



## Diamond Solo Free Dance Test Sheet

Skater Name \_\_\_\_\_ ISI # \_\_\_\_\_

Skater Age \_\_\_\_\_ Home Rink \_\_\_\_\_

Date Tested \_\_\_\_\_ Location \_\_\_\_\_

Judge's Signature \_\_\_\_\_ Prof # \_\_\_\_\_

The skaters will perform a 3:20 minute creative program to music.

### Required Elements

Edge Elements (2) (1) \_\_\_\_\_ (2) \_\_\_\_\_

Spin (1 or 2) \_\_\_\_\_

Step Sequences (2) (1) \_\_\_\_\_ (2) \_\_\_\_\_

Twizzle Series (2) (1) \_\_\_\_\_ (2) \_\_\_\_\_

Stops (2) (1) \_\_\_\_\_ (2) \_\_\_\_\_

### Scoring 1 to 10

Posture \_\_\_\_\_ Correctness \_\_\_\_\_ Pattern \_\_\_\_\_

Interpretation \_\_\_\_\_ Timing \_\_\_\_\_ Duration (3:20 min) \_\_\_\_\_

**Test Results: Pass** \_\_\_\_\_ **Incomplete** \_\_\_\_\_

**Notes** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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