



# ISI FREESTYLE TESTS

TEST DATE \_\_\_\_\_

ISI # \_\_\_\_\_ LAST NAME \_\_\_\_\_ FIRST \_\_\_\_\_

ADDRESS \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ SEX \_\_\_\_\_

EXAMINER  
LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_ MEMBER # \_\_\_\_\_

1	MANEUVERS (PTS. 1-10, MINIMUM 5 PTS. EACH)						MAN-EUVER SCORE	SOLO PROGRAM (PTS. 1-10, 1 1/2 MINUTES, MINIMUM 5 PTS. EACH)						PRO-GRAM SCORE	TOTAL SCORE	
	FT PIVOT	2 FT SPIN	ARABESQUE	BACKWARD EDGES	1/2 FLIP	WALTZ JUMP		POSTURE	CONTENT	CORRECT	PATTERN	RHYTHM	DURATION			
2	MANEUVERS (PTS. 1-10, MINIMUM 5 PTS. EACH)						MAN-EUVER SCORE	SOLO PROGRAM (PTS. 1-10, 1 1/2 MINUTES, MINIMUM 5 PTS. EACH)						PRO-GRAM SCORE	TOTAL SCORE	
	BALLET JUMP	Jump Seq: Waltz/Tap-Toe/Turn/One Half Flip	1/2 LUTZ	TOE SPIN	2 ARABESQUES	D STEP SEQ		POSTURE	CONTENT	CORRECT	PATTERN	RHYTHM	DURATION			
3	MANEUVERS (PTS. 1-10, MINIMUM 5 PTS. EACH)						MAN-EUVER SCORE	SOLO PROGRAM (PTS. 1-10, 1 1/2 MINUTES, MINIMUM 5 PTS. EACH)						PRO-GRAM SCORE	TOTAL SCORE	
	B O/I PIVOT	SALCHOW JUMP	CHANGE FOOT SPIN	BACK ARABESQUE	TOE LOOP JUMP OR TOE WALLEY	D STEP SEQ		POSTURE	CONTENT	CORRECT	PATTERN	RHYTHM	DURATION			
4	MANEUVERS (PTS. 1-10, MINIMUM 5 PTS. EACH)						MAN-EUVER SCORE	SOLO PROGRAM (PTS. 1-10, 2 MINUTES, MINIMUM 5 PTS. EACH)						PRO-GRAM SCORE	TOTAL SCORE	
	FLIP JUMP	LOOP JUMP	SIT SPIN	1/2 LOOP JUMP	2 ARABESQUES	BACK 3 TURNS-D STEP SEQ		POSTURE	CONTENT	CORRECT	PATTERN	RHYTHM	DURATION			
5	MANEUVERS (PTS. 1-10, MINIMUM 5 PTS. EACH)						MAN-EUVER SCORE	SOLO PROGRAM (PTS. 1-10, 2 MINUTES, MINIMUM 5 PTS. EACH)						PRO-GRAM SCORE	TOTAL SCORE	
	LUTZ JUMP	AXEL JUMP	CAMEL SPIN	COMBO SPIN	BACK SCRATCH SPIN	URNS-D STEP SEQ		POSTURE	CONTENT	CORRECT	PATTERN	RHYTHM	DURATION			
6	MANEUVERS (PTS. 1-10, MINIMUM 5 PTS. EACH)							MAN-EUVER SCORE	SOLO PROGRAM (PTS. 1-10, 2 1/2 MINUTES, MINIMUM 5 PTS. EACH)						PRO-GRAM SCORE	TOTAL SCORE
	SPLIT JUMP	SPLIT FALLING LEAF	AXEL 1/2 LOOP-FLIP	DOUBLE SALCHOW	X FT LAYBACK SIT-C SIT	SPIN COMBO	SERP. D STEP SEQ		POSTURE	CONTENT	CORRECT	PATTERN	RHYTHM	DURATION		

## HIGH LEVEL TESTING

In order to achieve a national unified standard, Freestyle 8,9; Couple 9; Dance 9; and Pair 6, 7, 8, 9 if not judged at an authorized District test session, the skater must send a DVD, unedited, single camera, showing all the required compulsory maneuvers attempted two times each, and a non-stop program. ISI will select a panel of judges for these high level tests. Accompanying the videotape should be a check for \$35.00 (non-refundable) payable to ISI. Please allow 4-6 weeks for video test results

For guidelines on Freestyle 10, Figure 10, Couple 10, Pair 10 and Dance 10, please refer to the *ISI Handbook*. These tests must be graded by five examiners selected by ISI.

ARENA NAME \_\_\_\_\_

ARENA # \_\_\_\_\_