



Free Dance 8 Test Form

Skater #1 Name _____ ISI # _____

Skater Age _____ Home Rink _____

Skater #2 Name _____ ISI # _____

Skater Age _____ Home Rink _____

Test Date _____ Test Location _____

Judge Signature _____ Prof. # _____

FREE DANCE 8 Program:

Duration 3:30 min.

Dance Spin _____

5 x Dance Lifts _____

Circular Dance Step Sequence (16 steps) _____

Series of 8 steps (Paso Doble or Quickstep) _____

(Scoring 1-10)

Posture _____ Position _____ Correctness _____ Pattern _____

Timing _____ Unison _____ Duration _____ Interpretation _____

FREE DANCE 8 Test Result: **PASS** _____ **INCOMPLETE** _____

Notes:

ISI * 6000 Custer Rd., Bldg. 9 * Plano, Texas 75023

Tel: 972 735 8800 Fax: 972 735 8815