



## Silver Solo Free Dance Test Sheet

Skater Name \_\_\_\_\_ ISI # \_\_\_\_\_

Skater Age \_\_\_\_\_ Home Rink \_\_\_\_\_

Date Tested \_\_\_\_\_ Location \_\_\_\_\_

Judge's Signature \_\_\_\_\_ Prof # \_\_\_\_\_

The skaters will perform a 1:50 minute creative program to music.

### Required Elements

Short Edge Elements not to exceed 7 seconds \_\_\_\_\_

Dance Spin \_\_\_\_\_

Step Sequence \_\_\_\_\_

Twizzle Series \_\_\_\_\_

Choreographic Character Step Sequence \_\_\_\_\_

### Scoring 1 to 10

Posture \_\_\_\_\_ Correctness \_\_\_\_\_ Pattern \_\_\_\_\_

Interpretation \_\_\_\_\_ Timing \_\_\_\_\_ Duration (1:50 min) \_\_\_\_\_

**Test Results:** Pass \_\_\_\_\_ Incomplete \_\_\_\_\_

Notes \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**\*ISI \***

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