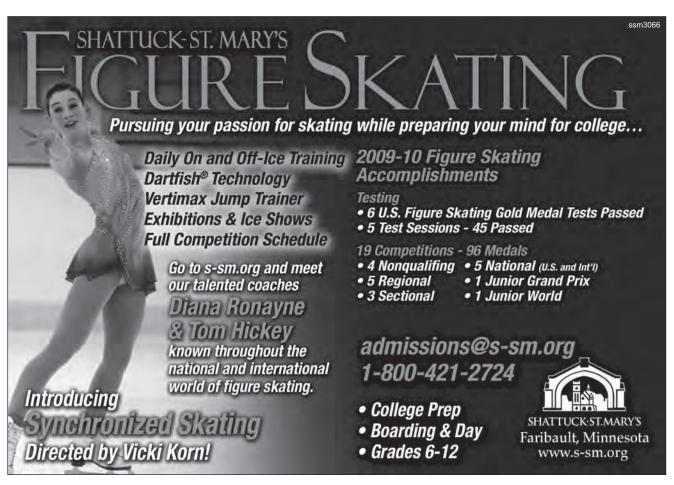
Only after you take into account these other two perspectives can your entire outlook change, allowing you to better understand how this could happen.

Another note about competition results: While everyone usually likes to be "competitive" and see good results, I have never known of a single ISI competition either making or breaking any skater's career. All skaters, parents and coaches should always keep the focus on the bigger picture.

Broaden Your Horizons!

Remember, each individual ISI competition event is specifically designed to improve one aspect of a skater's total development. The wider variety of experiences, the better skater you will become.

- Technical events (such as Tots-Delta, Freestyle, Open Freestyle, Stroking, Solo Compulsories and Jump & Spin) will help improve technical skating skills including jumps, spins and other skating maneuvers.
- Artistic and theatrical events (such as Artistic, Spotlight and Rhythmic) will help improve musicality and performance skills.
- Specialty events (such as Footwork and Interpretive) focus on connecting moves and help you think "on your skates."
- Partner events (such as Couples, Pairs, Dance, Couples Spotlight and Jump & Spin) helps you learn to work together with other skaters while having fun, to achieve a goal such as a test or competition performance.



- Group and team events (such as Ensemble, Family Spotlight, Kaleidoskate, Pattern, Production, Synchronized, Team Compulsories and Team Surprise) give a sense of camaraderie and working together.
- "Fun" events (such as Surprise and Team Surprise)
 help you release stress and truly enjoy your time on
 the ice.

It's not a good idea to put all your "eggs in one basket" when it comes to your competition event experience. If you only enter one Freestyle event and have a bad day, that probably won't be a very positive competition experience.

But if you enter, say, four events, and you get first place in two, third place in one and fifth place in one, you have still had a very successful weekend and you will enjoy all four of your medals or trophies. Many additional events can easily be done without much additional practice, and most competitions also give a discount for multiple event entries.

And speaking of the bigger picture, if you enter an average of three competitions a year for five years (15 competitions total) and place in the top half in 10 to 12 of them, you've had a very successful competitive career!

Have FUN ... and SK8 GR8 this season!

High-Level Tests

Congratulations to the following ISI skaters who have recently passed high-level tests:

FREESTYLE 8 Clare Cook Harry J. McDonald Memorial Center

Alexis Dionne City of Southgate Civic Center

Nathan Grundhafer Bakersfield Ice Sports Center

Amanda Kennedy Wayne C. Kennedy Recreation Complex

Demi Madden Northbrook Sports Center

Kristy Robinson Birmingham Ice Sports Arena

Morgan Sewall Portland Ice Arena

FREESTYLE 9 Sabrina Logren White Bear Lake Sports Center

Lexi McDonald Nashoba Valley Olympia Cierrra Nelson
Oakland Ice Center-Sharks Ice

Kristy Robinson Birmingham Ice Sports Arena

COUPLE 8
Shelby Beil /
Carson Dembrosky
City of Southgate Civic Center

PAIR 8
Kristy & Jon Robinson
Birmingham Ice Sports Arena

DANCE 8 Kara Wilson Center Ice Arena

DANCE 9
Paige DiToppa
Center Ice Arena

Kara Wilson Center Ice Arena

DANCE 10
Paige DiToppa
Center Ice Arena





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Keep Getting This Magazine!

Renew your ISI membership TODAY to continue receiving ALL of ISI's fantastic MEMBERS-ONLY benefits!

3 choices and They're All Winners! The ISI annual membership term expires on Aug. 31—it's important that you renew now so you don't miss a single day of membership! Here are a few reasons why:

- Only current ISI members can register tests.
- Only current ISI members can participate in local, district and national ISI competitions and shows.
- Only current ISI members receive Recreational Ice Skating magazine and can participate in the ISI Pen Pal Program.
- Only current ISI members receive excess accident insurance.







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Ice Skating & FUN = 2011 ISI National Events o

Skating for the FUN of It!

Six competitions, six locations — unlimited opportunities!

It's a no-brainer! ISI skaters have the most opportunities to compete in a wide variety of events and in a fun, welcoming environment. We hope to see your name among the for our 2011 events!











2011 ISI National Skating Events Preview





151 Winter Classic

Feb. 11-13
St. Peters Rec-Plex
St. Peters, Missowri
Entry & Test Deadline: Dec. 1

Where can you find a 630-foot architectural wonder, a 1,300-acre urban park, a beautiful three-rink sports complex, hundreds of happy
ISI skaters and tons of fun? This is an equation that can only be solved by attending ISI's popular Winter Classic competition, hosted in 2011 by St. Peters Rec-Plex near St. Louis. This scenic city in America's heartland was home base for Lewis and Clark's famous expedition and is now home to the world-famous Gateway Arch on the Mississippi riverfront, Forest Park and genuine Midwestern hospitality to warm your winter. Meet us in St. Louis for the first ISI national event of the new year!



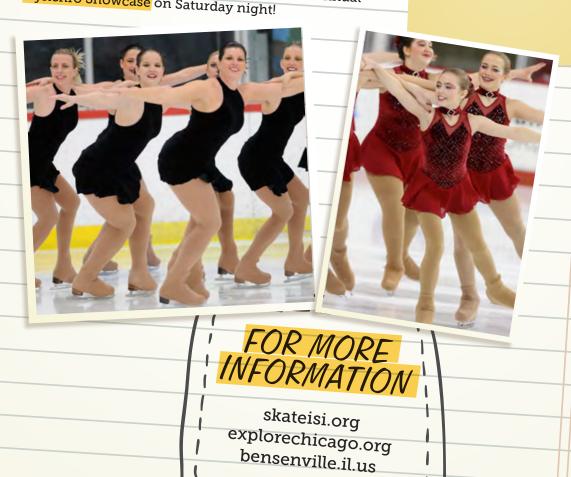
ISI Synchronized Championships



What better place for your synchronized team to compete than in Chicago, where team spirit has created the culture? Even a calculator won't help you count all the great reasons to visit Chicagoland in the springtime.

There's the acclaimed food, Michigan Avenue's Magnificent Mile, Navy Pier, world-renowned museums, Lincoln Park Zoo (one of the last free zoos in the country), historic Wrigley Field, the "L" train — the list is endless! Share your synchronized spirit at The Edge Ice Arenas, and don't miss the second annual Synchro Showcase on Saturday night!

April 8-10
The Edge Ice Arenas
Bensenville, Illinois
Entry Deadline: Feb. 1





ISI Conference Championships

May 28-30
Dr Pepper StarCenter Plano
& PSA StarCenter Plano, Texas Entry & Test Deadline: March 1

Back by popular demand, this Memorial Day weekend event offers a prime opportunity to maximize your investment by using your programs and costumes from the skating season. Plus, a trip to Dallas — also known as "Big D" - is a great way to kick off the summer! The motto here is "Live Large. Think Big." The Dallas area is the shopping capital of the U.S. and offers more than 6,000 restaurants, not to mention arts and historic districts, amusement parks, museums and more. And just like ISI events, Dallas is all about both quality and quantity!



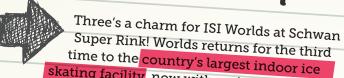


INFORMATION

skateisi.org visitdallas.com drpepperstarcenter.com psaplano.org

ISI Norld Team Championships





skating facility, now with an incredible eight rinks under one roof! Schwan is part of the National Sports Center, one of the largest amateur sports complexes in the world. The Twin Cities of Minneapolis and St. Paul are less than 30 minutes away, offering plenty of fun family attractions, like the gigantic Mall of America with its own indoor theme park, the Riverfront District, Loring Park, Uptown, "Eat Street" and beautiful lakes and parks galore. Mark your calendar for Worlds 2011, and get ready for the largest recreational ice skating competition on the planet and a healthy dose of "Minnesota Nice."

July 24-30 Schwan Super Rink Blaine, Minnesota Entry & Test Deadline: May 1



FOR MORE INFORMATION

skateisi.org minneapolis.org ci.blaine.mn.us nscsports.org



1SI Adult Championships

Sept. 30-Oct. 2
Tampa Bay Skating Academy-Oldsmar Oldsmar, Florida Entry & Testing Deadline: Aug. 15

TBSA-Oldsmar, Florida's first twin ice rink, knows the score when it comes to hosting big events. ISI adult skaters will love both the venue and the hot-spot location. Three of the country's top 10 beaches are just minutes away, featuring white "sugar" sand, waterside cafes and brilliant sunsets. If golf is your thing, you won't be disappointed! Tampa Bay was recently named "Top Arts Destination," and offers eclectic indoor and open-air shopping and dining in unique areas like the historic neighborhoods of Ybor City and Hyde Park. Don't miss this last chance of the year for a combination skating and beach getaway!



ISI Artistic Challenge



Add together creativity on ice the fun and friendliness of an ISI competition, a fantastic destination and some movie-star glitz and glamour. Then subtract the pressure of technical scores. What do you get? ISI Artistic Challenge at historic Pickwick Gardens Ice Center in Burbank, Calif., the media and entertainment capital of the world! This unique competition has become a favorite for skaters who thrive on showmanship, costumes and personal expression. Show the world your star quality, individually or with friends! And while in Southern California, be sure to take in some of the famous attractions, such as Universal Studios, Hollywood, the Los Angeles Zoo or Knott's Berry Farm.

Dec. 2-4
Pickwick Ice Skating Center
Burbank, California
Entry & Test Deadline: Oct. 15





FOR MORE INFORMATION skateisi.org burbank.com

discoverlosangeles.com pickwickgardens.com







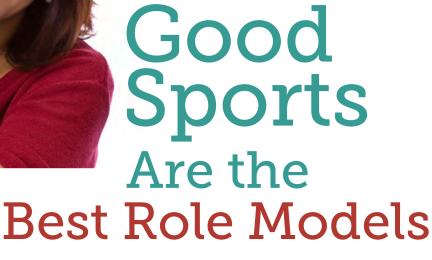






ISI National Event Checklists

	Event Checkusus
At	t least three months before event:
	Go to ISI Web site (skateisi.org) and print out event entry form. Pass test for skating level you wish to participate in at event. Pass test for skating level you wish to participate in at event. Talk with your coach and decide how many events you should enter, and how to enter some extra events that don't require a program routine.
B	Make sure your ISI membership is current through the end of the competition. If not, your membership renewal fee can be included on your event entry form.
	If not, your membership reflewal foods Make sure your highest tests are registered. Send in completed entry form. Make travel plans, including hotel reservations at an ISI host hotel, listed on the ISI Web site.
	Two wonths before event: Make or purchase costumes. Make props for Spotlight events. Learn new routines.
	Week before event: All national event music must be on CD only (no CD RW). Make sure you have one program per CD, and always make a back-up copy, too.
	During event: Smile!
	Smile! Skate your best. Practice ISI sportsmanship. Meet new friends, trade pins and contact information, etc. Have FUN!



Children learn behavior from many different people in their lives — coaches, teachers, family, peers — but the people they learn the most from are their parents. That's why it's critical that you be a good sportsmanship model for your skater.

Being a good sport is much easier said than done — just look at some of the examples we see from professional and collegiate coaches and athletes. You must maintain a cool head and healthy attitude if you expect your skater to do the same.

Here are some ways to model appropriate attitudes and behaviors:

- Be positive about your child's skating.
- Understand your child's expectations.
- Help your child set realistic goals.
- Be realistic about your child's ability.
- Don't compare your child to another skater.
- Trust your coach and let your coach do the coaching.
- Use honest and open communication with your coach.
- Control your emotions in frustrating situations.
- Keep negative thoughts to yourself.
- Do not gossip with or about other parents, coaches or skaters.
- Volunteer and assist at your rink facility or club.
- Don't make skating everything in your skater's life.
- Keep winning in perspective.
- Help your skater focus on skating well and having fun.
- Discipline when necessary.
- Don't meddle from the sidelines.
- Respect and accept judges' decisions.
- Encourage *all* skaters, and congratulate other skaters when they win.

RECREATIONAL ICE SKATING, FALL 2010

2010 ISI Synchronized Championships

More than 1,100 skaters on 110 teams from 12 states made this year's ISI Synchronized Championships a giant success. The annual synchro competition was held at the state-of-the-art Goggin Ice Center on the beautiful campus of Miami University in Oxford, Ohio, home of the national champion RedHawk synchronized skating teams.

The team traveling the greatest distance was Dr Pepper StarCenter from Farmer's Branch, Texas. The St. Louis area was well represented, with St. Peters Rec-Plex bringing eight teams and Webster Groves Ice Arena claiming the largest rink team, with 74 skaters. St. Louis Synergy again took home the Boyd Wietecter Trophy, awarded to the team that wins the Teen Premier Round.

The exciting highlight of the weekend was the premiere of the spectacular Synchro Showcase exhibition on Saturday, March 27. The special evening performance featured: ISI synchro team winners from various age divisions; Miami University's worldrenowned senior, collegiate and junior teams; and guest skating star, Agnes Zawadzki, an ISI Freestyle 10 skater and the 2010 U.S. junior ladies national champion.

Next year's Synchro Champs is set for April 8-10 in Bensenville, Ill.

FINAL ROUND EVENT RESULTS

For a complete list of results, go to skateisi.org

COMPULSORY TEAMS

Jr. Youth Formation Compulsory

1 Ice Crystals

Youth Formation Compulsory

1 Ice Crystals

2 Arctic Snowflakes – White

Tot Skating Compulsory

1 Oxford Ice Crystals

Jr. Youth Skating Compulsory

1 Starfire

2 Team Chiller Dazzle

Youth Skating Compulsory

1 Team Chiller Dynamo

Sr. Youth Skating Compulsory

- Group A

1 Wisconsin Edge

2 Oldsmar Shining Stars

Sr. Youth Skating Compulsory

1 Synchro St. Louis Ice Gems

2 Team Chiller Lightning

3 Arctic Snowflakes - Blue

4 Oxford ice Crystals

Teen Skating Compulsory - Group A

1 St. Louis Fleur de Lis

2 Capital Classics Compulsory

3 Oldsmar Shining Stars

Crystal Ice House

Crystal Ice House

Lou & Gib Reese Ice Arena

Goggin Ice Center

Rocket Ice Arena

Chiller LLC

Chiller LLC

Pettit National Ice Center Tampa Bay Skating

Academy Oldsmar

St. Peters Rec-Plex Chiller LLC

Goggin Ice Center

Lou & Gib Reese Ice Arena

Brentwood Ice Arena

Washington Park Ice Arena Tampa Bay Skating **Academy Oldsmar**

Teen Skating Compulsory – Group B

1 Synchro St. Louis Diamond Edges

2 Gold Blade Brigade

3 Beach Blades

4 Team Chiller Teen Catalyst

St. Peters Rec-Plex Wavne Kennedy **Recreation Complex Iceland of Hampton Roads** Chiller LLC

FORMATION TEAMS

Tot Formation

1 Junior Icettes

2 St. Louis Synergy

3 Synchro St. Louis Emerald Blades

4 Twinkling Stars

Jr. Youth Formation - Group A

1 Fantasia

2 St. Louis North Stars

3 Ice Fusion

4 Revolution

Jr. Youth Formation - Group B

1 Arctic Sparks

2 Junior Icettes

3 The Jewels

4 Ice Crystals

Jr. Youth Formation - Group C

1 Mini Blades

2 Chicago Skates

3 Fire On Ice

Homewood-Flossmoor Ice Arena

Webster Groves Ice Arena

St. Peters Rec-Plex

Southgate Civic Center

Farmington Hills Ice Arena

iceZONE

Hartland Ice House

Carlson Ice Arena

Arctic Ice Arena

Homewood-Flossmoor Ice Arena

Robert Crown Ice Center

Crystal Ice House

Glenview Ice Center

McFetridge Sports Center

Southwest Ice Arena

Goggin Ice Center Miami University • Oxford, Ohio



Homewood-Flossmoor Ice Arena

Tampa Bay Skating Academy Oldsmar

Wayne Kennedy Recreation Complex

Carlson Ice Arena

Goggin Ice Center

Chiller LLC

Southwest Ice Arena

Washington Park Ice Arena

Southgate Civic Center

Webster Groves Ice Arena

Robert Crown Ice Center

Pettit National Ice Center

Farmington Hills Ice Arena

Brentwood Ice Arena

Center Ice of DuPage

Arctic Ice Arena

Kenosha Ice Rink

Richmond Ice Zone

Glenview Ice Center

St. Peters Rec-Plex

Youth Formation - Group A

- 1 Fantasia
- 2 Icettes & The Ice Man Arena
- 3 Shining Stars
- 4 Synchro St. Louis Ruby Edges
- 5 Arctic Snowflakes White

Youth Formation - Group B

- 1 Silver Leafs
- 2 Ice Cubes
- 3 Ice Crystals
- 4 St. Louis Synergy

Youth Formation - Group C

- 1 Oldsmar Shining Stars
- 2 Precicettes
- 3 Arctic Blaze
- 4 Robert Unger's Shooting Stars

Sr. Youth Formation

- 1 Arctic Snowflakes Blue
- 2 32 Degrees

Adult Formation

- 1 Kettering Ice Kadettes
- 2 Fort Wayne Blaze

Jr. Youth Skating

1 St. Louis Shining Stars

3 Team Chiller Dazzle

Youth Skating Select

1 St. Louis Synergy 2 Chicago Skates

3 Oxford Ice Crystals

6 Robert Crown Jewels

6 Team Chiller Titans

4 Icettes - 11

5 Icettes – 8

2 Synchro St. Louis Onyx Ice

3 Fantasia

Farmington Hills Ice Arena

Homewood-Flossmoor Ice

Southgate Civic Center

St. Peters Rec-Plex

Lou & Gib Reese Ice Arena

Leafs Ice Centre

University of Illinois Ice Arena

Crystal Ice House

Webster Groves Ice Arena

Tampa Bay Skating Academy

Oldsmar

Center Ice of DuPage

Arctic Ice Arena

Ice Chalet

Lou & Gib Reese Ice Arena **U.S. Ice Sports Complex**

Kettering Adult FSC

SKATING TEAMS

Canlan Ice Sports Fort Wayne

iceZONE

Chiller LLC

St. Peters Rec-Plex

Goggin Ice Center

Webster Groves Ice Arena

McFetridge Sports Center

Robert Crown Ice Center

Southgate Civic Center

Homewood-Flossmoor Ice Arena

Homewood-Flossmoor Ice Arena

Farmington Hills Ice Arena

Sr. Youth Skating Select

- 2 Revolution
- 3 Fire On Ice
- 4 Oxford Ice Crystals
- 5 Oldsmar Shining Stars
- 6 Team Chiller Catalyst
- 6 Capital Classics
- 6 Platinum Blade Brigade
- **6 Shooting Stars**
- 6 The Richmond Twizzlers

Sr. Youth Skating Premier

- 1 St. Louis Synergy
- 2 Junior Blades
- 3 Synchro St. Louis Ice Gems
- 4 The Jewels
- 5 Wisconsin Edge
- 6 Fantasia
- 6 St. Louis Fleur de Lis
- 6 Precicettes
- 6 Arctic Blaze
- 6 Ice Prisms

Teen Skating Select

- 1 Oldsmar Shining Stars
- 2 Beach Blades
- 3 Ice Stars
- 4 Robert Unger's Stars
- 5 Nashoba Valley Shooting Stars Nashoba Valley Olympia
- Ice Chalet

Iceland of Hampton Roads

Southgate Civic Center

Tampa Bay Skating Academy Oldsmar

Teen Skating Premier

- 1 St. Louis Synergy
- 2 Synchro St. Louis **Diamond Edges**
- 3 St. Louis Fleur de Lis
- 4 Oxford Ice Crystals
- 5 Starr Blades
- **6 Capital Classics**
- 6 Gold Blade Brigade

Adult Skating

- 2 Kettering Ice Kadettes
- 3 Revolution

- Webster Groves Ice Arena
- St. Peters Rec-Plex
- Brentwood Ice Arena
- Goggin Ice Center
- Franklin Park Ice Arena
- Washington Park Ice Arena
- Wayne Kennedy Recreation Complex

1 Texas Chilly Peppers Dr Pepper StarCenter Farmers Branch

- **Kettering Adult FSC**
 - Carlson Ice Arena

6 Southgate Sparkling Stars **Youth Skating Premier**

- 1 Northbrook Teams Elite
- 2 Silver Leafs Sm.
- 3 Stellar Blades
- 4 Fantasia
- 5 Ice Fusion
- 6 Synchro St. Louis Jade Blades 6 Silver Leafs - Lg.
- 6 Junior Beach Blades
- Northbrook Sports Center Leafs Ice Centre

Chiller LLC

- Glenview Ice Center
- Farmington Hills Ice Arena
- Hartland Ice House
- St. Peters Rec-Plex Leafs Ice Centre
- Iceland of Hampton Roads 6 St. Louis Synchro Stars iceZONE

DANCE TEAMS

Teen Dance

- 1 Inferno
- Canlan Ice Sports Fort Wayne

Adult Dance

- 1 Moms On Ice & One Pop
- Alpine Ice Arena

23 **RECREATIONAL ICE SKATING, FALL 2010**

2010 ISI Synchronized Championships































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RECREATIONAL ICE SKATING, FALL 2010 25



Education 2010 Scholarship Recipients: Winners On and Off the Ice



Kerianne Fernandez Tampa, Fla.

Kerianne Fernandez says that her heart belongs to skating for the joy it brings her, the life lessons and skills it has taught her and the ways it has helped her give back to her community. At Ice Sports Forum and Clearwater Ice Arena, Kerianne has mentored younger skaters and has volunteered as a coach and a competition assistant. She is the first and, so far, only skater at both rinks to have passed the ISI Freestyle 8 test.

"I have met hundreds of skaters and coached scores of

students, but Kerianne stands out in a truly unique way," says her coach, Tommy Brannen. "She is a kind person whose energy, integrity and values radiate to others around her. She is always eager to volunteer

as a skating coach to the younger skaters, who adore her, and she is a leader and role model to her peers."

Brannen compares Kerianne to the Energizer Bunny, and it's no wonder. She's a National Merit Finalist and National Hispanic Scholar who graduated from H.B. Plant High School in the top 4 percent of her class of 530. Her high school activities included the calculus math club, eight honor societies, cross country track, lacrosse and chorus. She also sang in her church's youth band, served as a leader on its youth service team, took a mission trip to Nicaragua and volunteered with Tampa's Metropolitan Ministries.

In her nine years of ice skating, Kerianne has participated in dozens of ISI-endorsed local shows and competitions as well as the 2008 ISI Winter Classic and the ISI 50th Anniversary Championships. She serves as vice president of her figure skating club.

This fall Kerianne begins her freshman year at Duke University, where she plans to major in biomedical engineering and minor in Spanish. She also is interested in Engineers Without Borders, studying abroad and taking dance to keep up with her skating, among other activities.



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"I'm looking forward to being a part of the ice skating club near Duke," says Kerianne, "and making skating more prominent for kids in the Durham, N.C. community."

In addition to the ISIA Education Foundation scholarship, Kerianne was awarded the Helen M. McLoraine Figure Skating Scholarship and another from the National Merit Corp.



Delanie Honda Victoria, Minn.

Just two years ago at age 16, Delanie (Lanie) Honda became one of fewer than 30 ISI skaters to pass the demanding Freestyle 10 test. This year, she has earned a spot on the list of only about 75 other skaters who have received ISIA Education Foundation scholarships.

Lanie started ISI learn-toskate classes just shy of her sixth birthday in St. Louis and later completed her Freestyle

testing at Parade Ice Garden in Minneapolis.

"ISI learn-to-skate lessons introduced me to the fun skating environment," Lanie notes. "When I began competing, I met new people from countries as far away as the Philippines. I looked forward to every ISI Worlds competition because I knew I would meet amazing skaters and increase my trading pin collection."

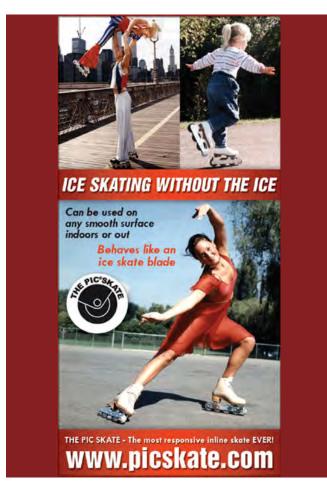
She has participated in four ISI Worlds competitions and two ISIA Benefit on Ice shows, including this year's show in Boston, where she was presented with her scholarship. Over the years, she has performed and competed in many local and regional events, and has also skated on a synchronized team.

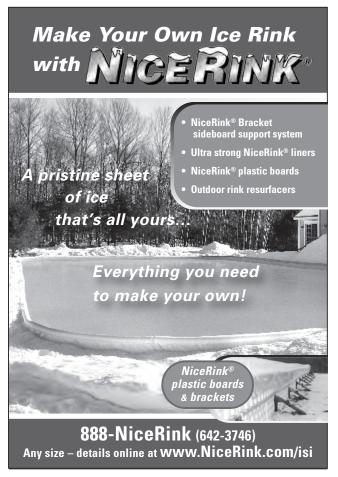
She has worked as a rink attendant at the Chaska Community Center and a learn-to-skate instructor at Minnehaha Ice Arena.

In addition to her ISIA Education Foundation scholarship, Lanie also received a Chaska High School merit scholarship and a four-year Balfour merit scholarship from Wheaton College in Norton, Mass. She graduated from high school with a 3.96 GPA on a 4.0 scale, plus many academic and extra-curricular accomplishments as well as service projects. She recently became a certified Braille transcriber through the U.S. Library of Congress.

Now entering her freshman year at Wheaton, Lanie says the college does not have an ice rink but that she is looking forward to rowing and snowboarding. Her major is undecided, but she plans to pursue a writing career.

"Skating has given me so much and has been a contributing factor to who I am today," Lanie says. "It has taught me humility, responsibility, dedication and time management. Knowing that if I give the same passion, time and commitment as I have for my skating, anything I do in the future will yield results just as sweet as passing my ISI tests."





RECREATIONAL ICE SKATING, FALL 2010 27



Adventures & Activities

WHAT'S MY SCORE?

Of course it's important to land the jumps and center the spins in your skating routine, but do you know what else the judges are scoring you on?

Below are some of the judging criteria. Match each one with the proper definition. Use your *ISI Handbook* (pages 294-301) for help, if necessary.



- 1. Correctness
- 2. Presentation
- 3. Rhythm
- 4. Posture
- 5. Flow
- 6. Originality
- 7. General Overall
- 8. Innovative Moves
- 9. Cleanness of Edges
- 10. Pattern
- 11. Duration
- 12. Artistic Impression

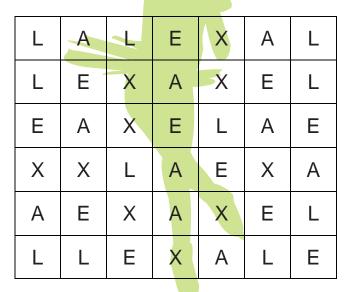
- a. Use of space and placement on the ice surface
- b. The judge's impression of the total performance
- c. The effect produced by use of art and style
- d. Timing and length of program
- e. The ability to be smooth and continuous
- f. Technical accuracy of the moves
- g. Uniqueness and variety of movements
- h. The ability to show a fresh, new aspect or style
- i. The ability to show style and personality
- j. Coordination between movement and music
- k. The ability to use strong, controlled edges with no toe-picks
- I. Head, arm, back and free leg positions

Answers: 1.f. 2.i, 3.j, 4.l, 5.e, 6.h, 7.b, 8.g, 9.k, 10.a, 11.d, 12.c

DID YOU KNOW...

The Axel is 1 1/2 revolutions in the air and was invented by a man named Axel Paulsen of Norway — who first did the jump in 1882, wearing his speed skates!

This jump is still considered a big accomplishment for skaters of all ages. Can you find the AXEL 12 times in the puzzle below?



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The brand new 2-in-1 ISI Handbook is now available!

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- **Section 1** Program information
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- **Section 3** Competition event summary chart
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- **Section 4** Judging (includes penalty reference chart)
 - Quick reference for duration
- **Section 5** Appendix with sample programs and diagrams of all dance step sequences

Order your new handbook today!

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RECREATIONAL ICE SKATING, FALL 2010 29

competitions

august

2-5 Koln, Germany

International Gav FSU. New York Gay Games VIII Cologne 2010

12-15 San Diego CA

Ice Town | Skate by the Sea

14-15 Oxnard CA

Channel Islands Ice Center Summer Skatefest Open ISI Competition

15 Frisco TX

Dr Pepper StarCenter ISI Summer Skate 2010

21-22 Brentwood MO

Brentwood Ice Arena **Summer Vacation Get-Away**

22 Vacaville CA

Vacaville Ice Sports | I Skate 80

26-29 San Francisco CA

Yerba Buena Ice Skating Center Skate San Francisco

september

11-12 Valencia CA

Ice Station Valencia

5th Annual Autumn Classic Competition

17-19 Arlington TX

ICE at The Parks

7th Annual Open Competition

24-26 Fort Myers FL

Fort Myers Skatium

City of Palms ISI Competition



october

8-10 Las Vegas NV

ISI Adult Championships Las Vegas Ice Center

23 Simi Valley CA

Iceoplex Simi Valley 8th Annual ISI Open Competition

Hingham MA

Winterland Skating School 24th Annual Halloween Classic

Aliso Viejo CA

Aliso Viejo Ice Palace

15th Annual ISI Open Competition

december

10-12 Northbrook IL

Northbrook **Sports Center ISI Artistic Challenge**



2011 february

11-13 St. Peters MO

St. Peters Rec-Plex **ISI Winter Classic**



april

1-3 Knoxville TN

Ice Chalet

42nd Annual Robert Unger ISI Skating Competition



8-10 Bensenville IL

The Edge Ice Arenas **ISI Synchronized** Championships

may

28-30 Dallas TX

Dr Pepper StarCenter Plano & PSA StarCenter **ISI Conference** Championships



july



24-30 Blaine MN Schwan Super Rink

ISI World **Recreational Team** Championships

september

30-Oct. 2 Oldsmar FL

Tampa Bay Skating Academy-Oldsmar **ISI Adult Championships**



december

1-3 Burbank CA

Pickwick Ice Center 2011 ISI Artistic Challenge

shows & exhibitions august

Stillwater MN

St Croix Valley Rec Center St Croix Figure Skating Summer Exhibition

december

Anaheim CA

The Rinks-Anaheim Ice Anaheim Ice 16th Annual Holiday Spectacular

Knoxville TN

Ice Chalet | 23rd Annual Nutcracker on Ice

Euless TX

Dr Pepper StarCenter | 2010 Ice Fest

18 **Arlington TX**

ICE at The Parks | Holiday at the Parks

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6th Annual ISI Holiday Card

creativity

Will YOUR design become the official 2010 ISI holiday card?

The ISI Holiday Card Creativity Contest has become an annual tradition with ice skaters across the country. If your design is chosen, it will be used as the official 2010 ISI holiday card and you will receive recognition in *Recreational Ice Skating* magazine as well as on the card itself.*

Send us your original design following these guidelines:

*The winning artist must assign the Ice Skating Institute ownership of, and all rights to, the winning design. Current ISI members of any age and membership level are eligible to participate.

- · 8 ½ " X 11"
- Any medium (paint, marker, pencil, pastel, etc.) but two-dimensional only, please.
- Be sure to sign your art!
- Do NOT fold or bend your art.
- You may send the artwork only, or you may add a sentiment if you wish.
- Include your full name, address, telephone number and ISI member number on a separate note.
- Submissions MUST be received in the ISI office no later than October 10.
- NOTE: Materials cannot be returned.

Ice Skating Institute

Send to:

Ice Skating Institute
Attn: Magazine Editor
6000 Custer Rd., Bldg. 9
Plano, TX 75023

ISI **Artistic** Challenge







Dec. 10-12

Northbrook Sports Center • Northbrook, IL Entry & Test Deadline: Oct. 15

ISI Puts FUN Skating Competitions on the Map!

Who else brings you the opportunity compete with no technical scores, in a real spotlight? Showcase your creativity in the 6th Annual Artistic Challenge at Northbrook Sports Center, home to one of Chicagoland's largest ISI programs. December is a great time to visit the Windy City, during the Magnificent Mile Lights Festival!



FOR MORE INFORMATION skateisi.org choosechicago.com nbsportscenter.org

Schedule and venue subject to change.