

# Professional Education for Arena Owners/Operators/Managers Skating Directors & Coaches

In partnership with  Blaine, MN

May 6-7



**MONDAY, MAY 6**

## REGISTRATION DESK

**Opens 10 AM Mon.**

Pick up credential  
and event info.

## SESSION KEY

**M/O**

Managers/Operators

**C/SD**

Coaches/Skating  
Directors

**ALL**

All Attendees

### **ALL Attendee Welcome and Awards Presentation**

**NOON - 1:15 PM Welcome Center, Grand Hall**

### **C/SD Technical Teaching with Matthew Lind**

**1:30 - 3:45 PM NSC Super Rink 4**

Join Matthew as he presents on how to build a uniform technique for jumps and spins that will demonstrate and reinforce how each element relates to one another and how to teach them efficiently.

**M/O**

### **Manage 'Like a Boss' – Running an Ice Arena in the New Normal**

**Panel Discussion with Rob McBride, Kevin McCormack, Lisa Fedick**

**1:30 - 2:30 PM Welcome Center, Duffy Room**

These experienced managers ("old dogs") will lead the interactive discussion about adapting to supervising and motivating staff in the post-pandemic and Gen Z world. A new approach is needed to interact, incent and get the most out of today's workers. Gain some tips and tricks to help you gain patience in these unique times.

### **M/O Tiered Program Progressions for Financial Success**

**Presented by Ryan Shaffer**

**2:45 - 3:45 PM Welcome Center, Duffy Room**

Learn how to use your learn-to-skate framework to build out your figure skating and hockey skills progressions programs to span from beginning to high-level, competitive play.

**ALL**

### **VENDOR EXPO & HAPPY HOUR**



Sponsored by

**AMERICAN  
INSURANCE AGENCY, INC.**

**4 - 6:30 PM Welcome Center, Exhibition Hall**

**ALL**

### **ATTENDEE SOCIAL EVENT**

**7 - 10 PM SMASH PARK**

**1721 County Rd. C West-Roseville, MN 55113 (651) 461-9993**

**Buffet dinner, axe-throwing, patio games  
2 drink tickets, cash bar available**

**SCHEDULE**

**C/SD Using an Electronic Spinner & Injury Prevention for Skaters**

Presented by Lacie Kramer, DPT &amp; Resident Candidate for Sports Specialty

8:30 - 9:45 AM NCS Welcome Center, Grand Hall

Best exercises for spinners, how the device can help with concussions &amp; vertigo issues and injury prevention for figure skaters and hockey players.

**M/O Ice Painting, Ice Quality & Resurfacer Maintenance**

Presented by Doug Peters and Bert Bertelsen

8:30 - 11:30 AM NSC Super Rink 6

**Comprehensive, Hands-on Session at the Rink**

Proper conditions for a quality paint job, hands-on painting techniques &amp; instruction with Jet Ice product demonstrations. Resurfacer maintenance details, safety and Q&amp;A session.

**Equipment Matters!****C/SD**

10 - 11 AM NSC Welcome Center, Grand Hall

Quality beginner skates can help a skater master skating skills more quickly and progress faster. Join Dan Riegelman and Elizabeth Thornton from Riedell Skates for a session on general boot and blade education, proper skate care, resources to help parents select quality skating equipment, and more.

LUNCH PROVIDED &amp; NETWORKING / 11:30 AM - 12:30 PM NSC WELCOME CENTER

**Understanding Your Compressor Room Guidelines/Requirements****M/O**

Presented by John Flater &amp; TJ Weiland

12:45 - 1:45 PM NSC Super Rink (Meet at Upper Atrium)

It's more than just recording numbers! In this hands-on session at the rink, attendees will gain comprehensive information that they can use to benefit their facilities.

**C/SD ISI Potluck**

Presented by Liz Mangelsdorf &amp; Jeff Anderson

12:45 - 1:45 PM NSC Welcome Center, Grand Hall

2024 ISI Rule Changes, entering skaters in EntryEeze, utilizing the ISI Resource Library, and more. Feel free to bring questions.

**M/O How to Hire & Motivate Employees**

Presented by Jamie Baringer

2 - 2:45 PM NSC Welcome Center, Duffy Room

Learn critical information on how to obtain quality candidates, improve your onboarding process for new hires and develop successful employee retention strategies. With a little preparation, you can attract, motivate and retain workers for the successful operation of your business.

**C/SD Pilates for Skaters**

Presented by Gabriella Banaut

2 - 2:45 PM NSC Welcome Center, Grand Hall

Learn how using Pilates and dance training for off-ice classes in your facility can help develop and increase your skater's strength and flexibility necessary for their on-ice skill development and progression.

**ALL THE CHAMPIONS CODE**

Sponsored by

Guest Speaker &amp; Author Ross Bernstein

3 - 4 PM NSC Welcome Center, Grand Hall



In his book "The Champions Code," Ross weaves compelling narratives revealing that the same characteristics that are common among champion athletes and teams are also prevalent among peak performers in business. He is the author of more than 50 sports books and has been featured on numerous radio and television outlets.



SCHEDULE