



New Season = New Opportunities To Do What You LOVE!

Competing in Multiple Events "Flip's Fanatics"

85-Year-Old Skater Achieves Dance 9

2022 Winter Classic

2022yearslater Synchro Champs





BE READY FOR THE NEW SEASON!

Skaters, have you renewed your ISI membership? The ISI annual membership terms expires on Aug. 31 each year. Skaters who are not current ISI members will NOT be eligible to participate in ISI-endorsed competitions and shows.

ONLY CURRENT ISI MEMBERS CAN:

- Register ISI tests
- Enter local, district and national ISI competitions and shows
- Receive excess accident insurance

3 Renewal Options:



\$15

for 1 membership term (through 8/31/2022)



SAVE \$5!

\$25 for 2 membership terms (through 8/31/2023)



SAVE \$25!

\$50 for 5 membership terms (through 8/31/2026



DON'T DELAY, RENEW ONLINE TODAY AT skateisi.org/renew





what's inside

ISI skaters competing in our national events. (We're thrilled to see their smiling faces back on the ice again!)

Gabriele Photography

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IceSkating

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competitors' FLIP corner



What is a "Flip's Funatic?" A Flip's Funatic is a skater who competes in multiple events at our local and/or national competitions. While there is no set number of events to be considered a "fanatic," it's usually about 10 or more events each at ISI Worlds or Winter Classic.

"When skaters participate in our local and/or national competitions, they can do quite a lot of events, and this is unique to ISI," said ISI Skating Programs and National Events Director Kim Hansen. "It's great that one skater can participate in events in several disciplines all at one competition. This helps to ensure a positive experience as it's hard to pin your definition of success on one program, one outcome."

Six skaters (considered Flip's Funatics!) share the reasons why they enjoy competing in multiple events at ISI competitions: Annaleigh Collins, Aubrey Lovins, Jennifer Martino, Mackenzie Savage, Robbie Trygstad and Saanvi Rangarajan.

1. Why do you like to compete in so many events at a competition?

Annaleigh: "I compete in many events at competitions because I like doing a variety of events. I like being able to do individual events and team events as it's fun to compete both individually and with friends! Doing multiple events gives you the opportunity to compete against new and different people as well."

Aubrey: "I like learning new routines and being able to compete in groups with my friends. I have tried to eliminate some, but I love all of my routines! I like to skate to the crowd to entertain."

Jennifer: "I enjoy doing multiple events at ISI competitions because it allows me to always continually challenge myself and take me outside of my comfort zone, so I can be the best version of myself both on and off the ice. I like that ISI offers so many different types of events that lend itself to developing the well-balanced skater.

"ISI offers the Figures, Footwork and Dance events, which allow me to continue to develop my basic skating skills. The Spotlight events allow me to connect with my creative side. For some of the events, like Dramatic, I try to develop a



Annaleigh Collins, 13, FS 4 NSC Super Rink Blaine, Minn.

theme around something I've been through in my life and tell my story on the ice. For Light Entertainment, I try to do something funny or out of my comfort zone. I have experienced a lot of loss in my life; it is my reminder that life is too short to not have fun.

"I love the Rhythmic events because I used to be a national level baton twirler competitor, and they are so challenging and fun at the same time. Finally, I enjoy the technical

'S FUNATICS

MULTIPLE EVENTS!

programs of Open Freestyle and Technical FS 4. Having to combine artistry, technical ability, and the pressure to complete all the elements while doing it with ease, helps me both on and off the ice. It is a reminder that life will hand me many challenges, but I will always do my best to rise to the challenge. It helps me to learn self-acceptance. I skate to strive for the best version of myself — not perfection — because there is always something to work on whether it is a technical skill, ourselves or a challenge in life."

Mackenzie: "ISI Worlds is the biggest event of the year, so I thought it would be fun and exciting to challenge myself in as many events as possible against competitors from all over the world."

Robbie: "Events are just fun in themselves. If each event is fun, then more events will bring more fun. I enjoy performing, so it was great to perform many times in a weekend."

Saanvi: "I love to spend time on ice and skate to music. Practice is so much more fun when skating to a program with music. I love to skate to different types of music; for example, I wanted to skate to a Bollywood song, so we did a Footwork program. Doing many programs lets me try all the different types of spins, moves and jumps that I learn.

"I like to compete and place high as it gives me the thrill and satisfaction that all my hard work has paid off. If I don't place well, it gives me motivation to work harder and do better. I also love to do team events in addition to my solo events and earn points to help my club win a team trophy."

2. What are the challenges of doing multiple events?

Annaleigh: "The challenges of doing multiple events include having to change quickly on many occasions and having to remember many programs and team numbers. Your teams are counting on you!"

Aubrey: "There are some quick changes and long days. Sometimes you are in the first and last group of the day, but I wouldn't trade it for anything!"

Jennifer: "I think the biggest challenge is costume changes,



Aubrey Lovins, 10, FS 2 HealthEast Sports Center Woodbury, Minn.

depending on the competition schedule, especially if full theatrical makeup is involved."

Mackenzie: "One time, I forgot one of my programs because I had so many different ones to remember. Trying to remember different choreography for different programs that have similar steps can be a challenge. It was a good chance to practice Interpretive!"

Robbie: "It can be exhausting to do many events in one day. Additionally, the quick turnaround can be hard, especially around meal times, making it difficult to eat between events."

Saanvi: "Remembering choreography of multiple programs, all the step sequences, moves, 3-turns, twizzle sequences ... and especially doing it at the right spot on the rink is the hardest part. Also, keeping track of all the corrections my coaches make and practicing them regularly, especially as I don't get to do more than two or three programs in a session. The biggest challenge is at the competition, when multiple events are spread out throughout the day; spending the whole day at the rink is tiring, and I need to keep my spirits up all day and concentrate."

3. How do you prepare for and remember so many programs?

Annaleigh: "I remember my programs by practicing them multiple times on contract ice and at team practices. I also make sure to go over my programs off ice and listen to the music and go through the programs in my head."

Aubrey: "I practice off and on the ice. I map out all of my individual programs on paper to help me memorize them."

Jennifer: "I keep a journal that I carry on the ice with me once I sign up for a competition. I make sure that sometime during the week I have spent time working on each of them. I always make sure I do my Open Freestyle and FS 4 on every session, and then pick one to two extra events to run during



Jennifer Martino, 45, FS 4 Shaker Heights, Ohio

that session. I have found that if I pick music and a theme I love, I remember the program because it is something I am passionate about. I spend time during the summer having meetings with my coaches about program themes and concepts for the season, and that is the time we pick music and begin developing for the year."

competitors' corner con't

Mackenzie: "I started learning all of my programs early in the summer and then practiced all of them every day until the competition."

Robbie: "Time is the only way to make it happen. I skate most days of the week and run the programs quite a few times. I also started learning the programs early, giving me time for memorization. In years that I went to Worlds with many events, I would start early in the season and exchange out events at different competitions so I had a reasonable number at the single day events while still competing each program a few times."

Saanvi: "It starts with the music. I am allowed to choose my own songs; my coach wants me to try different styles of music — slow, fast, instrumental ... After the music is cut, I listen to it multiple times in the car on my way to the rink. I start off by doing an Interpretive of the song and the best sequences are incorporated into my choreography. When I perform, I listen for music and word cues to remember my routines. I work on a couple of programs at a time and keep improving on them and make them competition ready before starting on a new routine."



4. What events do you typically like to do?

Annaleigh: "The events I typically enjoy are Interpretive, Character Skates, Family Spotlights, Jump 'n' Spin, Footwork and Team Compulsories!"

Aubrey: "I like to do my Light Entertainment program and all of my group numbers. I also have a Freestyle program, Open Bronze, Solo and Group Compulsory, Ensemble and Family Spotlight."

Jennifer: "My favorite event is Interpretive. I love the challenge of facing the fear of the unknown. You never know what music you will get, you have to create a program on the spot, and then trust it comes together. I really enjoy this event because it teaches me to trust myself and the work I have put into my skating while having fun."

Mackenzie: "I typically like to do all the technical programs like Freestyle and Open Freestyle to demonstrate my skills. I like to challenge myself with Artistic and Light Entertainment."

Robbie: "I enjoy doing every event I do as there would be no point in skating it if I did not enjoy it. Some of my favorites are the Rhythmic and Spotlight events as they are a great opportunity to perform and tell a story."



Mackenzie Savage, 14, FS 7/Open Gold **RDV Sportsplex Ice Den** Orlando, Fla.

Saanvi: "I love to do Interpretive; it is my favorite event. I love to skate to different types of music and love to choreograph the routines. This event allows me to show my artistic side, emotions, energy, and to try new things while having fun doing it."

What events have you not tried and why?

Annaleigh: "I have never done Ribbon or Artistic programs, Couple Skates or Ice Dance, just to name a few! I haven't done these yet as I've been busy doing other events. Maybe I will try them someday still!"

Aubrey: "I've never done Ribbon or Footwork because I have been working on other things. I am hoping to add some new events soon!"

Jennifer: "I have never done the Ensemble events because we don't have enough ISI skaters in my area to develop a team. I hope that my continued advocacy for ISI here in the state and having other skaters and coaches at my home rink watch me train for ISI events will increase interest in my area to at some point be able to form an ensemble."

Mackenzie: "I have always wanted to try but have never done

a hoop program because I'm not sure if I am coordinated enough!"

Robbie: "I have not done the Freestyle Synchro event as it is hard to find a team of willing skaters at the same level. I also have not done any of the hockey events because I do not play hockey."

Saanvi: "I did Dramatic, Light Entertainment, Couples Spotlight and Rhythmic Hoop for the first time in ISI Worlds this year. So if



Robbie Trygstad, 19, FS 4 Vacaville Ice Sports Vacaville, Calif.

you exclude these, I have not done Rhythmic Ball and Ribbon. I find it hard to concentrate on both skating skills and ribbon/ ball skills at the same time. Another thing is, I already have ten programs in addition to my team events, so it is difficult to add any more programs and find time to practice them."

6. What is your advice to skaters thinking about entering multiple events?

Annaleigh: "You should enter multiple events as it's fun and pushes you to be a better skater! Make sure you practice your programs so you remember them. Put all your effort into every event!"

Aubrey: "Do it! It is so much fun to have multiple things to do during a competition. It is a lot of work but totally worth it."

Jennifer: "My advice to skaters is step out of your comfort zone and try new events. There are so many opportunities in ISI to develop so many sides of your skating. What I love about ISI is that all the events break down all the different areas of skating, and they give you a chance to focus on the different areas of skating: performance skill, technical ability in jumps and spins, edges, musicality, timing and interpretation. The more events you can experience, the more you can develop your skating skills. Most of all, it is fun!"

Mackenzie: "My advice to skaters that want to enter multiple events is to decide if you can handle remembering all of your programs and be ok if something happens like forgetting a program (which is definitely good Interpretive practice). It can be stressful at times, but it is so much fun to try new things!"

Robbie: "Do not do events just to do events. Consider each event individually and think (along with talking to your coach) if this would be a fun and good event for you. Be sure you can make a quality performance as there is no point in skating if you cannot put the time and energy into the performance. If you are looking for events that are interesting and maybe not

done that often, look through the ISI Rule Book or website to find what interests you; you likely will find events that are rarely or never done at most competitions."

Saanvi: "Just do it! If you enjoy making up your own program when you hear music at the rink and love to compete, then skating multiple events is a lot of fun. When competing in multiple events, make sure to focus on the hard parts of



Saanvi Rangarajan, 10, FS 5 St. Louis Park Rec Center St. Louis Park, Minn.

the program in practice, so you do well. My coach always says, 'Practice like you perform so that you perform like in practice.'"





SCHOLARSHIP DEADLINE ALERT



DID YOU KNOW YOU CAN EARN A SCHOLARSHIP FOR COLLEGE AS AN ISI MEMBER?



DEADLINE FOR THE 2022-2023 SCHOOL YEAR

FEBRUARY 1, 2022

TO APPLY ONLINE VISIT: WWW.ISIAFOUNDATION.ORG

QUESTIONS: SCHOLARSHIPS@ISIAFOUNDATION.ORG
OR INFO@ISIAFOUNDATION.ORG

THE ISIA EDUCATION FOUNDATION IS A 501C3 ORGANIZATION RUN COMPLETELY BY VOLUNTEERS YOUR DONATIONS GO TO SUPPORT THE SCHOLARSHIP FUND DIRECTLY



2022 ISI Winter Classic Feb. 18 - 20 Solar4America, San Jose, CA

Test & Entry Deadline: Dec. 1 skateisi.org/winterclassic

Set Your Sights on San Jose for 2022 ISI Winter Classic!

Get ready to pack your bags (and don't forget your skates, of course!) and head to Solar4America Ice in San Jose, Calif., where you can compete in the 2022 ISI Winter Classic, Feb. 18-20.

Winter Classic participants have the opportunity to choose from more than 25 event categories for individuals, partners, groups and teams. Test and entry deadline is Dec. 1. For more information and/or to register, visit skateisi.org/winterclassic.



Circle of Palms Plaza, San Jose, is the site of California's first state capital from 1849-1851.



The Venue

The massive Solar4 America Ice at San Jose is the official practice facility of the National Hockey League's (NHL) San Jose Sharks. The nearly 170,000-square-foot building features a pro shop and full-service restaurant and bar that overlooks three of the rinks.

Sites to See in San Jose

With more than 300 days of sunshine a year and mild February temperatures, San Jose makes for a great vacation destination. Here are some of the many attractions that await visitors:

Happy Hollow Park and Zoo

Enjoy amusement rides, a petting zoo, live animal exhibits and more at Happy Hollow Park and Zoo, which attracts nearly 500,000 visitors each year. Visit happyhollow.org



San Jose Municipal Rose Garden

The Tech Interactive

A Silicon Valley landmark in the heart of San Jose, The Tech Interactive is a family-friendly science and technology center offering hands-on activities, experimental labs and design challenge experiences. Its goal is to "inspire the innovator in everyone." Visit thetech.org



Santana Row

A fun dining and shopping destination, Santana Row includes more than 50 unique shops and restaurants, a movie theater and live entertainment.

Visit santanarow.com

Winchester Mystery House

Be sure to check out this bizarre, 160-room mansion with its odd and mysterious features, like staircases that lead to the ceiling and doors that lead to nowhere. It's been featured on "Mythbusters," "Ghost Adventures" and "Ghost Brothers."

Visit winchestermysterhouse.com





San Jose Museum of Art

A must-see for art lovers, the San Jose Museum celebrated its 50th anniversary in 2019 and has won several impressive awards. Visit simuart.org

Rosicrucian Egyptian Museum

This fascinating museum is home to the largest collection of ancient Egyptian artifacts in the western United States!

Visit egyptianmuseum.org

For More Information skateisi.org/winterclassic sanjose.org

Cool Places to Visit Nearby:

Monterey Bay Aquarium

Santa Cruz Beach Boardwalk

San Francisco

RECREATIONAL ICE SKATING, FALL 2021

2021 ISI SPRING CLASSIC





TGH Ice Plex — the 2021 Spring Classic Champion

Skaters had a spring in their steps (with skates in tow!) as they headed to Orlando, Fla., for our new, 2021 national event — the ISI Spring Classic. More than 400 competitors from across the country took to the ice April 30 – May 2 at RDV Sportsplex Ice Den in Orlando.

SKATERS FLOCK TO FLORI

TGH Ice Plex Earns Champion Title!

TGH Ice Plex of Tampa, Fla., was crowned the ISI Spring Classic champion for earning the most team points.

"We had a fabulous turnout," said ISI Skating Programs & National Events Director Kim Hansen. "Skaters were so excited to be able to get back on the ice to compete. While COVID-19 restrictions were in place, including limited spectators, we were pleased to be able to livestream the event via Gabriele Photography's YouTube channel."

Twenty rink teams from 10 states (Alabama, Alaska, Connecticut, Florida, Massachusetts, Michigan, Minnesota, Missouri, South Dakota and Tennessee) were represented, and almost half of the teams were from out of state.

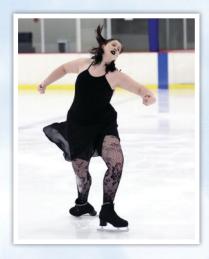








Photos by Gabriele Photography





Oldest Skaters: Male: Jimmy White, 81, Ellenton Ice & Sports Complex, Ellenton, Fla.; Female: Helyn Rogers, 68, TGH Ice Plex, Tampa, Fla.

Youngest Skaters: Male: Ramsey Connor, 3, Tampa Bay Skating Academy (TBSA) — Oldsmar, Fla.; Female: Abby Matthews, 4, Anchorage Skating Alliance, Anchorage, Alaska; Elizabeth Cadorin, 4, Southgate Civic Ice Arena, Southgate, Mich.; Jeimaris Alfonso, 4, Tampa Bay Skating Academy (TBSA) — Oldsmar, Fla.

Skated in Most Events: Caleigh Yick and Anna Barile, TGH Ice Plex, Tampa, Fla; Mia Egan, Tampa Bay Skating Academy (TBSA) — Countryside, Clearwater, Fla. (10 events each)

DA FOR SPRING CLASSIC!











2021 ISI SPRING CLASSIC







ing Classi



Top 10 Teams

PLACE	E TEAM	POINTS
1. T	GH Ice Plex	897.5
2. R	DV Sportsplex Ice Den	614.5
3. Ta	ampa Bay Skating Academy – Countryside	501.0
4. Ta	amp Bay Skating Academy – Oldsmar	435.5
5. V	Vinterland Skating School	311.5
6. K	Lynn Skating School	299.5
7. C	urtis D. Menard Mem. Sports Center	166.5
	hildren's Health StarCenter McKinney t Craig Ranch	151.5
9. P	alm Beach Beach Skate Zone	131.5
10. A	llen Community Ice Rink	113.5

For a complete list of teams and results, please visit skateisi.org/springclassic.





Triebel Twins Love to Try Tricks on the Ice

(Try saying this three times fast!)

We are looking for ISI skating twins and triplets to share their experiences on the ice. If this sounds like you, please email editor@skateisi.org for more information.

After attending their first Disney on Ice show in 2018, identical twins Victoria and Natalie Triebel, now 7, became hooked on skating.



Victoria and Natalie, left to right

"The girls were quite impressed and immediately asked me to teach them how to skate," said the twins' mom, Valeriya. "I am not that talented! So we took them to a public skating session at the local ice rink, where the girls met their amazing coach and have been skating since January 2019."

While the Delta level skaters began skating at the LA Kings Valley Ice Center in Los Angeles, they now skate at Iceoplex Simi Valley in Simi Valley, Calif. Coached by Svetlana Anisimova, the sisters have participated in the following competitions:

- SDIA Open Championships, June 2021, San Diego Ice Arena
- California State Games, April 2021, San Diego Ice Arena
- ISI Open Championships, March 2020, Van Nuys Skateland
- ISI Open, June 2019, LA Kings Valley Ice Center

"I like skating because I like the tricks and because I like learning all the different kinds of jumps," explained Natalie. "The ISI tests are fun because I can get to the next level."

Victoria enjoys skating "because it's fun" and when she practices new tricks, they become easier. "I like the ISI competitions because I enjoy performing to my favorite music," she said.



Natalie and Victoria, left to right

Natalie's FAVES

Move: Waltz jump and flip Music to Skate to: Pop music -"I'm Still Standing" and "Party in the USA" were past programs Skater to Watch: Alexandra

Trusova School Subject: Science

Food: Deviled eggs

Place to Visit: San Diego

Victoria's FAVES

Move: Waltz eight and Biellmann Music to Skate to: Most Pop —

"Senorita" by Shawn Mendes and "Copycat" by Billie Ellish

Skater to Watch: Kamila Valieva

School Subject: Science Food: Korean barbeque

Place to Visit: Aquarium of the Pacific, Disneyland and the zoo





Victoria



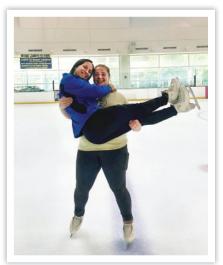
Maida Laird

Ms. Maida is an amazing coach; she has shaped me into a better and stronger skater! We always know how to have a good laugh during lessons, and overall, we have fun! She always believes in me and knows that I can do well. Thank you, Ms. Maida, for being an awesome coach to me.

Ava Balough, 14, FS 4
Tampa Bay Skating Academy (TBSA) — Countryside Clearwater, Fla.



Coach Maida Laird and Ava Balough



Mattie Clark, bottom, and Coach Meghan Perry

Meghan Perry

6 My coach [Meghan Perry] rocks because even though I went off to college in another state, we still stay in touch and skate together whenever I'm home. She pushes me to always do my best in skating and in life!

Mattie Clark, 19, FS 7
ICE at the Parks
Arlington, Texas

Ella Werner and Coach Sarah Belair

Sarah Belair

My coach, Sarah Belair, rocks because she always encourages me to do my best and feel confident. She helps me be the best skater I can be. She also encourages growth mindset on- and off-ice. She makes sure I feel confident in my program or whatever we're working on. Sarah makes sure I know what I need to practice. At competitions, she doesn't care about my score, she cares if I felt confident and that I had fun. I feel comfortable telling her whatever's on my mind because I know I can trust her. Sarah encourages me to work hard, because if you work hard, then you get better. Sarah has been amazing and sweet since the beginning.

Ella Werner, 13, FS 4 FMC Driscoll Skating Arena Fall River, Mass.

Cathy Nyborg and Timothy LeDuc

6 Coach Cathy has been my coach since I was 7, so we have a special bond that can't be broken. She can read my mind, like a book, and knows when I am happy, sad, mad or upset. I love her! Also, Coach Timothy (LeDuc) is great at arm work and has helped me not to have octopus arms.

Libby Wilson, 12, FS 5
Children's Health StarCenter — Euless
Euless, Texas



Libby Wilson and Coach Nyborg



Libby Wilson and Coach LeDuc



Boston Skyline







Concord Museum

2022yearslater
ISI Synchronized Championships
April 1-3
Sharper Edge Skating School
Valley Sports Arena
Concord, MA

Entry Deadline: Feb. 1 skateisi.org/synchrochamps

ISI Beantown Showdown April 2

On April 19, 1775, Concord, Mass., was the scene of the first battle of the War for Independence, the American Revolution. More than 200 years later, Concord — one of New England's most famed and historic areas — is now host of the 2020yearslater ISI Synchronized Championships! The event takes place April 1-3 at Sharper Edge Skating School, Valley Sports Arena, with a special team event, the ISI Beantown Showdown, set for April 2.

Synchro Champs includes seven event categories: Synchronized Skating Team, Synchronized Skating Compulsories, Synchronized Formation Team, Synchronized Formation Compulsories, Synchronized Advanced Formation Team, Synchronized Open Skating Team and Synchronized Dance Team.

Participants will surely enjoy the Colonial-era charm of Concord. Top places to explore include:

- Minuteman National Historic Park/Visitors Center This interesting attraction features numerous American Revolutionary War sites, including Old North Bridge, first American victory in the Revolutionary War.
- Monument Square The center of Concord, the square is named for its Civil War monument built in 1886.
- Concord Museum Founded in 1886, the museum is one of the oldest museums in the country. It houses treasured American artifacts, including the famed 1775 lantern from the night of Paul Revere's ride and the desk on which Henry David Thoreau wrote "Walden."



Orchard House

Louisa May Alcott's Orchard House — The home where Louisa May Alcott wrote and set the classic book, "Little Women," in 1868. Most of the furnishings on display were owned by the Alcotts.

Plus, Concord is located just 20 miles west of Boston, allowing for convenient access to the city's popular attractions, including Beacon Hill, Quincy Market, Faneuil Hall Marketplace, Newbury Street, Skywalk Observatory, the Paul Revere House, Boston Tea Party Ships & Museum, Fenway Park and more!



For information, please visit concordma.gov and bostonusa.com.

Photos courtesy of Concord Museum, Orchard House, Town of Concord, and Greater Boston Convention & Visitors Bureau.

LIGHT It Up

at 2022yearslater ISI Synchro Champs!



April 1 – 3

Sharper Edge Skating School

Valley Sports Arena

Concord, MA

Entry Deadline: Feb. 1

skateisi.org/synchrochamps







Golden skaters are ISI jewels! If you are an ISI skater age 65 or older, we are interested in profiling you in our Golden Skater feature. We want to share your inspirational skating story. Contact editor@skateisi.org or mail to ATTN: Editor, ISI, 6000 Custer Rd., Bldg. 9, Plano, TX, 75023. (Be sure to include your phone number.)

85-year-old *Toseph Kasputys* Achieves ISI Dance 9!

by Eileen Viglione

Joseph (Joe) Kasputys' resume reads like a list of Who's Who among the world's most distinguished leaders and economic and financial analysis advisors:

Assistant Secretary of the U.S. Department of Commerce (appointed by the late President Gerald Ford), Assistant to the Chief Financial Officer of the Department of Defense Administration, U.S. Navy Commander, Assistant Administrator of the U.S. Maritime Administration, a founder of the U.S. Department of Energy, President and CEO of Data Resources, Inc. (DRI), Executive Vice President and Chief Economist of McGraw-Hill, President and CEO of Primark Corporation, Chairman of Thomson Financial, Founder and Chairman of Global Insight, Chairman of Economic Ventures ...

And now, the 85-year-old, Harvard-educated businessman and entrepreneur, who has won numerous professional accolades, can add another feather in his cap.

On March 31, Joe passed the challenging, high-level ISI Dance 9 test — no small feat for any skater let alone someone approaching their ninth decade of life. Clearly, he's not your average octogenarian, and after conversing with him, one quickly surmises that he can skate circles around people half his age — both on and off the ice. If you don't believe it, just Google him!

In addition to his remarkable career background and accomplishments, he's a contributing writer/commentator for several prominent publications and organizations, including U.S. News & World Report, Fortune and The Hill, as well as the Palm Beach Daily News, Chief Executive Magazine, BusinessWatch Network, RealClear Policy and the Committee for Economic Development of The Conference Board (CED).

What's more, he's a two-time World champion in Indoor Rowing in his age division (80-89)! (See "Joe Cool Facts," page 19.)

ISI Involvement

Joe has been an ISI member for many years through the Skating Club of Natick, Mass., which operates out of the FMC William L. Chase Arena. While he mainly lives in Palm Beach, Fla., he also has homes in Leesburg, Va., Lincoln, Mass. and Sun Valley, Idaho. He has been a member of the Skating Club of Boston for 41 years and has also been a member of the skating clubs of Sun Valley, Babson and Natick, and is past president of the Washington Figure Skating Club.

Since he travels frequently, he regularly finds himself skating at the new, triple-rink facility of The Skating Club of Boston in Norwood, Mass; the Palm Beach Skate Zone in Lake Worth, Fla.; the Sun Valley indoor and outdoor rinks and the new, double-rink lon International Training Center in Leesburg.

"I am an 'expert' at the ISI preliminary [beginner] level," he said. "I passed the preliminary [beginner] tests in each of



Joe and his coach and ice dance partner, Laura Gayton

freestyle, figures and pairs, but I decided dance was the place for me. I have the U.S. Figure Skating Adult Gold Dance medal and have passed Adult Moves in the Field silver level."

Joe enjoys the sport because it's challenging, and he loves learning new things.

"You will never get it as perfect as you would like — there's always more to learn and the potential to do it better, so there is constant challenge," he said. "The second part that I like about skating is that it requires skills that help keep us adults young and fit. The sport is physical and requires strength, flexibility and balance. It can be as athletic as the skater wants it to be, subject to his or her ability. Jumps and lifts are good examples, but so are moves, figures and sustained stroking.

"The third thing I like is that it's musical and artistic — there is a lot of room to create. And I guess the last thing is, it's fun and it's really nice to have a girl on your arms!"

ISI Competitions

Joe's coach, Laura Gayton, is also his ice dance partner and best friend, and they love to get into character and do couple spotlights and free dance. They began competing in ISI competitions because ISI allows pro-am participants and U.S. Figure Skating didn't at the time.

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"Laura and I decided to do it and once we did, we realized how fun ISI competitions are," he said. "Everyone is respected and tolerated and welcomed. We like that.

"I've been climbing up the ladder now. Roughly, I have passed 27 tests, and I still have to do the three Gold dances. It's a very rewarding experience from a skating standpoint. Going back to the preliminaries — I can do them at a different level now than I did in USFS. It's made me a better a skater.

"The test sessions are a little easy to get because ISI allows video. It allows more flexibility; you don't have to find a test session and fly there. I can fit it into my work schedule. Maybe I'll get to Dance 10 — I'm gonna try! I'm working on the Viennese."

The Beginning

When Joe, originally from Queens (Jamaica), N.Y., and his late wife, Marilyn, and four daughters moved from Georgia to Boston in September 1970 so he could purse his doctorate's degree in business administration at Harvard University, the family was less than thrilled. They had already done a two-year stint living in Boston and were dreading the cold and snowy New England winters.

"I said, 'Look, we're approaching this all wrong. We ought to join this rather than fight it; let's make up our minds that we are going to learn how to ski and skate.' As it happened, we settled in the town of Lexington, Mass., and our home was about a mile from Hayden Ice Arena, which is now famous for its champion precision teams. We all went to Michael's Shoe Store in Lexington and bought six pairs of ice skates — we had no idea then that the boots and blades could be purchased separately. We then all marched over to the Hayden rink, and I signed each one of us up for group lessons. I will never forget the price — 11 lessons for \$11."

At the time, Joe was 34 years old and his daughters ranged in ages from 5 to 15, and as the old adage goes, the rest is history!

Joe and Marilyn went on to become a long-term ice dance team, skating together for decades and performing in competitions and shows. They also participated in social dancing (non-competitive version of ballroom and Latin dancing), headed up the ice dance program at the Skating Club of Boston for 10 years and helped the Ice Theatre of New York get started in the mid-1980s.

"I am now quite involved as a supporter of Ice Dance International and my daughter Joy, who also has a USFS Adult Gold Dance medal, is a member of that organization's board. Both these theater groups have constantly expanded my friendships — and my skating horizons."

At the time of Marilyn's death four years ago, the pair had been married for 62 years. Following a generous donation by Joe, the Marilyn P. Kasputys branch of The Micheli Center for Sports Injury Prevention was established at The Skating Club of Boston's training center in Norwood, Mass.

"We stopped competing when it first became evident that she had Parkinson's Disease, but that didn't stop her from skating



altogether," said Joe. "She still enjoyed skating and took lessons. Her doctors marveled at what she could do despite this ailment. She only stopped after her fifth unsuccessful hip operation, which caused her operated leg to be two-and one-half inches shorter than her good leg.

"Because of skating, my wife and I made friends all around the world. My wife passed away in February 2017, but I must say I am still both making new friends and staying in touch with old friends thanks to skating. I regularly skate and see friends at four or five rinks around Boston, and I sometimes go to rinks in Washington, D.C., or the New York City area and almost always run into someone I know.

"I spend most of the summer skating in Sun Valley on both the outdoor and indoor rinks. There is a core group of adult skaters who come to Sun Valley every summer from around the U.S. and Canada, and the group really is like family. Then there are the vacationing skaters who come just for a week or two, so I get to meet even more people that way. Finally, there are world-class pros and show skaters who come to Sun Valley to perform, and we get to be great friends with them, too.

"I still participate in many ice skating competitions, entering events in compulsory dance, free dance and couples spotlight. I am very fortunate to have a wonderful pro, skater and partner in Laura Gayton, and we skate together several times a week. In the past 12 years, we have competed in both Orlando and Las Vegas three times each, and also been in competitions in Boston, Chicago, New York, Tampa, Minneapolis, Los Angeles and Dallas. In July 2018, in Marlborough, Mass., we did a number in an ISI Benefit Show headlined by Jason Brown. I am always meeting new people at these events."

Words of Wisdom

Joe suggests taking up ice dancing because "it's more of a lifetime corner of ice skating," he said. "Although a lot of adults in their 50s and 60s do a great job of freestyle, you can keep ice skating longer when you have a partner that can hold you up."

Joe Cool Facts

- When in Washington, D.C., in the late 1970s, Joe was an official of the U.S. Department of Commerce and arranged for the federal funding of the facilities constructed in Lake Placid for the 1980 Olympics, including the two major skating rinks and the speed skating oval.
- Joe is a two-time World champion in indoor rowing! In 2020, he traveled to Paris to compete in the World Rowing Indoor Championships (WRICH), where he won gold in his age division (80-89), and in 2021, he competed in the virtual event, once again winning gold in his age bracket.

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2020NE ISI WORLDS AN OUT-OF-





NSC Super Rink — the Overall Team Champion and winner of the Michael Booker Trophy

What comes to mind when we reflect on our 2020ne ISI World Recreational Team Championships, July 28-31 at the NSC Super Rink in Blaine, Minn.? The excitement and emotions we felt as we welcomed our skaters, families and coaches back to our signature, annual event that skipped a year due to the COVID-19 pandemic.

Nearly 550 skaters representing 40 rink teams from 10 states (California, Colorado, Florida, Illinois, Minnesota, Missouri, Ohio, South Dakota, Texas and Wisconsin) competed at the fun-filled event, deemed an out-of-this-world experience!

"This year's event was smaller than in years past, which allowed for an easier transition of getting back to hosting national events," said ISI Skating Programs & National Events Director Kim Hansen. "It was our first event without COVID-19 restrictions or special requirements, and the NSC Super Rink did a first-rate job of keeping us running on time and even ahead of schedule at times.

"People seemed relaxed and like they were having fun. Starr [Andrews], our ISI Benefit Show performer, skated wonderfully and the audience was extremely receptive; it was the best audience we've seen yet!"







With a total of 1,098.5 points, the **NSC Super Rink** was the **Overall Team Champion and winner of the Michael Booker Trophy** for the most team points.

Other Overall Team top finishers included:

HealthEast Sports Center, Woodbury, Minn., 2nd place (766.5 points)

White Bear Lake Sports Center, White Bear Lake, Minn., 3rd place (529.5 points)

St. Louis Park Rec Center, St. Louis Park, Minn., 4th place (460.5 points)

SportQuest Skating Academy (SQSA) Parade, Minneapolis, 5th place (399.5 points).

THIS-WORLD EXPERIENCE FOR ALL!

Photos by Gabriele Photography

Team Trophy Winners included:

President's Award Trophy: Stars of Austin Figure Skating Club (342 points) - Presented to the team of 11-35 skaters that accumulates the most team points and does not place in the top five teams overall.

Board of Directors Trophy: RDV Sportsplex Ice Den (132.5 points) - Presented to the team of 1-10 skaters that accumulates the most team points and does not place in the top five teams overall.

Percentage Trophy: El Paso Figure Skating Club (16 points) - Presented to the team of 5 or more skaters that does not place in the top five teams overall and gets the highest point percentage per skaters (does not include team points).







Oldest Skaters:

Male: Daniel Brown, 79, NSC Super Rink, Blaine, Minn.; Female: Cheryl Graffi, 76, Pasadena Skating Center, Pasadena, Calif.

Youngest Skaters:

Female: Breelie Schmuecker, 3, HealthEast Sports Center, Woodbury, Minn.; Tenley Brown, 4, and Natalie Vasquez, 4, both Stars of Austin Figure Skating Club

Skated in Most Events:

Female: Jennifer Martino, NSC Super Rink, Blaine, Minn. (15 events); Annaleigh Collins, NSC Super Rink (13 events), Blaine, Minn.; Saanvi Rangarajan, St. Louis Park Rec Center, St. Louis Park, Minn. (12 events); Aubrey Lovins, HealthEast Sports Center, Woodbury, Minn. (12 events)

Teams from Farthest Distance:

Vacaville Ice Sports, Vacaville, Calif. (1,545 miles); Hollywood Ice Stars, Northridge, Calif. (1,533 miles); Pasadena Skating Center, Pasadena, Calif. (1,446 miles); Fort Myers Skatium, Fort Myers, Fla. (1,426 miles)











2020NE ISI WORLDS









The 2022 ISI Worlds will take place
Aug. 4-7 at Edge Ice Arena in Bensenville, III.
Test and entry deadline is May 15.

Top 10 Teams

PLA	ACE TEAM	POINTS
1.	NSC Super Rink	1,098.5
2.	HealthEast Sports Center	766.5
3.	White Bear Lake Sports Center	529.5
4.	St. Louis Park Rec Center	460.5
5.	SportQuest Skating Academy Parade	e 399.5
6.	Stars of Austin Figure Skating Club	342.0
7.	New Ulm Figure Skating Club	318.5
8.	Hastings Civic Arena	176.5
9.	RDV Sportsplex Ice Den	132.5
10.	El Paso Figure Skating Club	112.0
For a complete list of teams and results,		

please visit skateisi.org/worlds.



Figuring It Out at 2020ne Worlds

by Bev Thurber

Every ISI competition I've been to has opened with figures, and the 2020ne Worlds was no exception. Having figures at the beginning is fitting because they are the foundation of our sport. This year, nine skaters participated at four levels: 1, 2, 3 and 6.

Practice Session

The night before the event, we had a figures-only practice session that was attended by almost all of the competitors. It was great fun to skate a session in which everyone was doing figures! The ice in Rink 2 was mostly dark gray because the white paint had rubbed off. This made it much easier to see the marks our blades left. Figures are mostly about these marks, which are called tracings. They're white, so skating on white-painted ice means you're always looking for a narrow white line on a bright white background. When you skate a figure, you try to make the marks as perfect as possible: no wobbles or "flats"— places where both edges of the blade touch the ice at once, leaving two lines instead of one — and the lines left during each repetition of the figure should be as close as possible, ideally looking like one line. Once a figure is complete, the judges walk around the ice in their shoes, inspecting the tracings.

Competition Day

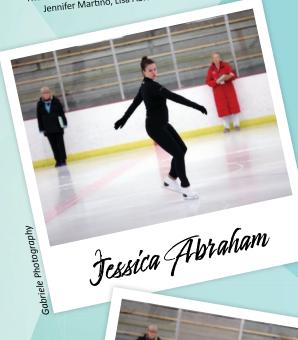
On competition day, all the skaters arrived in time for the first event. Cones were set out on the ice to mark the warm-up area. Each skater warmed up while the previous skater did their figure. When it was time, the skater warming up finished and skated over to the judges. One of the judges told the skater where to start by drawing on the ice with a marker. She did her figure with the judges watching, then left the area while they examined the tracings. When they were ready, the judges called the next skater.

The events worked out so that everyone won at least one gold, silver or bronze medal. The five Figure 1 skaters performed the forward inside

eight. Mary Szabady, Heather Thorne and Lisa Abraham, all representing SportQuest Skating Academy, were the top three. Jennifer Martino and Terri Maverick received gold and silver medals for their level 1 Creative Figures. The only Figure 2 competitor, Jessica Abraham, skated forward outside threes to a center — a figure eight with a forward outside three turn on each circle. In Figure 3, Carly Tremewan and Naomi Greelis finished first and second on the LFO-RBI three—the same pattern as Jessica's figure, but with a backward turn on the right foot. For her uncontested Creative Figure event, Naomi skated a shamrock with three turns. She extended the theme to her costume — a Celtics sweater.

ting in Figures, left to right: Heather

Worlds 2020ne skaters competing in Figures, left to right: Heather
Thorne, Terri Maverick, Carly Tremewan, Jessica Abraham, Mary Szabady,
Jennifer Martino, Lisa Abraham, Bev Thurber and Naomi Greelis.



Naomi Greelis

I skated against the book at level 6. I did a left forward outside one-foot eight for my compulsory figure — that's a figure eight where both circles are on one foot. For my Creative Figure, I recycled my cat (described in the fall 2019 issue of *Recreational Ice Skating* magazine). When I'd competed this figure before, it had always been a struggle for me to keep it under the time limit of 1 minute, 30 seconds, but when I clocked it the first time after I started practicing for Worlds,

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I finished in one minute, nine seconds! That proved to me that my skating really had improved in the last year despite the pandemic disruption. My last figure was a Free Figure. I chose to vary the backward outside change double three on the Figure 6 test by turning the forward three turns into brackets; doing it properly was very challenging.

I've never seen anyone else skate a Free Figure in a competition, but I'd like to. When I'm developing a new figure, I try to think of one variation for each figure on the test. I present them to my coach, and we pick one that is challenging, but doable, to help me develop my skating skills. Here are a few ideas for Free Figure 1:

- Skate a single circle, first on a forward outside edge, then on a forward inside edge on the other foot.
- Skate a figure eight starting from the end instead of the middle. Skate
 a half-circle on right forward outside, then a half circle on left for
 ward outside. Then you're at the top of the eight. Switch to inside
 edges and finish it, half a circle per foot.
- Try to fit two repetitions of the waltz eight pattern into each circle instead of just one.

I'm looking forward to seeing what you come up with next year!

Bev Thurber is an adult skater, who is interested in the history of ice skating. She is the author of "Skates Made of Bone: A History," which explores the earliest ice skates. You can read more about the history of skating in her blog at pagophilia.com.





Feb. 18 - 20

Solar4America | San Jose, CA
Test & Entry Deadline: Dec. 1
skateisi.org/winterclassic

Winter Classic participants have the opportunity to choose from more than 25 event categories for individuals, partners, groups and teams.

Can't wait to see you there!

Flip 'n' Fun...





It's amazing what you can do with an empty egg carton! Once completed, this adorable project is guaranteed to spread waves of happiness.

EDITOR'S NOTE: Coaches, this is a fun activity for your skate school — one that will help foster camaraderie among your skaters off the ice.

HERE'S WHAT YOU'LL NEED: • 1 empty cardboard egg carton

- Acrylic paint black and white
- Orange foam or felt
- pipe cleaners (black, green, pink) Googly eyes
- 1 strand of lime green yarn
- Paint brush
 - Glue
 - Scissors



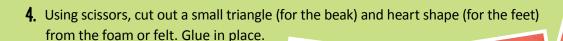
Adventures & Activities

INSTRUCTIONS:

1. Break apart the egg carton cups so you have 12 cups.



3. On one side of each cup, paint a half oval with white paint to resemble Flip's belly.





6. Now you have a large, adorable Flip family!



TO MAKE FLIP'S FRIEND TWIZZLE:

Insert a small piece of black pipe cleaner through the top of egg cup (to resemble Twizzle's hair). Using lime green yarn, tie a bow around the black pipe cleaner, then attach short pieces of green and pink pipe cleaners (or curling ribbon). For Twizzle's skirt, wrap bottom of egg carton with lime green felt, fabric and/or tulle. Use your imagination!



THANK YOU TO HAVEN STASHENKO, 7, (ISI DELTA)
FOR DEMONSTRATING HOW TO MAKE THIS EGG-CITING FLIP 'N' FUN PROJECT.
HAVEN'S HOME RINK IS THE DANBURY ICE ARENA IN DANBURY, CONN.



Interested in participating in a craft activity for *Recreational Ice Skating* magazine? Please email editor@skateisi.org. Crafters must be ISI skaters.

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"parents page" Advice for the Newlie Shater Parent

by Kim Hansen



party at the rink and invited you, or your whole family decided to just get some exercise. Regardless of how or why you ended up in the rink, the reality is the same: you are in a new world and sport, and you're probably not sure how to navigate that just yet.

If you are a parent, you have likely signed your child up for group lessons. She is excited and cheerfully shows up for the weekly instruction. You can clearly see her progress and her willingness to attend and practice, but now you're wondering just how far she will go in this sport? Should she stay in group lessons, or should she switch to private instruction? Should you buy her skates or keep her in rentals? How often should she skate? How much will this all cost? You have so many questions.

start slow

Our best advice is to start slow. Take the lead from your skater in terms of her enthusiasm. If you sense it's an immediate love, then, great, definitely support her. Many parents want to switch their skaters into private lessons as soon as they see that they have a knack. But consider this: In group classes, your child will be learning alongside others of a similar ability and age. In that environment, they can measure their progress reasonably. It's easier to work on a new, difficult skill when they can see others also struggling. When they are one-on-one with a coach, they will be watching a highly skilled instructor all the time. For some new skaters, that may create the impression that they can't or won't ever measure up. Of course the one-on-one is great for immediate and specific correction, and for that reason it's an important part of their training. What, then, should you do?

two-tier approach

Consider hiring a coach as a supplement to your child's class. It could be the class coach, if they offer private lessons, or it could be an entirely different professional at the rink. The time they spend with your skater will be invaluable for your skater's specific needs and challenges. Don't immediately remove them from classes though. The group class structure serves to help them socialize and build relationships at the rink that will be of great significance in the future. This two-tier instruction is a fantastic approach for anyone wanting to excel and thrive in the sport.

skates = important investment

When deciding whether or not to buy skates for your skater, here is a great analogy to consider: Think about when you rent a car. You know how to drive and you have driven for years, but this is not your car, and it will inevitably take you some time to get used to the feel of that vehicle. This is what it is like for a skater every time they have to put on a different pair of skates. The skates may have less support, more support, sharper edges or cumbersome laces. This means that some portion of every practice session is spent getting used to the equipment. It would be far more efficient to learn with the same equipment every day. Purchasing a pair of skates will be an important investment.

When you have your skater in lessons, both group and private, you will need to remember another basic rule: If they are not practicing on their own, you are essentially paying a coach to watch them practice. Skill building takes time and repetition and that translates into money when you are not only paying for their practice session but also for a coach's time. There is no absolute rule on how much to practice as it depends on the age of the skater, family schedules, ability to get to the rink and so much more. The important thing, however, is that they have time to work on the skills that they have been taught before returning to a new lesson.

As you and your skater settle into this new sport, consider thinking of it as a journey rather than a destination. There will be many new adventures along the way, and those will result in more questions and discoveries. The ISI will always be here for you and your skater, and we will continue to offer fun, challenging and healthy opportunities to them as they progress in this wonderful sport.



Kim Hansen is ISI's director of skating programs & national events. She can be reached at khansen@skateisi.org.

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parent's promise for Good Sportsmanship at ISI Skating Competitions

Parents/guardians play an important role in the lives of their children and are often intensely involved in their skating. With the role of parents/guardians in mind, the following was written to help parents/guardians foster good sportsmanship and reap the benefits of healthy skating competitions.

I, ______, the parent/guardian of _____, do hereby promise to obey this Parent's Promise for Good Sportsmanship.

- 1. I will support my skater and his/her coach throughout all competitive events.
- 2. I will encourage support for all other competitors.
- 3. I will accept the judging results realizing that one competition event won't make or break my skater's career.
- 4. I will help my skater to understand how to be gracious in victory and courageous in defeat.
- 5. I will give credit to my skater's coach for his/her efforts.
- 6. I will discuss any concerns I have with the coach privately and respectfully.
- I will help my skater benefit from Ice Sports Industry (ISI) programs by using competition events for fun, recreation, education and participation.
- 8. I will place the emotional and physical well-being of my skater ahead of a personal desire to win.



Parent's/Guardian's Signature

Date

"Parent's Promise" was originally prepared by Randy Winship for the ISI-endorsed Mississippi Valley District Figure Skating Competition hosted by Robert Unger and the Ice Chalet in Knoxville. Tenn.





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calendar

ISI-Endorsed Competitions and Shows & Exhibitions. For regular calendar events, see skateisi.org (Competitions, ISI-Endorsed Events)

Competitions

2021

September

17-19 Huntsville AL

October



2020ne ISI Adult Championships Oct. 8-10 Las Vegas Ice Center Las Vegas, NV

November

2021 ISI Spooktacular

20-21 New Ulm MN
New Ulm Civic Center
New Ulm Fall Festival

December



2020ne ISI Holiday Theatrical Challenge Dec. 3-5 Iceoplex Simi Valley Simi Valley, CA

3-5 White Bear Lake MNWhite Bear Lake Sports Center
White Bear Lake Holiday Open

2022

January

14-16 Luverne MN Blue Mound Ice Arena 2022 Ice Crystal Classic

February

4-6 Blaine MN NSC Super Rink Frosty Blades 2022



2022 ISI Winter Classic Feb. 18-20 Solar4America at San Jose San Jose, CA

March

18-20 Jefferson City MO Washington Park Ice Arena 28th Annual Capital City Classics

April



2022yearslater ISI Synchronized Championships April 1-3 Sharper Edge Skating School Valley Sports Arena Concord MA



2022yearslater ISI Beantown Showdown April 2 Sharper Edge Skating School Valley Sports Arena Concord MA

29-May 1 Knoxville TN
Ice Chalet
The 53rd Annual Robert Unger ISI
Competition

May



Shows & Exhibitions

2021

September

October

2-3 Knoxville TN Ice Chalet 2021 Knoxville Performance Camp

December

1-5 Knoxville TN
Ice Chalet
The 34th Annual Nutcracker on Ice

18 Arlington TX
ICE at The Parks
Holiday at The Parks

2022

April

22-24 Jefferson City MO Washington Park Ice Arena 60th Annual Ice Show – Around the Town

AIM to Skate Your BEST! at 2020ne ISI Holiday Theatrical Challenge!



UPCOMING ISI National Events

We look forward to seeing skaters compete and have **FUN** at the following upcoming ISI national competitions:



2020ne ISI Holiday Theatrical Challenge

Dec. 3-5, 2021 Iceoplex Simi Valley Simi Valley, CA Test & Entry Deadline: Oct. 15



2022 ISI Winter Classic

Feb. 18-20, 2022 Solar4America San Jose, CA Test & Entry Deadline: Dec. 1



2022yearslater ISI Synchronized Championships

April 1 -3, 2022 Sharper Edge Skating School Valley Sports Arena Concord, MA Entry Deadline: Feb. 1

ISI Beantown Showdown

April 2, 2022 Entry Deadline: Feb.1

