



ISI Freestyle 10 Test Sheet

Skater Name _____ ISI # _____

Skater Age _____ Home Rink _____

Date Tested _____ Test Location _____

Judge's Signature _____ Prof # _____

Compulsory Moves: (Scoring 1 to 10)

1st Attempt

2nd Attempt

| | | |
|--|-------|-------|
| Double Axel/Double Toe Loop | _____ | _____ |
| Triple Edge Jump | _____ | _____ |
| Death Drop | _____ | _____ |
| Axel Sequence <u>or</u> Triple Toe Assisted Jump | _____ | _____ |
| Double jump both directions <u>or</u> | _____ | _____ |
| Triple Toe/DbL Loop Jump | _____ | _____ |
| 3 x Arabian Cartwheels <u>or</u> Butterfly Jumps | _____ | _____ |
| Creative Dance Step Sequence | _____ | _____ |

Program (4 Min.)

| | |
|--|-------|
| Double Axel/Double Toe Loop | _____ |
| Triple Edge Jump | _____ |
| Death Drop | _____ |
| Axel Sequence <u>or</u> Triple Toe Assisted Jump | _____ |
| Double jump both directions | _____ |
| <u>or</u> Triple Toe/DbL Loop Jump | _____ |
| 3 x Arabian Cartwheels <u>or</u> Butterfly Jumps | _____ |
| Creative Dance Step Sequence | _____ |

Additional Maneuvers

Choice of One:

Axel Sit Spin _____
 Flying Sit Spin _____
 Flying Camel Spin _____

Choice of One:

Double Loop _____
 Double Flip _____
 Double Lutz _____

Posture _____ Content _____ Correctness _____ Pattern _____
 Rhythm _____ Duration _____ Interpretation _____ Artistry _____

TEST RESULT: PASS _____ INCOMPLETE _____

Notes _____

