



FEBRUARY 8-10

GOGGIN ICE CENTER – MIAMI UNIVERSITY OXFORD, OHIO

ENTRY & TEST DEADLINE: DEC. 1

The hunt is on for a winter treat, and all paths lead to picturesque 200-year-old Miami University — often described as a "hidden gem" — for the 28th Annual ISI Winter Classic. You'll be welcomed and warmed by the hospitality at state-of-the-art Goggin Ice Arena, home of Miami's national champion synchronized skating team. The quaint, historic college town of Oxford is less than an hour away from Cincinnati and Dayton, making travel convenient from many U.S. cities. Plan your February escape now, to the largest, most fun winter ice skating competition in the land!



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what's inside

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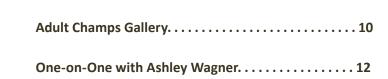
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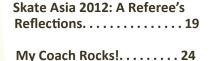
▶ features





Adult Champs in Vegas.....8







departments



Spotlight	4
Competitors' Corner2	0
ISIA Education Foundation Report2	3
Parents' Page2	6
Write On!	7
Calendar	8

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spotlight

What's going on at your home ice arena, or with your skating club or team? Send your news and notes to editor@skateisi.org.



Sam Tullis Wins Holiday Card Contest

This year's ISI Holiday Card Creativity Contest drew dozens of entries (see pages 16-17), presenting a big challenge for the selection committee. It was Sam Tullis's skating snowmen in pencil that won the most votes and will become the official ISI office holiday card for 2012.

Sam, 14, has entered the holiday card contest

in the past, a reminder that it pays to be persistent, both on and off the ice! She says she was inspired for her card design by her own family and the backyard ice rink they

create at their home each winter. "That gave me the idea because I'm usually pulling my family out onto the ice," says the Freestyle 4 skater from Stoughton, Mass.

In addition to drawing and doodling, Sam enjoys photography, soccer and softball, and plans to play ice hockey for her high school this winter. A ninth grader at Stoughton High School, she says her favorite academic subjects are math and digital photography.



Sam has been an ISI member for five years and skates at rinks in Milton, Randolph and Pembroke, takes lessons with coach Aimee Driscoll and also teaches learn-to-skate classes. She has participated in many ISI events, including the Bay State Games, and is looking forward to competing in the State Games of America next summer.

Congratulations, Sam! Keep drawing, skating, studying and playing!

Skating Through Town with Talbot

Every season the Talbot Figure Skating Team from Talbot County Community Center in Easton, Md. enters their ice skate float in the local Olde Tyme Holiday Parade for a little fun and team bonding prior to their first winter exhibi-



tion and competition schedule. Team parents built the giant skate float and members helped paint and decorate it.



It's a great way to create community excitement and promote the Talbot Figure Skating Team and its events and achievements.

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Jôsi Pretto Simmons: Ambassador of Hope



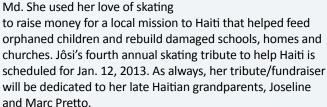
Jôsi Pretto Simmons is an inspiring 8-year-old who is working to make a difference in the world through figure skating.

At the tender age of 6, Jôsi was deeply moved by the horrific earthquake in Haiti on Jan. 12, 2010,

which killed more than 300,000

people, injured 300,000 more and left 1.5 million homeless. She and her then 4-year-old brother, Jeremie, participated in a skate-a-thon later that January at Bowie Ice Arena to support relief efforts in Haiti.

In January 2011, to mark the one-year anniversary of the earth-quake, Jôsi performed a skating solo tribute at the University of Delaware's Synchronized Skating Send-Off Exhibition to again raise money and awareness for Haiti. On Jan. 14, 2012, Jôsi continued her humanitarian efforts by hosting her third annual skating tribute at Tucker Road Ice Rink in Fort Washington, Md. She used her love of skating





Last summer, Jôsi went on her first mission trip to Haiti. There she helped build an earth oven and assisted with music education and English literacy programs. She also collected more than 250 books to start a children's library in the village of Lebrun, Haiti (check

out her video journal on YouTube; search for "Alo Ayiti!"). A follow-up mission trip to Haiti is scheduled for next spring,

for which she hopes to collect at least 1,000 more books to donate to a children's library.

Recently, Jôsi was honored as the only youth skater/cast member invited to participate in the show "Change," a touring ice skating production featuring former Olympian Surya

Bonaly and professional figure skater Rory Flack (colorofice.net). Jôsi will portray a young Mabel Fairbanks, who was the first African American inducted into the U.S. Figure Skating Hall of Fame.

Jôsi will also be featured in a documentary called "Resilience," which documents the inspirational stories of

the women of Haiti and resurrects the call for change in a country marred by continuous challenges and struggle.

Jôsi spends 20+ hours on the ice each week and also volunteers to help be-

ginner skaters in the "Kids on Ice" program, which offers free lessons to Washington, D.C. area children. She is the youngest member of her synchronized skating team and loves to perform gymnastics on ice. A Freestyle 6 skater, she has participated in

several ISI national events, including 2010 Worlds and 2012 Conference Championships.

Although Jôsi has achieved a lot in the three short years she has been skating, the accomplishment she is most proud of is her ability to use her passion for skating to help others. She is truly an ambassador of hope!

To read more about Jôsi and her charitable efforts and performances, go to iskating.org.





Top 10 Reasons to Go to







- 9 Traveling with your team (bus/plane trips and hotel rooms/door decorations)!
- Parking lot warm-ups and learning a flash mob dance!
- Visiting the Mall of America, the largest shopping/entertainment complex in the country!
- Skating at Schwan Super Rink, home to eight ice rinks under one roof!
- Showing off your spirit wear and trading pins with new friends!
- Team makeup sessions and locker room jokes!
- Watching your parents go crazy in the stands!
- On-ice award ceremonies!

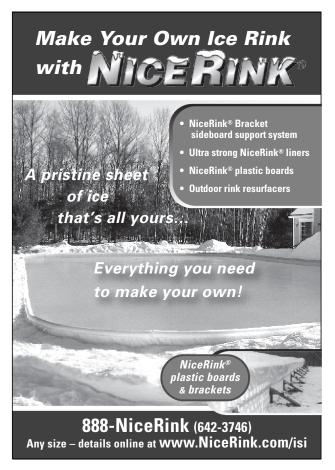
Skating your best and making memories with your friends!







Is your team signed up for the 2013 ISI Synchronized Championships in Blaine, Minn.? Don't miss this spring skating competition, where synchro teams of all ages and levels show their spirit and skill! The entry deadline for the April 12-14 event is Feb. 1. For more information and updates, go to skateisi.org/synchro.



















ADULT CHAMPS IN VEGAS



it again!

The Tampa Bay Skating Academy-Countryside

team has captured ISI Adult Championships top honors and the Erika Amundsen Trophy for the 12th time! The Sacred Heart University team once



Collegiate Champions Sacred Heart University David Sadleir Photography

again claimed the Collegiate Trophy. Among the highlights from the national event, held in Las Vegas Oct. 5-7, was a skater clinic led by the LVIC staff and featuring threetime Olympian Surya Bonaly. Special thanks to host facility Las Vegas Ice Center and

Team Champions TBSA-Countryside David Sadleir Photography

skating director Vassili Mourzine for another successful and memorable Adult Champs. Next year's Adult Championships competition is set for Oct. 11-13 at the Yerba Buena Skating Center in San Francisco.

TOP 10

PLACE	RINK	TOTAL POINTS
1	Tampa Bay Skating Academy-Countryside Clearwater FL	369.0
2	Sacred Heart University Fairfield CT	317.5
3	Vacaville Ice Sports Vacaville, CA	309.5
4	FMC- Aleixo Arena Taunton MA	185.5
5	Superstars Figure Skating Club Elk Grove Village IL	145.0
6	Skatetown Ice Arena Roseville CA	139.5
7	Arkansas Skatium Little Rock AR	132.0
8	Ellenton Ice & Sports Arena Ellenton FL	118.0
9	Skating Club of Greater Youngstown Youngstown OH	112.0
10	Lloyd Center Ice Rink Portland OR	84.0

For complete list of teams and results, go to skateisi.org/adultchamps.



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Wow! Adult Champs in Las Vegas this year was awesome! It was so great to see old friends and make new ones.

La Pista from Mexico City brought some great new team energy to the Adult Champs Family.

I think we can all agree that the Adult Champs prom king and queen were Robert Johnson and Samantha Rentfleish from Superstars Figure Skating Club. Their joy and laughter and hugs were just the ticket to soothe any nerves. How can you not be joyful with their infectious smiles and laughter?

Debra Pena from the KROC Center in San Diego hit her first-ever ISI competition with such enthusiasm — it showed on her face during each of her programs.

Ryan Wilcox, Anden Staggs, Isaiah Baggett and Mark Carapella II were a fun group from South Suburban Ice Arena who were anchored by the Darling Dowlens. Sherry Dowlen showed us all that at 49 years young and a Freestyle 9, you can still bring it and kick some ice! Of course, Miss Yvonne had us all bowing at her feet. I told her that when I grow up, I want to be just like her; I think

she gets that a lot.

What a joy to sit in the stands and cheer everyone on, beaming with pride on so many levels. Where else will you find a group of competitors who honestly adore each other and wish only the best for each other? The answer is ISI, baby!

Christine Crowe Goggin Ice Center Louisville, KY



Natalie Gutin and Christine Crowe

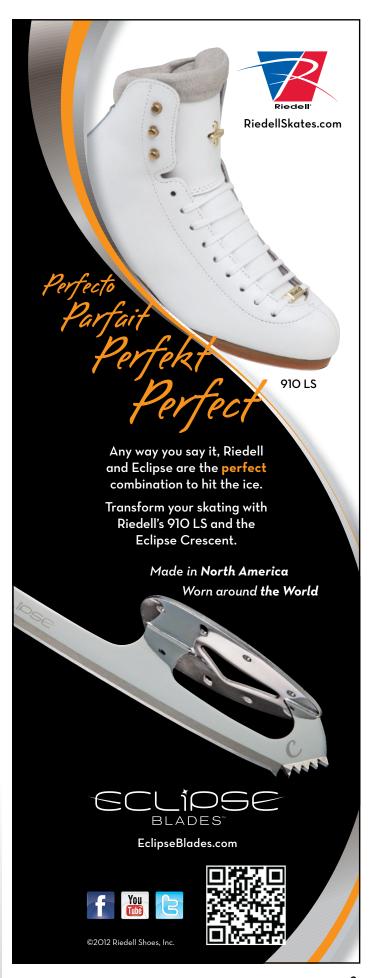
What a great venue for adult skaters to have the ISI Adult Champs, in Vegas of all places! The atmosphere of Vegas is so exciting and thrilling, along with the many shows, hotels and restaurants; I just couldn't help but be excited all the time and make the most of my time there.

Along with a great venue, the memories are what make Adult Champs so special to me as an adult skater. Amazing friendships are formed with every event, and I was so excited to have been reunited with almost everyone that I had met last year at this competition. I also met some great skaters and formed new friendships.

This year, I was doing two routines that could not have been more different from one another, and I was able to get through them because of the support of my fellow skaters. One was a soft, emotional piece, and for my Dramatic Spotlight I decided to go completely Vegas style with a program inspired by a show that my husband and I saw in Vegas, *Absinthe*.

Thank you, ISI, for hosting Adult Champs, and keep them coming!

Natalie Gutin Sky Rink @ Chelsea Piers New York, NY

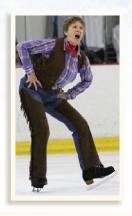




012 ISI ADULT

David Sadleir Photography (icecrobat.zenfolio.com)













































CHAMPIONSHIPS





The ISIA Education Foundation was proud to present 2012 U.S. national champion Ashley Wagner as the featured skater in the Benefit Show during ISI Worlds in July. She and her coach, John Nicks, led skater clinics for Worlds participants, and Ashley sat down with us for a dressing room interview afterward.

Like many figure skating champions, Ashley has roots in the ISI program. And like most athletes who eventually rise to the top, her journey has been long and challenging. From a narrowly missed spot on the 2010 U.S. Olympic team and other competitive setbacks to injuries and painful pinched nerves requiring physical therapy, Ashley's disappointments have only bolstered her determination, maturity and confidence. Now 21, Ashley is an inspiring example of "Attitude is everything."

ISI: How old were you when you started figure skating, and how did you get your start?

AW: I was 5 and we were living in Alaska. We needed something to do because we had moved around so much, and my mom was trapped in the house with my brother and

a teacher, so academics were huge to us. I believe they should be stressed, because a skating career will eventually come to an end.

ISI: What do you think distinguishes your skating style or onice personality?

AW: One of my strengths, performance-wise, is that I love intensity. I try my best to combine that with the necessary technical elements. I'm a jumper. I love the feeling you get flying through the air and the sense of accomplishment when you land something difficult. I like the Falling Leaf and split jumps. I'm a lefty and I spin and jump clockwise; the dominant way for most skaters is counter-clockwise.

ISI: What have been the greatest rewards of your skating career?

AW: It's so satisfying to know that, at the end of the day, I worked as hard as I possibly could it paid off. It's physical proof that if you set your mind on something and you go after it, you can make it happen. There's a bit of luck involved, but I had a big goal and set realistic mini goals along the way.















me. Alaskan winters are long and boring, and there was a rink nearby. I started mostly for fun, but after seeing Tara Lipinski in the Olympics, I knew by age 6 or 7 that I wanted to be an internationally competitive figure skater.

ISI: Do you remember first taking to the ice, and how it felt?

AW: I remember that I loved how fast I could go. I felt so comfortable, right away. I was not afraid to go fast, and now that speed helps me get height and flow out of jumps.

ISI: As you became more competitive, what challenges did you face with academics and your social life?

AW: It was really tough. My family moved nine times in 10 years due to my dad's military career, so I was always the new kid. But it helped me adapt more easily to new environments. My mom is

ISI: What have been your toughest skating challenges?

AW: So many people can relate to this — it took me four and a half years to get my double Axel. But I felt that if I gave up on that after putting so much time into it, it would be such a waste.

Skating is 90 percent mental, and there's pressure that comes with that. You have to take it one step at a time, and that really helps in other areas of life. In the face of disaster, I'm one of the calmest people you're going to find. And I'm great at time management and being able to deal with bigger problems in a mature way.

Two years ago, I didn't think I'd ever be able to skate again after I suffered severe concussions and body tremors from hitting my head three times in one week. I spent two weeks in and out of the hospital. The therapy process was long-term and

extremely painful. You have to think about your safety and know ways to take care of yourself.

ISI: What are your schedule and lifestyle like these days?

AW: I start on the ice at 9 a.m. and finish at 1:30. Then I have one to two hours of off-ice training. I take one or two classes in the late afternoon during school season.

But even at this level, balance is so crucial. I love the outdoors and hiking and biking. I have incredible friends who have nothing to do with skating. I try to give myself a break from the ice. That's how I still love it. I've seen people skate too much and burn out at a very young age.

I'm also working with Classroom Champions, a program that pairs athletes with lower-income school districts to help motivate students through video blogs.

ISI: What are your 2014 Olympic goals, and is your preparation different this time than it was last time?

AW: I'm on a great track right now to get onto the team. My ultimate goal is that I want to go and be COMPETITIVE at the Olympics, be someone they need to watch out for. I want to be one of the top contenders for that medal. I work on building my programs in chunks, so by the time I get through a whole runthrough, I'm mentally prepared.

ISI: Tell us about your relationship with your coach, John Nicks, who has coached many Olympians during his legendary career.

AW: His bark is worse than his bite, but he is an incredibly wise man. He's been in the sport for so long; if he tells you to do something, it's tried and true, and he knows what he's talking about. We have a very open and honest relationship.

ISI: What makes ice skating a good sport for all ages and skill levels?

AW: It's a perfect combination of performance and sport. If you









want to be in it for the technical aspect, that requires a ton of athletic ability. If you're more of a dancer or more artistic, you can have that, too. It's incredible for fitness. And the sport, in general, is a huge family — the people you meet and get to know well will be there for the rest of your life.

The track I took is not for everybody — it's extremely stressful, expensive and time-consuming. But you can achieve success in skating without going through all that. ISI offers a friendly, welcoming and positive environment.

ISI: What are your post-competition plans?

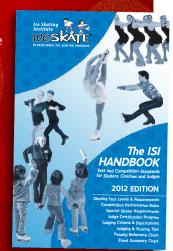
AW: I plan to go into show skating because I love the feeling you get performing in front of an audience. And I'm really intrigued by broadcast sports journalism. But I'm a firm believer that you shouldn't plan your life too carefully, and see what happens. **EIS**

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13

by Rikki Rendich Samuels Photography: foto-schramm.com

everal years ago I wrote an article for this magazine about the joys of teaching at Rockefeller Center during the holiday season when New York City's biggest Christmas tree is on display and viewed by hundreds of thousands of tourists and skaters.

Coaching and skating at The Rink at Rockefeller Center is a unique experience, unlike that of any other ice rink. Like most coaches, I have regular students who meet with me weekly, but I also frequently receive calls from "appointment" skaters wanting to schedule a single lesson on our famous rink when they're visiting the city and its museums, Broadway shows and other

tourist attractions. Some take their lesson using our rental skates.

Since my first article appeared, I began noticing more requests for lesson time from ISI skaters. I know they are ISI skaters from the comments they or their parents offer when making their appointments, such as "She needs help landing her Axel," "He's working on Freestyle 5" and "I can't hold the back inside edge after my 3-turn that's equal to my height."

These are ISI skaters, for sure.

On the lce with RIKKI AT ROCK CENTER

I'm usually happily surprised at the fine technique most of these skaters have. When I make a small tweak (which was probably has been instructed many times over by their regular coach), they are delighted when it works. The fact is, they are remembering all of their coach's hints and corrections and they simply want to achieve this move at Rockefeller Center for memory's sake. "I landed my first Axel at Rockefeller Center" sounds great!

Only at this rink will you find a large, full-time, live audience. Tourists watching from the street level above the rink will cheer when they see a skater succeed at a move after multiple attempts. The skater's arms go up in elation, the crowd responds loudly and we all enjoy a moment of shared elation.

The most difficult move for me to improve on at the Rockefeller Center rink is the layback spin. Most skaters are used to pushing their hips forward, laying back with arms extended and not really concentrating on what they are seeing — because it is usually the boring ceiling of an indoor skating rink. Not so at Rockefeller Center!

When the skater lays back here, she sees four very tall buildings looming into the sky and spinning around. The GE Building (formerly the RCA Building) is more than 70 stories tall — that's equal to the height of about 24 houses! It's overwhelming. Skaters often suddenly stop with their toe, eyes as wide as saucers, and exclaim, "That was scary!" I've learned to warn them, but it never fails to catch them off guard.

Another move that is difficult or different to teach on this rink is the classic entrance to a forward spin. Because our rink is outdoors, our ice is "outdoor ice" — it's a little bumpy. We also have wind that most indoor skaters are not accustomed to.

To enter a spin, the skater has to really bend down

in that skating knee, but not lean forward. She must keep the weight as far forward as possible without the toe hitting, and maintain a consistent, decreasing spiral edge as the power builds up. The technique must be near perfect to do a decent spin. If you can center a spin at Rockefeller Center, you can center a spin anywhere!

Real skaters think of Rockefeller Center Rink as small. They are correct: it's about a third smaller than most rinks. They also think of it as always terribly crowded. Well, not exactly. It's amazing how one skater can





perform a long spin in the center of the ice and a crowd forms around her. This gives her and her fellow skaters room to do their moves no matter how crowded the rink is.

It is crowded during the holiday season, as is all of Midtown Manhattan, but the rest of the year, it is like many rinks: competitive skaters in the morning, adults at midday, recreational skaters after school and a mix of general session skaters at night. Any one session is satisfactory for practice, but cannot be compared to a freestyle session.

The other thing that's unique at Rockefeller Center Rink is that you see celebrities here. The rink is near Broadway and NBC Studios, home of the Today Show, NBC

News and 30 Rock, for which exterior scenes are filmed at the GE Building, located right at rinkside.

Celebrities who want to enjoy a skate with their kids or friends often wear baseball caps to help hide their faces. Some celebs don't mind being recognized and mingle openly. Regular skaters at the Rockefeller Center rink never ask for autographs.

ISI skaters come to the rink with a purpose. They seem to be seriously concentrating on their skating moves and oblivious to other skaters.

Some ISI skaters visit New York City every year and return for a lesson from me each time they are here. I've been teaching at Rockefeller Center for 29 years, so I have quite a few students whom I've seen grow up and become better skaters over the years. This is what I call terrific satisfaction: seeing a skater growing into a lovely, mature adult and an increasingly accomplished skater.

For information about The Rink at Rockefeller Center, go to therinkatrockcenter.com. AS

Rikki Rendich Samuels coaches at both The Rink at Rockefeller Center and Sky Rink in New York City.





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Ashley Dondes



Bella Olson



Grace Gallant



Jade Gogea & Patty Jones



Kalynn Berringer



Julia Salter

2012 Holiday Card Creativity Contest Entries

Also view entries in the holiday card album on ISI's Facebook page



Paige Brown





Sophia Jukovich



Kaitlyn Edwards



Kaitlyn Finnegan



Katerina Victorino



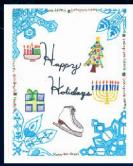
Sam Tullis



Savanna Gray



Claudia Hadley



Danielle Prifti



Emily Masters



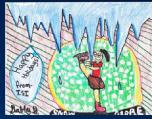
Erin Tibbatts



Caroline Xiang



Sydney Hallett



Gabby Gallant



Bethany Ewert



Katie Frantik



Madison Hansen



Xanthe Thomas



Lauren Paquette



Madelyn Courtney



Thea Millam



Nicole Kelly



Lucas Rosa

Sydney Dondes



Shelby Sorensen



Melissa Varros



Madeline Willey

Emma Grenzebach



Mayou Hayashi



Sierra Hallett







MALAYSIA 2012

by Jean Albrightson

A team of six ISI referees traveled in early August to Kuala Lumpur, Malaysia for the Jackson Ultima Skate Asia 2012. Our team consisted of Patti Feeney, Margy Bennett, Cindy Solberg, Jenise Jensen, Lisa Fedick and myself.

The annual international competition was held in a beautiful area about 10 kilometers southwest of Kuala Lumpur in Petaling Jaya. Where a tin mine once stood are now a large lagoon with adjacent amusement and water parks. Looming over Sunway Lagoon is Sunway Pyramid Mall, styled to depict an Egyptian pyramid complete with a huge fiberglass Sphinx, and inside the mall is a very busy ice rink.

This year marked the fourth time since 1999 that Sunway Pyramid Ice has hosted Skate Asia. Sunway is a favorite venue among Asian skaters, as evidenced by this year's statistics: 613 competitors from nine countries representing 21 rinks, for a total of 2,423 entries. Thanks to competition directors Paul Wong and Harry Janto Leo, the Pyramid Ice staff and a large force of helpful, friendly volunteers, eight long days of competition plus opening and closing ceremonies were carried out smoothly and flawlessly.

Referees, judges and spectators were treated to competitors of all ages performing hundreds of polished technical skating programs and creative routines wearing amazing costumes, many reflecting the skaters' home cultures. There continues to be a large percentage of male skaters in Asia; what a pleasure it was to serve on the panel judging seven young men competing in the Freestyle 10 Team Compulsory event!

People are often surprised to learn that ice skating is so popular in countries located in the tropics, but, in fact, skating is actually on the rise there — in part because of more and better-run competitions such as Skate Asia! Another important aspect of the annual "big" competition

A Referee's Reflections

is that it serves as a reunion for the skating communities of various countries, where differences in language and culture melt away as friendships are renewed and competitors have fun with one another on and off the ice. The same is true for the referees. As an 11-time Skate Asia attendee, I truly enjoy spending time on and off the judge stand with coaches from many countries who have become dear friends.

Thank you to Paul for great organization and to Harry and his Sunway Pyramid Ice staff for their wonderfully warm and generous hospitality. Thank you to Jackson Ultima Skate Inc. for its generous sponsorship. Finally, congratulations to the Cityplaza Ice Palace team from Hong Kong, the winners of Skate Asia 2012!

TOP 10

PLACE	RINK	TOTAL POINTS
1	Cityplaza Ice Palace Hong Kong	1890.5
2	Sky Rink Jakarta Jakarta, Indonesia	1460.0
3	Sunway Pyramid Ice Kuala Lumpur, Malaysia	1428.0
4	Riviera Ice Chalet Hong Kong	1094.5
5	Festival Walk Glacier Hong Kong	1079.0
6	Ice Planet Bangkok, Thailand	682.5
7	SM International Skating Rink Manila, Philippines	587.0
8	Gardenice Bandung, Indonesia	565.5
9	Sub-Zero Ice Skating Club Bangkok, Thailand	492.0
10	Open Ice Imperial Bangkok, Thailand	383.0

RECREATIONAL ICE SKATING, WINTER 2012 19



t the end of every year, as we round the corner to the next, most of us take a moment to stop and reflect on the highs and lows of the past and consider the prospects for the future. Some milestones may have been met; some opportunities may have been missed.

As skaters, we do the mental math and start ticking off the boxes systematically. Freestyle test passed? Check. Local show or competition entered? Check. New jump mastered? Well, almost. A quick inventory done and it's time to start another year. Right?

But what if you really took the time to envision yourself one year from today? What would that year look like? Would it be loaded with hard work and discipline, packed with pressure and problems, or full of fun and excitement? Could you control the outcome if you wanted to, or does the year just "happen"?

There is no doubt that the best skaters in the world take the time to map out their year. They, along with their coaches, literally put pencil to paper and create their working plan for the season. While this activity may not happen at the same time for everyone, it is a part of training that allows skaters to take control of their future.



The simple act of making a list of goals will help you begin to feel more confident and before you know it, you will be progressing down the road you had hoped to travel. Perhaps that road will take you to an ISI national competition where you will meet new friends, land a new jump or try out a new event. Maybe you will go to college, skate with a team and earn a new nickname. Maybe this will be the year you master your nerves and pass that next test!

As this year slips quietly into next, take this opportunity to map your future successes. Don't just let the year happen, make it count!

High-Level Tests

Congratulations to the following ISI skaters who have recently passed high-level tests:

DANCE 9

Sarah Bowman Tampa Bay Skating Academy-Oldsmar Oldsmar, FL

FREESTYLE 8

Nicole Cardarelli Nashoba Valley Boxborough, MA

Kyle James Tampa Bay Skating Academy-Countryside Clearwater, FL Katie Johnson Tampa Bay Skating Academy-Countryside Clearwater, FL

St. Peters Rec-Plex St. Peters, MO

Brianna McLuen Schwan Super Rink Blaine, MN

FREESTYLE 9

Alex Moran Nashoba Valley Olympia Boxborough, MA

Classified Advertising

Calling All ISI Coaches!

Advertise yourself for FREE at PrivateProList.com! Coupon code: ISIOffer12

Offer expires 12/31/2012



To place classified advertising, call Carol Jackson, advertising sales manager, at (972) 735-8800, fax to (972) 735-8815 or send e-mail to cjackson@

skateisi.org. The deadline for the next issue of Recreational Ice Skating is Jan. 25.



here is perhaps no scarier thought than standing on the ice in front of judges and an audience and not having a planned program. Sounds like your worst nightmare, right? But what if that was exactly what you were supposed to do? What if you didn't actually forget your program, but instead you were given the freedom of completely making up your own — on the spot? Welcome to the world of Interpretive skating where YOU get to be the choreographer and chose the things you want to do. How exciting is that?

OK, maybe you're not convinced. After all, you spend hours and hours perfecting your Freestyle program so that you know each and every step, turn and maneuver as if it were a part of you. Why in the world would you want to go out without a plan? The truth is that you don't, and if you take a little time to learn some basic skills, you won't.

Listen, listen and listen!

Interpretive events always start with the opportunity to hear the piece of music that has been chosen for your event. At a national competition, this will happen in a locker room about 15 minutes before you warm up. At some local events, this may happen on the ice during warm-up.

Regardless, when you hear the music for the first time, it is important to concentrate on really hearing it. Does it have words? And if so, what is the song "about"? Focus in on some key words and remember them. If you can gesture them, that's a bonus. For example, if the song is about love, you could make a heart with your hands, pretend to hug yourself or even blow a kiss. If it is instrumental, listen to determine what kind of beat it has.

Some skaters get nervous if they aren't familiar with the song, but that doesn't keep them from knowing how the song makes them feel. Is it fast and upbeat or slow and emotional? What about the instruments? A set of drumbeats, for example, might play into a footwork sequence, or a fast violin section might highlight a quick spin. Listen for big bashes or crescendos for a dramatic landing. Don't worry if you don't hear all of this the first

time through. You will get at least two more opportunities to hear it before you perform.

Don't skate a Freestyle program!

Of course you will want to incorporate some of your favorite maneuvers into your program, but the judges are not scoring difficulty. It's fine to add an Axel to your program, for example, but it will not earn you anything extra just because of increased difficulty. Choose moves that highlight the music, add some variation to make them interesting and keep the program balanced.'

Don't do three spins even if the music sounds "spinny" — most Interpretive programs are between 1 and 1½ minutes. You should be able to fill that with a variety of spinning, gliding and jumping maneuvers if you take a minute to think about it.

Vary your pattern and direction, too. You don't have to be perfectly balanced, but skating in one big circle usually indicates that the skater is lost. It's OK to use patterns from your own programs to help with this, but just remember that the judges are looking for your creativity. Make up a footwork section on the spot and don't worry about the difficulty of it. It's still more creative than doing a dance step, for example.

Perform!

Don't be afraid to try something "crazy." If the music calls for it, stop in the middle of the ice and break out a Charleston or try your hand at a moonwalk! While you might be thinking quickly on your feet, you still need to remember that you are entertaining the judges and the audience. Use facial expressions, arm movements and anything that helps to convey your interpretation of the music. Just be sure you know the maneuver limitations for your level.

With a little mental preparation and perhaps some "practice" you can be great at Interpretive. Put on some random music during your Freestyle sessions and challenge your friends to see who can be more creative. Have fun with it and don't take it too seriously. The more relaxed you can be with it, the easier it comes. And who knows, perhaps you will find your new favorite event! **QS**



Competition Checklist:

Stay Organized for Skating Success!





by Maria Koman, Skating Director

Skating Club of Greater Youngstown and Kidskate (Hess Ice Rink)

We're already well into competition season, but it's not too late to start using the steps on this **helpful list of reminders**. Be sure to copy it and use it to keep you on track for each competition.

BEFORE COMPETITION DEADLINE:

- Make sure your ISI membership is current.
- Confirm that your highest tests are registered for all of the events you are entering.
- Complete registration form, keep a copy and send or turn in to your coach for review.

ONE MONTH BEFORE COMPETITION:

- Plan and finalize your costume choice with your coach for each of your events.
- O Plan and finalize your props for any Spotlight events.
- Use your copy of your registration form to double-check that you have learned all your routines.
- Check that you have included all the required maneuvers for your test level.
- O Double-check duration of all music.
- Make all your travel plans.

THE WEEK BEFORE COMPETITION:

- Make sure that you have two copies of all your music. Label with the correct information: name, age, sex, event, level and your club/rink.
- Take the time now to confirm that you have all your costumes and Spotlight parts.
- Make your own checklist of items for your skate bag. Include skates (and bring both of them! Don't laugh, they have been known to be left behind!), skate guards, practice outfit, jacket, gloves, towel, backup copies of your music and needle and thread — just in case! Pack this after your last practice at your rink.
- O Put your name on your jacket, sweater, skate bag, skate guards, anything you will be taking to the rink. If you forget it you might not get it back!

- Schedule practice ice at the competition.
- Verify the competition schedule for all of the events you have entered, know the day, time and what rink you are on. Check that you have enough time between events to get to where you need to be. Discuss any issues with your coach.

AT THE COMPETITION:

- O Set out to be a good sport and honor the ISI Skaters Creed!
 - I will try to do my own personal best.

I will support and encourage my fellow teammates.

I will make three new friends at this competition from ice rinks other than my own.

I will be a good representative from my home club/rink team.

I will skate at my own true level of ability.

I will be modest in victory.

I will be gracious in defeat.

I will not focus on winning but on my participation and enjoyment of ice skating.

- Expect crowds at the rink! If possible, come to the rink dressed in your competition costume. Locker rooms can be crowded and chaotic.
- Arrive at the rink one hour before your scheduled warm-up for your first event. Check in at the registration desk and turn in your music.
- O Check the posted schedule for any last-minute time changes.
- Keep the backup copy of your music at rinkside.
- Check in with the monitor, find out if the schedule is on time and know your skating order.
- Let your coach know if you are leaving the rink at any time and when you will return.
- SMILE, skate great and have lots of fun!



Scholarship Application (Tips

ave you been involved in the ISI program for four or more years? Are you college bound? Are you currently in college full time? If the answer to two of these questions is "yes" then you should be planning to apply for an ISIA Education Foundation scholarship.

As many as four ISIA Education Foundation scholarships are awarded each year to ISI members who are well-rounded representatives of the recreational ice skating program. You do not have to be the best skater or the highest-ranking student. We are looking for young adults who have exhibited a passion for their sport through their participation, a commitment to furthering their education and a desire to give something back to their arena and their community.

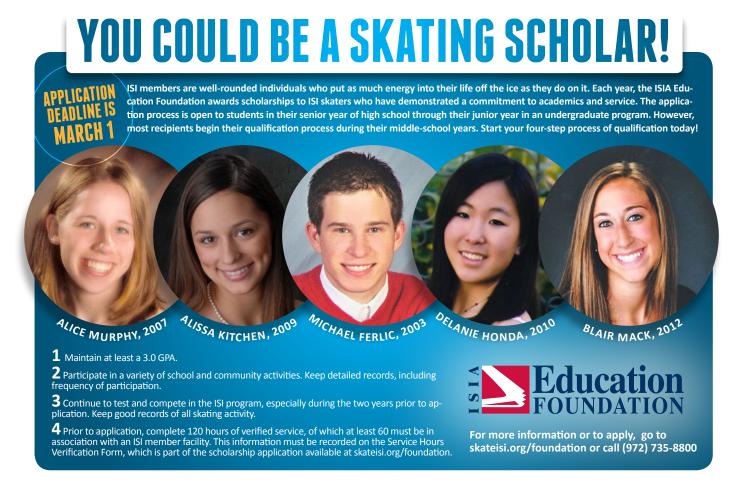
Scholarship applications are due by March 1 to be considered for awards in this academic year. All of the application materials that you will need are available at skateisi.org/foundation. You are eligible to apply for a scholarship beginning in your senior year of high school, through your junior year in an undergraduate university program.

We strongly encourage you to begin logging your service hours (on the form provided) in your freshman year of high school. Remember, everything you do inside and outside of your rink counts: coaching; judging; volunteering at learnto-skate, a competition, a show, or a church; and even paid employment. All of these activities help identify you and are considered in the selection of the scholarship recipients.

Also be sure to keep a record of all ISI events in which you have participated. Keep in mind that ISI national events are weighted more heavily than local ones, but every competition, show and test is important.

You will be asked to write a 500-word essay on why you should receive an ISIA Education Foundation Scholarship. We want to know how the ISI recreational ice skating program, through its goals and philosophies, has helped create and define the young adult that you have become.

Good luck and happy skating (and studying)! **EIS**



Does your coach rock? Please send a short essay telling us why, along with a high-resolution

photo, to editor@skateisi.org. Note: Only skaters may submit essays.



My coach, Luis Lovett, from Yorktown, Va. is the best coach ever! From the day I first started working with him, I felt the immediate love he has for all his students. He taught me the principles of skating, but most important, he taught me how to be a great young man. Luis taught me to always stay positive and to never back down from my dreams. I remember him always saying, "You can never dream big enough. If you give it 100 percent and never take your eye off the goal, your dream will become reality!" I am currently on tour with Disney on Ice: Dare To Dream and I would not be the show skater I am today without Luis being the best coach ever! **Kyle Smith, FS 8** Lynchburg, Va.

AMY KOLAND

I have the best coach EVER! Her name is Amy and this is why she ROCKS: Amy is a great skater (she makes power edges look easy!) and she has more energy than all us kids. She always smiles and is really patient, even when teaching me the changefoot spin for the 200th time on a Friday morning. She knows how to explain things so I can understand, which isn't easy because I'm a lefty! She never gets frustrated. When I get frustrated, she keeps me going. We work hard but laugh and have fun, too. Amy teaches me how to be a good person and a good sport whether I win or lose. She keeps me calm in competitions and tells me it's

about doing my best and having fun, not about winning or losing. Amy believes in me. She keeps telling me I can do it. She keeps me believing in myself, too. I know that I can do anything if I just keep trying and don't give up. She makes me feel good about myself. That is why Coach Amy ROCKS!

Jordyn Meyer, 8, FS 3 **White Bear Lake Sports Center** White Bear Lake, Minn.





I have been skating since I was 4. I started private lessons when I was in group level 1 and I flew by the levels. I have learned so much and I keep on learning many more things. I have the best coach. Her name is Angie Payton, and she has taught me so many cool jumps and spins. I recently passed Freestyle 2 and I am working on Freestyle 3, learning my back scratch and combination spin, which is really hard. I can't wait to learn my sit spin. I see everyone doing that spin and the Axel jump and I know my time will come, at least that is what my mom and dad and Coach Angie keep telling me. I have so much fun even with the hard things — I still want to do them even when I fall. My coach believes in me and I think that is why I can do everything I have done so far. My favorite thing that she has taught me so far is my waltz jump and my forward spin. She is the best mentor.

Morgyn Patterson, 7, FS 2 **Owens Recreation Center-Peoria Park District** Peoria. III.

The best coach ever resides at TBSA-Countryside. His name is Bill Coyle! He devotes countless hours six days a week to his students, coming in as early as 6 in the morning and staying as late as 9 at night. Mr. Bill's passion for teaching shows through his adoring students. We all enjoy coming to the rink, excited to see what he has in store for us that day. Some of our best memories with him are at ISI Worlds. He is always willing to take a group of skaters, including skaters other than his own, because he believes "Every skater should have the opportunity to take part in this once-in-a-lifetime

event!" At Worlds in 2010 I was lucky enough to win the Skate with the Stars raffle. Unfortunately for Mr. Bill, he had Boston Red Sox tickets but willingly gave them up to sit with me at the event. At the time I was not even his student. Now that I can officially call myself "Coach Bill's," I am looking forward to my last two years with him before I go off to college! Carla Brunini, 16, FS 5 **TBSA Countryside**

Clearwater, Fla.



My coach's name is Darlene Sparks (second from left) from Paramount Iceland. I think she rocks because she is always generous and nice to me and her other students. I admire her because she can do so many things at once. She is the best coach. She taught me a lot of spins and jumps, and the most recent jump is my Axel. One day I would like to be like her. That's why my coach rocks.

Jocelyn Rios, 10, Open FS Silver **Paramount Iceland** Paramount, Calif.





Our coach rocks because she teaches us amazing tricks and makes us better skaters. Lisa makes us feel special. She is the best because of all the love and patience she showers on us during our lessons.

Jillian Kosteas, Francesca Casareale, Paige Wilke, Victoria Nanni and

Anastasia Kryva

E.J. Murray Skating Center Yonkers, N.Y.



(kneeling, front right) is the best coach ever! She is a wonderful leader of our team, Tropical Spice on Ice. Also, she is extremely patient and kind while coaching the adult learn-to-skate program. She inspires and motivates all of the students she coaches. Thanks, Kelly for all you do!

Donna Euston Ellenton Ice and Sports

Choosing the Right Coach for Your Child

by Kim Hansen

ou're walking through the mall one afternoon with your 5-year-old daughter when she stops in her tracks and announces very emphatically to you that she wants to do the tricks that she is watching on the ice skating rink just in front of you.

You think: Why not? Sounds like a fun activity, the location is convenient and it gives me an excuse to get to the mall every Saturday. A win-win situation! So you take her into the pro shop, sign her up for the next set of group classes and you're on your way.

She starts the classes and, although she is having fun, she seems to be moving a little slowly compared to some of the other kids in the class. You begin to worry that there is something wrong since she has never been so cautious before. You mention this to the class instructor, who immediately hands you her business card and offers some private lessons. Now your fun little activity starts to take on a whole new dimension.

Private lessons? What does that mean? Will this next step mean more commitment, money and time? Are you bound for the Olympics, or just destined to struggle with a one-foot glide? How does one know? What should you do?

The first step is to ask, What does my child need? Is

she loving the class and wanting more out of her time on the ice? Is she frustrated, yet determined to succeed?

For either of these two scenarios, a private coach can be a huge benefit. He or she can better address the needs of your child on a one-to-one basis, provide immediate feedback and help guide her along her skating journey.

The key to all of this is finding the right coach for your child.

Just because the class coach handed you her card

doesn't mean that she is necessarily the best fit. Many factors determine who should work with your child: personality, experience, skill level, communication style and personal agendas are just a few of the traits that can affect the outcome of their pairing.

For example, perhaps the senior, most-experienced coach on staff is recommended to you by one of the moms who seems to be at the rink every time you come. She is convinced that this coach is the best in the rink and is extremely pleased with the progress her skater has had under her direction. Should you choose that coach? Maybe. It might be a great match and your daughter might be happy and progress wonderfully under her tutelage. But maybe not. Perhaps this coach will demand more time than either of you had in mind. Perhaps she is impatient with beginners, or maybe just too busy to answer your questions.

You have noticed a younger coach working out on the ice with a little skater. No one mentioned her. She has a big smile on her face, seems animated and engaged, and you wonder if she might be the right one. After all, this is supposed to be fun, right? But how do you know if she has the experience and the skill to help your child? You don't, but a good skating director can help.

Any parent wishing to hire a private coach should take the time to talk with the director or manager to get some guidance. Being honest regarding your expectations, your child's interest and your commitment will help the director determine who might be your best choice.

But that's only part of the answer. What does your daughter think? After all, she is half this equation. Ask for trial lessons. This simply means that there are no commitments made immediately. Lessons can be scheduled with several different coaches, giving you the opportunity to determine which one feels right. Taking your time selecting who will work the best with your skater is one of the most important things you can do to help her learn to love the sport. It will pay dividends and you will be reminded of that decision every time you pick her up after lessons and see

that same smile on her face that she had on the day you first signed her up for classes. **RIS**

Many factors determine who should work with your child: personality, experience, skill level, communication style and personal agendas are just a few traits to consider.



Ashley Wagner and Gabrielle Gallant at Bowie Ice Arena

write on!

Send your letters to editor@skateisi.org.

In a symbolic way, I hit a wall. I have been an ISI figure skater in Bowie, Md. since the age of 2. Now, after 11 years of ISI training, competitions and lots of fun, I am finding the skill levels harder and harder to master. Recently, I wanted to give up and told my parents and coach that perhaps it was time I "hang up my skates" for good. Then, one night after what I thought might be my last practice, my phone rang.

It was my coach, Ms. Chris (Christine Brinton) calling to tell me that the rink was hosting a very special visitor the next morning. She wouldn't tell me who was visiting, only that she strongly urged me to come to the rink with my Zuca bag.

On my way to the rink the next morning, curiosity was killing me. Much to my surprise, U.S. national champion Ashley Wagner was training, right there in front of us, on the same sheet of ice that I train on three times each week. I stood and stared as she nailed several triples (but fell on a couple of tries, too)! She was fast, smooth and incredibly graceful.

"What are you doing, Gabrielle?" I heard my coach yell from behind me, "Get your skates on and get out there!" I couldn't believe what I was hearing. I have never tied my skates so quickly as I did right then.

I skated with Ashley for about 20 minutes. She was focused on her own work, but she also took a few minutes to work with me. It was an amazing experience and I jumped off the ice, looked my coach in the eye and declared, "I am NOT giving up!"

It's been a few weeks since that special morning and my jumps haven't magically improved, but I feel reinvigorated, ready for the challenges ahead with batteries fully charged. Odds are, I'll never be as polished and strong as

Ashley, but thanks to her and my thoughtful coach whom I love dearly, my heart sings for the sport of figure skating once again! My skates are staying on my feet!

Gabrielle Gallant, 13, Open FS Silver Annapolis, MD

One day my cousin Madison asked me to go to a skating event with her. I was only 5, but I really enjoyed it, and I fell in love with skating.

only 5, but I really enjoyed it, and Fig. 11. On the state of the Tot team at Wayne C. Kennedy and made two great friends, I joined the Tot team at Wayne C. Kennedy and made two great friends, Colleen and Kelsey. Ms. Niki was our coach and we loved her. She made the three of us German Polka dancers. We went to several competitions and we smiled from ear to ear because we typically got a gold medal. Ms. Niki would always tell us to smile and be sassy when we were on the ice. When they would announce our team, Ms. Niki always yelled for us, which made us so

I am just like Ms. Niki because I always want everything to go smoothly. I am trying to do just what she did; she started skating at Kennedy when she was 5, too. She is a great teacher and friend. I felt like I was special and a really good skater when she picked me as one of the captains of last year's team.

Up until last year, I had a private coach for my solos and sibling Spotlights. Her name was Ms. Abby and she taught me my first solo as Jasmine when I was 5. She held my hand until I got on the ice and then stood right by the side in case I forgot any of my moves. When I came off the ice she always told me what a great job I did. I was sad when she went away to college but at least I knew I still had a very good coach I love, Ms. Niki.

I have several friends who were inspired by me. They also started skating on team with me, which makes it even more fun. I love Ally S., Ally Y., Abby A. and Rylie so much! I am glad they have come to love skating, too. Last year my sister joined the team, too. I am so happy because she looked up to me and saw me having fun and she wanted to do the same with me.

I hope that I skate for many more years to come with my friends and great coaches. My dream is to one day be in the Olympics for ice skating.

Kaitlyn Anne Finnegan, 8, Beta St. Louis, MO



Kaitlyn Finnegan (right) with her skating friends at Wayne C. Kennedy Recreation Complex

competitions

november

17 Yonkers NY

E.J. Murray Memorial Skating Center Yonkers FSC

Annual Holiday Classic

17-18 Centennial CO

South Suburban Ice Arena Winterfest ISI Competition

17-18 New Ulm MN

New Ulm Civic Center New Ulm Figure Skating Club New Ulm Fall Festival

17-18 Findlay OH

The Cube

Silver Blades Figure Skating Club

Flag City Open

30-Dec. 2 White Bear Lake MN

White Bear Lake Sports Center White Bear Lake Holiday Open



30-Dec. 2 Danbury CT

Danbury Ice Arena ISI Holiday Challenge

december

1-2 Burbank CA

Pickwick Gardens 27th Annual ISI Open Holiday Competition

2 San Jose CA Sharks Ice at San Jose

Bay Cities Synchro

7-9 Northbrook IL

Northbrook Sports Center Northbrook Winter Welcome

8 Marlboro MA

FMC Navin Arena Icicle Invitational

january

5-6 Plymouth MN

Plymouth Ice Center Blizzard Blast 2013 10-13 Lake Placid NY

Olympic Arena

2013 ISI Lake Placid Championships

19-20 Centennial CO

South Suburban Family Sports Center Family Sports ISI Competition

26-27 Owensboro KY

Edge Ice Center Living on the Edge

february



8-10 Oxford OH

Goggin Ice Center-Miami University ISI Winter Classic

8-10 Blaine MN

Schwan Super Rink-NSC Frosty Blades 2013

15-17 Anaheim CA

The Rinks-Anaheim Ice 15th Annual Anaheim Ice ISI Open Competition

16-17 Orlando FL RDV Sportsplex Ice Den

ISI Spring Classic Team Competition

16-17 McKinnev TX

Dr Pepper StarCenter McKinney Love to Skate

23 Oak Lawn IL

Oak Lawn Ice Arena Reach for the Stars

march

1-3 Minneapolis MN

SQSA Parade Blades of March

2-3 Newark OH

Lou & Gib Reese Ice Arena 2013 Newark Spring Open

april

5-7 Knoxville TN

Ice Chalet

44th Annual Robert Unger ISI Team

Competition

6-7 El Segundo CA

Toyota Sports Center

Spring Fling ISI Open Competition

6-7 Luverne MN

Blue Mound Ice Arena Blue Mound Figure Skaters Inc. Spring Fling 2013



2-14 Blaine MN

Schwan Super Rink ISI Synchronized Championships

20-21 Franklin Park IL

Franklin Park Ice Arena
Spring Fever Skating Competition
26-28
Pasadena CA

Pasadena Ice Skating Center 29th Annual Pasadena Open ISI Competition

july



22-27 Anaheim CA

The Rinks-Anaheim ICE ISI World Recreational Team Championships

october



11-13

San Francisco CA

Yerba Buena Ice Skating Center ISI Adult Championships

calendar

shows & exhibitions

november

thru Feb. 2 Cromwell CT

Champions Skating Center Bushnell Park

10-Feb. 10 Kittanning PA

Belmont Complex

Belmont Blaze Exhibitions

16-Dec. 2 Pittsburgh PA

RMU Island Sports Center

Holiday Spectacular-Magical Holidays

23-Dec. 22 Dallas TX

Galleria Ice Skating Center

The Galleria's Annual Tree Lighting

Ceremonies

24-Dec. 16 Arlington TX

ICE at The Parks Holiday at The Parks

december

1 Yorba Linda CA

Orange County Ice Palace 2012 Holiday Extravaganza

1-2 Franklin Park IL

Franklin Park Ice Arena Holiday Recital

2 Nashville TN

Centennial Ice Rinks-Nashville Holiday Ice Show

4-8 Knoxville TN

Ice Chalet Nutcracker On Ice 5-6 Honolulu HI

Ice Palace Hawaii Winter Show

7 San Francisco CA

Yerba Buena Ice Skating Center Holidaze Holiday Ice Spectacular

8 Fremont CA

Sharks Ice Fremont Skate a Holiday Present

9 West Hartford CT

Veterans Memorial Skating Rink

WHFSC Holiday Show

9 Escondido CA

Iceoplex Escondido Viva Las Vegas Holiday Show

9 St. Louis MO

Wayne C. Kennedy Rink Holiday Celebration

14-16 Oakland CA

Oakland Ice Center

2012 Holiday Lights by the Bay

15 Newark OH

Lou & Gib Reese Ice Arena 2013 Holiday Exhibition

15 Euless TX

Dr Pepper StarCenter Euless

Ice Fest 2012

15 San Jose CA

Sharks Ice at San Jose Skate a Holiday Present

15 Lakewood CA

Glacial Garden Skating Arena

3rd Annual Holidays Around the World

Oldsmar FL

5-16

TBSA Oldsmar

2012 Winter Holiday Shows

16 Bensenville IL

Edge Ice Arena

Gleeful Holiday Celebration

16 Long Island City NY

City Ice Pavilion

City Ice Pavilion Winter Show

22 Wasilla AK

Brett Memorial Ice Arena The Groovy Green Christmas

march

16 Montgomery AL

1000 Eastdale Mall Rink K Lynn Skating School

Easter Bunny Arrival on Ice

30 Laconia NH

Central NH Skating Academy Spring Show- True Colors

april

26-27 Newark OH

Lou & Gib Reese Ice Arena 8th Annual Jane McConnell Spring Ice Show

may

11 Wasilla AK

Brett Memorial Ice Arena Spring Through Time

18 Long Island City NY

City Ice Pavilion

City Ice Pavilion Spring Show







2012 Statement of Ownership, Management and Circulation

1. Title of Publication: Recreational Ice Skating 2. Publication No.: USPS 361-570 3. Date of Filing: 9/28/12 4. Frequency of Issue: Quarterly 5. No. of Issues Published Annually: Four (4) 6. Annual Subscription Price: \$12. 7. Complete Mailing Address of Known Office of Publication: 6000 Custer Road, Bldg. 9, Plano, TX 75023 8. Complete Mailing Address of Headquarters or General Business Office of the Publisher: Ice Skating Institute, 6000 Custer Road, Bldg. 9, Plano, TX 75023 9. Full Names and Complete Mailing Address of Publisher, Editor and Managing Editor: Publisher, Ice Skating Institute, 6000 Custer Road, Bldg. 9, Plano, TX 75023; Editor, Lori Fairchild, 6000 Custer Road, Bldg. 9, Plano, TX 75023; Managing Editor, None. 10. Owner: Ice Skating Institute, 6000 Custer Road, Bldg. 9, Plano, TX 75023 11. Known Bondholders, Mortgagees, and Other Security Holders Owning or Holding 1 Percent or More of Total Amount of Bonds, Mortgages, or Other Securities: None 12. Tax Status: Has Not Changed During the Preceding 12 months 13. Publication Title: Recreational Ice Skating 14. Issue Date for Circulation Data: 9/30/11-9/30/12 15. Extent and Nature of Circulation: A. Average No. Copies Each Issue During Preceding 12 Months (net press run): 31,398 Actual No. Copies of Single Issue Published Nearest to Filing Date: 38,126 B1. Average Paid and/or Requested Circulation Outside-County Mail Subscriptions: 30,570 Actual No. Copies of Single Issue Published Nearest to Filing Date: 36,443 B2. Average Paid or Requested Circulation In-County Subscriptions: 0. Actual No. of Copies of Single Issue Published Nearest to Filing Date 0. B3. Average Sales Through Dealers and Carriers and other non-USPS Paid Distribution: 9. Actual No. of Copies of Single Issue Published Nearest to Filing Date: 2 B4. Average No. Copies of Other Classes Mailed Through the USPS: 70. Actual No. Copies of Other Classes Mailed Through the USPS: 70 C. Average Total Paid and/or Requested Circulation: 30,649. 5. Actual No. Copies of Single Issue Published Nearest to Filing Date: 36,515. D1. Average Free Distribution by Mail Outside-County: 0. Actual No. Copies of Single Issue Published Nearest to Filing Date: 0. D2. Average and Actual No. Copies Free Distribution In-County: 0. D3. Average No. Copies Free Distribution Other Classes Mailed through USPS: 10. Actual No. Copies of Single Issue Published Nearest to Filing Date: 4. D4. Average Free Distribution Outside the Mail: 16. Actual No. Copies of Single Issue Published Nearest to Filing Date: 15 E. Average Total Free Distribution: 26. Actual No. Copies of Single Issue Published Nearest to Filing Date: 19. F. Average Total Distribution: 30,675. Actual No. of Copies of Single Issue Published Nearest to Filing Date: 36,534. G. Average Copies not Distributed: 723. Actual No. Copies of Single Issue Published Nearest to Filing Date: 1,592. H. Average Total: 31,398. Actual No. Copies of Single Issue Published Nearest to Filing Date: 38,126. I. Average Percent Paid and/or Requested Circulation: 99.91%. Actual No. Copies of Single Issue Published Nearest to Filing Date: 99.94%. 16. Publication of Statement of Ownership will be printed in the Winter 2012 issue of this publication. 17. I certify that all information furnished on this form is true and complete: (signed) Donna Crooks, Controller (date) 9/28/12





Ice Skating Institute YOUR WAY Treasures await adventure to explore 1.



April 12-14 Entry Deadline: Feb. 1 skateisi.org/synchro



Feb. 8-10 Entry & Test Deadline: Dec. 1 skateisi.org/winterclassic

July 22-27 Entry & Test Deadline: May 1 skateisi.org/worlds



Oct. 11-13 Entry & Test Deadline: Aug. 10 skateisi.org/adultchamps



Dec. 6-8 Entry & Test Deadline: Oct. 10 skateisi.org/holidaychallenge