



ISI Freestyle 7 Test Sheet

Skater Name _____ ISI # _____

Skater Age _____ Home Rink _____

Date Tested _____ Location _____

Judge Signature _____ ISI Prof. # _____

Compulsory Moves: (Scoring 1 to 10)

	<u>1st Attempt</u>	<u>2nd Attempt</u>
Double Toe Loop or Toe Walley	_____	_____
Two Walley Jumps in a Row	_____	_____
Combination Spin	_____	_____
Flying Camel Spin	_____	_____
1 Foot Axel into 1/4 Flip into Axel	_____	_____
Jump in the Opposite Direction	_____	_____
Dance Step Turns:		
RFI Counter	_____	_____
LFI Counter	_____	_____
LBI Rocker	_____	_____
RBO D Twizzle	_____	_____
LFI 1 1/2 Twizzle	_____	_____
Dance Step Sequence	_____	_____

Solo Program (Time 3 minutes)

Double Toe Loop/Toe Walley	_____
Two Walley Jumps in a Row	_____
Combination Spin	_____
Flying Camel Spin	_____
1 Foot Axel into 1/4 Flip into Axel	_____
Jump in the Opposite Direction	_____
Dance Step Sequence	_____

Scoring 1-10

Posture _____ Content _____ Correctness _____ Pattern _____

Rhythm _____ Duration _____ Interpretation _____

TEST RESULTS: **PASS** _____ **INCOMPLETE** _____

Notes _____